

Monthly Special

October 2010 | SoCal

Deals!

BULK

REFRIGERATED

FROZEN

PET

GROCERY

PERSONAL CARE

SUPPLEMENTS

NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

BULK

ALTER ECO

Fair Trade

Grains

00258	✳	Jasmine, White, FT	188244-000175	11 LB	26.81	2.44	EA	24.88	2.26	\$1.93	7.2%
00257		Jasmine Rice, Ruby Red	188244-000199	11 LB	29.02	2.64	EA	26.92	2.45	\$2.10	7.2%
00640		Jasmine, Black	188244-000335	11 LB	29.09	2.64	EA	26.99	2.45	\$2.10	7.2%
00639		Jasmine, Purple	188244-000328	11 LB	29.09	2.64	EA	26.99	2.45	\$2.10	7.2%

BOB'S RED MILL

Flour & Baking Products

19433	♻️	Flour, Hard White Whole Wheat	039978-028525	4/5 LB	18.30	4.58	CS	16.50	4.13	\$1.80	9.8%
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CHOICE ORGANIC TEAS

Loose Leaf-Fair Trade Certified Teas

09503	★	Black Tea FOP India	026938-095031	2LB	22.70	11.35	EA	20.18	10.09	\$2.52	11.1%
09505	★	Gunpowder Green	026938-095055	2LB	26.28	13.14	EA	23.36	11.68	\$2.92	11.1%
09500	★	Earl Grey	026938-095000	2LB	30.51	15.26	EA	27.12	13.56	\$3.39	11.1%
09506	★	Jasmine Green	026938-095062	2LB	38.30	19.15	EA	34.05	17.03	\$4.25	11.1%

CHUNKS OF ENERGY

00798	★■	Chocolate Paradise	769270-200014	10LB	51.33	5.13	EA	45.55	4.56	\$5.78	11.3%
00799	★■	Wild Cranberry Apricot	769270-200113	10LB	51.33	5.13	EA	45.55	4.56	\$5.78	11.3%

DENNIS FARMS

Nuts

00872		Mixed Nuts, Maple Coated	641794-390665	15LB	134.19	8.95	EA	120.24	8.02	\$13.95	10.4%
00870		Almonds, Maple Coated	641794-390764	15LB	138.79	9.25	EA	124.32	8.29	\$14.47	10.4%

FRONTIER NATURAL PRODUCTS

Herbs & Spices:c/s=Cut & Sifted,w/c=Wild Crafted,hu=Heat Units

33942	★♦	Cinnamon, Ground	089836-003966	1 LB	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
28346	★	Peppercorn, Black, Whole	089836-026033	1 LB	7.89	7.89	EA	7.01	7.01	\$0.88	11.2%
28395	★	Ginger Root, Ground	089836-026101	1 LB	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%

★ = Gluten Free ♻️ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ♦ = Foodservice ✪ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♻️ = Vegan Ⓢ = Kosher ✨ = Vegetable Enzymes ✪ = Ethnic ○ = Non-GMO Project Verified

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NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
FRONTIER NATURAL PRODUCTS, Cont.										
28345	★◆ Pepper, Black, Med, Ground	089836-026002	1 LB	9.96	9.96	EA	8.85	8.85	\$1.11	11.1%
28368	★ Cloves, Whole	089836-002938	1 LB	10.56	10.56	EA	9.38	9.38	\$1.18	11.2%
28399	★◆ Cloves, Ground	089836-002921	1 LB	11.97	11.97	EA	10.63	10.63	\$1.34	11.2%
Herbs, Spice Blends & Mixes in Resealable Pouches										
00461	★☉ Salt, Himalayan Pink, Med Grind	089836-044075	1 LB	5.03	5.03	EA	4.47	4.47	\$0.56	11.1%
00462	★☉ Salt, Kala Namak, Fine Grind	089836-044105	1 LB	6.54	6.54	EA	5.81	5.81	\$0.73	11.2%
00464	★☉ Sea Salt, Grey, Fine Grind	089836-044099	1 LB	6.54	6.54	EA	5.81	5.81	\$0.73	11.2%
00465	★☉ Sea Salt, Hawaiian Black, Coarse	089836-044068	1 LB	6.54	6.54	EA	5.81	5.81	\$0.73	11.2%
00466	★☉ Sea Salt, Hawaiian Red, Coarse	089836-044051	1 LB	6.54	6.54	EA	5.81	5.81	\$0.73	11.2%
00467	★☉ Sea Salt, Yakima Aplwd Smoke Med	089836-044082	1 LB	9.05	9.05	EA	8.04	8.04	\$1.01	11.2%
00463	★☉ Sea Salt, Fleur de Sel	089836-044129	1 LB	12.06	12.06	EA	10.71	10.71	\$1.35	11.2%
Herbs, Spice Blends & Mixes										
03612	★ Dutch Cocoa Powder	089836-027740	1 LB	6.98	6.98	EA	6.20	6.20	\$0.78	11.2%
28365	★ Chili Powder Blend	089836-027702	1 LB	11.00	11.00	EA	9.77	9.77	\$1.23	11.2%
28341	★ Nutmeg, Ground	089836-026071	1 LB	18.00	18.00	EA	15.99	15.99	\$2.01	11.2%
GREEN MOUNTAIN COFFEE										
Fair Trade Organic Coffee, Whole Bean										
04426	★ French Roast	099555-706918	4 LB	39.52	9.88	EA	35.07	8.77	\$4.45	11.3%
MAC DOUGALL'S										
01577	★◆ Wild Rice	026938-015770	5 LB	28.87	5.77	EA	26.70	5.34	\$2.17	7.5%
01574	★◆ Wild Rice	026938-863715	25 LB	139.33	5.57	EA	128.88	5.16	\$10.45	7.5%
VITA-SPELT										
07127	★◆ Elbow Macaroni	027064-560035	10 LB	28.55	2.86	EA	26.60	2.66	\$1.95	6.8%
07129	★◆ Rotini	027064-560110	10 LB	28.55	2.86	EA	26.60	2.66	\$1.95	6.8%
07130	★◆ Spaghetti	027064-560028	10 LB	28.55	2.86	EA	26.60	2.66	\$1.95	6.8%

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REFRIGERATED

ALMOND BREEZE

Almond Milk, Non Dairy Beverage

11260	Original	041570-056172	6/64 OZ	18.40	3.07	CS	16.33	2.72	\$2.07	11.3%
11261	Vanilla	041570-056219	6/64 OZ	18.40	3.07	CS	16.33	2.72	\$2.07	11.3%
11262	Vanilla, Unsweetened	041570-056189	6/64 OZ	18.40	3.07	CS	16.33	2.72	\$2.07	11.3%

ATTUNE FOODS

Probiotic Granolas

11553	Granola Munch, Apple Cinnamon	894368-001393	6/10 OZ	25.84	4.31	CS	23.00	3.83	\$2.84	11.0%
11552	Granola Munch, Chocolate	894368-001379	6/10 OZ	25.84	4.31	CS	23.00	3.83	\$2.84	11.0%
11554	Granola Munch, Maple Nut	894368-001409	6/10 OZ	25.84	4.31	CS	23.00	3.83	\$2.84	11.0%

Probiotic Wellness Bars

10360	Almond Milk Chocolate	894368-001362	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10393	Chocolate Blueberry Vanilla	894368-001188	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10397	Chocolate Crisp	894368-001164	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10394	Chocolate Mint	894368-001171	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10348	Coffee Bean Dark Chocolate	894368-001324	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10388	Dark Chocolate	894368-001140	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%
10351	Raspberry Dark Chocolate	894368-001348	4/7.7 OZ	26.56	6.64	CS	23.60	5.90	\$2.96	11.1%

BELLWETHER FARMS

Sheep Milk Yogurt

12037	Blackberry	705118-500502	9/6 OZ	16.54	1.84	CS	15.32	1.70	\$1.22	7.4%
12035	Blueberry	705118-500304	9/6 OZ	16.54	1.84	CS	15.32	1.70	\$1.22	7.4%
12033	Plain	705118-500106	9/6 OZ	16.54	1.84	CS	15.32	1.70	\$1.22	7.4%
12036	Strawberry	705118-500403	9/6 OZ	16.54	1.84	CS	15.32	1.70	\$1.22	7.4%
12034	Vanilla	705118-500205	9/6 OZ	16.54	1.84	CS	15.32	1.70	\$1.22	7.4%

CASCADE FRESH

Fat Free Yogurt

16226	Plain	081146-002004	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
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Low Fat Yogurt

13503	Chelan Cherry	081146-000208	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13504	Rainier Raspberry	081146-000307	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13501	San Juan Strawberry	081146-000406	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13507	Tualatin Blackcap	081146-000703	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13508	Willamette Boysenberry	081146-000802	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13505	Yakima Peach	081146-000505	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%

Non-Fat Yogurt

13518	Apricot Mango	081146-002905	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13513	Cascade Blueberry	081146-002103	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13519	Cherry Vanilla	081146-002202	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13673	Green Apple	081146-004909	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13509	Key Lime	081146-004206	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13496	Lemon Chiffon	081146-002608	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13510	Marionberry	081146-004008	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13674	Orange Cream	081146-004800	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13514	Rainier Raspberry	081146-002301	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13515	San Juan Strawberry	081146-002400	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13493	Vanilla	081146-004602	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13517	Willamette Boysenberry	081146-002806	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%
13516	Yakima Peach	081146-002509	12/6 OZ	8.77	0.73	CS	7.59	0.63	\$1.18	13.5%

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Item #	Description	UPC	Pack	Wholesale		CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
CASCADE FRESH, Cont.										
Sour Cream										
13462	Natural	081146-031004	12/16 OZ	23.12	1.93	CS	17.92	1.49	\$5.20	22.5%
Whole Milk Yogurt										
13461	Mediterranean Style	081146-014007	12/8 OZ	14.48	1.21	CS	11.22	0.94	\$3.26	22.5%
DAIYA										
Vegan Shredded Cheese										
12325	☉★ Cheddar	871459-000022	12/8 OZ	43.20	3.60	CS	38.34	3.20	\$4.86	11.3%
12324	☉★ Mozzarella	871459-000015	12/8 OZ	43.20	3.60	CS	38.34	3.20	\$4.86	11.3%
EARTH BALANCE										
Vegetable Oil Spread										
12158	★ Buttery Spread, Whipped	033776-011710	12/13 OZ	41.87	3.49	CS	37.21	3.10	\$4.66	11.1%
12213	Buttery Sticks	033776-011741	18/16 OZ	60.55	3.36	CS	53.83	2.99	\$6.72	11.1%
EL BURRITO										
Meatless Entrees										
13184	☐☉★ Soy Longaniza, Spicy	036998-006489	12/12 OZ	32.23	2.69	CS	28.67	2.39	\$3.56	11.0%
12850	☐ Soyrito, Non GMO	036998-006090	12/12 OZ	32.23	2.69	CS	28.67	2.39	\$3.56	11.0%
12851	☐ Soytaco, Non GMO	036998-006199	12/12 OZ	32.23	2.69	CS	28.67	2.39	\$3.56	11.0%
Meatless Sausage										
12892	☐ Soy Breakfast	036998-006380	12/12 OZ	32.23	2.69	CS	28.67	2.39	\$3.56	11.0%
12893	☐ Soy Chicken w/Apples	036998-006502	12/12 OZ	47.39	3.95	CS	42.13	3.51	\$5.26	11.1%
EMERALD VALLEY KITCHEN										
Edamame Spreads										
13056	★★☐ Ginger Wasabi Dip	052334-117251	12/8 OZ	32.37	2.70	CS	28.91	2.41	\$3.46	10.7%
13055	★★☐ Original Dip	052334-117244	12/8 OZ	32.37	2.70	CS	28.91	2.41	\$3.46	10.7%
Hummus										
20167	★☉ Olive & Garlic	052334-116704	12/12 OZ	32.37	2.70	CS	28.89	2.41	\$3.48	10.8%
20168	★☉ Plain	052334-116698	12/12 OZ	32.37	2.70	CS	28.89	2.41	\$3.48	10.8%
20163	★☉ Red Pepper	052334-116711	12/12 OZ	32.37	2.70	CS	28.89	2.41	\$3.48	10.8%
16023	★ Smoked Jalapeno & Garlic	052334-117008	12/12 OZ	32.37	2.70	CS	28.89	2.41	\$3.48	10.8%
EVOLVE										
Kefir, Low Fat										
14741	☐☉★ Blueberry	072050-301406	6/32 OZ	17.60	2.93	CS	15.80	2.63	\$1.80	10.2%
11372	Peach	072050-301307	6/32 OZ	17.60	2.93	CS	15.80	2.63	\$1.80	10.2%
11371	Plain	072050-301109	6/32 OZ	17.60	2.93	CS	15.80	2.63	\$1.80	10.2%
14742	☐☉★ Pomegranate	072050-301505	6/32 OZ	17.60	2.93	CS	15.80	2.63	\$1.80	10.2%
11373	☐ Strawberry	072050-301208	6/32 OZ	17.60	2.93	CS	15.80	2.63	\$1.80	10.2%
FAGE										
Total Greek Yogurt										
11787	☐ Blueberry	689544-081609	12/5.3 OZ	17.69	1.47	CS	15.70	1.31	\$1.99	11.2%
11786	☐ Blueberry, Low Fat	689544-081661	12/5.3 OZ	17.69	1.47	CS	15.70	1.31	\$1.99	11.2%
FLORIDA'S NATURAL										
Juice, Not From Concentrate										
10067	☉ Grapefruit, Ruby Red	016300-151205	8/64 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11950	☉ Grapefruit, Ruby Red	016300-165691	8/59 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11952	☉ Orange Plus Calcium	016300-165677	8/59 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
10065	☉ Orange w/ Calcium & Vitamin D	016300-151953	8/64 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11954	☉ Orange, Home Squeeze Calcium/Vit D	016300-165660	8/59 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11953	☉ Orange, Home Squeeze	016300-165653	8/59 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
10068	☉ Orange, Home Squeezed + Calcium	016300-151045	8/64 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%

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daiya

deliciously dairy free

Consumers are asking
for it by Name

Peanut Free



NO Lactose
or Casein

0g
cholesterol

Soy Free



Melts &
stretches

Gluten Free



0g
Trans
Fats



Vegan



From pizza to creamy mac 'n' cheese, everyone can enjoy the irresistible taste, melt, and stretch of this healthy alternative! (Cheddar Style Shreds item #12325, Mozzarella Style Shreds item #12324)

www.daiyafoods.com

info@daiyafoods.com

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack Size	Wholesale Case	Each	CS/EA	Sale			
							Case	Each	\$Disc	%Disc
FLORIDA'S NATURAL, Cont.										
10066	☉ Orange, Home Squeezed	016300-151212	8/64 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
10064	☉ Orange, Original	016300-151144	8/64 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11951	☉ Orange, Original	016300-165646	8/59 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
FOLLOW YOUR HEART										
<i>Vegenaise</i>										
12714	★ Original	049568-010328	12/32 OZ	49.24	4.10	CS	43.84	3.65	\$5.40	11.0%
10556	★☉ Flaxseed/Olive Oil, Reduced Fat	049568-200323	12/32 OZ	51.93	4.33	CS	46.23	3.85	\$5.70	11.0%
12715	★ Omega-3 w/Exp Pressed Canola Oil	049568-030326	12/32 OZ	51.93	4.33	CS	46.23	3.85	\$5.70	11.0%
12716	★ Grapeseed Oil	049568-020327	12/32 OZ	66.58	5.55	CS	59.23	4.94	\$7.35	11.0%
12719	★★ Vegenaise	049568-180328	12/32 OZ	66.60	5.55	CS	59.25	4.94	\$7.35	11.0%
GALAXY NUTRITIONAL FOODS										
<i>Rice Blocks</i>										
11758	Cheddar, Low Fat	077172-641782	12/8 OZ	34.67	2.89	CS	30.77	2.56	\$3.90	11.2%
11759	Mozzarella, Low Fat	077172-641799	12/8 OZ	34.67	2.89	CS	30.77	2.56	\$3.90	11.2%
<i>Rice Vegan Blocks</i>										
11777	Cheddar	077172-641768	12/8 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
11778	Mozzarella	077172-641775	12/8 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
<i>Vegan Blocks</i>										
11760	☉ Cheddar, Low Fat	077172-640075	12/8 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
11761	☉ Mozzarella, Low Fat	077172-640082	12/8 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
GARDEIN										
<i>Meat-Free Entrees</i>										
11521	☐ BBQ Pulled Shreds	842234-000476	8/9 OZ	23.73	2.97	CS	21.95	2.74	\$1.78	7.5%
11712	☐ Beefless Burgundy w/Rice Trio	842234-000568	8/10.5 OZ	23.73	2.97	CS	21.95	2.74	\$1.78	7.5%
11715	☐ Chickenless Sicilian w/Rice Trio	842234-000582	8/10.5 OZ	23.73	2.97	CS	21.95	2.74	\$1.78	7.5%
11713	☐ Chickenless Thai w/Rice Trio	842234-000575	8/10.5 OZ	23.73	2.97	CS	21.95	2.74	\$1.78	7.5%
11544	☐ BBQ Skewers	842234-000384	8/8 OZ	29.33	3.67	CS	27.13	3.39	\$2.20	7.5%
11543	☐ Chick 'N Filets	842234-000360	8/7 OZ	29.33	3.67	CS	27.13	3.39	\$2.20	7.5%
11546	☐ Santa Fe Good Stuff	842234-000445	8/10 OZ	29.33	3.67	CS	27.13	3.39	\$2.20	7.5%
11545	☐ Tuscan Breasts	842234-000315	8/10.5 OZ	29.33	3.67	CS	27.13	3.39	\$2.20	7.5%
GOOD BELLY										
<i>Probiotic Fruit Drinks</i>										
<i>Kids</i>										
11321	★☉ Cherry Flavor	891770-002321	6/4/2.7 OZ	22.72	3.79	CS	20.17	3.36	\$2.55	11.2%
12116	★☉ Grape Flavor	891770-002314	6/4/2.7 OZ	22.72	3.79	CS	20.17	3.36	\$2.55	11.2%
<i>Quarts</i>										
16177	Black Currant	891770-002048	6/32 OZ	18.80	3.13	CS	16.69	2.78	\$2.11	11.2%
11026	Blueberry	891770-002123	6/32 OZ	18.80	3.13	CS	16.69	2.78	\$2.11	11.2%
16179	Cranberry Watermelon	891770-002062	6/32 OZ	18.80	3.13	CS	16.69	2.78	\$2.11	11.2%
16178	Mango	891770-002055	6/32 OZ	18.80	3.13	CS	16.69	2.78	\$2.11	11.2%
12874	Pomegranate Blackberry	891770-002161	6/32 OZ	18.80	3.13	CS	16.69	2.78	\$2.11	11.2%
GRANNY CHOE'S KIMCHI										
19052	baek/mild white	705105-545905	12/15 OZ	67.36	5.61	CS	62.45	5.20	\$4.91	7.3%
19053	ggakdugi/daikon radish	705105-546001	12/15 OZ	67.36	5.61	CS	62.45	5.20	\$4.91	7.3%
19051	original/cabbage	705105-545806	12/15 OZ	67.36	5.61	CS	62.45	5.20	\$4.91	7.3%
HORIZON										
13607	★ Eggnog, Low Fat	742365-232909	12/32 OZ	44.48	3.71	CS	39.48	3.29	\$5.00	11.2%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

HOUSE FOODS

Tofu Shirataki Noodles

10183	Angel Hair	076371-041072	12/8 OZ	13.25	1.10	CS	11.85	0.99	\$1.40	10.6%
35569	Tofu Shiratake Fettucine	076371-041065	12/8 OZ	13.25	1.10	CS	11.85	0.99	\$1.40	10.6%
35568	Tofu Shirataki Spaghetti	076371-041058	12/8 OZ	13.25	1.10	CS	11.85	0.99	\$1.40	10.6%

Tofu Steak

10189	Cajun	076371-014090	12/12 OZ	15.66	1.31	CS	14.00	1.17	\$1.66	10.6%
26599	★☉ Garlic & Pepper	076371-014083	12/12 OZ	15.66	1.31	CS	14.00	1.17	\$1.66	10.6%
10188	Grilled	076371-014076	12/12 OZ	15.66	1.31	CS	14.00	1.17	\$1.66	10.6%

Tofu

36844	★☉ Extra Firm	076371-011112	12/12 OZ	11.61	0.97	CS	10.40	0.87	\$1.21	10.4%
36843	★☉ Firm	076371-011099	12/14 OZ	11.61	0.97	CS	10.40	0.87	\$1.21	10.4%
36842	★☉ Medium Firm (Regular)	076371-011020	12/14 OZ	11.61	0.97	CS	10.40	0.87	\$1.21	10.4%
36841	★☉ Soft (Silken)	076371-011051	12/14 OZ	11.61	0.97	CS	10.40	0.87	\$1.21	10.4%
36848	★☆☆ Extra Firm	076371-012317	12/12 OZ	15.01	1.25	CS	13.43	1.12	\$1.58	10.5%
36847	★☆☆ Firm	076371-012218	12/14 OZ	15.01	1.25	CS	13.43	1.12	\$1.58	10.5%
36846	★☆☆ Medium Firm	076371-012010	12/14 OZ	15.01	1.25	CS	13.43	1.12	\$1.58	10.5%
36845	★☆☆ Soft (Silken)	076371-012119	12/14 OZ	16.36	1.36	CS	14.78	1.23	\$1.58	9.7%

IMMACULATE BAKING CO.

Cookies

11263	■ Cookie Dough, Choc Peppermint	665596-099229	6/14 OZ	18.24	3.04	CS	16.21	2.70	\$2.03	11.1%
11264	■ Cookie Dough, Gingerbread Spice	665596-099212	6/14 OZ	18.24	3.04	CS	16.21	2.70	\$2.03	11.1%

Rolls

11797	■ Crescent Rolls, 8 Rolls	665596-013027	12/8 OZ	38.10	3.18	CS	32.46	2.71	\$5.64	14.8%
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ITALIAN VOLCANO

Juices

11779	☉☉★ Blood Orange	810533-008059	12/8.45 OZ	27.26	2.27	CS	24.28	2.02	\$2.98	10.9%
11780	☉☉★ Tangerine	810533-007052	12/8.45 OZ	27.26	2.27	CS	24.28	2.02	\$2.98	10.9%

KOZY SHACK

Pudding

13060	◆☉■ Rice	073491-001009	12/2/4 OZ	15.20	1.27	CS	13.49	1.12	\$1.71	11.3%
12768	☉■ Strawberry	073491-515001	6/22 OZ	17.68	2.95	CS	15.69	2.62	\$1.99	11.3%
13063	■◆ Creme Caramel Flan	073491-020000	12/2/4 OZ	19.04	1.59	CS	16.90	1.41	\$2.14	11.2%
13203	■ Chocolate, Real	073491-303004	12/4/4 OZ	28.64	2.39	CS	25.42	2.12	\$3.22	11.2%
13201	■ Rice	073491-301000	12/4/4 OZ	28.64	2.39	CS	25.42	2.12	\$3.22	11.2%
13202	■ Tapioca, Old Fashioned	073491-302007	12/4/4 OZ	28.64	2.39	CS	25.42	2.12	\$3.22	11.2%

Simply Well Puddings

13089	★■ Dark Chocolate	073491-481405	12/4/4 OZ	34.40	2.87	CS	30.53	2.54	\$3.87	11.3%
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LACTAID

Lactose Free Milk

31317	1%	041383-090226	6/64 OZ	22.08	3.68	CS	19.60	3.27	\$2.48	11.2%
10467	100% Fat Free	041383-090431	6/64 OZ	20.07	3.35	CS	17.59	2.93	\$2.48	12.4%
10470	2% Low Fat, Calcium Fortified	041383-090745	6/64 OZ	20.07	3.35	CS	17.59	2.93	\$2.48	12.4%
10468	2% Reduced Fat	041383-090103	6/64 OZ	20.07	3.35	CS	17.59	2.93	\$2.48	12.4%
10469	Non Fat, Calcium Fortified	041383-090219	6/64 OZ	20.07	3.35	CS	17.59	2.93	\$2.48	12.4%
10473	Whole Homogenized	041383-090363	6/64 OZ	20.07	3.35	CS	17.59	2.93	\$2.48	12.4%

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 + = Made With 70-94% Organic Ingredients ☉ = Vegan ☉ = Kosher ◆ = Vegetable Enzymes ☉ = Ethnic ○ = Non-GMO Project Verified

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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
LIBERTE` YOGURT										
Mediterranee Yogurt										
11516	■ Apple Crumble	065684-656400	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
10601	☉■★ Coconut	065684-656387	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
11515	■ French Vanilla	065684-656394	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
10600	☉■★ Lemon	065684-656370	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
11273	Peach and Passion	065684-654321	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
11272	Plum Walnut	065684-654314	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
11271	Strawberry	065684-654307	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
11274	Wild Blackberry	065684-654345	12/6 OZ	10.72	0.89	CS	9.51	0.79	\$1.21	11.3%
LIFEWAY										
Low-Fat Kefir										
15049	★■ Blueberry	017077-007320	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
15048	★■ Peach	017077-004329	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
15045	★■ Plain	017077-001328	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
15050	★■ Pomegranate Acai	017077-005326	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
15047	★■ Raspberry	017077-003322	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
15046	★■ Strawberry	017077-002325	6/32 OZ	19.40	3.23	CS	17.22	2.87	\$2.18	11.2%
12106	Cranberry Creme Brulee	017077-131322	12/32 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
11283	★■☉ Blueberry	017077-007320	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
13083	★■ Peach	017077-004329	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
13077	★■ Plain	017077-001328	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
11282	★■☉ Pomegranate Acai	017077-005326	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
13079	★■ Raspberry	017077-003322	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
13078	★■ Strawberry	017077-002325	12/32 OZ	38.00	3.17	CS	33.72	2.81	\$4.28	11.3%
Whole Milk Kefir										
15051	★■ Plain	017077-072328	6/32 OZ	23.40	3.90	CS	20.77	3.46	\$2.63	11.2%
13250	★ Plain	017077-072328	12/32 OZ	46.00	3.83	CS	40.82	3.40	\$5.18	11.3%
LIGHTLIFE FOODS										
Smart Cutlets										
11940	■ Classic Marinara	043454-308124	8/10.4 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11938	Original	043454-308100	8/6 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
11939	■ Spicy Sweet & Sour	043454-308117	8/10.4 OZ	29.33	3.67	CS	26.03	3.25	\$3.30	11.3%
Smart Meat Substitutes										
12332	■ Smart BBQ	043454-600105	8/6 OZ	22.72	2.84	CS	20.16	2.52	\$2.56	11.3%
12334	■ Smart Chili	043454-600303	8/10 OZ	22.72	2.84	CS	20.16	2.52	\$2.56	11.3%
12333	■ Smart Tex Mex	043454-600204	8/6 OZ	22.72	2.84	CS	20.16	2.52	\$2.56	11.3%
10343	■ Buffalo Wings	043454-307103	8/6 OZ	28.16	3.52	CS	24.99	3.12	\$3.17	11.3%
10344	■ Honey BBQ Wings	043454-307110	8/6 OZ	28.16	3.52	CS	24.99	3.12	\$3.17	11.3%
11417	■ Tenders Lemon Chick`n	043454-306106	8/6 OZ	28.16	3.52	CS	24.34	3.04	\$3.82	13.6%
11418	■ Tenders Savory Chick`n	043454-305109	8/6 OZ	28.16	3.52	CS	24.34	3.04	\$3.82	13.6%
LISANATTI										
Almond Cheeze										
12497	Cheddar	045296-191018	12/8 OZ	31.89	2.66	CS	28.38	2.37	\$3.51	11.0%
12494	Garlic & Herb	045296-191032	12/8 OZ	31.89	2.66	CS	28.38	2.37	\$3.51	11.0%
12496	Jalapeno Jack	045296-191049	12/8 OZ	31.89	2.66	CS	28.38	2.37	\$3.51	11.0%
12495	Mozzarella	045296-191025	12/8 OZ	31.89	2.66	CS	28.38	2.37	\$3.51	11.0%
M.O.A.B.										
Superfruit Blend Juice										
14744	☉★☉ Acai, Rejuvenate	898931-002008	6/32 OZ	26.40	4.40	CS	23.43	3.91	\$2.97	11.3%
14745	☉★☉ Mangosteen Acerola-C, Hlthy Hrt	898931-002022	6/32 OZ	26.40	4.40	CS	23.43	3.91	\$2.97	11.3%
14746	☉★☉ Pomegranate, Thrive	898931-002039	6/32 OZ	26.40	4.40	CS	23.43	3.91	\$2.97	11.3%
14747	☉★☉ Wild Blueberry, Energize	898931-002046	6/32 OZ	26.40	4.40	CS	23.43	3.91	\$2.97	11.3%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

MANITOBA HARVEST

All Liquid Oils Require Refrigeration

Nut Butter

44056	Hemp Seed	697658-101069	6/10 OZ	41.04	6.84	CS	36.42	6.07	\$4.62	11.3%
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MOUNTAIN HIGH YOGHURT

Flavored Originals

13923	★ ■ Vanilla	075270-001613	6/32 OZ	17.18	2.86	CS	15.38	2.56	\$1.80	10.5%
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Low Fat

38315	Plain	075270-001910	6/32 OZ	17.18	2.86	CS	15.38	2.56	\$1.80	10.5%
38316	Vanilla	075270-001941	6/32 OZ	17.18	2.86	CS	15.38	2.56	\$1.80	10.5%

Nonfat

10728	★ Plain	075270-001712	4/64 OZ	19.72	4.93	CS	18.52	4.63	\$1.20	6.1%
13922	★ Plain	075270-001668	6/32 OZ	17.18	2.86	CS	15.38	2.56	\$1.80	10.5%

Originals

13921	★ Plain	075270-001606	6/32 OZ	17.18	2.86	CS	15.38	2.56	\$1.80	10.5%
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NANCY'S SPRINGFIELD CREAMERY

Cottage Cheese

12953	⊙ Low Fat	043192-310502	6/16 OZ	15.65	2.61	CS	13.98	2.33	\$1.67	10.7%
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Cream Cheese

12957	⊙ Cream Cheese	043192-500101	6/8 OZ	10.76	1.79	CS	9.60	1.60	\$1.16	10.8%
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Sour Cream

12955	⊙ Sour Cream	043192-400104	6/8 OZ	7.58	1.26	CS	6.78	1.13	\$0.80	10.6%
12176	★ ⊙ Sour Cream	043192-400159	6/16 OZ	11.65	1.94	CS	10.43	1.74	\$1.22	10.5%
12959	★ ⊙ Sour Cream	043192-405154	6/16 OZ	16.97	2.83	CS	15.15	2.53	\$1.82	10.7%

Yogurt - Lowfat

13193	⊙ Plain	043192-101056	6/32 OZ	14.58	2.43	CS	13.11	2.19	\$1.47	10.1%
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Yogurt - Non-Fat

13191	⊙ Plain	043192-103005	6/32 OZ	14.58	2.43	CS	13.11	2.19	\$1.47	10.1%
13099	⊙ Vanilla	043192-103012	6/32 OZ	16.68	2.78	CS	14.98	2.50	\$1.70	10.2%
13098	★ ⊙ Plain	043192-104408	4/64 OZ	23.04	5.76	CS	20.69	5.17	\$2.35	10.2%

Yogurt - Whole Milk

10127	★ ⊙ Plain	043192-105801	4/4 LB	23.04	5.76	CS	20.69	5.17	\$2.35	10.2%
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Yogurt - Whole Milk, Honey Sweetened

13187	⊙ Plain	043192-101001	6/32 OZ	14.85	2.48	CS	13.36	2.23	\$1.49	10.0%
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NEWMAN'S OWN

Juices

12945	■ Lemonade	020662-101266	8/64 OZ	14.61	1.83	CS	13.51	1.69	\$1.10	7.5%
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ORGANIC VALLEY

Butter

10215	★ European Style Cultured	093966-000566	12/8 OZ	37.13	3.09	CS	33.01	2.75	\$4.12	11.1%
10008	★ ⊙ Salted, Pasture	093966-003857	12/8 OZ	37.13	3.09	CS	33.01	2.75	\$4.12	11.1%
11081	★ ⊙ Whipped, Organic Sweet Cream	093966-004038	16/8 OZ	49.50	3.09	CS	44.00	2.75	\$5.50	11.1%

Loaves, Approximate Weight; Rennetless

10235	★ ⊙ Mozzarella	093966-258707	6.5 LB	46.19	7.11	EA	41.07	6.32	\$5.12	11.1%
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O'HANA HOUSE

Asian Noodles

10937	★ ⊕ Buckwheat Soba, PreCooked	028422-976017	12/12 OZ	26.39	2.20	CS	23.60	1.97	\$2.79	10.6%
10935	★ ⊕ Chow Mein Style, PreCooked	028422-974013	12/12 OZ	26.39	2.20	CS	23.60	1.97	\$2.79	10.6%
10936	★ ⊕ Japanese Udon, PreCooked	028422-975010	12/12 OZ	26.39	2.20	CS	23.60	1.97	\$2.79	10.6%

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 ⊕ = Made With 70-94% Organic Ingredients ⊕ = Vegan ⊙ = Kosher ⊕ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

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12/4 oz. UPC 0 93966 00212 6

ORGANIC VALLEY
Blue Cheese Crumbles
12/4 oz. UPC 0 93966 00211 9

ORGANIC VALLEY
Parmesan Cheese Shredded
12/4 oz. UPC 0 93966 00228 7

ORGANIC VALLEY
Parmesan Cheese Grated
12/4 oz. UPC 0 93966 00438 0

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
PAVEL'S YOGURT										
10830	Plain	086726-100187	6/32 OZ	18.30	3.05	CS	16.36	2.73	\$1.94	10.6%
10840	Plain, LF	086726-100200	6/32 OZ	18.30	3.05	CS	16.36	2.73	\$1.94	10.6%
10835	Plain, NF	086726-100255	6/32 OZ	18.30	3.05	CS	16.36	2.73	\$1.94	10.6%
10839	★ Russian Style, LF	086726-100248	6/24 OZ	18.30	3.05	CS	16.36	2.73	\$1.94	10.6%
PHD										
11266	★■ Berry Balance	895070-002012	12/16 OZ	27.94	2.33	CS	24.70	2.06	\$3.24	11.6%
11265	★■ Citrus Boost	895070-002005	12/16 OZ	27.94	2.33	CS	24.70	2.06	\$3.24	11.6%
POM WONDERFUL										
<i>Teas</i>										
10690	Pom Light Hibiscus Green Tea	824150-427162	6/16 OZ	12.80	2.13	CS	10.88	1.81	\$1.92	15.0%
10689	■ Pom Light Wildberry White Tea	824150-424161	6/16 OZ	12.80	2.13	CS	10.88	1.81	\$1.92	15.0%
10687	■ Pomegranate Blackberry, Black	824150-422167	6/16 OZ	12.80	2.13	CS	10.88	1.81	\$1.92	15.0%
10686	■ Pomegranate Lychee, Green	824150-421160	6/16 OZ	12.80	2.13	CS	10.88	1.81	\$1.92	15.0%
10688	■ Pomegranate Peach Passion, White	824150-423164	6/16 OZ	12.80	2.13	CS	10.88	1.81	\$1.92	15.0%
POTTER FAMILY FARMS										
<i>Low Fat Yogurts</i>										
11397	★ Blueberry	899327-001858	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
11399	★ Cherry	899327-001742	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
11398	★ Mixed Berry	899327-001711	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
11403	★ Peach	899327-001827	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
11396	★ Strawberry	899327-001834	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
11400	★ Vanilla	899327-001766	12/6 OZ	13.23	1.10	CS	11.74	0.98	\$1.49	11.3%
REDWOOD HILL FARM										
<i>Goat Milk Kefir</i>										
10683	⊕ Traditional Plain	081312-100015	6/32 OZ	30.64	5.11	CS	27.31	4.55	\$3.33	10.9%
10684	⊕ Blueberry Pomegranate	081312-100022	6/32 OZ	33.83	5.64	CS	30.14	5.02	\$3.69	10.9%
10320	⊕ Mango Orange Pineapple	081312-100046	6/32 OZ	33.83	5.64	CS	30.14	5.02	\$3.69	10.9%
SEA TANGLE NOODLE COMPANY										
<i>Pasta</i>										
10590	★‡ Kelp Noodles	087703-019614	12/12 OZ	29.60	2.47	CS	26.27	2.19	\$3.33	11.3%
10593	Kelp Noodles, W/ Green Tea	087703-006447	12/12 OZ	29.60	2.47	CS	26.27	2.19	\$3.33	11.3%
10592	‡ Mixed Sea Vegetables	087703-019621	12/5.6 OZ	32.80	2.73	CS	29.11	2.43	\$3.69	11.3%
SIGGIS										
<i>Strained Non-Fat Yogurt</i>										
11378	Acai	898248-001060	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11375	Blueberry	898248-001015	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11380	Grapefruit	898248-001084	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11376	Orange & Ginger	898248-001022	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11374	Plain	898248-001008	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11377	Pomegranate & Passion Fruit	898248-001046	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
11379	Vanilla	898248-001077	12/6 OZ	24.80	2.07	CS	22.01	1.83	\$2.79	11.3%
SIMPLY ORANGE										
<i>Juice</i>										
11614	Apple	025000-055737	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
11613	Grapefruit	025000-054501	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
10007	Orange With Mango	025000-054372	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
10002	Orange With Pineapple	025000-054389	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
11609	⊕ Orange, Calcium, Pulp Free	025000-055430	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
11610	⊕ Orange, Country Stand, Med Pulp	025000-054167	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
11607	⊕ Orange, Grove Made, High Pulp	025000-055447	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%

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BULK

REFRIGERATED

FROZEN

PET

GROCERY

PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/ EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
SIMPLY ORANGE, Cont.										
11608	☉ Orange, Pulp Free Original	025000-055423	6/1.75 LTR	24.64	4.11	CS	21.14	3.52	\$3.50	14.2%
Single Serve Juice										
12727	☉■ Lemonade With Raspberry	025000-003295	12/400 ML	17.09	1.42	CS	15.17	1.26	\$1.92	11.2%
12728	☉■ Lemonade	025000-003646	12/400 ML	17.09	1.42	CS	15.17	1.26	\$1.92	11.2%
12729	☉■ Limeade	025000-003653	12/400 ML	17.09	1.42	CS	15.17	1.26	\$1.92	11.2%
12726	☉ Orange, Original	025000-003752	12/400 ML	17.09	1.42	CS	15.17	1.26	\$1.92	11.2%
SOY DELI										
Vacuum Packed Tofu										
12108	Nigari Firm, LF	035302-002001	12/8 OZ	15.90	1.33	CS	14.17	1.18	\$1.73	10.9%
STONYFIELD FARM										
Fat Free Yogurt										
13830	★☆☆ Black Cherry, FOB	052159-000455	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13822	★☆☆ Blueberry, FOB	052159-000448	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13875	★☆☆ Chocolate Underground	052159-000578	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13814	★☆☆ French Vanilla	052159-000400	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13854	★☆☆ Key Lime	052159-000660	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13815	★☆☆ Lotsa Lemon	052159-000493	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13817	★☆☆ Peach, FOB	052159-000424	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13858	★☆☆ Plain	052159-000509	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
10023	★☆☆ Pomegranate Berry	052159-000653	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
11968	★☆☆ Strawberry	052159-500702	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13821	★☆☆ Strawberry, FOB	052159-000417	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
11969	★☆☆ Super Fruits, Pom/Rasp/Acai	052159-500719	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
O'Soy										
13889	☉ Blueberry	052159-006044	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13801	☉ Chocolate	052159-006099	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13887	☉ Strawberry	052159-006037	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
13892	☉ Vanilla	052159-006082	12/6 OZ	10.24	0.85	CS	9.09	0.76	\$1.15	11.2%
YoBaby Meals										
11286	★☆☆ Apple Sweet Potato	052159-591120	6/4/4 OZ	14.83	2.47	CS	13.16	2.19	\$1.67	11.3%
11288	★☆☆ Peach Squash	052159-591144	6/4/4 OZ	14.83	2.47	CS	13.16	2.19	\$1.67	11.3%
11287	★☆☆ Pear Green Bean	052159-591137	6/4/4 OZ	14.83	2.47	CS	13.16	2.19	\$1.67	11.3%
STRAUS FAMILY CREAMERY										
Butter										
44069	★☉ European Style, Lite Salt	784830-000507	15/1 LB	84.06	5.60	CS	74.76	4.98	\$9.30	11.1%
44070	★☉ European Style, Sweet	784830-000606	15/1 LB	84.06	5.60	CS	74.76	4.98	\$9.30	11.1%
TURTLE ISLAND										
Marinated Tempeh										
12102	★ Coconut Curry	025583-001503	10/7 OZ	28.05	2.81	CS	25.07	2.51	\$2.98	10.6%
12104	★ Lemon Pepper	025583-001527	10/7 OZ	28.05	2.81	CS	25.07	2.51	\$2.98	10.6%
12103	★ Sesame Garlic	025583-001510	10/7 OZ	28.05	2.81	CS	25.07	2.51	\$2.98	10.6%
13230	Smoky Maple Bacon	025583-001565	10/7 OZ	28.05	2.81	CS	25.07	2.51	\$2.98	10.6%
Tofurky										
12056	☉ Breakfast Links	025583-006522	8/8 OZ	18.76	2.35	CS	16.78	2.10	\$1.98	10.6%
12055	☉ Chipotle Franks	025583-006515	8/8 OZ	18.76	2.35	CS	16.78	2.10	\$1.98	10.6%
12054	☉ Franks	025583-006508	8/8 OZ	18.76	2.35	CS	16.78	2.10	\$1.98	10.6%
12051	☉ Beer Brats	025583-006010	12/14 OZ	37.98	3.17	CS	34.02	2.84	\$3.96	10.4%
12053	☉ Kielbasa	025583-006034	12/14 OZ	37.98	3.17	CS	34.02	2.84	\$3.96	10.4%
12052	☉ Swt Italian Sausage w/Tom & Basil	025583-006027	12/14 OZ	37.98	3.17	CS	34.02	2.84	\$3.96	10.4%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

UNCLE MATT'S

Orange Juice

12352	★◇ Pulp Free, Mini Box	697068-570110	16/6 OZ	14.57	0.91	CS	13.13	0.82	\$1.44	9.9%
11478	★⊙ Pulp Free	697068-590118	6/59 OZ	33.13	5.52	CS	29.40	4.90	\$3.73	11.3%
11508	★⊙ With Calcium & Vitamin D	697068-590132	6/59 OZ	33.13	5.52	CS	29.40	4.90	\$3.73	11.3%
11479	★⊙ With Pulp	697068-590125	6/59 OZ	33.13	5.52	CS	29.40	4.90	\$3.73	11.3%

WALLABY ORGANIC

Non Fat Yogurt

10874	★⊙■ Barlett Pear	795709-030075	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10870	★⊙■ Blackberry	795709-030044	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10868	★⊙■ Mango Lime	795709-030051	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10869	★⊙■ Peach	795709-030020	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10544	★⊙■ Pineapple	795709-030105	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10867	★⊙■ Raspberry	795709-030037	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10878	★⊙■ Strawberry Guava	795709-030099	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10866	★⊙■ Strawberry	795709-030013	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
10871	★⊙■ Vanilla Bean	795709-030068	12/6 OZ	9.64	0.80	CS	8.58	0.72	\$1.06	11.0%
12384	★⊙■ Plain	795709-040029	6/32 OZ	16.35	2.73	CS	14.57	2.43	\$1.78	10.9%
12383	★⊙■ Vanilla Bean	795709-040012	6/32 OZ	16.35	2.73	CS	14.57	2.43	\$1.78	10.9%

WESTSOY

Tofu

10758	Baked, Italian Garlic Herb	074873-300147	12/8 OZ	37.86	3.16	CS	33.92	2.83	\$3.94	10.4%
10761	Baked, Lemon Pepper	074873-300437	12/8 OZ	37.86	3.16	CS	33.92	2.83	\$3.94	10.4%
10759	Baked, Oriental Teriyaki	074873-300123	12/8 OZ	37.86	3.16	CS	33.92	2.83	\$3.94	10.4%
10760	Baked, Thai Sesame	074873-300116	12/8 OZ	37.86	3.16	CS	33.92	2.83	\$3.94	10.4%
10762	Baked, Tomato Basil	074873-300444	12/8 OZ	37.86	3.16	CS	33.92	2.83	\$3.94	10.4%

WHITE WAVE

12303	■ Silk Nog	025293-600508	12/32 OZ	27.36	2.28	CS	24.28	2.02	\$3.08	11.3%
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Silk Soy Milk

11856	■⊙ Mint Chocolate	025293-001176	12/32 OZ	27.36	2.28	CS	24.28	2.02	\$3.08	11.3%
12899	+ Pumpkin Spice	025293-601260	12/32 OZ	27.36	2.28	CS	24.28	2.02	\$3.08	11.3%

WHOLESoy

Soy Yogurt

13682	+■⊙ Apricot Mango	664372-600215	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13692	+■⊙ Blueberry	664372-600086	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13691	+■ Cherry	664372-600079	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13690	+■⊙ Lemon	664372-600062	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13683	+■⊙ Mixed Berry	664372-600222	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13695	+■⊙ Peach	664372-600024	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13694	+■ Plain	664372-600017	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13697	+■ Raspberry	664372-600048	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13684	+■ Strawberry Banana	664372-600208	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13696	+■⊙ Strawberry	664372-600031	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13689	+■⊙ Vanilla	664372-600055	12/6 OZ	10.26	0.86	CS	9.13	0.76	\$1.13	11.0%
13693	+■⊙ Plain	664372-700014	6/24 OZ	13.74	2.29	CS	12.24	2.04	\$1.50	10.9%
13228	■⊙ Vanilla	664372-700021	6/24 OZ	13.74	2.29	CS	12.24	2.04	\$1.50	10.9%

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Silk

Nobody makes soymilk like we do.

Silk® begins with natural, whole-harvested soybeans, grown without genetic engineering right here in North America. We use only whole-harvested beans — not powder — to preserve the great taste and nutrition Mother Nature intended. Pure water and a handful of other wholesome ingredients are all it takes to create our perfectly delicious soymilk.

Our commitment to the Earth begins with whole harvesting, but it doesn't stop there. To make our soymilk the best it can be for you and the planet, we've partnered with Conservation International. Together, we're working to protect both the Silk quality you trust, and the environment we all depend on.

Ultimately, we like to think of soy as Nature's perfect protein — and you just don't mess with perfection.



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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

WILDWOOD

PastaSlim - Pasta Alternative

10968	★♻️ Fettucinne	030871-302194	12/7 OZ	11.70	0.98	CS	10.42	0.87	\$1.28	10.9%
10967	★♻️ Spaghetti	030871-302170	12/7 OZ	11.70	0.98	CS	10.42	0.87	\$1.28	10.9%

SOYogurt

10993	★■ Blue Moon Blueberry	030871-200025	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10986	★ Pleasantly Plain	030871-200155	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10994	★■ Precocious Peach	030871-200032	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10995	★■ Razzmatazz Raspberry	030871-200049	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10996	★■ Strawberry Patch	030871-200056	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10997	★■ Vivacious Vanilla	030871-200063	12/6 OZ	9.76	0.81	CS	8.68	0.72	\$1.08	11.1%
10987	★ Pleasantly Plain	030871-200162	6/24 OZ	16.75	2.79	CS	14.97	2.50	\$1.78	10.6%
10988	★■ Vivacious Vanilla	030871-200179	6/24 OZ	16.75	2.79	CS	14.97	2.50	\$1.78	10.6%

Tofu

11435	Hi Protein Super Firm	030871-000243	6/14 OZ	13.60	2.27	CS	12.11	2.02	\$1.49	11.0%
12144	★⊕ SprouTofu, WP, Extra Firm	030871-401002	12/14 OZ	19.35	1.61	CS	17.24	1.44	\$2.11	10.9%
11436	★ Water Packed, Firm	030871-302163	12/14 OZ	19.35	1.61	CS	17.24	1.44	\$2.11	10.9%
11438	★ Water Packed, Silken	030871-302156	12/14 OZ	19.35	1.61	CS	17.24	1.44	\$2.11	10.9%

WOODSTOCK FARMS

Tofu

10507	★⊕ Extra Firm, Water Pack	042563-011727	6/14 OZ	11.16	1.86	CS	10.13	1.69	\$1.03	9.2%
10506	★⊕ Firm, Water Pack	042563-011710	6/14 OZ	11.16	1.86	CS	10.13	1.69	\$1.03	9.2%

YVES

Deli Slices

12522	Deli Vegi Bologna, LF	060822-000060	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
12490	■ Deli Vegi Ham, FF	060822-003078	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
12520	Deli Vegi Salami, FF	060822-001111	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
12493	Deli Vegi Turkey, LF	060822-003061	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
11586	Veggie Beef Roast	060822-001203	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
11585	Veggie Cajun Chicken	060822-001197	8/5.5 OZ	17.28	2.16	CS	15.51	1.94	\$1.77	10.2%
12535	Vegi Pizza Pepperoni, FF	060822-001166	8/4.2 OZ	19.31	2.41	CS	17.31	2.16	\$2.00	10.4%

Wraps

12597	Meatless Lettuce Wrap Stuffers	060822-000411	8/12 OZ	22.08	2.76	CS	19.75	2.47	\$2.33	10.6%
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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

FROZEN

ACAI WONDERFRUIT

77414	■ Energy Blend 4 100g Pks	893807-002106	8/14.11 OZ	38.12	4.77	CS	34.04	4.26	\$4.08	10.7%
77415	■ Immunity Blend 4 100g Pks	893807-002076	8/14.11 OZ	38.12	4.77	CS	34.04	4.26	\$4.08	10.7%
77416	■ Protein Blend 4 100g Pks	893807-002137	8/14.11 OZ	38.12	4.77	CS	34.04	4.26	\$4.08	10.7%
77413	Real Pure 4 100g Pks	893807-002038	8/14.11 OZ	38.12	4.77	CS	34.04	4.26	\$4.08	10.7%

ALEXIA FOODS

Appetizers

74346	Onion Rings, Beer Battered	834183-001062	8/12 OZ	25.24	3.16	CS	22.52	2.82	\$2.72	10.8%
74349	Beer Battered Cheddar Bites	834183-006104	12/8 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71343	■ Mozzarella Stix	834183-006005	12/8 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71344	■ Mushroom Bites	834183-006012	12/8 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
74348	Potato Bites, Spicy	834183-006067	12/7.7 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
74347	Potato Bites, Three Cheese	834183-006081	12/7.7 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Artisan Breads

71360	Ciabatta Italian Style Rolls	834183-009020	12/12 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
70179	■ Classic Buttermilk Biscuits	834183-009044	12/14 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71348	■ French Rolls, Classic	834183-009006	12/12 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71347	■ Garlic Baguette	834183-009501	24/6 OZ	37.86	1.58	CS	33.77	1.41	\$4.09	10.8%
70718	■ Garlic Baguette, Twin Pack	834183-009525	12/12 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71346	■ Three Cheese Focaccia	834183-009037	12/10.5 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71349	Whole Grain WW Rolls w/ Flaxseed	834183-009013	12/12 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Hash Browns

71345	★ Hash Browns	834183-003035	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
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Julienne Fries

71326	⊕★ Julienne Swt Potato w/Sea Salt	834183-001116	12/15 OZ	30.52	2.54	CS	27.23	2.27	\$3.29	10.8%
38135	■ Sweet Potatoes, Spicy	834183-007132	12/20 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Mashed Potatoes

71226	⊕★ Country Reds w/Garlic & Parmesan	834183-001376	12/22 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71227	⊕★ Yukon Gold Potatoes & Sea Salt	834183-001369	12/22 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Onion Rings

70719	■ Crispy Golden w/Sea Salt	834183-001055	12/11 OZ	34.19	2.85	CS	30.50	2.54	\$3.69	10.8%
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Oven Crinkles

71315	★⊕★ Classic w/Sea Salt	834183-003028	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
71314	★⊕★ Onion & Garlic	834183-003011	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
71313	★⊕★ Salt & Pepper	834183-003004	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
74345	⊕ Sweet potatoes, Salt & Pepper	834183-007156	12/20 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Red Potato Oven Fries w/ Olive Oil

70720	⊕★ Parmesan & Roasted Garlic	834183-001093	12/15 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
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Russet Oven Fries w/ Olive Oil

71320	■⊕★ Olive Oil & Sea Salt	834183-001000	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
71321	■⊕★ Olive Oil, Rosemary & Garlic	834183-001017	12/16 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%

Select Sides

72809	Chipotle Roasted Sweet Potatoes	834183-008047	12/14 OZ	35.03	2.92	CS	31.25	2.60	\$3.78	10.8%
72806	Red Potatoes & Baby Portabello	834183-008016	12/14 OZ	35.03	2.92	CS	31.25	2.60	\$3.78	10.8%
72807	Rstd Red Potatoes & Harvest Veg	834183-008030	12/14 OZ	35.03	2.92	CS	31.25	2.60	\$3.78	10.8%
72808	Rstd Red Potatoes & Italian Veg	834183-008023	12/14 OZ	35.03	2.92	CS	31.25	2.60	\$3.78	10.8%

Waffle Fries

74344	⊕ Sweet Potatoes, Waffle Cut	834183-007149	12/20 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%
71361	★⊕ Waffle-Cut w/ Seasoned Salt	834183-007033	12/20 OZ	37.86	3.16	CS	33.77	2.81	\$4.09	10.8%

Yukon Gold Oven Fries

71322	⊕★⊕ Julienne w/Sea Salt	834183-001024	12/15 OZ	27.86	2.32	CS	24.85	2.07	\$3.01	10.8%
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 † = Made With 70-94% Organic Ingredients ‡ = Vegan ⊙ = Kosher ⊕ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

AMERICAN FLATBREAD

Artisan Pizza

71946	Tomato Sauce & 3 Cheese 9"	731789-321344	8/9.1 OZ	47.77	5.97	CS	42.47	5.31	\$5.30	11.1%
71947	Ionian Awakening 9"	731789-455896	8/9.3 OZ	50.15	6.27	CS	44.58	5.57	\$5.57	11.1%
71949	Cheese & Herb 12"	731789-123580	6/13.8 OZ	55.28	9.21	CS	49.14	8.19	\$6.14	11.1%
72017	Tomato Sauce and Three Cheese 12"	731789-891441	6/15.5 OZ	55.28	9.21	CS	49.14	8.19	\$6.14	11.1%
71948	Revolution 12"	731789-813214	6/16.8 OZ	57.71	9.62	CS	51.30	8.55	\$6.41	11.1%
72018	Sun-Dried Tomato and Mushroom 12"	731789-358135	6/16.2 OZ	57.71	9.62	CS	51.30	8.55	\$6.41	11.1%

ANNIE CHUN'S

Potstickers

76114	★ Chicken & Vegetable	765667-900406	9/7.6 OZ	24.28	2.70	CS	21.74	2.42	\$2.54	10.5%
76115	★ Pork & Vegetable	765667-900505	9/7.6 OZ	24.28	2.70	CS	21.74	2.42	\$2.54	10.5%

ARCTIC ZERO

All Natural Frozen Dessert

70256	■★✓ Coffee	094922-009654	8/PT	25.36	3.17	CS	22.66	2.83	\$2.70	10.6%
70255	■★✓ Cookies and Cream	094922-009647	8/PT	25.36	3.17	CS	22.66	2.83	\$2.70	10.6%
70254	■★✓ Mint Chocolate Cookie	094922-009630	8/PT	25.36	3.17	CS	22.66	2.83	\$2.70	10.6%

BLAKE'S

All Natural Foods

Organic Entrees

71040	★ Chicken Pot Pie	017873-008064	12/8 OZ	49.03	4.09	CS	43.74	3.65	\$5.29	10.8%
71042	★ Macaroni & Beef	017873-200062	12/8 OZ	49.03	4.09	CS	43.74	3.65	\$5.29	10.8%
71043	★ Shepherd's Pie	017873-300069	12/8 OZ	49.03	4.09	CS	43.74	3.65	\$5.29	10.8%
71041	★ Chicken Pie (All Meat)	017873-400066	12/8 OZ	58.48	4.87	CS	52.17	4.35	\$6.31	10.8%

BUENO

Buenatural Tamales

72072	Poblano Chicken	078004-136810	12/18 OZ	61.66	5.14	CS	55.25	4.60	\$6.41	10.4%
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CAESAR'S

Pasta Entree

73682	★ Four Cheese Manicotti	078411-120532	12/10 OZ	53.58	4.47	CS	47.80	3.98	\$5.78	10.8%	WSL
73681	★ Four Cheese Ravioli	078411-120556	12/10.4 OZ	53.58	4.47	CS	47.80	3.98	\$5.78	10.8%	
73683	★ Four Cheese Stuffed Shells	078411-120549	12/10.5 OZ	53.58	4.47	CS	47.80	3.98	\$5.78	10.8%	
73684	★ Veggie Vegan Potato Gnocchi	078411-120525	12/16 OZ	53.58	4.47	CS	47.80	3.98	\$5.78	10.8%	

WF/GF Pasta Entree

73634	■☉★ Cheese Lasagna/Marinara Sauce	078411-121089	6/11.5 OZ	26.83	4.47	CS	23.93	3.99	\$2.90	10.8%	
73632	■☉★ Manicotti w/Cheese	078411-121065	6/11 OZ	26.83	4.47	CS	23.93	3.99	\$2.90	10.8%	WSL
73631	■☉★ Stfd Shells, Cheese/Marinara Sce	078411-121058	6/11 OZ	26.83	4.47	CS	23.93	3.99	\$2.90	10.8%	
73633	■☉★ Vegetable Lasagna/Marinara Sauce	078411-121072	6/11.5 OZ	26.83	4.47	CS	23.93	3.99	\$2.90	10.8%	WSL

CALIFORNIA PIZZA KITCHEN

Pizzas

70171	■ Pesto Chicken & Oven Rst Tomatos	071921-007232	12/12.1 OZ	79.28	6.61	CS	68.72	5.73	\$10.56	13.3%
70172	■ Rst Peppers w/Fontina Cheese	071921-007249	12/12.5 OZ	79.28	6.61	CS	68.72	5.73	\$10.56	13.3%
70173	■ Tomato Basil & Mozzarella Cheese	071921-007287	12/10.7 OZ	79.28	6.61	CS	68.72	5.73	\$10.56	13.3%

CEDARLANE

Appetizers & Snacks

72031	Quesadillas w/Pico de Gallo Salsa	038794-338801	12/9 OZ	34.47	2.87	CS	30.80	2.57	\$3.67	10.6%
72048	+ 5 Layer Mexican Dip	038794-992706	12/10 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%

Burritos

72037	+↕ Bean, Rice & Cheese Style	038794-347773	12/6 OZ	23.66	1.97	CS	21.14	1.76	\$2.52	10.7%
72067	+↕ Roasted Vegetable & Cheese	038794-337798	12/6 OZ	23.66	1.97	CS	21.14	1.76	\$2.52	10.7%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan ☺ = Kosher ⚡ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

Arctic Zero

Essentially a protein shake in an ice cream form, Arctic Zero is the zero guilt answer to the age-old question, "Can something this healthy, taste this good?" We can enthusiastically say, YES.

Arctic Zero Attributes:

- ❄️ **Less than 150 Calories Per Pint!**
- ❄️ **All Natural**
- ❄️ **Fat Free**
- ❄️ **Gluten Free**
- ❄️ **Suitable for those Lactose Intolerant**
- ❄️ **Low Carb**
- ❄️ **Kosher (Chof-K)**
- ❄️ **Non-GMO**
- ❄️ **Low Glycemic & suitable for Type 2 Diabetics**
- ❄️ **High Fiber**
- ❄️ **16 Grams of Whey Protein Concentrate**
- ❄️ **Great for kids (No Sugar Alcohols)**
- ❄️ **So Good You Won't Know It's Healthy**

150
CALORIES
PER PINT



Available In:

- ❄️ **Chocolate**
- ❄️ **Chocolate Peanut Butter**
- ❄️ **Coffee**
- ❄️ **Cookies & Cream**
- ❄️ **Mint Chocolate Cookie**
- ❄️ **Strawberry Banana**
- ❄️ **Vanilla Maple**
- ❄️ **Seasonal Flavors**

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

CEDARLANE, Cont.

72047	■ Grande w/Chili Verde Sauce	038794-992720	12/10 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%
72045	■ Grande w/Salsa Roja	038794-992713	12/10 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%

Entrees

72029	■ 3 Layer Enchilada Pie	038794-919154	12/11 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%
72774	■ Roasted Chile Relleno	038794-994601	12/10 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%

Low Fat Entrees

72027	■ Garden Vegetable Enchilada	038794-900787	12/9 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%
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Tamales

71056	■ Green Chili & Monterey Jack Cheese	038794-994410	12/9 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%
71057	■ Mushroom & Monterey Jack Cheese	038794-994427	12/9 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%
71058	■ Spinach & Monterey Jack Cheese	038794-994434	12/9 OZ	36.71	3.06	CS	32.82	2.74	\$3.89	10.6%

Wraps

72052	◆ Couscous & Vegetable Veggie	038794-347797	12/6 OZ	23.66	1.97	CS	21.14	1.76	\$2.52	10.7%
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CLEMMY'S ICE CREAM

All Natural-Sugar Free

75526	■ Butter Pecan	894509-002135	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75525	■ Chocolate Chip	894509-002128	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75522	■ Chocolate	894509-002098	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75524	■ Coffee	894509-002111	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75523	■ Toasted Almond	894509-002104	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75521	■ Vanilla Bean	894509-002081	8/16 OZ	22.48	2.81	CS	20.08	2.51	\$2.40	10.7%
75528	■ O's, Vanilla Bean w/Choc Coating	894509-002180	12/6/3.25 OZ	48.59	4.05	CS	43.41	3.62	\$5.18	10.7%
75527	■ O's, Vanilla Bean w/Choc Coating	894509-002173	12/12 CT	64.16	5.35	CS	57.30	4.78	\$6.86	10.7%

DADU

Ice Cream Cakes

75021	■ Violeta Black Currant	4770166211478	14/25.4 OZ	69.36	4.95	CS	62.01	4.43	\$7.35	10.6%
75020	■ Violeta Chocolate	4770166216350	14/25.4 OZ	69.36	4.95	CS	62.01	4.43	\$7.35	10.6%

Ice Cream Novelties, Family Pack

75019	■ Chocolate	851588-000643	4/4/4.2 OZ	16.91	4.23	CS	15.11	3.78	\$1.80	10.6%
75017	■ Vanilla	851588-000650	4/4/4.2 OZ	16.91	4.23	CS	15.11	3.78	\$1.80	10.6%

Ice Cream Novelties, Single Serve

75018	■ Chocolate	4770166212154	30/4.2 OZ	35.18	1.17	CS	31.43	1.05	\$3.75	10.7%
75016	■ Vanilla	4770166212147	30/4.2 OZ	35.18	1.17	CS	31.43	1.05	\$3.75	10.7%

DANCING DEER BAKING CO.

Brownies

73547	■ Blondie Bar	674971-539052	18/10 OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73545	■ Caramel Pecan	674971-544056	18/10 OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73546	■ Chocolate Chunk	674971-546050	18/10 OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73548	■ Peanut Butter	674971-540058	18/10 OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%

Shortbread Cookies

73544	■ Chocolate Chip	674971-104014	18/10.5OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73542	■ Maple Oatmeal	674971-105011	18/10.5OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73540	■ Molasses Clove	674971-101013	18/10.5OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73541	■ Sugar Cane Lime	674971-103017	18/10.5OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%
73543	■ Triple Chocolate Chip	674971-118011	18/10.5OZ	61.80	3.43	CS	55.13	3.06	\$6.67	10.8%

DOMINEX

The Eggplant People

Eggplant Products

70738	■ Burgers	727806-021021	6/11 OZ	20.16	3.36	CS	17.98	3.00	\$2.18	10.8%
70736	■ Parm Bites	727806-022028	6/8 OZ	20.16	3.36	CS	17.98	3.00	\$2.18	10.8%
70990	■ Cutlets	727806-011220	6/16 OZ	20.85	3.48	CS	18.60	3.10	\$2.25	10.8%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan ⊙ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

**DANCING
DEER
BAKING CO.**

Passionate about food,
nature, aesthetics, and
community.

Single Serve Point-of-Sale Merchandising Units

NEW

Cookies

Chocolate Chip Cookie
UNFI Code #33202

Molasses Clove
Cookie
UNFI Code #33201



Brownies

Caramel Pecan Brownie
UNFI Code #33204

Chocolate Chunk
Brownie
UNFI Code #33203



Encourage Impulse Purchases
Cash Registers | Deli / Bakery Counters | Salad Bars
Bakery Display Tables | Prepared Food Areas



Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

DOUBLE RAINBOW

Sorbet

74582	Chocolate	022852-845684	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74586	Coconut	022852-665541	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74581	Mango Tangerine	022852-665428	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74584	Meyer Lemon	022852-665688	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%

Soy Cream

74563	Blueberry	022852-416075	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74564	Cherry Chip	022852-416082	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74554	Cinnamon Caramel	022852-416143	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74568	Mint Chip	022852-416105	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%
74560	Vanilla Bean	022852-416044	8/PT	22.10	2.76	CS	19.92	2.49	\$2.18	9.9%

Super Premium Ice Cream

74588	Pumpkin	022852-665602	8/PT	22.10	2.76	CS	19.19	2.40	\$2.91	13.2%
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EVERGREEN

70698	Wheatgrass Juice, Outdoor Grown	778702-598360	12/12 OZ	142.17	11.85	CS	126.96	10.58	\$15.21	10.7%
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FABE'S NATURAL GOURMET

Mini Cookies-Vegan (No Dairy & No Eggs)

77743	Chocolate Chip	755729-001790	12/7 OZ	41.97	3.50	CS	36.01	3.00	\$5.96	14.2%
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FIELD ROAST

Stuffed Roast

70401	Hazelnut Cranberry, En Croute	638031-601158	6/2 LB	106.34	17.72	CS	95.13	15.86	\$11.21	10.5%
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FOOD FOR LIFE

Ezekiel 4:9 Flourless Breads

16826	Ezekiel 4:9, Sesame	073472-001233	6/24 OZ	19.41	3.24	CS	17.38	2.90	\$2.03	10.5%
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FRENCH MEADOW

All Natural

70616	Pumpernickel Rye Bread	053423-008245	10/16 OZ	33.51	3.35	CS	30.36	3.04	\$3.15	9.4%
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Dessert

72331	Cupcake, Yellow, Gluten Free	053423-076435	12/8 OZ	41.73	3.48	CS	37.50	3.13	\$4.23	10.1%
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Tortillas

70615	Homestyle 7" 6pk	053423-086168	12/9 OZ	26.37	2.20	CS	23.85	1.99	\$2.52	9.6%
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GARDEIN

Meat-Free Entrees

70177	Savory Stuffed Turk'y	842234-000810	8/14.8 OZ	46.15	5.77	CS	41.17	5.15	\$4.98	10.8%
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GLUTINO

All Gluten & Wheat Free

Breads & Bagels

72218	Brown Rice Honestyle, WG Bread	678523-036044	6/23.6 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
72219	Brown Rice Prebiotic, WG Bread	678523-036068	6/23.6 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
70090	Premium Corn Bread	678523-030004	6/19 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
70095	Premium Fiber Bread	678523-032008	6/20.2 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
70091	Premium Flax Seed Bread	678523-036006	6/21.2 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
70055	English Muffin, Premium	678523-375488	6/17.1 OZ	29.11	4.85	CS	25.97	4.33	\$3.14	10.8%
70092	Premium Cinnamon & Raisin Bread	678523-033005	6/22.6 OZ	29.11	4.85	CS	25.97	4.33	\$3.14	10.8%

Frozen Meals

70548	Pizza, 3 Cheese	678523-010655	6/6.2 OZ	24.52	4.09	CS	21.87	3.65	\$2.65	10.8%
70096	Pizza, Duo Cheese	678523-010624	6/6.2 OZ	24.52	4.09	CS	21.87	3.65	\$2.65	10.8%
70053	Pizza, Spinach & Feta	678523-010716	6/6.2 OZ	24.52	4.09	CS	21.87	3.65	\$2.65	10.8%
70098	Pizza Crusts	678523-031001	6/13.2 OZ	24.94	4.16	CS	22.25	3.71	\$2.69	10.8%
70297	Pizza, BBQ Chicken	678523-010778	6/6.2 OZ	28.77	4.80	CS	25.66	4.28	\$3.11	10.8%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS



Fabe's All Natural Bakery

**provides a variety of
healthful alternatives like
Vegan, Gluten Free
and Organic**



A Perfect Sweet for the Health Conscious Consumer

- ✓ **No Cane Sugar**
- ✓ **Nothing Artificial Added**
- ✓ **Naturally Sweetened**
- ✓ **Low Glycemic Index**
- ✓ **No Hydrogenated Oils**
- ✓ **No Trans Fats**
- ✓ **Only the Finest Ingredients**

**Double
Chocolate Chip**

**is the Featured
Product this month!**

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

HAPPY BABY

Happy Bites

71849	★ Breakfast Bake	852697-001132	8/3.5 OZ	18.63	2.33	CS	16.62	2.08	\$2.01	10.8%
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HELEN'S KITCHEN

Meat Alternatives

78322	★■ Basil Pesto Farfalle w/Tofu	833786-003008	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78319	★■ Cheese Enchiladas In Red Sauce	833786-007006	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78321	★■ Hearty Bean Chili w/Veg & Tofu	833786-009024	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78316	★■ Indian Curry w/Veg & Tofu	833786-001004	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78320	★■ Mac & Cheese w/Asiago/Cheddar	833786-009000	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78317	★■ Thai Red Curry/Rice/Veg/Tofu	833786-002025	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%
78315	★■ Thai Yellow Curry w/Veg & Tofu	833786-002001	6/10 OZ	20.52	3.42	CS	18.41	3.07	\$2.11	10.3%

HENRY & LISA'S

Natural Seafood

Shrimp

35499	White, Uncooked	812410-000194	6/8 OZ	42.69	7.12	CS	39.13	6.52	\$3.56	8.3%
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HOMESTYLE MEALS

Breakfast Sandwich, Muffin

73539	■ Black Forest Ham, Egg, & Cheese	616973-004848	12/11 OZ	56.99	4.75	CS	52.07	4.34	\$4.92	8.6%
73538	■ Turkey Canadian Bacon, Egg, & Cheese	616973-004824	12/11 OZ	56.99	4.75	CS	52.07	4.34	\$4.92	8.6%
73537	■ Pork Sausage, Egg, & Cheese	616973-004800	12/12 OZ	56.99	4.75	CS	52.04	4.34	\$4.95	8.7%

JULIE'S ORGANICS

Low Fat Frozen Yogurt

78073	Strawberry Yogurt Bars	072609-741295	12/4/2.5 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
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Organic Ice Cream & Sorbet Novelties

78008	★■ Ice Cream Sandwich, Vanilla, GF	072609-741202	6/4/3.5 OZ	25.77	4.30	CS	22.99	3.83	\$2.78	10.8%
17252	★■ Blackberry Bar	072609-741035	12/3 CT	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78084	★■ Blackberry Sorbet Bar	072609-741042	12/4/2.5 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78078	★■ Choc Coated Choc Bar	072609-741011	12/3/3 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78077	★■ Choc Coated Vanilla Bar	072609-741004	12/3/3 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
17250	★■ Coffee Bar	072609-741028	12/3 CT	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78083	★■ Fudge Bar	072609-741233	12/4/2.5 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78085	★■ Mandarin Sorbet Bar	072609-741059	12/4/2.5 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78094	★■ Mango Passion Sorbet Bar	072609-741196	12/4/2.5 OZ	36.86	3.07	CS	32.88	2.74	\$3.98	10.8%
78076	★■ Ice Cream Sandwich	072609-741219	12/6/3 OZ	44.70	3.73	CS	39.88	3.32	\$4.82	10.8%
78093	★■ Ice Cream Sandwich, Chocolate	072609-741257	12/6/3 OZ	44.70	3.73	CS	39.88	3.32	\$4.82	10.8%
70193	★■ Vanilla Juliette Petite Sandwiches	072609-741240	12/8/2 OZ	44.70	3.73	CS	39.88	3.32	\$4.82	10.8%

KETTLE CUISINE

Gluten Free Soups

73608	★☆ Carrot & Coriander	667978-604366	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73605	☆ Chicken With Rice Noodles	667978-607015	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73604	☆ Chili, Angus Beef Steak	667978-605011	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73606	☆ Chili, Chicken with White Beans	667978-607046	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73603	☆ Clam Chowder, New England	667978-601013	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73600	★■ Corn Chowder w/Grilled Chicken	667978-609231	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73607	★☆ Mushroom Potato Wigh Cream	667978-604397	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73602	☆ Roasted Vegetable	667978-604076	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%
73601	☆ Tomato & Garden Vegetables	667978-604199	9/10 OZ	25.02	2.78	CS	22.32	2.48	\$2.70	10.8%

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BULK
REFRIGERATED
FROZEN
PET
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PERSONAL CARE
SUPPLEMENTS
NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
KINNIKINNICK FOODS										
Bagels										
71279	■☉★ Tapioca Rice Cinnamon Raisin	620133-001608	6/13.5 OZ	22.68	3.78	CS	20.23	3.37	\$2.45	10.8%
71273	■☉★ Tapioca Rice Plain	620133-000571	6/13.5 OZ	22.68	3.78	CS	20.23	3.37	\$2.45	10.8%
Buns										
47626	■☉★ Tapioca Hot Dog YF	620133-000526	6/12.5 OZ	22.68	3.78	CS	20.23	3.37	\$2.45	10.8%
71270	■☉★ Tapioca Rice English Muffins	620133-000502	6/13.5 OZ	22.68	3.78	CS	20.23	3.37	\$2.45	10.8%
47712	■☉★ Tapioca Rice Hamburger YF	620133-000533	6/14.5 OZ	22.68	3.78	CS	20.23	3.37	\$2.45	10.8%
Muffins										
71244	■☉★ Blueberry	620133-002414	8/11 OZ	32.36	4.05	CS	28.87	3.61	\$3.49	10.8%
71245	■☉★ Chocolate Chip	620133-002445	8/11 OZ	32.36	4.05	CS	28.87	3.61	\$3.49	10.8%
Waffles										
71269	■☉★ Homestyle, Cinn/Brown Sugar 6ct	620133-001998	12/7.4 OZ	26.69	2.22	CS	23.81	1.98	\$2.88	10.8%
71268	■☉★ Homestyle, Original 6ct	620133-001981	12/7.4 OZ	26.69	2.22	CS	23.81	1.98	\$2.88	10.8%
LUCKY										
Potato Rolls										
77408	Curry	078487-552732	12/7.9 OZ	32.73	2.73	CS	29.29	2.44	\$3.44	10.5%
77407	Jalapeno	078487-552725	12/7.9 OZ	32.73	2.73	CS	29.29	2.44	\$3.44	10.5%
77406	Original	078487-552718	12/7.9 OZ	32.73	2.73	CS	29.29	2.44	\$3.44	10.5%
MICHAEL ANGELOS										
Frozen Entrees Italian										
72600	Baked Eggplant Parmesan	037363-400017	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72610	Chicken Alfredo w/Broccoli	037363-724038	8/10 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73551	■ Chicken Lemon Thyme Risotto	037363-983367	8/10 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72602	Chicken Parmesan	037363-570024	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72603	Four Cheese Lasagna	037363-540003	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72605	Manicotti w/sauce	037363-610003	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72601	Meat Lasagna	037363-500014	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72612	Mediterranean Shrimp	037363-214003	8/10 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73552	■ Risotto Bolognese	037363-983374	8/10 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72613	■ Roasted Chicken Bolognese	037363-764034	8/10 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
72604	Vegetable Lasagna	037363-580016	8/12 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
Pocket Calzones										
73556	■ Chicken & Tomato Basil Pesto	037363-983343	8/2/4 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73555	■ Ham & Cheese	037363-983336	8/2/4 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73557	■ Pepperoni & Cheese Pizza	037363-983350	8/2/4 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73553	■ Sinach & Vegetable	037363-983312	8/2/4 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
73554	■ Turkey & Cheddar	037363-983329	8/2/4 OZ	28.47	3.56	CS	25.40	3.18	\$3.07	10.8%
NATE'S										
48153	■ Meatless Meatballs	026832-300101	12/12 OZ	42.03	3.50	CS	37.65	3.14	\$4.38	10.4%
48154	■ Meatless Meatballs, Savory Mushroom	026832-300200	12/12 OZ	42.03	3.50	CS	37.65	3.14	\$4.38	10.4%
48155	■ Meatless Meatballs, Zesty Italian	026832-300309	12/12 OZ	42.03	3.50	CS	37.65	3.14	\$4.38	10.4%
70790	Taquitos, Beef Style	072169-500400	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%
Taquitos										
71797	★ Bean Rice & Cheese	072169-500806	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%
70792	Black Bean & Soy Cheese	072169-500608	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%
70791	Chicken Style	072169-500509	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%
71798	★ Chunky Vegetable	072169-500707	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%
71799	★ Three Cheese	072169-500905	12/12 OZ	45.07	3.76	CS	40.39	3.37	\$4.68	10.4%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

NATURAL SEA

Frozen Fish

77925	■	Pollock Fillets	042563-013691	6/7.2 OZ	21.96	3.66	CS	19.62	3.27	\$2.34	10.7%
77923	■	Pollock Sticks	042563-013622	6/7 OZ	21.96	3.66	CS	19.62	3.27	\$2.34	10.7%
77924	■	Pollock Nuggets	042563-013684	6/7 OZ	21.96	3.66	CS	19.62	3.27	\$2.34	10.7%
77902		Fillets	042563-002206	12/8 OZ	59.92	4.99	CS	53.18	4.43	\$6.74	11.2%
77900		Sticks	042563-002251	12/8 OZ	59.92	4.99	CS	53.18	4.43	\$6.74	11.2%

NONNA LENA'S

20191		Pesto, Sicilian	715055-000102	6/7.5 OZ	23.54	3.92	CS	21.54	3.59	\$2.00	8.5%
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ORGANIC BISTRO

Whole Life Meals

72313	+	Chicken Citron	851981-001025	6/10.5 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72314	+	Ginger Chicken	851981-001032	6/10 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72319	+*	Jamaican Shrimp Cake	851981-001094	6/10 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72318	+*	Pasta Puttanesca	851981-001087	6/11.1 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72315	+*	Savory Turkey	851981-001056	6/10.5 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72316	+*	Sockeye Salmon Cake	851981-001063	6/10 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72317	+*	Spiced Chicken Morocco	851981-001070	6/10.8 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%
72312	+	Wild Salmon	851981-001018	6/11.3 OZ	30.00	5.00	CS	26.80	4.47	\$3.20	10.7%

ORGANIC PRAIRIE

Beef

74194	★	Extra Lean, Ground, Chubs	093966-001099	6/12 OZ	33.53	5.59	CS	29.91	4.99	\$3.62	10.8%
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Pork

10295	★	Half Ham, Smoked, Boneless	093966-001501	12/1-3 LB	367.79	10.22	CS	328.19	9.12	\$39.60	10.8%
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Poultry

10296	★	Turkeys, Whole	093966-001532	4/10-14 LB	198.49	3.54	CS	177.21	3.16	\$21.28	10.8%
74201	★	Ground Chicken Chub	093966-001327	6/12 OZ	31.69	5.28	CS	28.27	4.71	\$3.42	10.8%
74216	★	Ground Turkey Chub	093966-001600	6/12 OZ	32.11	5.35	CS	28.64	4.77	\$3.47	10.8%

O'DOUGHS

Bread

76814	☉	Flax	698433-000201	6/24.7 OZ	31.02	5.17	CS	27.67	4.61	\$3.35	10.8%
76816	☉	White	698433-000263	6/24.7 OZ	31.02	5.17	CS	27.67	4.61	\$3.35	10.8%
76815	☉	Flax, Half	698433-000249	12/12.3 OZ	35.19	2.93	CS	31.39	2.62	\$3.80	10.8%
76817	☉	White, Half	698433-000256	12/12.3 OZ	35.19	2.93	CS	31.39	2.62	\$3.80	10.8%

Buns

76810	☉	Flax	698433-000317	6/3.53 OZ	26.77	4.46	CS	23.88	3.98	\$2.89	10.8%
76811	☉	White	698433-000324	6/3.53 OZ	26.77	4.46	CS	23.88	3.98	\$2.89	10.8%
76812	☉	Apple Cranberry, Breakfast	698433-000331	6/3.53 OZ	29.86	4.98	CS	26.64	4.44	\$3.22	10.8%

Cake

76813	☉	Banana Chocolate Chip	698433-000416	6/14.1 OZ	39.70	6.62	CS	35.42	5.90	\$4.28	10.8%
76806	☉	Carrot	698433-000423	6/14.1 OZ	39.70	6.62	CS	35.42	5.90	\$4.28	10.8%
76807	☉	Chocolate	698433-000430	6/14.1 OZ	39.70	6.62	CS	35.42	5.90	\$4.28	10.8%

Pizza Kit

76808	☉	Flax	698433-000386	6/27.52 OZ	48.37	8.06	CS	43.15	7.19	\$5.22	10.8%
76809	☉	White	698433-000393	6/27.52 OZ	48.37	8.06	CS	43.15	7.19	\$5.22	10.8%

P.J.'S ORGANICS

Organic Enchilada Entree

70149	★**	Beef	072169-123661	8/9.5 OZ	28.53	3.57	CS	25.53	3.19	\$3.00	10.5%
70148	★**	Chicken	072169-122664	8/9.5 OZ	28.53	3.57	CS	25.53	3.19	\$3.00	10.5%

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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack Size	Wholesale Case	Each	CS/EA	Sale			
							Case	Each	\$Disc	%Disc
PACIFIC BAKERY: YEAST-FREE										
<i>Wheat Alternatives</i>										
16266	★☉☉ Kamut Bread	782554-000407	6/24 OZ	28.77	4.80	CS	25.84	4.31	\$2.93	10.2%
16270	★ Ancient Grains Bread	782554-004009	6/18 OZ	31.69	5.28	CS	28.45	4.74	\$3.24	10.2%
16254	★☉ Spelt, White Bread	782554-003002	6/18 OZ	32.94	5.49	CS	29.56	4.93	\$3.38	10.3%
16268	★☉ Spelt, Cinnamon Raisin	782554-000803	6/24 OZ	33.78	5.63	CS	30.31	5.05	\$3.47	10.3%
PACIFIC NATURAL FOODS										
<i>All Natural Pizzas</i>										
70295	■ Herb Garlic Chicken	052603-064965	8/13 OZ	43.44	5.43	CS	37.19	4.65	\$6.25	14.4%
70291	■ Supreme	052603-064934	8/13 OZ	43.44	5.43	CS	37.19	4.65	\$6.25	14.4%
70293	■ Uncured Canadian Bacon & Pineapple	052603-064941	8/13 OZ	43.44	5.43	CS	37.19	4.65	\$6.25	14.4%
70290	■ Uncured Pepperoni	052603-064903	8/13 OZ	43.44	5.43	CS	37.19	4.65	\$6.25	14.4%
<i>Pot Pies</i>										
71398	★ Beef	052603-093552	8/12 OZ	32.04	4.01	CS	27.43	3.43	\$4.61	14.4%
71404	★ Chicken Cheddar	052603-093354	8/12 OZ	32.04	4.01	CS	27.43	3.43	\$4.61	14.4%
71723	★ Shepherd's Pie w/Beef	052603-093750	8/10 OZ	32.04	4.01	CS	27.43	3.43	\$4.61	14.4%
71405	★ Turkey Cheddar	052603-093606	8/12 OZ	32.04	4.01	CS	27.43	3.43	\$4.61	14.4%
POWER OF FRUIT										
70993	☉ Fruit Bar, Original	892167-001019	8/6 CT	24.24	3.03	CS	21.62	2.70	\$2.62	10.8%
70107	☉ Fruit Bar, Strawberry Banana	892167-001057	8/6 CT	24.24	3.03	CS	21.62	2.70	\$2.62	10.8%
QUORN										
<i>Meat-Free Cuisine</i>										
72166	■ Cranberry Goat Cheese Cutlet	833735-000485	10/8.5 OZ	43.95	4.40	CS	39.21	3.92	\$4.74	10.8%
72187	■ Gruyere Cutlet	833735-000409	10/7.76 OZ	43.95	4.40	CS	39.21	3.92	\$4.74	10.8%
72171	■ Turkey Style Roast	833735-000164	12/16 OZ	71.17	5.93	CS	63.49	5.29	\$7.68	10.8%
RICE EXPRESSIONS										
71025	★ Brown Rice, Whole Grain	838869-000011	6/30 OZ	20.35	3.39	CS	18.15	3.03	\$2.20	10.8%
71024	★☉☉ Thai Jasmine Rice	838869-000097	6/30 OZ	20.35	3.39	CS	18.15	3.03	\$2.20	10.8%
71026	★ White Rice, Long Grain	838869-000035	6/30 OZ	20.35	3.39	CS	18.15	3.03	\$2.20	10.8%
71023	★☉■ Brown Rice Pilaf, Whole Grain	838869-000080	8/20 OZ	27.13	3.39	CS	24.20	3.03	\$2.93	10.8%
71027	★■ Tex Mex Rice	838869-000042	8/20 OZ	27.13	3.39	CS	24.20	3.03	\$2.93	10.8%
RISING MOON ORGANICS										
<i>Gnocchi</i>										
70647	★☉ Garlic & Basil	785030-000144	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
<i>Primacotta Products</i>										
70666	★ Lasagna	785030-020050	6/10 OZ	23.96	3.99	CS	21.32	3.55	\$2.64	11.0%
70667	★ Manicotti	785030-020067	6/10 OZ	23.96	3.99	CS	21.32	3.55	\$2.64	11.0%
70668	★ Stuffed Shells	785030-020074	6/10 OZ	23.96	3.99	CS	21.32	3.55	\$2.64	11.0%
<i>Ravioli</i>										
70970	★■ Artichoke & Klmnta Olive, Vegan	785030-555569	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70644	★ Basil, Asiago & Pinenut Pesto	785030-555552	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70971	★☉☉ Butternut Squash, Vegan	785030-555576	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70643	★ Feta Hazelnut	785030-123454	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70649	★ Garlic & Mozzarella	785030-000106	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70640	★ Garlic Gorgonzola	785030-311684	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70648	★ Itsy Bitsy Cheese	785030-000151	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70972	★■ Spinach & Cheese	785030-555563	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70650	★☉ Vegan Garlic & Roasted Veggies	785030-000113	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70645	★☉ Vegan Mediterranean Garlic & Herb	785030-000076	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70642	★☉ Vegan Spinach Florentine	785030-227701	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70641	★ Wild Chantrelle Mushroom	785030-116920	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
<i>Tortellini</i>										
70974	★■ Four Cheese	785030-555590	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%
70973	★■ Wild Porcini & Port Wine	785030-555583	6/8 OZ	17.96	2.99	CS	15.99	2.67	\$1.97	11.0%

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 † = Made With 70-94% Organic Ingredients ☉ = Vegan ☉ = Kosher ◆ = Vegetable Enzymes ☉ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
ROBINHOOD MEETINGHOUSE										
71977	Brown Sugar Pecan Sticky Buns	899119-000328	12/4 CT	47.22	3.94	CS	42.12	3.51	\$5.10	10.8%
71292 ■	Cream Cheese Biscuits	899119-000069	12/6 PK	47.22	3.94	CS	42.12	3.51	\$5.10	10.8%
71294 ■	Cream Cheese Cinnamon Rolls	899119-000113	12/6 PK	47.22	3.94	CS	42.12	3.51	\$5.10	10.8%
RUBY JEWEL TREATS										
<i>Ice Cream Sandwiches</i>										
72624 ■	Chocolate Chip With Vanilla Bean	856014-001065	12/5.1 OZ	32.53	2.71	CS	29.08	2.42	\$3.45	10.6%
72623 ■	Cinnamon Chocolate With Espresso	856014-001034	12/5.1 OZ	32.53	2.71	CS	29.08	2.42	\$3.45	10.6%
72622 ■	Dark Chocolate With Fresh Mint	856014-001027	12/5.1 OZ	32.53	2.71	CS	29.08	2.42	\$3.45	10.6%
72621 ■	Lemon Cookie With Honey Lavender	856014-001010	12/5.1 OZ	32.53	2.71	CS	29.08	2.42	\$3.45	10.6%
72625 ■	Ginger Cookie w/Pumkin Ice Cream	856014-001058	12/5.1 OZ	33.92	2.83	CS	30.32	2.53	\$3.60	10.6%
RUDI'S GLUTEN FREE BAKERY										
<i>Sliced Sandwich Bread</i>										
77023 ☆	Cinnamon Raisin	856750-002029	8/18 OZ	32.88	4.11	CS	29.28	3.66	\$3.60	10.9%
77021 ☆	Multigrain	856750-002012	8/18 OZ	32.88	4.11	CS	29.28	3.66	\$3.60	10.9%
77015 ☆	Original	856750-002005	8/18 OZ	32.88	4.11	CS	29.28	3.66	\$3.60	10.9%
RUDI'S ORGANIC BAKERY										
<i>Sliced Sandwich Bread</i>										
77819 ☆♻️	100% Whole Wheat	031493-021609	8/22 OZ	27.24	3.41	CS	24.30	3.04	\$2.94	10.8%
77781 ☆■	Honey Sweet WW	031493-242424	8/22 OZ	27.24	3.41	CS	24.30	3.04	\$2.94	10.8%
<i>Spelt Products</i>										
77825 ☆♻️	Sandwich Bread	031493-031592	8/20 OZ	29.47	3.68	CS	26.29	3.29	\$3.18	10.8%
77776 ☆■♻️	Sandwich Bread, Ancient Grains	031493-071208	8/20 OZ	33.03	4.13	CS	29.47	3.68	\$3.56	10.8%
SEAPOINT FARMS										
<i>Edamame</i>										
70610	In Pods, Ready to Eat, Lt Salt	711575-003739	12/14 OZ	23.72	1.98	CS	21.34	1.78	\$2.38	10.0%
70607	Pods	711575-003944	12/16 OZ	23.72	1.98	CS	21.34	1.78	\$2.38	10.0%
70608	Shelled	711575-003845	12/16 OZ	23.72	1.98	CS	21.34	1.78	\$2.38	10.0%
SHELTON'S										
77230	Turkey Breakfast Links	048481-009815	6/12 OZ	24.39	4.07	CS	21.82	3.64	\$2.57	10.5%
77225	Turkey Italian Links	048481-009839	6/12 OZ	24.39	4.07	CS	21.82	3.64	\$2.57	10.5%
77232	Turkey Sausage Patties	048481-009792	6/12 OZ	24.39	4.07	CS	21.82	3.64	\$2.57	10.5%
<i>Approximate Weight Tray Packages</i>										
77255 ✦	Chicken Breasts, Bone-In, 4 Pcs Ea	048481-005534	10LB	52.10	5.21	EA	46.59	4.66	\$5.51	10.6%
SMART & DELICIOUS										
<i>100 Calorie Products</i>										
71759	Tortillas, 100% Whole Wheat	078858-520483	12/8 CT	30.25	2.52	CS	27.15	2.26	\$3.10	10.2%
SONOMA										
<i>Hand Made Style</i>										
72087 ⦿	Tortillas, Yellow Corn	895543-001122	12/8 CT	21.80	1.82	CS	19.56	1.63	\$2.24	10.3%
<i>Tortillas</i>										
76912 ☆♻️	Yellow Corn	895543-001009	12/10 CT	20.74	1.73	CS	18.62	1.55	\$2.12	10.2%
<i>Wraps</i>										
77166 ☆♻️	Ivory Teff, GF	895543-001078	10/6 CT	31.57	3.16	CS	28.28	2.83	\$3.29	10.4%
START HEALTHY										
<i>Breakfast Sandwich</i>										
76149 ■	Turkey Bacon Egg & Cheese	850284-001213	6/8.5 OZ	19.60	3.27	CS	17.48	2.91	\$2.12	10.8%
76148 ■	Turkey Sausage Egg & Cheese	850284-001206	6/9.6 OZ	19.60	3.27	CS	17.48	2.91	\$2.12	10.8%

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 + = Made With 70-94% Organic Ingredients ⦿ = Vegan ⦿ = Kosher ✦ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified



SONOMA & **Smart & Delicious**
Wraps & Tortillas

La Tortilla Factory's heritage is built on making tortillas and wraps that deliver on key consumer benefits, including superior taste, quality ingredients, proper nutrition and other dietary needs.



UNFI Item#	Product Description	UPC
76914	Sonoma Traditional at least 95% Organic Wraps	8-95543-00102-3
77166	Sonoma Ivory Teff Wraps	8-95543-00107-8
76912	Sonoma Yellow Corn at least 95% Organic	8-95543-00100-9
72087	All Natural Hand Made Style Yellow Corn	8-95543-00112-9
71759	100 Calorie 100% Whole Wheat Tortilla	0-78858 52048-3

www.LaTortillaFactory.com

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
SUKHI'S										
Frozen										
71693	Indian Channa Masala w/Naan	767226-025001	6/11 OZ	20.63	3.44	CS	18.47	3.08	\$2.16	10.5%
71694	Indian Dal Makhani w/Naan	767226-025018	6/11 OZ	20.63	3.44	CS	18.47	3.08	\$2.16	10.5%
71696	Indian Chicken Curry w/Naan	767226-025049	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71697	Indian Chicken Tikka Masala w/Naan	767226-025056	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71698	Indian Palak Paneer w/Naan	767226-025032	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71695	Indian Vegan Chili Chicken w/Naan	767226-025063	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
Lean Fare										
71746	Channa Masala	767226-028033	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71747	Chicken Jalfrezi	767226-028057	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71743	Chicken Tikka Masala	767226-028019	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71748	Dal Saag	767226-028040	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
71744	Saag Chicken	767226-028026	6/11 OZ	22.55	3.76	CS	20.18	3.36	\$2.37	10.5%
TANDOOR CHEF										
Appetizers										
75142	Chicken Samosa	011433-115162	12/7 OZ	43.98	3.67	CS	39.23	3.27	\$4.75	10.8%
Frozen Entrees										
75128	Chicken Tandoori w/Spinach, GF	011433-115117	12/10 OZ	43.98	3.67	CS	39.23	3.27	\$4.75	10.8%
75125	Chicken Tikka Masala w/Rice, GF	011433-061148	12/9 OZ	43.98	3.67	CS	39.23	3.27	\$4.75	10.8%
TANGS NATURAL										
Whole Wheat Potstickers										
46310	Seven Whole Grain w/Chicken	760941-310056	9/16 OZ	51.78	5.75	CS	46.19	5.13	\$5.59	10.8%
46308	Vegetable & Chicken	760941-310025	9/16 OZ	51.78	5.75	CS	46.19	5.13	\$5.59	10.8%
46309	Vegetable	760941-310049	9/16 OZ	51.78	5.75	CS	46.19	5.13	\$5.59	10.8%
TOFUTTI BRANDS, INC.										
Bars & Treats, Non-Dairy										
78021	Chocolate Covered Flowers	020188-014460	8/12 PK	34.20	4.28	CS	29.40	3.68	\$4.80	14.0%
78022	Yours Truly Cone	020188-015009	12/4 PK	42.92	3.58	CS	36.92	3.08	\$6.00	14.0%
Cuties, Sandwiches, Non-Dairy										
78406	WOW Cutie, Van, Choc, Crnbry	020188-013005	12/6 PK	50.96	4.25	CS	43.76	3.65	\$7.20	14.1%
Premium, Non-Dairy Dessert										
12820	Vanilla	020188-012015	8/PT	22.01	2.75	CS	18.95	2.37	\$3.06	13.9%
TRU WHIP										
70069	Whipped Topping	811271-001517	12/10 OZ	32.53	2.71	CS	26.53	2.21	\$6.00	18.4%
TURTLE ISLAND										
12160	Tofurky "Giblet" Gravy	025583-004115	8/14 OZ	27.10	3.39	CS	24.32	3.04	\$2.78	10.3%
12165	Stuffed Tofurky Breast	025583-074613	6/26 OZ	55.26	9.21	CS	49.50	8.25	\$5.76	10.4%
71620	Tofurky Vegetarian Feast	025583-004634	6/3.5 LB	116.96	19.49	CS	104.75	17.46	\$12.21	10.4%
Tofurky Pizza										
12193	Italian Sausage/Veggie	025583-009523	8/14.1 OZ	46.04	5.76	CS	41.20	5.15	\$4.84	10.5%
12184	Pepperoni	025583-009516	8/13.6 OZ	46.04	5.76	CS	41.20	5.15	\$4.84	10.5%
12182	Vegan Cheese	025583-009509	8/12 OZ	46.04	5.76	CS	41.20	5.15	\$4.84	10.5%
TWIN HENS										
Pot Pies										
70239	Vegetable, Single Serve	850227-000099	12/9 OZ	61.10	5.09	CS	54.62	4.55	\$6.48	10.6%

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Introducing The First and Only Natural Whole Wheat Dumpling/ Potsticker!

- Made with whole wheat dough and all natural ingredients
- Bell & Evans Chicken is used as filling in chicken dumpling
- Vegetable Dumpling is a vegan product
- Fully cooked and ready to serve
- No MSG & Zero trans fat
- Made in USA



Tang's Natural
Vegetable & Chicken Whole Wheat Dumpling

Nutrition Facts																						
Serving Size 6 pieces (136g)																						
Servings Per Container approx. 3.5																						
Amount Per Serving																						
Calories 240	Calories from Fat 40																					
% Daily Value*																						
Total Fat 4g	8%																					
Saturated Fat 0.5g	3%																					
Trans Fat 0g																						
Cholesterol 20mg	6%																					
Sodium 570mg	24%																					
Total Carbohydrate 35g	13%																					
Dietary Fiber 4g	17%																					
Sugars 3g																						
Protein 13g																						
Vitamin A 15%	Vitamin C 8%																					
Calcium 4%	Iron 35%																					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																						
<table border="0"> <tr> <td>Calories:</td> <td>2,000</td> <td>2,500</td> </tr> <tr> <td>Total Fat:</td> <td>Less than 65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat:</td> <td>Less than 25g</td> <td>25g</td> </tr> <tr> <td>Cholesterol:</td> <td>Less than 300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium:</td> <td>Less than 2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate:</td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber:</td> <td>25g</td> <td>30g</td> </tr> </table>		Calories:	2,000	2,500	Total Fat:	Less than 65g	80g	Saturated Fat:	Less than 25g	25g	Cholesterol:	Less than 300mg	300mg	Sodium:	Less than 2,400mg	2,400mg	Total Carbohydrate:	300g	375g	Dietary Fiber:	25g	30g
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Total Carbohydrate:	300g	375g																				
Dietary Fiber:	25g	30g																				
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4																						

Ingredients:

Filling: Natural Chicken Breast, Napa Cabbage, Woodear Mushroom, Water, Canola Oil, Evaporated Cane Juice, Sea Salt, Tapioca Starch, Sesame Oil, Konjac Flour, White Pepper, Cooking Wine (Water, Alcohol, Salt)

Dough: Unbleached Unbromated Natural Wheat Flour, Water, Whole Wheat Flour, Wheat Gluten, Sea Salt, Corn Starch



Tang's Natural
Vegetable Whole Wheat Dumpling

Nutrition Facts																						
Serving Size 6 pieces (136g)																						
Servings Per Container approx. 3.5																						
Amount Per Serving																						
Calories 220	Calories from Fat 45																					
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Total Fat 5g	8%																					
Saturated Fat 0.5g	3%																					
Trans Fat 0g																						
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Sodium 440mg	18%																					
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Total Carbohydrate:	300g	375g																				
Dietary Fiber:	25g	30g																				
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4																						

Ingredients:

Filling: Cabbage, Scallion, Carrots, Water, Vermicelli (Green Bean, Peas, Broad Bean, Starch), Cilantro, Onion, Canola Oil, Shiitake Mushroom, Basil, Sesame, Ginger, Evaporated Cane Juice, Natural Brewed Light Soy Sauce (Water, Soybean, Salt, Wheat Flour), Sea Salt, Sesame Oil, Tapioca Starch

Dough: Unbleached Unbromated Natural Wheat Flour, Water, Whole Wheat Flour, Wheat Gluten, Sea Salt, Corn Starch



Tang's Natural
7 Grains with Chicken Whole Wheat Dumpling

Nutrition Facts																						
Serving Size 6 pieces (136g)																						
Servings Per Container approx. 3.5																						
Amount Per Serving																						
Calories 240	Calories from Fat 20																					
% Daily Value*																						
Total Fat 2.5g	4%																					
Saturated Fat 0g	0%																					
Trans Fat 0g																						
Cholesterol 15mg	5%																					
Sodium 530mg	22%																					
Total Carbohydrate 43g	14%																					
Dietary Fiber 4g	17%																					
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Calcium 2%	Iron 15%																					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																						
<table border="0"> <tr> <td>Calories:</td> <td>2,000</td> <td>2,500</td> </tr> <tr> <td>Total Fat:</td> <td>Less than 65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat:</td> <td>Less than 25g</td> <td>25g</td> </tr> <tr> <td>Cholesterol:</td> <td>Less than 300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium:</td> <td>Less than 2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate:</td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber:</td> <td>25g</td> <td>30g</td> </tr> </table>		Calories:	2,000	2,500	Total Fat:	Less than 65g	80g	Saturated Fat:	Less than 25g	25g	Cholesterol:	Less than 300mg	300mg	Sodium:	Less than 2,400mg	2,400mg	Total Carbohydrate:	300g	375g	Dietary Fiber:	25g	30g
Calories:	2,000	2,500																				
Total Fat:	Less than 65g	80g																				
Saturated Fat:	Less than 25g	25g																				
Cholesterol:	Less than 300mg	300mg																				
Sodium:	Less than 2,400mg	2,400mg																				
Total Carbohydrate:	300g	375g																				
Dietary Fiber:	25g	30g																				
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4																						

Ingredients:

Filling: Natural Chicken Breast, Shiitake Mushroom, Onion, Brown Rice, Rye, Hard Red Wheat, Barley, Oat, Buckwheat, Millet, Water, Shallot, Naturally Brewed Light Soy Sauce (Water, Soybean, Salt, Wheat Flour), Evaporated Cane Juice, Cooking Wine (Water, Alcohol, Salt), Sea Salt, Canola Oil, Tapioca Starch, White Pepper

Dough: Unbleached Unbromated Natural Wheat Flour, Water, Whole Wheat Flour, Wheat Gluten, Sea Salt, Corn Starch



Product Name	UPC	Unit Size	Case Pack	Case Dimensions	TI/HI
Tang's Natural Vegetable & Chicken Whole Wheat Dumpling	760941310025	6.5"x9.5"x1.5"	9/16oz	16"x7"x9"	13/10
Tang's Natural Vegetable Whole Wheat Dumpling	760941310049	6.5"x9.5"x1.5"	9/16oz	16"x7"x9"	13/10
Tang's Natural 7 Grains with Chicken Whole Wheat Dumpling	760941310056	6.5"x9.5"x1.5"	9/16oz	16"x7"x9"	13/10

Tofutti BRAND

CHOCOLATE COVERED Flowers

by Tofutti MILK FREE

MILK FREE



A REFRESHING COMBINATION OF EDIBLE FLOWER NECTARS AND TOFUtti FROZEN DESSERT DIPPED IN DEEP RICH CHOCOLATE

12 POPS

NET WT. 21 FL. OZ. (623 ML)



The WOW! Cuties

by Tofutti MILK FREE

VANILLA, CHOCOLATE & CRANBERRY

6 DELICIOUS SANDWICHES



A Unique frozen dessert pop with deep dark chocolate coating covering a delicious blend of real flower & fruit nectars that offer something new!

- ✓ Dairy Free
- ✓ Vegan
- ✓ No Trans Fats
- ✓ Kosher Parve



Yours Truly

by Tofutti MILK FREE



CRUNCHY SUGAR CONES LINED WITH RICH CHOCOLATE, TOPPED WITH SMOOTH CREAMY VANILLA AND DIPPED IN A THICK CHOCOLATE COATING WITH CHOCOLATE COOKIE CRUNCHES

4 DELICIOUS CONES

NET WT. 14 FL. OZ. (413 ML)

A healthy scoop of creamy vanilla Tofutti inside a chocolate coated crispy cone, then covered in deep, rich chocolate & covered in chocolate cookie crunch.

Item #	Description	UPC	Pack Size	Wholesale Case	Each	CS/EA	Sale			
							Case	Each	\$Disc	%Disc
UDI'S GLUTEN FREE										
72059	★■ Muffins, Blueberry	698997-809319	6/4 PK	27.11	4.52	CS	25.16	4.19	\$1.95	7.2%
72056	★■ Muffins, Lemon Streusel	698997-809364	6/4 PK	27.11	4.52	CS	25.16	4.19	\$1.95	7.2%
72054	★■ Bread, White Sandwich	698997-809104	8/12 OZ	30.58	3.82	CS	28.38	3.55	\$2.20	7.2%
72055	★■ Bread, Whole Grain	698997-809166	8/12 OZ	30.58	3.82	CS	28.38	3.55	\$2.20	7.2%
72061	★■ Pizza Crusts, 9 Inch	698997-809173	8/2 PK	30.58	3.82	CS	28.38	3.55	\$2.20	7.2%
72303	★■ Bagel, Plain 4pk	698997-809548	8/14 OZ	33.36	4.17	CS	30.96	3.87	\$2.40	7.2%
72308	★■ Muffins, Double Chocolate GF	698997-809371	6/4 PK	27.11	4.52	CS	24.18	4.03	\$2.93	10.8%
72069	★■ Cinnamon Rolls	698997-809227	6/4 PK	29.19	4.87	CS	26.04	4.34	\$3.15	10.8%
VILLA DOLCE										
<i>Gelato</i>										
75373	■ Italian Kiss	855058-000317	8/16 OZ	29.07	3.63	CS	27.32	3.42	\$1.75	6.0%
75375	■ Pistachio	855058-000355	8/16 OZ	29.07	3.63	CS	27.32	3.42	\$1.75	6.0%
75374	■ Vanilla	855058-000331	8/16 OZ	29.07	3.63	CS	27.32	3.42	\$1.75	6.0%
WHOLLY WHOLESOME										
<i>Cheesecakes</i>										
73944	■ Bites	074677-836156	6/17.5 OZ	52.18	8.70	CS	46.55	7.76	\$5.63	10.8%
73907	◆■ New York Style	074677-836118	6/21 OZ	54.71	9.12	CS	48.81	8.14	\$5.90	10.8%
<i>Pound Cakes</i>										
73945	■ Golden Butter	074677-868119	12/11 OZ	45.37	3.78	CS	40.47	3.37	\$4.90	10.8%
WOODSTOCK FARMS										
<i>Frozen Fruit</i>										
71303	★ Mangos	042563-007638	12/10 OZ	31.92	2.66	CS	28.46	2.37	\$3.46	10.8%
71556	★⊕ Pineapple Chunks	042563-012137	12/10 OZ	31.92	2.66	CS	28.46	2.37	\$3.46	10.8%
71304	★ Tropical Blend	042563-007881	12/10 OZ	35.92	2.99	CS	32.01	2.67	\$3.91	10.9%
70809	★⊕ Peach Slices	042563-009779	12/10 OZ	39.92	3.33	CS	35.53	2.96	\$4.39	11.0%
70808	★⊕ Mixed Berries	042563-001308	12/10 OZ	43.92	3.66	CS	39.11	3.26	\$4.81	11.0%
71305	⊕ Blackberries	042563-007928	12/10 OZ	43.92	3.66	CS	39.08	3.26	\$4.84	11.0%
70805	★⊕ Blueberries	042563-001322	12/10 OZ	43.92	3.66	CS	39.08	3.26	\$4.84	11.0%
71306	⊕ Cherries, Dark, Sweet	042563-007935	12/10 OZ	43.92	3.66	CS	39.08	3.26	\$4.84	11.0%
70806	★⊕ Raspberries	042563-001360	12/10 OZ	43.92	3.66	CS	39.08	3.26	\$4.84	11.0%
70807	★⊕ Strawberries	042563-001384	12/10 OZ	43.92	3.66	CS	39.08	3.26	\$4.84	11.0%

★ = Gluten Free ⊕ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ⊕ = 100% Organic ★ = 95-99% Organic
 † = Made With 70-94% Organic Ingredients ♻ = Vegan ⊕ = Kosher ◆ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

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BOOST YOUR SALES

Build incremental bakery sales with Udi's sinfully delicious Double Chocolate Muffins.

Udi's is the #1 gluten-free brand in Natural*

The best tasting gluten-free baked goods on the market – taste and look like regular baked goods

Our muffins DO NOT NEED freezing – perfect for increasing bakery sales

Manufactured in a 100% dedicated and certified gluten-free facility

All natural – contains no artificial flavors, colorings, or other synthetic additives

* reference SPINS latest 12 weeks ending 6/12/10



Udi's Healthy Foods, LLC

7010 Broadway #430, Denver, CO 80221

www.udisglutenfree.com

making gluten free delicious

Lemon Streusel Muffins - 12oz. 4 Pk

Blueberry Muffins - 12oz. 4 Pk

Double Chocolate Muffins - 12oz. 4 Pk

Cinnamon Rolls - 12oz. 4 Pk

SHELF LIFE:

180 days frozen | 21 days refrigerated | 7 days ambient




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wholesome™**
Naturally Wholicious

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October Specials



**Cheesecake,
Cheesecake Bites & Pound Cake**



www.whollywholesome.com

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

PET PRODUCTS

ARK NATURALS

63026 ■	Sea "Mobility" Beef Jerky Mighty Minis	632634-200060	4 OZ	3.94	3.94	EA	3.50	3.50	\$0.44	11.2%
Breath-Less										
60447	Brushless Toothpaste	632634-400002	12 OZ	8.43	8.43	EA	7.48	7.48	\$0.95	11.3%
60449	Fizzy Plaque Zapper, Sm-Med	632634-400064	30/05 OZ	8.85	8.85	EA	7.85	7.85	\$1.00	11.3%
60450	Fizzy Plaque Zapper, Med-Lg	632634-400071	30/07 OZ	9.28	9.28	EA	8.24	8.24	\$1.04	11.2%
60448	Brushless Toothpaste	632634-400019	18 OZ	12.45	12.45	EA	11.05	11.05	\$1.40	11.2%

AVODERM NATURAL

Cat Food, Canned

65450	Beef	052907-022128	24/5.5 OZ	24.96	1.04	CS	22.15	0.92	\$2.81	11.3%
65449	Chicken	052907-022142	24/5.5 OZ	24.96	1.04	CS	22.15	0.92	\$2.81	11.3%
65451	Ocean Fish	052907-022104	24/5.5 OZ	24.96	1.04	CS	22.15	0.92	\$2.81	11.3%

Dog Food, Canned

65430	Chicken & Rice	052907-020148	12/13 OZ	18.08	1.51	CS	16.05	1.34	\$2.03	11.2%
65434	Lamb & Rice	052907-020360	12/13 OZ	18.08	1.51	CS	16.05	1.34	\$2.03	11.2%
65438	Lite	052907-020223	12/13 OZ	18.08	1.51	CS	16.05	1.34	\$2.03	11.2%

DOGSWELL

Dry Dog Food

62274	Chicken & Oats, Happy Hips	884244-125114	11 LB	16.12	16.12	EA	14.31	14.31	\$1.81	11.2%
62275	Chicken & Oats, Vitality	884244-125213	11 LB	16.12	16.12	EA	14.31	14.31	\$1.81	11.2%
62272	Chicken & Oats, Happy Hips	884244-124117	6/4 LB	45.36	7.56	CS	40.26	6.71	\$5.10	11.2%
62273	Chicken & Oats, Vitality	884244-124216	6/4 LB	45.36	7.56	CS	40.26	6.71	\$5.10	11.2%

Jerky Treats

51554	Breathies Chicken Breast	884244-112411	12/5 OZ	57.44	4.79	CS	50.98	4.25	\$6.46	11.2%
62230	Breathies Chicken	884244-000091	12/6 OZ	57.44	4.79	CS	50.98	4.25	\$6.46	11.2%
67009	Chicken Breast/Breathies	884244-115412	6/15 OZ	63.92	10.65	CS	56.73	9.46	\$7.19	11.2%
67007	Chicken Breast/Happy Hips	884244-115115	6/15 OZ	63.92	10.65	CS	56.73	9.46	\$7.19	11.2%
67008	Chicken Breast/Vitality	884244-115214	6/15 OZ	63.92	10.65	CS	56.73	9.46	\$7.19	11.2%

Veggie Life Treats

62259	Sweet Potato Chews/Happy Hips	884244-005003	12/5 OZ	43.04	3.59	CS	38.20	3.18	\$4.84	11.2%
62261	Chicken & Apple/Happy Hips	884244-005102	12/5 OZ	57.44	4.79	CS	50.98	4.25	\$6.46	11.2%
62262	Chicken & Apple/Vitality	884244-005119	12/5 OZ	57.44	4.79	CS	50.98	4.25	\$6.46	11.2%

ECOTRITION

Organic Blend-8 in 1

51546 ★	Hamster & Gerbil	026851-840350	2LB	5.04	5.04	EA	4.50	4.50	\$0.54	10.7%
51545 ★	Canary & Finch	026851-840299	2LB	5.85	5.85	EA	5.22	5.22	\$0.63	10.8%
51541 ★	Parakeet	026851-840282	2LB	5.85	5.85	EA	5.22	5.22	\$0.63	10.8%
51548 ★	Rabbits	026851-840343	4LB	8.13	8.13	EA	7.26	7.26	\$0.87	10.7%
51547 ★	Guinea Pigs	026851-840336	4LB	8.18	8.18	EA	7.30	7.30	\$0.88	10.8%
51543 ★	Cockatiel	026851-840305	4LB	12.82	12.82	EA	11.45	11.45	\$1.37	10.7%
51544 ★	Parrots & Conures	026851-840329	4LB	15.55	15.55	EA	13.88	13.88	\$1.67	10.7%

KOOKAMUNGA

Cat Treats

64102	Catnip, Chicken Flavor	026851-061038	6/5 OZ	9.07	1.51	CS	8.10	1.35	\$0.97	10.7%
64103	Catnip, Salmon Flavor	026851-061076	6/5 OZ	9.07	1.51	CS	8.10	1.35	\$0.97	10.7%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ✪ = Vegetable Enzymes ✪ = Ethnic ○ = Non-GMO Project Verified

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
LICK YOUR CHOPS										
Cat Food, Canned										
63435	Chicken & Cat Fish	032976-270026	24/3 OZ	20.45	0.85	CS	18.25	0.76	\$2.20	10.8%
63749	Chicken & Crab	032976-270033	24/3 OZ	20.45	0.85	CS	18.25	0.76	\$2.20	10.8%
63743	Salmon & Whitefish	032976-270019	24/3 OZ	20.45	0.85	CS	18.25	0.76	\$2.20	10.8%
63361	Turkey & Sweet Potato	032976-270002	24/3 OZ	20.45	0.85	CS	18.25	0.76	\$2.20	10.8%
63321	Chicken	032976-269662	24/5.5 OZ	28.37	1.18	CS	25.38	1.06	\$2.99	10.5%
63324	Seafood	032976-269709	24/5.5 OZ	28.37	1.18	CS	25.38	1.06	\$2.99	10.5%
63323	Lamb & Rice	032976-269679	24/5.5 OZ	29.67	1.24	CS	26.54	1.11	\$3.13	10.5%
63332	Turkey & Rice	032976-269723	24/5.5 OZ	29.67	1.24	CS	26.54	1.11	\$3.13	10.5%
Cat Food, Dry										
64691	★ Healthy Medley w/Chicken	032976-170043	4/3.5 LB	37.16	9.29	CS	33.23	8.31	\$3.93	10.6%
64692	★ Healthy Medley w/Salmon	032976-171040	4/3.5 LB	39.70	9.93	CS	35.49	8.87	\$4.21	10.6%
MIA ROSE										
Pet Shampoos & Conditioners										
63173	Doggie Sudz, Lavender & Neem	603974-002232	16 OZ	7.87	7.87	EA	7.29	7.29	\$0.58	7.4%
63172	Doggie Sudz, Mango & Neem	603974-002225	16 OZ	7.87	7.87	EA	7.29	7.29	\$0.58	7.4%
NATURE'S MIRACLE										
64067	Just For Cats Stain & Odor Remover	018065-051585	32 OZ	4.45	4.45	EA	3.81	3.81	\$0.64	14.4%
64065	Stain & Odor Remover	018065-051257	32 OZ	4.45	4.45	EA	3.81	3.81	\$0.64	14.4%
64066	Stain & Odor Remover w/ Trigger Spray	018065-051042	24 OZ	4.66	4.66	EA	3.99	3.99	\$0.67	14.4%
NEWMAN'S OWN ORGANICS										
Cat Food										
61795	★ Beef & Liver Formula, Canned	757645-674300	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61793	★ Beef Formula, Canned	757645-674201	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61348	✚ Chicken Brown Rice, Canned	757645-672009	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61349	✚ Chicken Salmon, Canned	757645-672054	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61794	★ Liver Formula, Canned	757645-674256	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61351	✚ Turkey Veggie, Canned	757645-672153	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61350	✚ Turkey, Canned	757645-672108	24/3 OZ	25.43	1.06	CS	22.62	0.94	\$2.81	11.0%
61344	✚ Chicken Brown Rice, Canned	757645-622004	24/5.5 OZ	30.75	1.28	CS	27.39	1.14	\$3.36	10.9%
61345	✚ Chicken Salmon, Canned	757645-622059	24/5.5 OZ	30.75	1.28	CS	27.39	1.14	\$3.36	10.9%
61347	✚ Turkey Veggie, Canned	757645-622158	24/5.5 OZ	30.75	1.28	CS	27.39	1.14	\$3.36	10.9%
61346	✚ Turkey, Canned	757645-622103	24/5.5 OZ	30.75	1.28	CS	27.39	1.14	\$3.36	10.9%
PET GUARD										
PetGuard Organics										
61596	★🌱 Beef Jerky	035883-022061	12/3 OZ	48.47	4.04	CS	41.29	3.44	\$7.18	14.8%
61597	★🌱 Chicken Jerky	035883-022054	12/3 OZ	48.47	4.04	CS	41.29	3.44	\$7.18	14.8%
PET NATURALS OF VERMONT										
Supplements for Cats										
88260	Calming Soft Chews	026664-986825	21 CT	3.20	3.20	EA	2.89	2.89	\$0.31	9.7%
88257	Daily Best Soft Chew	026664-986740	45 CT	3.80	3.80	EA	3.43	3.43	\$0.37	9.7%
88263	Hairbal Soft Chews	026664-986641	45 CT	3.80	3.80	EA	3.43	3.43	\$0.37	9.7%
88262	Urinary Tract Soft Chew	026664-986948	45 CT	4.40	4.40	EA	3.97	3.97	\$0.43	9.8%
88258	Hip & Joint Soft Chew	026664-986542	45 CT	4.80	4.80	EA	4.33	4.33	\$0.47	9.8%
Supplements for Dogs										
88261	Calming Soft Chews, Small Dogs	026664-886828	21 CT	3.20	3.20	EA	2.89	2.89	\$0.31	9.7%
88265	Calming Soft Chews, Large Dogs	026664-886422	21 CT	4.60	4.60	EA	4.15	4.15	\$0.45	9.8%
88259	Pet & Hip Soft Chew, Small Dogs	026664-886545	45 CT	4.80	4.80	EA	4.33	4.33	\$0.47	9.8%
88266	Daily Best Soft Chews	026664-886347	45 CT	6.00	6.00	EA	5.41	5.41	\$0.59	9.8%
88267	Skin & Coat Soft Chew	026664-886149	45 CT	6.40	6.40	EA	5.78	5.78	\$0.62	9.7%
88268	Hip & Joint Soft Chew, Lrg Dog	026664-885944	45 CT	11.00	11.00	EA	9.93	9.93	\$1.07	9.7%
61882	Hip & Joint Extra Strength	026664-852366	60 TAB	15.60	15.60	EA	14.08	14.08	\$1.52	9.7%

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 ✚ = Made With 70-94% Organic Ingredients 🌾 = Vegan 🌀 = Kosher 🌱 = Vegetable Enzymes 🌿 = Ethnic ○ = Non-GMO Project Verified

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- Nature's Miracle continues to be the #1 pet stain & odor remover, with consumer brand recognition and sales growth exceeding that of any other stain and odor product in the pet market.

- All Natural - Natural enzymes, similar to ones found in nature, help breakdown pet waste and other biological stains and odors.

- Other micro organic ingredients act on contact to leave area clean and smelling fresh.



64066



- Naturally eliminates pet stains & odors
 - Urine and feces
 - Food
 - Drooling
 - Bedding stains & odors
 - Other hard to get dog messes
- Will also work on old and deep set stains & odors.
- No harsh chemicals, safe around children and pets.
- In Regular and Just for Cats formulas [24oz spray and Quart]

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Item #	Description	UPC	Pack		Wholesale		CS/ EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
WELLNESS											
Canned Dog Food											
60835	Stew, Beef w/ Carrots & Potatoes	076344-017158	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
60834	Stew, Chicken w/Peas & Carrots	076344-017059	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
60839	Stew, Lamb & Beef w/Rice & Apples	076344-017554	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
60836	Stew, Turkey w/Barley & Carrots	076344-017257	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
60837	Stew, Turkey/Duck w/Swt Potatoes	076344-017356	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
60838	Stew, Venison & Salmon w/Potatoes	076344-017455	12/12.5 OZ	24.01	2.00	CS	21.34	1.78	\$2.67	11.1%	
Dog Treats											
61127	WellBars, Fruit & Yogurt	076344-890058	6/20 OZ	33.89	5.65	CS	30.08	5.01	\$3.81	11.2%	
Dry Cat Food											
65261	Healthy Weight	076344-089384	6/40 OZ	61.49	10.25	CS	54.57	9.10	\$6.92	11.3%	
61120	Super 5 Mix, Adult	076344-089377	6/47 OZ	61.49	10.25	CS	54.57	9.10	\$6.92	11.3%	
61118	Salmon, Turkey, Herring Oil Formula	076344-088295	6/47 OZ	66.65	11.11	CS	59.15	9.86	\$7.50	11.3%	
WET NOSES											
Dog Treats											
63355	★ Pumpkin	850201-000251	6/14 OZ	30.03	5.01	CS	26.83	4.47	\$3.20	10.7%	
60084	★ Sweet Potato Pie	850201-005416	6/14 OZ	30.03	5.01	CS	26.83	4.47	\$3.20	10.7%	

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 † = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ⚡ = Vegetable Enzymes ✪ = Ethnic ○ = Non-GMO Project Verified
Prices Subject to Change Without Notice



WELLNESS®

- ✓ Contains no wheat, artificial colors, flavors or preservatives
 - ✓ Thick chunks of meat in a hearty gravy
 - ✓ All are complete meals, appropriate for growth and maintenance
 - ✓ A healthy and delicious way to mix or top any meal
 - ✓ Made with wholesome, healthy, natural ingredients.
- Fortified with vitamins, minerals and antioxidants



- ✓ 60835 Stew, Beef w/ Carrots & Potatoes
- ✓ 60834 Stew, Chicken w/Peas & Carrots
- ✓ 60839 Stew, Lamb & Beef w/Rice & Apples
- ✓ 60836 Stew, Turkey w/Barley & Carrots
- ✓ 60837 Stew, Turkey/Duck w/Swt Potatoes
- ✓ 60838 Stew, Venison & Salmon w/Potatoes (not shown)





countrypet
NATURALS®

- All Meat
- All Natural
- Free Range
- No Grains or Fillers
- No Antibiotics
- No Flavoring or Coloring
- No Growth Hormones
- No Artificial Preservatives

It's All Meat.
Dogs Love It.
Cats Need It.
Owners Want It.

A Meatier Way to Nourish your Pet

Countrypet Naturals® Pet Foods are not like most brands you can buy. That's because they're ALL MEAT! Premium, grass fed free range meat.

All our meat sources are grown in New Zealand, a land of lush green pastures with mild temperatures that allow for year-round free-range grazing. Drawing from all human grade processing plants, we are able to trace our meats all the way back to the farm gate.

There are no added growth hormones, no antibiotics, no coloring, no flavoring, no preservatives at all.

We know that eating is a large part of our pets' happiness and well being. Not only is it good for them, but they actually love it! It's meat, nothing to complicated and they love meat!

Zero carbs (no grains or fillers) in our food. All the energy & goodness comes from our meats proteins.

Just bring home a roll and let it defrost in your fridge. Then simply slice and serve!
Can also be used as a tasty topper.



Venison
UPC# 7 82877 00501 1

Lamb & Chicken
UPC# 7 82877 00401 4

Chicken
UPC# 7 82877 00301 7

Beef
UPC# 7 82877 80601 4

Lamb & Veg
UPC# 7 82877 00201 0

Lamb
UPC# 7 82877 00101 3

**FROM OUR FREEZER
TO YOUR FRIDGE!**



800 454-PETS

countrypet.com

Did you know... All Countrypet Naturals® Foods are approved by the USDA, FDA and the New Zealand Ministry of Agriculture.
All our foods are a great source of Essential Nutrients. Naturally occurring Taurine, Vitamin B12, Omega 6, and Omega 3 are mainly found in meat and are essential to carnivores. You'll find these important nutrients in every one of our products.

All our foods are formulated to meet the nutritional levels established by the AAFCO Dog and Cat Food Nutrient Profiles for All Life Stages as a complete and balanced food and may be fed as the sole diet.

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

GROCERY

A VOGEL

27896	★◎○ Asian	021718-412756	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
27290	★◎ Fish & Seafood	021718-412763	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
27329	★○ Herbamare, Original	021718-412787	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
27340	★○ Herbamare, Spicy	021718-412749	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
27907	★◎○ Italian	021718-412770	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
27339	★○ Trocomare, Spicy	021718-412794	4.4 OZ	4.33	4.33	EA	3.85	3.85	\$0.48	11.1%
04483	○ Herbamare	021718-412169	8.8 OZ	5.99	5.99	EA	5.33	5.33	\$0.66	11.0%
04485	○ Trocomare	021718-412299	8.8 OZ	5.99	5.99	EA	5.33	5.33	\$0.66	11.0%

ADINA

World Beat Beverages

Coffee Energy Drinks - All Fair Trade

63019	■◆ Double Xpresso	186770-000775	6/4/8 OZ	32.51	5.42	CS	29.03	4.84	\$3.48	10.7%
63022	■◆ Mocha Madness	186770-000751	6/4/8 OZ	32.51	5.42	CS	29.03	4.84	\$3.48	10.7%

AH!LASKA

Cocoa

15801	★◆◎ Chocolatey Chocolate	760519-100027	12/12 OZ	71.92	5.99	CS	63.96	5.33	\$7.96	11.1%
15809	★◎ Non Dairy	760519-100287	12/12 OZ	71.92	5.99	CS	63.96	5.33	\$7.96	11.1%
15807	★◆◎ Baker's	760519-100249	12/8 OZ	71.92	5.99	CS	63.92	5.33	\$8.00	11.1%

ALESSI

Italian Crackers/Breads

74975	Garlic	071072-030547	12/4.4 OZ	15.52	1.29	CS	14.36	1.20	\$1.16	7.5%
74976	Rosemary Breadstick	071072-030554	12/3 OZ	15.52	1.29	CS	14.36	1.20	\$1.16	7.5%
74974	Sesame	071072-030523	12/4.4 OZ	15.52	1.29	CS	14.36	1.20	\$1.16	7.5%
74973	Thin Breadstick	071072-030509	12/3 OZ	15.52	1.29	CS	14.36	1.20	\$1.16	7.5%

Italian Vinegars/Cooking Wines

73741	Raspberry Balsamic	071072-011362	6/8.5 OZ	12.48	2.08	CS	11.54	1.92	\$0.94	7.5%
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ALO

Aloe Vera Drink

66359	■ Appeal, Pomelo, Grapefruit, & Aloe	812475-012279	12/16.9 OZ	16.13	1.34	CS	14.46	1.21	\$1.67	10.4%
66357	■ Enrich, Pomegranate, Cran, & Aloe	812475-012262	12/16.9 OZ	16.13	1.34	CS	14.46	1.21	\$1.67	10.4%
66360	■ Appeal, Pomelo, Grapefruit, & Aloe	812475-011678	6/50.7 OZ	19.32	3.22	CS	17.36	2.89	\$1.96	10.1%
66358	■ Enrich, Pomegranate, Cran, & Aloe	812475-011661	6/50.7 OZ	19.32	3.22	CS	17.36	2.89	\$1.96	10.1%

ALTER ECO

Fair Trade

Chocolate

29565	★■ Dark Quinoa, 61% Cocoa, FT	188244-000427	10/3.5 OZ	29.47	2.95	CS	25.07	2.51	\$4.40	14.9%
38469	★■ Dark Almond, FT	188244-000243	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
38470	★■ Dark Blackout, 85% Cocoa, FT	188244-000250	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
38471	★■ Dark Cacao, 73% Cocoa, FT	188244-000267	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
38472	★■ Dark Mint, FT	188244-000281	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
38473	◆■ Dark Twist, FT	188244-000274	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
38466	◆■ Dark Velvet, FT	188244-000212	12/3.5 OZ	35.48	2.96	CS	30.20	2.52	\$5.28	14.9%
66368	◆■ Holiday Dark Chocolate Shipper	188244-000816	140/3.5 OZ	414.35	2.96	CS	352.75	2.52	\$61.60	14.9%
66369	◆■ Holiday Dark Chocolate Shipper	188244-000809	140/3.5 OZ	414.35	2.96	CS	352.75	2.52	\$61.60	14.9%

Grains

26571	Rice, Coral Red Jasmine	188244-000106	8/16 OZ	26.42	3.30	CS	23.54	2.94	\$2.88	10.9%
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Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
ALTER ECO, Cont.											
27828	Rice, Purple Jasmine, FT	188244-000090	8/16 OZ	26.42	3.30	CS	23.54	2.94	\$2.88	10.9%	
26573	Rice, Ruby Red Jasmine	188244-000120	8/16 OZ	26.42	3.30	CS	23.54	2.94	\$2.88	10.9%	
26572	Rice, White Jasmine	188244-000113	8/16 OZ	26.42	3.30	CS	23.54	2.94	\$2.88	10.9%	
Oils											
26684	✪ EVOO Mild	188244-000342	6/12.7 OZ	85.77	14.30	CS	76.25	12.71	\$9.52	11.1%	
26685	✪ EVOO Robust	188244-000359	6/12.7 OZ	85.77	14.30	CS	76.25	12.71	\$9.52	11.1%	
Sugar											
26570	★ Ground Cane, Unrefined	188244-000151	10/16 OZ	30.36	3.04	CS	27.06	2.71	\$3.30	10.9%	
ALVITA TEA											
Bag Tea											
29616	Pau D'Arco	726016-004947	24 BAG	3.73	3.73	EA	3.31	3.31	\$0.42	11.3%	
29609	Echinacea	726016-004169	24 BAG	6.10	6.10	EA	5.41	5.41	\$0.69	11.3%	
AMY & BRIAN											
Mangosteen Juices											
64698	■ Mangosteen w/Passion Fruit	854413-001068	12/8.45 OZ	15.14	1.26	CS	13.47	1.12	\$1.67	11.0%	
64697	■ Mangosteen w/Pomegranate	854413-001051	12/8.45 OZ	15.14	1.26	CS	13.47	1.12	\$1.67	11.0%	
ANDEAN DREAM											
Quinoa Cookies											
64332	✪✪■ Chocolate Chip	893470-001024	6/7 OZ	24.03	4.01	CS	21.42	3.57	\$2.61	10.9%	
64333	✪✪■ Cocoa Orange	893470-001055	6/7 OZ	24.03	4.01	CS	21.42	3.57	\$2.61	10.9%	
64335	✪✪■ Coconut	893470-001093	6/7 OZ	24.03	4.01	CS	21.42	3.57	\$2.61	10.9%	
64331	✪✪■ Orange Essence	893470-001017	6/7 OZ	24.03	4.01	CS	21.42	3.57	\$2.61	10.9%	
64334	✪✪■ Raisins & Spice	893470-001079	6/7 OZ	24.03	4.01	CS	21.42	3.57	\$2.61	10.9%	
Quinoa Pasta											
64338	✪✪ Fusilli	893470-001222	12/8 OZ	37.38	3.12	CS	33.33	2.78	\$4.05	10.8%	
64337	✪✪ Macaroni	893470-001246	12/8 OZ	37.38	3.12	CS	33.33	2.78	\$4.05	10.8%	
64336	✪✪ Spaghetti	893470-001208	12/8 OZ	37.38	3.12	CS	33.33	2.78	\$4.05	10.8%	
ANNIE CHUN'S											
Noodle Bowls											
30267	■ Garlic Scallion	765667-100103	6/8.3 OZ	15.03	2.51	CS	13.41	2.24	\$1.62	10.8%	
30266	■ Korean Sweet Chili	765667-100905	6/8.4 OZ	15.03	2.51	CS	13.41	2.24	\$1.62	10.8%	
21693	■✪ Kung Pao	765667-100608	6/9.1 OZ	15.03	2.51	CS	13.41	2.24	\$1.62	10.8%	
21694	■✪ Pad Thai	765667-100806	6/9.1 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
21692	■✪ Peanut Sesame	765667-100707	6/9.1 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
22610	■ Teriyaki	765667-103876	6/8.2 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
Noodle Express											
21416	Thai Peanut	765667-200506	6/7.4 OZ	15.03	2.51	CS	13.41	2.24	\$1.62	10.8%	
21407	■ Chinese Chow Mein Sauce w/Ramen	765667-200308	6/7.1 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
21405	■ Spicy Szechuan Sauce w/Ramen	765667-200100	6/7.4 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
21406	■ Teriyaki Sauce w/Ramen	765667-200209	6/7.4 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
Noodles											
60947	★ Brown Rice, Maifun	765667-500309	6/8 OZ	13.07	2.18	CS	11.67	1.95	\$1.40	10.7%	
60946	★ Brown Rice, Pad Thai	765667-500408	6/8 OZ	13.07	2.18	CS	11.67	1.95	\$1.40	10.7%	
Soup Bowls											
22589	■ Chicken	765667-100301	6/5.5 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
22590	■ Hot & Sour	765667-100202	6/5.5 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
21413	Kim Chi	765667-100400	6/5.9 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
22547	■ Miso	765667-628591	6/5.4 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
21414	■ Tom Yum	765667-100509	6/6 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
22548	■ Udon	765667-725986	6/5.3 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	
30265	■ Vietnamese Pho	765667-100110	6/6 OZ	15.03	2.51	CS	12.87	2.15	\$2.16	14.4%	

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
APTERA										
19091	Extra Virgin Olive Oil	704947-001013	12/17 OZ	71.17	5.93	CS	60.80	5.07	\$10.37	14.6%
AQUA HYDRATE										
20403	Aqua Hydrate	182136-000021	12/33.8 OZ	17.65	1.47	CS	15.00	1.25	\$2.65	15.0%
20402	Aqua Hydrate	182136-000014	24/16.9 OZ	18.32	0.76	CS	15.57	0.65	\$2.75	15.0%
ARIZONA										
<i>Specialty Tea</i>										
60631	Ginseng & Honey	072310-008502	6/20 BAG	14.20	2.37	CS	12.88	2.15	\$1.32	9.3%
60632	Mandarin Orng w/Ginseng & Honey	072310-008519	6/20 BAG	14.20	2.37	CS	12.88	2.15	\$1.32	9.3%
60633	Pomegranate & Acai	072310-008526	6/20 BAG	14.20	2.37	CS	12.88	2.15	\$1.32	9.3%
ARROWHEAD MILLS										
<i>Flours</i>										
00124	★◆⊕ Whole Wheat, Pastry	074333-471455	6/5 LB	33.04	5.51	CS	29.72	4.95	\$3.32	10.0%
00148	★⊕ White, Unbleached	074333-472520	12/2 LB	28.32	2.36	CS	24.87	2.07	\$3.45	12.2%
00126	★⊕ Whole Wheat	074333-472421	12/2 LB	28.32	2.36	CS	24.87	2.07	\$3.45	12.2%
00123	★⊕ Whole Wheat, Pastry	074333-471721	12/2 LB	29.12	2.43	CS	25.67	2.14	\$3.45	11.8%
00155	★◆⊕ Whole Wheat, Stoneground	074333-472452	6/5 LB	28.56	4.76	CS	25.11	4.19	\$3.45	12.1%
00125	★◆⊕ White, Unbleached	074333-472513	8/5 LB	33.17	4.15	CS	28.99	3.62	\$4.18	12.6%
<i>Mixes</i>										
25341	★■ Cake, Chocolate	074333-383123	6/18.2 OZ	17.60	2.93	CS	15.69	2.62	\$1.91	10.9%
25340	★■ Cake, Vanilla	074333-383024	6/18.2 OZ	17.60	2.93	CS	15.69	2.62	\$1.91	10.9%
61543	★■ Bake With Me, Brownie	074333-371991	6/13.1 OZ	22.08	3.68	CS	19.69	3.28	\$2.39	10.8%
61544	★■ Bake With Me, Sugar Cookie	074333-382478	6/15.3 OZ	22.08	3.68	CS	19.69	3.28	\$2.39	10.8%
61545	★■ Bake With Me, Vanilla Cupcake	074333-383321	6/13.7 OZ	22.08	3.68	CS	19.69	3.28	\$2.39	10.8%
06258	◆⊕⊕ Cookie, Chocolate Chip, WF	074333-382379	6/12.9 OZ	21.28	3.55	CS	18.89	3.15	\$2.39	11.2%
24820	◆■☆ Cake, GF Vanilla	074333-383222	6/20.9 OZ	24.08	4.01	CS	21.37	3.56	\$2.71	11.3%
62003	◆■ Bake With Me, Chocolate Cupcake GF	074333-383369	6/14.4 OZ	26.48	4.41	CS	23.50	3.92	\$2.98	11.3%
62004	◆■ Bake With Me, Vanilla Cupcake, GF	074333-383345	6/14.2 OZ	26.48	4.41	CS	23.50	3.92	\$2.98	11.3%
52071	◆⊕⊕ All Purpose Baking, WF	074333-384885	6/28 OZ	26.88	4.48	CS	23.86	3.98	\$3.02	11.2%
27439	■ Pumpkin Pie Filling, Pour N' Bake	074333-501152	12/18.9 OZ	31.84	2.65	CS	28.26	2.36	\$3.58	11.2%
27429	★■ Stuffing Mix, Savory Herb	074333-474913	12/10 OZ	33.12	2.76	CS	29.52	2.46	\$3.60	10.9%
52041	◆■⊕ Brownie	074333-371977	12/17.42 OZ	48.00	4.00	CS	42.80	3.57	\$5.20	10.8%
52042	◆■⊕⊕ Brownie, WF	074333-371939	12/17.42 OZ	46.24	3.85	CS	41.04	3.42	\$5.20	11.2%
27430	■ Stuffing Mix, Savory Herb, Shipper	074333-474951	48/10 OZ	128.00	2.67	CS	113.60	2.37	\$14.40	11.3%
27431	★■ Stuffing Mix, Savory Herb, Pallet	074333-474937	288/10 OZ	767.98	2.67	CS	681.58	2.37	\$86.40	11.3%
<i>Pie Crusts, Shelf Stable</i>										
24828	◆■⊕ Graham Cracker, 9"	074333-361121	12/6 OZ	31.52	2.63	CS	28.10	2.34	\$3.42	10.9%
ARROWHEAD WATER										
<i>Mountain Spring Water</i>										
27295	Spring	071142-004003	1/24.5 LTR	5.60	5.60	EA	4.76	4.76	\$0.84	15.0%
<i>Sparkling Mountain Spring Water</i>										
27288	Lemon	071142-003419	4/6/16.9 OZ	11.20	2.80	CS	9.94	2.49	\$1.26	11.3%
27289	Lime	071142-003426	4/6/16.9 OZ	11.20	2.80	CS	9.94	2.49	\$1.26	11.3%
27287	Plain	071142-003433	4/6/16.9 OZ	11.20	2.80	CS	9.94	2.49	\$1.26	11.3%
BAHLSSEN										
<i>Cookies, Imported</i>										
77282	Hit Cocoa	070569-350403	25/5.3 OZ	27.46	1.10	CS	24.61	0.98	\$2.85	10.4%
76424	Hit Vanilla	070569-200302	25/5.3 OZ	27.46	1.10	CS	24.61	0.98	\$2.85	10.4%

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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
BAKERY ON MAIN										
Gluten Free Granola										
20773	★☉ Cranberry Maple Nut Bar	835228-011015	6/6 OZ	22.29	3.72	CS	19.81	3.30	\$2.48	11.1%
20774	★☉ Extreme Trail Mix Bar	835228-011022	6/6 OZ	22.29	3.72	CS	19.81	3.30	\$2.48	11.1%
20772	★☉ Peanut Butter Chocolate Chip Bar	835228-011008	6/6 OZ	22.29	3.72	CS	19.81	3.30	\$2.48	11.1%
BALANCE BAR COMPANY										
"Carb Well" Bars										
33362	Chocolate Caramel	750049-598067	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
33361	Chocolate Pnut Butter	750049-598029	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
"Gold" Bars										
30425	■ Caramel Nut Blast	750049-005008	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
31489	■ Triple Chocolate Chaos	750049-988837	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
"Gold" Crunch Bars										
24192	■ Chocolate Mint Cookie	750049-001499	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
Balance Bare Bars										
24817	■ Sweet & Salty, Chocolate Almond	750049-000652	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
24818	■ Sweet & Salty, Peanut Butter	750049-000676	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
Nutrition Bars										
30439	■ Almond Brownie	750049-000508	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
30424	■ Chocolate Raspberry Fudge	750049-000904	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
37703	■ Cookie Dough	750049-002427	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
30432	■ Honey Peanut	750049-000102	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
30433	■ Mocha Chip	750049-000409	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
31488	■ Peanut Butter	750049-001475	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
30423	■ Yogurt Honey Pnut	750049-000805	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
Trail Mix Bars										
33563	■ Chocolate Chip	750049-597374	15/1.76 OZ	17.00	1.13	CS	13.81	0.92	\$3.19	18.8%
BALANCE WATER										
63120	For The Mind	810675-000010	12/33.8 OZ	17.92	1.49	CS	15.90	1.33	\$2.02	11.3%
63121	For Women	810675-000034	12/33.8 OZ	17.92	1.49	CS	15.90	1.33	\$2.02	11.3%
BAR HARBOR										
Chowder & Bisques										
62784	■ Bisque, Crab	070718-000807	6/10.5 OZ	16.14	2.69	CS	14.43	2.41	\$1.71	10.6%
62998	■ Bisque, Lobster	070718-000784	6/10.5 OZ	16.14	2.69	CS	14.43	2.41	\$1.71	10.6%
62782	Chowder, New England Clam	070718-000760	6/15 OZ	16.37	2.73	CS	14.66	2.44	\$1.71	10.4%
62785	Chowder, Salmon	070718-000968	6/15 OZ	16.37	2.73	CS	14.66	2.44	\$1.71	10.4%
BARBARA'S BAKERY										
Cereal										
52736	★☉ Brown rice Crisps, FJS	070617-000588	6/10 OZ	20.01	3.34	CS	17.89	2.98	\$2.12	10.6%
52737	★☉ Corn Flakes, FJS	070617-000557	6/9 OZ	20.01	3.34	CS	17.89	2.98	\$2.12	10.6%
52734	★☉ Hole `N Oats, FJS	070617-000564	6/8 OZ	20.01	3.34	CS	17.89	2.98	\$2.12	10.6%
52735	★☉ Hole `N Oats, Honey Nut	070617-006207	6/10 OZ	20.01	3.34	CS	17.89	2.98	\$2.12	10.6%
BELA-OLHAO										
Sardines										
18652	In Hot Sauce	633600-502331	12/4.25 OZ	24.96	2.08	CS	22.24	1.85	\$2.72	10.9%
18653	In Lemon Sauce	633600-502348	12/4.25 OZ	24.96	2.08	CS	22.24	1.85	\$2.72	10.9%
18654	In Olive Oil	633600-502300	12/4.25 OZ	24.96	2.08	CS	22.24	1.85	\$2.72	10.9%
18651	In Tomato Sauce	633600-502324	12/4.25 OZ	24.96	2.08	CS	22.24	1.85	\$2.72	10.9%

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 † = Made With 70-94% Organic Ingredients ☯ = Vegan ☉ = Kosher ◆ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

BHUJA

65172	■⚡ Cracker Mix	892234-002017	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%
65174	■⚡ Fruit Mix	892234-002031	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%
65173	■⚡ Nut Mix	892234-002024	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%
65171	■⚡ Original Mix	892234-002000	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%
65176	■⚡ Peanuts, Seasoned	892234-002055	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%
65175	■⚡ Peas, Crunchy Seasoned	892234-002048	6/7 OZ	18.16	3.03	CS	16.14	2.69	\$2.02	11.1%

BIG ISLAND ORGANICS

Juice Beverages

39477	✪ Gingerade, Hawaiian	676502-196741	12/16 OZ	29.88	2.49	CS	26.77	2.23	\$3.11	10.4%
39479	✪ Lemonade, Agave	676502-188883	12/16 OZ	27.14	2.26	CS	23.41	1.95	\$3.73	13.7%
39478	✪ Mate, Gingerade	676502-199995	12/16 OZ	29.88	2.49	CS	25.74	2.15	\$4.14	13.9%

BIGELOW

Decaffeinated Tea Bags

28270	Decaf	072310-041073	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28268	Earl Grey	072310-042230	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28269	English Tea Time	072310-042773	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28257	Green	072310-042476	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%

Herbal Tea Bags

28253	Cozy Chamomile	072310-000414	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28242	I Love Lemon	072310-000520	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28243	Mint Medley	072310-000735	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28241	Orange & Spice	072310-000506	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79029	Red Raspberry	072310-000377	6/20 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28245	Six Assorted	072310-000988	6/18 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28244	Sweet Dreams	072310-000865	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
64971	Herb Plus, Cranberry Ginseng	072310-010574	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64972	Herb Plus, Lemon Ginger	072310-010581	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64973	Herb Plus, Pomegranate Blueberry	072310-010598	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64970	Herb Plus, Wild Blueberry Acai	072310-010567	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%

Teas Specialty Tea

79596	Cinnamon Stick	072310-001787	6/20 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28231	Constant Comment	072310-001053	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28232	Earl Grey	072310-001237	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28259	English Breakfast	072310-001442	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28234	English Tea Time	072310-001770	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79599	Green Tea Assorted	072310-003927	6/16 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
60628	Green Tea w/Pomegranate	072310-008373	6/20 BAG	12.91	2.15	CS	11.71	1.95	\$1.20	9.3%
28252	Green w/Lemon	072310-001459	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28262	Green	072310-008472	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28236	Lemon Lift	072310-001978	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79030	Peach	072310-000407	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28235	Plantation Mint	072310-001893	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%

BIONATURAE

Organic Foods from Italy

Fruit Nectars

05610	★ Apricot	799210-375014	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
05612	★ Bilberry	799210-375069	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
05611	★ Peach	799210-375021	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
05613	★ Pear	799210-375038	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
05614	★ Plum	799210-375052	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
25014	★ Sicilian Lemon	799210-375083	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
25015	★ Sour Cherry	799210-375090	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
25016	★ Strawberry	799210-375106	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
BIONATURAE, Cont.										
25017	★ Wild Berry	799210-375113	6/25.4 OZ	19.20	3.20	CS	17.76	2.96	\$1.44	7.5%
Oils & Vinegars										
32782	★ Balsamic Vinegar	799210-112503	12/8.5 OZ	43.20	3.60	CS	39.96	3.33	\$3.24	7.5%
35462	★☉ Extra Virgin Olive	799210-111117	12/17 OZ	122.40	10.20	CS	113.22	9.44	\$9.18	7.5%
BIOTTA										
Juices										
21124	★ Beet Root	021718-502600	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
23624	★ Breuss Vegetable	021718-531600	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
23628	★ Carrot	021718-501603	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
23626	★ Celery	021718-503607	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
23620	★ Potato	898559-002107	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
21131	★ Sauerkraut, Digestive	021718-506608	6/16.9 OZ	29.12	4.85	CS	26.19	4.37	\$2.93	10.1%
21127	★ Beet	898559-002008	12/8.4 OZ	36.88	3.07	CS	33.10	2.76	\$3.78	10.2%
21128	★ Carrot	898559-002022	12/8.4 OZ	36.88	3.07	CS	33.10	2.76	\$3.78	10.2%
21129	★ Vegetable Cocktail	898559-002039	12/8.4 OZ	36.88	3.07	CS	33.10	2.76	\$3.78	10.2%
21139	★ Breakfast	898559-002077	12/8.4 OZ	44.61	3.72	CS	39.96	3.33	\$4.65	10.4%
23617	★ Elderberry	898559-002060	12/8.4 OZ	44.61	3.72	CS	39.96	3.33	\$4.65	10.4%
BLUE DIAMOND										
Beverages Juices/Dry/Syrups										
12742	◆ Chocolate	041570-068373	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
20122	Chocolate, Unsweetened	041570-054185	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
12740	◆ Original	041570-068274	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
20120	Original, Unsweetened	041570-054130	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
12741	◆ Vanilla	041570-068366	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
20121	Vanilla, Unsweetened	041570-054161	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
Cracker/Bread Specialty Crackers										
20535	★ Almond	041570-044261	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
65004	☉★ Barbeque	041570-052952	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20526	☉★ Cheddar Cheese	041570-054017	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20527	☉★ Country Ranch	041570-054048	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20536	★ Hazelnut	041570-044278	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
65000	☉★☉ Hint of Sea Salt	041570-052785	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20537	★ Pecan	041570-044285	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20620	★ Smokehouse Almond	041570-044315	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
BOB'S RED MILL										
Flour & Baking Products										
19505	☉☉ White Flour, Unbleached	039978-533012	4/5 LB	12.96	3.24	CS	11.76	2.94	\$1.20	9.3%
19504	☉☉ Whole Wheat Flour	039978-533005	4/5 LB	12.96	3.24	CS	11.76	2.94	\$1.20	9.3%
19506	☉☉ Whole Wheat Pastry Flour	039978-533029	4/5 LB	12.96	3.24	CS	11.76	2.94	\$1.20	9.3%
37002	☉☉☉ White Flour, Unbleached	039978-029911	4/5 LB	18.30	4.58	CS	16.50	4.13	\$1.80	9.8%
19429	☉☉☉ Whole Wheat Flour, Stoneground	039978-029874	4/5 LB	18.30	4.58	CS	16.50	4.13	\$1.80	9.8%
21726	☉☉ Whole Wheat Pastry Flour	039978-029935	4/5 LB	18.30	4.58	CS	16.50	4.13	\$1.80	9.8%
Gluten Free Items										
24298	☉★ Cornmeal, Whole Grain	039978-004727	4/24 OZ	7.87	1.97	CS	7.07	1.77	\$0.80	10.2%
21191	■★ Cornbread Mix	039978-004611	4/20 OZ	9.01	2.25	CS	8.06	2.02	\$0.95	10.5%
24295	☉★ Corn Flour, Whole Grain	039978-004697	4/24 OZ	9.31	2.33	CS	8.34	2.09	\$0.97	10.4%
38883	☉■★ Pizza Crust Mix	039978-003942	4/16 OZ	10.64	2.66	CS	9.50	2.38	\$1.14	10.7%
19549	☉☉☉ Flour, Baking	039978-004529	4/22 OZ	11.77	2.94	CS	10.53	2.63	\$1.24	10.5%
24849	★☉☉ Pancake Mix	039978-004628	4/22 OZ	12.73	3.18	CS	11.37	2.84	\$1.36	10.7%
21192	★ Flour, All Purpose Baking	039978-014528	4/44 OZ	22.30	5.58	CS	19.94	4.99	\$2.36	10.6%
Miscellaneous										
60333	Sesame Seeds, Nat Brown, Hulled	039978-024381	4/16 OZ	13.78	3.45	CS	12.29	3.07	\$1.49	10.8%
60332	Sesame Seeds, White, Hulled	039978-014375	4/16 OZ	13.78	3.45	CS	12.29	3.07	\$1.49	10.8%
24866	Poppy Seeds	039978-004314	8/8 OZ	22.74	2.84	CS	20.24	2.53	\$2.50	11.0%
60334	Chia Seeds	039978-003393	4/16 OZ	24.61	6.15	CS	21.90	5.48	\$2.71	11.0%

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Biotta®

PREMIUM organic JUICES



100% Juice

NO CONCENTRATES OR ADDITIVES

Vegetable Juices

BEET JUICE

Contains valuable natural betacyans (giving beetroot its violet-red color) which strengthen the body's immune system. 🍷🍷

BREUSS® VEGETABLE JUICE

Balanced blend of vegetable juices contains sufficient quantities of all the important vitamins the body needs during purification regimens. 🍷

CARROT JUICE

Rich in natural beta carotene (pro-vitamin A)—essential for vision. 🍷🍷

CELERY ROOT JUICE

Celeriac is rich in essential oils and potassium, which have a regulating effect on the body's pH levels. 🍷

POTATO JUICE

Helps calm the stomach, soothes heartburn. 🍷

SAUERKRAUT JUICE

Excellent to aid in digestion. 🍷

VEGETABLE JUICE COCKTAIL

Nutrient-rich juice that blends fresh ingredients to create a drink rich with vitamins, minerals and natural resources. 🍷🍷

Fruit Juices

BREAKFAST JUICE

Rich in valuable nutrients for sustained energy and a great start to the day. 🍷

ELDERBERRY JUICE

Rich in natural minerals and nutrients for your respiratory and immune systems. 🍷

🍷 = available in a 16.9 fl. oz. bottle

🍷 = available in a 8.4 fl. oz. bottle



www.biottajuices.com | blog.biottajuices.com

Bob's Red Mill



To Your Good Health

Bob Moore

UNFI Introduces

Good Seeds for the Good Life



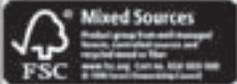
Seeds are nutritional goldmines! Traditionally used as condiments on salads, crackers and breads, they are valued as a beneficial food source. Seeds have many uses in stir fry and savory dishes as well as popular desserts. These seeds compliment every store's baking set.

www.bobsredmill.com

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
BOROJO ORGANIC ENERGY DRINK										
67079	★♻️ Blueberry, Acai, Pomegranate	094922-127983	12/16.9 OZ	23.44	1.95	CS	21.03	1.75	\$2.41	10.3%
67078	★♻️ Pink Guava, Passionfruit	094922-127976	12/16.9 OZ	23.44	1.95	CS	21.03	1.75	\$2.41	10.3%
67077	★♻️ Strawberry, Kiwi, Watermelon	094922-127969	12/16.9 OZ	23.44	1.95	CS	21.03	1.75	\$2.41	10.3%
BOULDER CANYON										
<i>Kettle Chips In Compostable Bags</i>										
66233	Hickory BBQ	708163-115509	12/7.5 OZ	31.63	2.64	CS	28.30	2.36	\$3.33	10.5%
66232	Malt Vinegar & Sea Salt	708163-115493	12/7.5 OZ	31.63	2.64	CS	28.30	2.36	\$3.33	10.5%
66235	Parmesan & Garlic	708163-115523	12/7.5 OZ	31.63	2.64	CS	28.30	2.36	\$3.33	10.5%
66234	Sea Salt & Cracked Pepper	708163-115516	12/7.5 OZ	31.63	2.64	CS	28.30	2.36	\$3.33	10.5%
66231	Totally Natural	708163-115486	12/7.5 OZ	31.63	2.64	CS	28.30	2.36	\$3.33	10.5%
<i>Rice & Adzuki Bean Chip</i>										
62055	■ Chipotle Cheese	720495-901735	12/5 OZ	26.72	2.23	CS	23.88	1.99	\$2.84	10.6%
62056	■ Natural Salt	720495-901728	12/5 OZ	26.72	2.23	CS	23.88	1.99	\$2.84	10.6%
62057	■ Sun Dried Tomato w/Basil	708163-113314	12/5 OZ	26.72	2.23	CS	23.88	1.99	\$2.84	10.6%
64127	★■ Sweet Lemon & Cracked Pepper	708163-300028	12/5 OZ	26.72	2.23	CS	23.88	1.99	\$2.84	10.6%
<i>Tortilla Chips</i>										
66049	★ Made w/Hummus and Sesame	708163-300066	12/7.5 OZ	35.99	3.00	CS	32.17	2.68	\$3.82	10.6%
66048	★ Made w/Hummus, Lightly Salted	708163-300059	12/7.5 OZ	35.99	3.00	CS	32.17	2.68	\$3.82	10.6%
BOYLAN BOTTLING CO										
<i>Natural</i>										
65541	■ Black Cherry	760712-040106	6/4/12 OZ	22.04	3.67	CS	19.72	3.29	\$2.32	10.5%
65542	■ Cane	760712-160101	6/4/12 OZ	22.04	3.67	CS	19.72	3.29	\$2.32	10.5%
33292	■ Creme Vanilla	760712-480100	6/4/12 OZ	22.04	3.67	CS	19.72	3.29	\$2.32	10.5%
33291	■ Root Beer	760712-490109	6/4/12 OZ	22.04	3.67	CS	19.72	3.29	\$2.32	10.5%
BRAGG										
<i>Apple Cider Vinegar Drink</i>										
65418	★⊙ Apple & Cinnamon	074305-052163	12/16 OZ	19.63	1.64	CS	17.65	1.47	\$1.98	10.1%
23853	★⊙ Apple Cider Vinegar & Honey	074305-050169	12/16 OZ	19.63	1.64	CS	17.65	1.47	\$1.98	10.1%
65419	★⊙ Concord Grape & Acai	074305-053160	12/16 OZ	19.63	1.64	CS	17.65	1.47	\$1.98	10.1%
65417	★⊙ Ginger Spice	074305-051166	12/16 OZ	19.63	1.64	CS	17.65	1.47	\$1.98	10.1%
BRIANNAS										
<i>Salad Dressings Bottled</i>										
25972	▲■ Asiago Caesar	027271-120282	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25968	■ Blush Wine Vinaigrette	027271-117282	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25967	■ Dijon Honey Mustard	027271-115288	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25964	■ Poppy Seed	027271-112287	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25965	Real French Vinaigrette	027271-113284	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25975	■ Saucy Ginger Mandarin	027271-121319	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25976	The New American	027271-121326	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25966	■ Zesty French	027271-114281	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
CAFE ALTURA										
<i>Fair Trade Coffee</i>										
23208	★⊙ Fair Trade, Classic Roast	032843-336169	6/12 OZ	37.52	6.25	CS	33.30	5.55	\$4.22	11.2%
23209	★⊙ Fair Trade, Dark Blend	032843-336176	6/12 OZ	37.52	6.25	CS	33.30	5.55	\$4.22	11.2%
<i>Ground Coffee, Cans</i>										
04102	★⊙ Dark Roast	032843-334639	6/12 OZ	35.12	5.85	CS	31.17	5.20	\$3.95	11.2%
33260	★⊙ French Roast	032843-334837	6/12 OZ	35.12	5.85	CS	31.17	5.20	\$3.95	11.2%
04101	★⊙ Regular Roast	032843-334622	6/12 OZ	35.12	5.85	CS	31.17	5.20	\$3.95	11.2%
60489	★⊙ Biodynamic, Ground	032843-336428	6/12 OZ	37.52	6.25	CS	33.30	5.55	\$4.22	11.2%
<i>Ground Coffee, S.W.P. Decaf, Cans</i>										
23210	★⊙ MWP Decaf Regular Roast	032843-334783	6/12 OZ	42.86	7.14	CS	38.08	6.35	\$4.78	11.2%

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 + = Made With 70-94% Organic Ingredients ♻️ = Vegan ⊕ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

NEW!



Tortilla chips with a twist!



7.5 oz 12 Count

7.5 oz 12 Count



How do you improve the tortilla chip?
It's Simple! Infuse it with the perfect blend of hummus and spices. This unique combination makes these snacks one of a kind!

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

CALIFORNIA OLIVE RANCH

Extra Virgin Olive Oil

64897	Extra Virgin Olive Oil	850687-100056	12/16.9 OZ	83.20	6.93	CS	73.84	6.15	\$9.36	11.3%
20115	Arbequina	850687-100025	12/16.9 OZ	88.66	7.39	CS	78.68	6.56	\$9.98	11.3%
20116	Arbosana	850687-100018	12/16.9 OZ	88.66	7.39	CS	78.68	6.56	\$9.98	11.3%
20127	Miller's Blend	850687-100032	12/16.9 OZ	88.66	7.39	CS	78.68	6.56	\$9.98	11.3%
64898	Extra Virgin Olive Oil	850687-104009	12/25.4 OZ	114.26	9.52	CS	101.40	8.45	\$12.86	11.3%

CANTERBURY NATURALS

Natural Products Baking Ingredients & Mixes

25570	Cinnamon Apple Pancake Mix	054467-004613	12/16 OZ	29.13	2.43	CS	26.09	2.17	\$3.04	10.4%
35510	Apple Cake Mix, Northwest	054467-000103	12/16.5 OZ	33.87	2.82	CS	30.31	2.53	\$3.56	10.5%
88915	Cake Mix, Beckas Pumpkin	054467-001711	12/16.5 OZ	33.87	2.82	CS	30.31	2.53	\$3.56	10.5%
35505	Choc Orange Pound Cake Mix	054467-006310	12/16 OZ	34.37	2.86	CS	30.81	2.57	\$3.56	10.4%

CARDINI

Salad Dressings Bottled (Dressing)

21399	Caesar, Original	071475-014151	6/32 OZ	31.60	5.27	CS	28.19	4.70	\$3.41	10.8%
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CARPE DIEM

Botanic Enhanced Waters

64144	Kombucha	854356-000234	12/16.9 OZ	21.92	1.83	CS	19.51	1.63	\$2.41	11.0%
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CARRINGTON FARMS

20678	Roasted Flax Seeds	742392-750001	6/10 OZ	22.80	3.80	CS	19.38	3.23	\$3.42	15.0%
27434	Milled Flax Seeds	742392-710005	6/12/42 OZ	36.00	6.00	CS	30.60	5.10	\$5.40	15.0%

CELESTIAL SEASONINGS

Holiday Teas & Displays - Special Order Only

27836	Cndy Cane Lane, Green Holiday Tea, Decaf	070734-100727	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
27892	Gingerbread Spice	070734-053689	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
28109	Holiday Nutcracker Sweet Black	070734-070259	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
29389	Sugar Cookie Sleigh Ride Herb	070734-053696	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
29387	Sugar Plum Spice Holiday Herb	070734-053580	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
62099	Holiday Tea Display	070734-513756	144/20 BAG	345.59	2.40	CS	306.71	2.13	\$38.88	11.3%

CENTO

Pickle/Pepper/Relish Pickled Specialty

75732	Pimentos, Sliced	070796-601491	12/4 OZ	18.03	1.50	CS	16.00	1.33	\$2.03	11.3%
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Vegetables/Legumes (Beans)

75720	Artichokes, Marinated	070796-500046	6/6 OZ	9.36	1.56	CS	7.60	1.27	\$1.76	18.8%
65907	Artichokes, Marinated	070796-500046	12/6 OZ	18.72	1.56	CS	15.21	1.27	\$3.51	18.8%

CHERRYBROOK KITCHEN

Dry Baking Mixes

21495	Brownie, Fudge, WF, GF	182308-201706	6/14 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
47680	Cake, Chocolate, WF, GF	182308-220011	6/16 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
27800	Cake, Yellow, WF, GF	182308-201720	6/16 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
47681	Cookie, Chocolate Chip, WF, GF	182308-220141	6/14.2 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
47682	Cookie, Sugar, WF, GF	182308-220158	6/13.1 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
21494	Pancake & Waffle, WF, GF	182308-201652	6/18 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%
27801	Pancake, Chocolate Chip, WF, GF	182308-201744	6/18 OZ	23.12	3.85	CS	20.52	3.42	\$2.60	11.2%

Wheat Free, Gluten Free Cookies

61387	Chocolate Chip, Mini	182308-302120	6/6 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%
61388	Graham, Vanilla, Mini	182308-302274	6/6 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
CHOCOLATE DREAM										
<i>Baking Chips</i>										
66949	★☯■ Chocolate, Semi-Sweet, DF	077241-500910	12/10 OZ	42.01	3.50	CS	37.40	3.12	\$4.61	11.0%
CHOCOLOVE										
<i>Chocolate Bars</i>										
30392	■ Dark Chocolate, Peppermint	716270-001516	12/3.2 OZ	21.97	1.83	CS	18.73	1.56	\$3.24	14.7%
30399	◆■ Dark With Cherries & Almonds	716270-001523	12/3.2 OZ	21.97	1.83	CS	18.73	1.56	\$3.24	14.7%
30400	◆■ Dark With Crystallized Ginger	716270-001660	12/3.2 OZ	21.97	1.83	CS	18.73	1.56	\$3.24	14.7%
CHOICE ORGANIC TEAS										
<i>6/16 Bag</i>										
28146	★○ Ban Cha	047445-919412	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28136	★○ Genmaicha Green w/Tstd Brown Rice	047445-919528	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28147	★○ Oolong	047445-919115	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28150	★○ Peppermint	047445-919610	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28145	★○ Twig	047445-919313	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28148	★○ Premium Japanese Green	047445-919214	6/16 BAG	19.86	3.31	CS	17.65	2.94	\$2.21	11.1%
<i>6/16 Bag-Fair Trade Certified Teas</i>										
28140	★○ Black	047445-919221	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28141	★○ Chamomile	047445-919429	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28123	★○ Classic Blend Green	047445-919139	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28139	★○ Darjeeling	047445-919122	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28143	★○ Earl Grey	047445-919719	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28142	★○ English Breakfast	047445-919511	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28138	★○ Green Moroccan Mint	047445-919320	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28156	★○ Irish Breakfast	047445-919924	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28132	★○ Jasmine Green	047445-919238	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28144	★○ Rooibos	047445-919436	6/16 BAG	17.75	2.96	CS	15.78	2.63	\$1.97	11.1%
28149	★○ Earl Grey, Decaffeinated	047445-919917	6/16 BAG	19.86	3.31	CS	17.65	2.94	\$2.21	11.1%
28133	★ Green w/Peach, Decaffeinated	047445-919726	6/16 BAG	19.86	3.31	CS	17.65	2.94	\$2.21	11.1%
28137	★○ White	047445-919535	6/16 BAG	19.86	3.31	CS	17.65	2.94	\$2.21	11.1%
<i>Food Service Iced Tea Bags-Fair Trade Certified Tea</i>										
62466	★★ Black, Makes 3 Gallons	047445-982164	30/3 OZ	89.17	2.97	CS	79.27	2.64	\$9.90	11.1%
62465	★★ Mango Ceylon, Makes 3 Gallons	047445-982157	30/3 OZ	89.17	2.97	CS	79.27	2.64	\$9.90	11.1%
62464	★★ Moroccan Mint, Makes 3 Gallons	047445-982171	30/3 OZ	89.17	2.97	CS	79.27	2.64	\$9.90	11.1%
<i>Whole Leaf Organics-Fair Trade Certified Teas</i>										
63364	★ Chamomile Citrus	047445-990275	6/15 BAG	26.02	4.34	CS	23.13	3.86	\$2.89	11.1%
63365	★ English Breakfast	047445-990244	6/15 BAG	26.02	4.34	CS	23.13	3.86	\$2.89	11.1%
63363	★ Jasmine Green	047445-990220	6/15 BAG	26.02	4.34	CS	23.13	3.86	\$2.89	11.1%
CLIF BARS										
<i>Clif Bars - 100% Natural Nutrition Bars</i>										
39985	◆■ Cranberry Orange Nut Bread	722252-161109	12/2.4 OZ	13.56	1.13	CS	12.10	1.01	\$1.46	10.8%
31899	◆■ Iced Gingerbread	722252-500045	12/2.4 OZ	13.56	1.13	CS	12.10	1.01	\$1.46	10.8%
31888	◆■☯ Spiced Pumpkin Pie	722252-500014	12/2.4 OZ	13.56	1.13	CS	12.10	1.01	\$1.46	10.8%
<i>Displays</i>										
39988	◆■ Seasonal Display	722252-602152	96/2.4 OZ	108.48	1.13	CS	96.82	1.01	\$11.66	10.7%
<i>ZBaRs</i>										
39069	◆■☯ Spooky S'mores	722252-194190	18/1.27 OZ	11.89	0.66	CS	10.57	0.59	\$1.32	11.1%
COCONUT SECRET										
24529	★○ Vinegar, Raw Coconut	851492-002030	12/12 OZ	50.11	4.18	CS	44.62	3.72	\$5.49	11.0%
24524	★○ Aminos, Raw Coconut	851492-002047	12/8 OZ	54.31	4.53	CS	48.32	4.03	\$5.99	11.0%

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 Prices Subject to Change Without Notice

DAIRY FREE

CHOCOLATE DREAM

NEW!



SEMI-SWEET CHOCOLATE BAKING CHIPS

Taste the Dream.

For anyone who dreams of enjoying all-natural, indulgent, dairy free and gluten free chocolate, DAIRY FREE CHOCOLATE DREAM is their confectionary dream come true!

The makers of SOY DREAM® and RICE DREAM®, the leading brands of nondairy beverages and indulgent frozen desserts, introduce semi-sweet baking chips. Our chocolate is crafted from carefully selected cocoa beans in one of the few facilities worldwide that can guarantee chocolate free of all traces of dairy. The rich chocolate flavor of Dairy Free Chocolate Dream Semi-Sweet Baking Chips will enhance all of your baking endeavors!

ITEM SPECIFICATIONS

SKU Order #	30150091
Order Unit of Measure	Case
Item UPC	0 77241 50091 0
Item Size	10 oz
Case Pack	12

U PARVE

Dairy Free

Gluten Free

www.tastethedream.com

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/ EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
COLAVITA										
<i>Italian Oils</i>										
25139	Extra Virgin	039153-010109	6/25.4 OZ	75.48	12.58	CS	65.48	10.91	\$10.00	13.2%
<i>Oils</i>										
25131	⊕ Olive, Extra Virgin	039153-010031	6/16.9 OZ	48.01	8.00	CS	41.61	6.94	\$6.40	13.3%
25138	Olive, Extra Virgin	039153-010079	12/8.5 OZ	52.87	4.41	CS	45.87	3.82	\$7.00	13.2%
25130	⊕ Olive, Extra Virgin	039153-010024	6/33.8 OZ	84.52	14.09	CS	73.32	12.22	\$11.20	13.3%
<i>Olive Oils</i>										
25134	⊕ Pure	039153-100404	6/16.9 OZ	58.48	9.75	CS	50.58	8.43	\$7.90	13.5%
<i>Vinegars</i>										
25135	Balsamic	039153-413009	6/16.9 OZ	23.91	3.99	CS	21.06	3.51	\$2.85	11.9%
89851	Red Wine Vinegar	039153-413054	12/17 OZ	32.73	2.73	CS	29.03	2.42	\$3.70	11.3%
89850	White Wine Vinegar	039153-413061	12/16.9 OZ	32.76	2.73	CS	29.06	2.42	\$3.70	11.3%
COOMBS FAMILY FARMS										
<i>Candy</i>										
25612	Pure Vermont Maple	710282-610759	32/75 OZ	60.16	1.88	CS	53.39	1.67	\$6.77	11.3%
CORAZONAS										
<i>Oatmeal Squares</i>										
64070	⊕■ Banana Walnut	854069-001986	12/1.76 OZ	11.04	0.92	CS	9.80	0.82	\$1.24	11.2%
64069	⊕■ Chocolate Chip	854069-001726	12/1.76 OZ	11.04	0.92	CS	9.80	0.82	\$1.24	11.2%
<i>Potato Chips</i>										
62212	■ Parmesan Peppercorn	854069-001894	13/6 OZ	27.20	2.09	CS	24.14	1.86	\$3.06	11.3%
<i>Tortilla Chips</i>										
62211	■ Black Bean & Cheese, Whole Grain	854069-001924	12/7 OZ	27.20	2.27	CS	24.14	2.01	\$3.06	11.3%
CROFTERS										
<i>Fruit Spreads</i>										
39244	★■ Asian Superfruit	067275-004034	6/11 OZ	20.73	3.46	CS	18.48	3.08	\$2.25	10.9%
39245	★■ European Superfruit	067275-004041	6/11 OZ	20.73	3.46	CS	18.48	3.08	\$2.25	10.9%
39243	★■ North American Superfruit	067275-004027	6/11 OZ	20.73	3.46	CS	18.48	3.08	\$2.25	10.9%
39242	★■ South American Superfruit	067275-004010	6/11 OZ	20.73	3.46	CS	18.48	3.08	\$2.25	10.9%
CRYSTAL GEYSER										
<i>Juice Squeeze</i>										
27428	Blackberry Pomegranate	654871-003112	12/23.9 OZ	17.53	1.46	CS	15.77	1.31	\$1.76	10.0%
27477	Grapefruit	654871-003068	12/23.9 OZ	17.53	1.46	CS	15.77	1.31	\$1.76	10.0%
27476	Mountain Raspberry	654871-003051	12/23.9 OZ	17.53	1.46	CS	15.77	1.31	\$1.76	10.0%
27475	Wild Berry	654871-003013	12/23.9 OZ	17.53	1.46	CS	15.77	1.31	\$1.76	10.0%
<i>Mineral Water, 18 oz</i>										
27504	◆ Lemon	654871-180028	6/4/18 OZ	12.35	2.06	CS	11.18	1.86	\$1.17	9.5%
27505	◆ Lime	654871-180042	6/4/18 OZ	12.35	2.06	CS	11.18	1.86	\$1.17	9.5%
27506	◆ Orange	654871-180035	6/4/18 OZ	12.35	2.06	CS	11.18	1.86	\$1.17	9.5%
27507	◆ Plain	654871-180011	6/4/18 OZ	12.35	2.06	CS	11.18	1.86	\$1.17	9.5%
27508	◆ Very Berry	654871-180059	6/4/18 OZ	12.35	2.06	CS	11.18	1.86	\$1.17	9.5%
<i>Spring Water</i>										
27435	Alpine	075140-005154	6/1 GAL	6.00	1.00	CS	5.10	0.85	\$0.90	15.0%
27437	◆ Alpine	075140-005123	2/6/1 LTR	6.41	3.21	CS	5.45	2.73	\$0.96	15.0%
27414	◆ Alpine	075140-005000	12/1.5 LTR	7.15	0.60	CS	6.08	0.51	\$1.07	15.0%
27454	◆ Alpine	075140-065028	4/6/16.9 OZ	7.21	1.80	CS	6.13	1.53	\$1.08	15.0%
27455	Alpine, Sport Top	075140-005055	12/1 LTR	7.39	0.62	CS	6.28	0.52	\$1.11	15.0%
27445	Alpine	075140-005024	24/500 ML	7.21	0.30	CS	5.21	0.22	\$2.00	27.7%

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Prices Subject to Change Without Notice

CROFTER'S[®]

• ORGANIC •

Loaded with Fruit  Perfectly Sweetened™



Same Great Taste

Just a new look

- Crofter's Just Fruit™ Spreads are Perfectly Sweetened™ with organic white grape juice concentrate from Sicily – a sweet alternative to cane sugar.
- Crofter's Premium Spreads and Superfruit™ Spreads are Perfectly Sweetened™ with organic fair trade cane sugar* from the Green Cane Project in Brazil.

*Made with organic sugar from an ethical and environmentally friendly source certified EcoSocial by IGO.

Crofter's is committed to sustainability...

- Minimal cardboard is used in packing, and what we do use is re-used or recycled. Even the film is biodegradable and recyclable.
- At our facility reclaimed process energy is used to heat our warehouse space and loading ramps during the winter.
- Fruit is shipped by sea container and railcar – reducing our carbon footprint. Ground transportation has no empty food miles - all trucks are filled both outbound and inbound.



BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
CUCINA ANTICA										
Homemade Pasta Sauces										
35752	Fresh Spinach Marinara	677294-991194	12/25 OZ	68.64	5.72	CS	60.92	5.08	\$7.72	11.2%
27995	Garlic Marinara	677294-991149	12/25 OZ	68.64	5.72	CS	60.92	5.08	\$7.72	11.2%
27993	La Vodka	677294-991132	12/25 OZ	68.64	5.72	CS	60.92	5.08	\$7.72	11.2%
31306	Spicy Arrabbiata	677294-991156	12/25 OZ	68.64	5.72	CS	60.92	5.08	\$7.72	11.2%
27994	Tomato Basil	677294-991125	12/25 OZ	68.64	5.72	CS	60.92	5.08	\$7.72	11.2%
D.L. JARDINES										
34939	Killer Hot BBQ Sauce	022531-018835	6/19 OZ	20.08	3.35	CS	17.82	2.97	\$2.26	11.3%
34943	Mesquite Flavor BBQ Sauce	022531-018842	6/19 OZ	20.08	3.35	CS	17.82	2.97	\$2.26	11.3%
33262	Texas Pecan BBQ Sauce	022531-018866	6/18 OZ	20.08	3.35	CS	17.82	2.97	\$2.26	11.3%
35018	★ Texas Champagne Cayenne Pepper Sauce	022531-052556	12/6 OZ	23.36	1.95	CS	20.73	1.73	\$2.63	11.3%
34911	Ole Chipotle Salsa	022531-055502	6/16 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
Mexican/American Salsa										
33468	★■ Authentic	022531-053058	6/15.5 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
33472	★■ Naturally Fresh	022531-053034	6/15.5 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
66047	Pinch of Habanero	022531-053065	6/15.5 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
33470	★■ Ranch Roasted	022531-053027	6/15.5 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
34902	★■ Salsa Bobos Corn/black Bean	022531-052914	6/16 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
33471	★■ Smoky Tomatillo	022531-053010	6/15.5 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%
DA VINCI										
Natural Pasta										
79092	Organic Bowties	070670-008774	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%
79084	Organic Penne	070670-008750	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%
79083	Organic Sea Shells	070670-008743	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%
79079	Organic Fettuccine	070670-008729	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%
79081	Organic Linguine	070670-008736	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%
79078	Organic Spaghetti	070670-008712	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%
79085	Organic Rotini	070670-008767	12/16 OZ	25.22	2.10	CS	22.88	1.91	\$2.34	9.3%
Oils										
79101	Pure Olive Oil	070670-011156	6/8.5 OZ	21.79	3.63	CS	19.73	3.29	\$2.06	9.5%
79102	Olive, Pure	070670-011163	6/17 OZ	33.17	5.53	CS	29.70	4.95	\$3.47	10.5%
79098	Extra Virgin Olive Oil	070670-011101	12/8.5 OZ	41.25	3.44	CS	36.93	3.08	\$4.32	10.5%
79099	Olive, Extra Virgin	070670-011118	6/17 OZ	34.15	5.69	CS	29.47	4.91	\$4.68	13.7%
Pasta/Noodles										
79050	Acini Di Pepe	070670-007340	12/1 LB	21.85	1.82	CS	19.91	1.66	\$1.94	8.9%
79049	Orzo Rose Marie	070670-007333	12/1 LB	21.85	1.82	CS	19.91	1.66	\$1.94	8.9%
79052	Cannelini - Manicotti	070670-007364	12/8 OZ	25.75	2.15	CS	23.23	1.94	\$2.52	9.8%
79037	Lasagna	070670-007210	12/1 LB	25.75	2.15	CS	23.23	1.94	\$2.52	9.8%
79054	Fettucine Nest	070670-007395	12/1 LB	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%
79075	Multicolor Tortellini	070670-008439	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%
79074	Raviollette	070670-008422	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%
79053	Spinach Nests	070670-007388	12/1 LB	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%
79073	Spinach Tortellini	070670-008415	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%
DAGOBA ORGANIC CHOCOLATE										
Chocolate Tasting Squares										
23016	★■☉ Lavender Blueberry, 59% Cacao	810474-002109	36/9 GR	15.08	0.42	CS	13.41	0.37	\$1.67	11.1%
23018	★■☉ Milk, 37% Cacao	810474-002017	36/9 GR	15.08	0.42	CS	13.41	0.37	\$1.67	11.1%
23013	★■☉ New Moon, 74% Cacao, Bittersweet	810474-002093	36/9 GR	15.08	0.42	CS	13.41	0.37	\$1.67	11.1%
23014	★■☉ Xocolatl, 74% Cacao, Chilies/Caco Nib	810474-002147	36/9 GR	15.08	0.42	CS	13.41	0.37	\$1.67	11.1%

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						Each	Case	Each	\$Disc %Disc

DANCING DEER BAKING CO.

POP Display

33203	■☉ Caramel Pecan Brownie	674971-544292	4/12/2 OZ	46.70	11.68	CS	41.66	10.42	\$5.04	10.8%
33202	■☉ Chocolate Chip Cookie	674971-104298	4/12/2 OZ	46.70	11.68	CS	41.66	10.42	\$5.04	10.8%
33204	■☉ Chocolate Chunk Brownie	674971-543295	4/12/2 OZ	46.70	11.68	CS	41.66	10.42	\$5.04	10.8%
33201	■☉ Molasses Clove Cookie	674971-101297	4/12/2 OZ	46.70	11.68	CS	41.66	10.42	\$5.04	10.8%

DANIELLE

Premium Hand Cooked Chips

67083	Crunchy Pumpkin	896719-000543	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67086	Divine Okra	896719-000291	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67089	Golden Durian	896719-000529	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67082	Honey Banana	896719-000598	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67081	Roasted Coconut	896719-000512	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67087	Royal Sweet Potato	896719-000284	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67085	Spicy Carrot	896719-000567	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67090	Sweet Jackfruit	896719-000581	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67084	Sweet Mango	896719-000536	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67080	Tangy Pineapple	896719-000574	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%
67088	Wild Taro	896719-000550	6/2 OZ	13.05	2.18	CS	11.61	1.94	\$1.44	11.0%

DE LA ESTANCIA

60682	★ Polenta	857565-000002	6/1 LB	19.53	3.26	CS	18.27	3.05	\$1.26	6.5%
63789	★ Polenta	857565-000002	6/17.64 OZ	19.90	3.32	CS	18.64	3.11	\$1.26	6.3%

DE LALLO

Italian Pickles/Peppers/Relish

33794	Red Peppers w/Garlic	072368-107516	12/12 OZ	24.43	2.04	CS	20.63	1.72	\$3.80	15.6%
33793	Red Peppers, Roasted	072368-107479	12/12 OZ	24.43	2.04	CS	20.63	1.72	\$3.80	15.6%

Organic Semolina Pasta

61953	✪ Acini Di Pepe #70, Whole Wheat	072368-508573	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61947	✪ Capellini #1, Whole Wheat	072368-508511	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61952	✪ Elbows #52, Whole Wheat	072368-508566	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
89509	✪ Fettuccine #9, Whole Wheat	072368-508917	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61950	✪ Fusilli #27, Whole Wheat	072368-508610	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61949	✪ Linguine #6, Whole Wheat	072368-508535	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
89508	✪ Orzo, Whole Wheat	072368-508924	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61951	✪ Penne Rigate #36, Whole Wheat	072368-508559	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61954	✪ Shells #91, Whole Wheat	072368-508603	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%
61948	✪ Spaghetti #4, Whole Wheat	072368-508528	16/16 OZ	32.86	2.05	CS	27.75	1.73	\$5.11	15.6%

Specialty Olives

20067	Stuffed, Almond	072368-174013	6/7 OZ	27.16	4.53	CS	22.94	3.82	\$4.22	15.5%
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DEBOLES

Elbows

28872	★☉ Corn Elbos, GF	087336-638152	12/12 OZ	25.92	2.16	CS	23.11	1.93	\$2.81	10.8%
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Kids Only! Pastas

65058	★☉ Alphabet	087336-444609	12/9.25 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
65059	☉★ Tubettini, Corn	087336-638305	12/8.5 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%

Natural Pasta

08349	☉☉ Angel Hair	087336-528149	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
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Penne

39500	★ Multi Grain, Gluten Free	087336-528729	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
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Rice Pastas

21521	★ Angel Hair Plus Golden Flax	087336-528156	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
08328	☉☉ Fettuccine	087336-528453	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
08327	★☉ Penne	087336-528712	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%

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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
DEBOLES, Cont.										
08348	☉ Spaghetti	087336-528835	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
08329	★ Spirls	087336-528897	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
Spaghetti										
28873	☉ Corn, WF	087336-638022	12/8 OZ	22.56	1.88	CS	20.11	1.68	\$2.45	10.9%
39501	★ Multi Grain, Gluten Free	087336-528842	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
DENNIS FARMS										
Nuts										
38194	Cashews, Maple Coated	641794-040119	8/4 OZ	18.54	2.32	CS	16.52	2.07	\$2.02	10.9%
38195	Mixed Nuts, Maple Coated	641794-180112	8/4 OZ	18.24	2.28	CS	16.19	2.02	\$2.05	11.2%
38193	Almonds, Maple Coated	641794-100110	8/4 OZ	21.31	2.66	CS	18.98	2.37	\$2.33	10.9%
21682	☉ Walnuts, Maple Coated	641794-320044	8/4 OZ	22.91	2.86	CS	20.40	2.55	\$2.51	11.0%
38197	Pecans, Maple Coated	641794-090114	8/4 OZ	25.04	3.13	CS	22.29	2.79	\$2.75	11.0%
24436	Maple Coated Almonds in Tray	641794-111246	4/12 OZ	34.95	8.74	CS	31.11	7.78	\$3.84	11.0%
24437	Maple Coated Cashews in Tray	641794-111253	4/12 OZ	34.95	8.74	CS	31.11	7.78	\$3.84	11.0%
24438	Maple Coated Mixed Nuts in Tray	641794-111260	4/12 OZ	34.95	8.74	CS	31.11	7.78	\$3.84	11.0%
24439	Maple Coated Pecans in Tray	641794-111277	4/12 OZ	41.83	10.46	CS	37.22	9.31	\$4.61	11.0%
24440	Maple Coated Nuts Shipper DS	641794-470138	32/4 OZ	86.70	86.70	CS	77.24	77.24	\$9.46	10.9%
DIVINE CHOCOLATE										
Fair Trade Certified										
Chocolate Bars										
63432	■ Dark Chocolate Raspberry	898596-001378	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
36989	■ Dark With Fruit & Nuts	898596-001088	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
32719	■ Dark With Mint Crisps	898596-001033	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
36960	■ Dark	898596-001026	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
36961	■ Milk	898596-001040	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
35591	■☉ White With Strawberries	898596-001170	10/3.5 OZ	24.00	2.40	CS	21.30	2.13	\$2.70	11.3%
DR KRACKER										
Culinary Crisps										
30531	■ Apple	895538-016025	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
30541	■ Cherry Semolina	895538-016032	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
30516	■ Fire Roasted	895538-016018	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
30542	■ Hummus Maximus	895538-016049	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
Flatbread										
66631	★ Klassic 3 Seed	895538-000017	6/7 OZ	18.16	3.03	CS	16.12	2.69	\$2.04	11.2%
66632	★ Pumpkin Seed Cheddar	895538-000024	6/7 OZ	18.16	3.03	CS	16.12	2.69	\$2.04	11.2%
66633	★ Seeded Spelt	895538-000048	6/7 OZ	18.16	3.03	CS	16.12	2.69	\$2.04	11.2%
66634	★ Seedlander	895538-000116	6/7 OZ	18.16	3.03	CS	16.12	2.69	\$2.04	11.2%
Snacker Crackers										
66635	★ Klassic 3 Seed	895538-017053	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
66636	★ Pumpkin Seed Cheddar	895538-017060	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
66637	★ Seeded Spelt	895538-017084	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
66638	★ Seedlander	895538-017145	6/6 OZ	16.80	2.80	CS	14.91	2.49	\$1.89	11.3%
DR. MCDUGALL'S										
Organic Light Boxed Oatmeals										
39623	★☉ Apple Cinnamon	767335-001026	6/8.5 OZ	17.06	2.84	CS	15.21	2.54	\$1.85	10.8%
39622	★☉ Maple Brown Sugar	767335-001019	6/10.7 OZ	17.06	2.84	CS	15.21	2.54	\$1.85	10.8%
39624	★☉ Original	767335-001002	6/9.9 OZ	17.06	2.84	CS	15.21	2.54	\$1.85	10.8%
Ready To Serve Aseptic Soups										
48331	★☉ Garden Vegetable, Light Sodium	767335-077793	6/17.9 OZ	11.92	1.99	CS	10.58	1.76	\$1.34	11.2%
48330	★☉ Lentil, Light Sodium	767335-077786	6/18 OZ	11.92	1.99	CS	10.58	1.76	\$1.34	11.2%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

DREW'S ALL NATURAL

Dressing/Marinade

19922	Soy Ginger	790874-373972	12/12 OZ	28.00	2.33	CS	24.85	2.07	\$3.15	11.3%
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EARNEST EATS

Baked Whole Food Bars

65311	■ Almond Trail Mix	891048-001001	12/1.9 OZ	13.58	1.13	CS	12.07	1.01	\$1.51	11.1%
65313	■ Apple Ginger	891048-001025	12/1.9 OZ	13.58	1.13	CS	12.07	1.01	\$1.51	11.1%
65314	■ Choco P'Nut Butter	891048-001032	12/1.9 OZ	13.58	1.13	CS	12.07	1.01	\$1.51	11.1%
65312	■ Cran Lemon Zest	891048-001018	12/1.9 OZ	13.58	1.13	CS	12.07	1.01	\$1.51	11.1%

Granola Planks

65317	■ Blueberry Vanilla	891048-001261	6/3 OZ	10.09	1.68	CS	8.96	1.49	\$1.13	11.2%
65316	■ Maple Almond Crunch	891048-001254	6/3 OZ	10.09	1.68	CS	8.96	1.49	\$1.13	11.2%
65318	■ Pomegranate Walnut Crisp	891048-001278	6/3 OZ	10.09	1.68	CS	8.96	1.49	\$1.13	11.2%

EARTHLY DELIGHTS

66905	★☉ Farro, Italian Pearled	897034-002144	6/12 OZ	23.92	3.99	CS	21.23	3.54	\$2.69	11.2%
66904	★ Quinoa, Premium 100% Whole Grain	897034-002045	6/14 OZ	23.92	3.99	CS	21.23	3.54	\$2.69	11.2%
66906	Wheat Berries, Red Winter, WG	897034-002151	6/14 OZ	23.92	3.99	CS	21.23	3.54	\$2.69	11.2%

EARTH'S BEST BABY FOODS

Organic Nutritional Bars

61101	★■☉ Mommy Double Chocolate Crunch	023923-201712	6/7.5 OZ	28.32	4.72	CS	25.13	4.19	\$3.19	11.3%
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EDEN FOODS

28227	☉ Mushrooms, Maitake, Dried & Sliced	024182-300178	.88 OZ	6.85	6.85	EA	6.09	6.09	\$0.76	11.1%
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Fruit Products

28224	☉ Cherry Butter, Montmorency Tart	024182-000788	8 OZ	7.47	7.47	EA	6.65	6.65	\$0.82	11.0%
37902	★☉ Applesauce	024182-000665	12/25 OZ	32.56	2.71	CS	29.17	2.43	\$3.39	10.4%
37901	★☉ Apple Butter	024182-000696	12/17 OZ	58.77	4.90	CS	52.34	4.36	\$6.43	10.9%

Macrobiotic Specialties, Traditional Japanese

19214	☉➡ Wasabi, Powdered	024182-002188	6/88 OZ	25.73	4.29	CS	22.88	3.81	\$2.85	11.1%
19221	➡ Ginger, Pickled	024182-301014	12/2.1 OZ	47.29	3.94	CS	42.07	3.51	\$5.22	11.0%
19215	☉➡ Kuzu Root Starch	024182-300116	12/3.5 OZ	72.12	6.01	CS	64.14	5.35	\$7.98	11.1%
19224	☉➡ Umeboshi Paste	024182-300130	12/7 OZ	88.97	7.41	CS	79.14	6.60	\$9.83	11.0%
19225	☉➡ Umeboshi Plums, Whole	024182-300161	12/7 OZ	146.63	12.22	CS	130.40	10.87	\$16.23	11.1%

Misos

65107	★☉ Genmai (Brown Rice)	024182-134643	12/12.1 OZ	81.21	6.77	CS	72.28	6.02	\$8.93	11.0%
65106	★☉ Mugi (Barley)	024182-130652	12/12.1 OZ	83.63	6.97	CS	74.43	6.20	\$9.20	11.0%
65109	★☉ Hacho (Soybean), Traditional	024182-120615	12/12.1 OZ	90.13	7.51	CS	80.21	6.68	\$9.92	11.0%
65108	★☉ Shiro (Rice)	024182-133608	12/12.1 OZ	97.65	8.14	CS	86.89	7.24	\$10.76	11.0%

Oils & Vinegars

19204	☉ Vinegar, Ume Plum	024182-425888	12/5 OZ	21.35	1.78	CS	19.05	1.59	\$2.30	10.8%
19203	★☉ Vinegar, Brown Rice	024182-420869	12/5 OZ	25.47	2.12	CS	22.71	1.89	\$2.76	10.8%
19207	☉ Vinegar, Ume Plum	024182-424195	12/10 OZ	33.58	2.80	CS	29.99	2.50	\$3.59	10.7%
19201	☉ Sesame Oil, Toasted	024182-000283	12/5 OZ	45.74	3.81	CS	40.73	3.39	\$5.01	11.0%
19206	★☉ Vinegar, Brown Rice	024182-422160	12/10 OZ	47.83	3.99	CS	42.64	3.55	\$5.19	10.9%
19202	☉ Sesame Oil, Hot Pepper	024182-000245	12/5 OZ	68.90	5.74	CS	61.31	5.11	\$7.59	11.0%
19205	☉ Sesame Oil, Toasted	024182-421293	12/10 OZ	92.78	7.73	CS	82.60	6.88	\$10.18	11.0%

Prepared Foods

21836	★○ Popcorn, Yellow	024182-000863	12/20 OZ	31.72	2.64	CS	28.33	2.36	\$3.39	10.7%
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Sea Vegetables

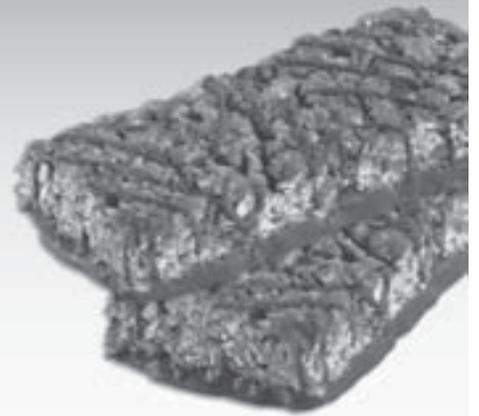
35430	☉ Daikon Radish, Dried & Shrd	024182-300154	3.5 OZ	3.99	3.99	EA	3.55	3.55	\$0.44	11.0%
35429	☉ Bonito Flakes, Cured, Steamed & Dried	024182-002164	1.05 OZ	5.02	5.02	EA	4.46	4.46	\$0.56	11.2%

Whole Grains

63083	★○ Millet	024182-021523	12/16 OZ	24.79	2.07	CS	22.15	1.85	\$2.64	10.6%
63082	★○ Buckwheat, Hulled	024182-021516	12/16 OZ	25.57	2.13	CS	22.84	1.90	\$2.73	10.7%
63089	★○ Spelt Flakes	024182-021639	12/16 OZ	35.41	2.95	CS	31.59	2.63	\$3.82	10.8%

★ = Gluten Free ☉ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ☉ = Vegan ☉ = Kosher ◆ = Vegetable Enzymes ☆ = Ethnic ○ = Non-GMO Project Verified

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS



INTRODUCING!

Organic Nutritional Mommy Bars

Nutrient Rich for Before, During, & After Pregnancy!

NEW EARTH'S BEST ORGANIC NUTRITIONAL MOMMY BARS are delicious, decadent and chewy bars packed with doctor recommended nutrients for before, during and after pregnancy. Developed with our board certified OB-GYN, these bars are also great as a protein pick-me-up anytime. They provide an excellent source of Iron, Folic Acid, Calcium, and 50 mg of DHA. Every delicious bar includes DHA—the Omega 3 essential fatty acids critical to a baby's eye & brain development.



**#1 Trusted Brand for Organic Baby Food
Now Great for Moms too!**

The Earth's Best Difference:

- ◆ USDA Certified Organic
- ◆ Contains 50 mg of DHA per serving
- ◆ Contains 440 mg ALA Per Serving
- ◆ Excellent Source of Calcium & Folic Acid
- ◆ Good Source of Protein—9g Per Serving
- ◆ Good Source of Fiber
- ◆ Kosher Certified
- ◆ Individually Wrapped Grab-and-Go Bars



Endorsed and developed in part by Dr. Austin Abramson, MA, MD, FACOG, a board certified Obstetrician-Gynecologist and Medical Director practicing at a major New York City Medical Center.



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55 South Service Road, Melville, NY 11747 • Tel (631) 730-2200 • Fax (631) 730-2551

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
EDWARD & SONS										
27996	★☆☆ Mashed Potatoes, Shipper DS	043182-501705	60/3.5 OZ	120.60	2.01	CS	107.14	1.79	\$13.46	11.2%
Bouillon										
21189	☆☆ Garden Veggie, Cubes	043182-003933	12/2.9 OZ	24.11	2.01	CS	21.42	1.79	\$2.69	11.2%
21188	☆☆ Not-Beef, Cubes	043182-003926	12/3.1 OZ	24.11	2.01	CS	21.42	1.79	\$2.69	11.2%
21187	☆☆ Not-Chick'n, Cubes	043182-003919	12/2.5 OZ	24.11	2.01	CS	21.42	1.79	\$2.69	11.2%
21190	☆☆ Veggie, Low Sodium, Cubes	043182-003940	12/2.2 OZ	24.11	2.01	CS	21.42	1.79	\$2.69	11.2%
Exotic Rice Toast										
62042	☆☆ Jasmine Rice & Spring Onion	043182-000611	12/2.25 OZ	21.68	1.81	CS	19.26	1.61	\$2.42	11.2%
62043	☆☆ Purple Rice & Black Sesame	043182-000628	12/2.25 OZ	21.68	1.81	CS	19.26	1.61	\$2.42	11.2%
62044	☆☆ Thai Red Rice & Flaxseeds	043182-000635	12/2.25 OZ	21.68	1.81	CS	19.26	1.61	\$2.42	11.2%
Let's Do Organic										
62269	☆☆ Cornstarch	043182-005296	6/6 OZ	12.15	2.03	CS	10.80	1.80	\$1.35	11.1%
21625	☆☆ Coconut Flakes	043182-005227	12/7 OZ	24.44	2.04	CS	21.75	1.81	\$2.69	11.0%
36152	☆☆ Coconut, Shredded	043182-005203	12/8 OZ	24.44	2.04	CS	21.75	1.81	\$2.69	11.0%
36153	☆☆ Coconut, Shredded, Lite	043182-005210	12/8.8 OZ	24.44	2.04	CS	21.75	1.81	\$2.69	11.0%
Let's Do . . .										
36185	☆☆ Carnival Sprinkelz	043182-005920	12/1 OZ	15.20	1.27	CS	13.50	1.13	\$1.70	11.2%
36184	☆☆ Chocolate Sprinkelz	043182-005913	12/1 OZ	15.20	1.27	CS	13.50	1.13	\$1.70	11.2%
36186	☆☆ Confetti Sprinkelz	043182-005937	12/1 OZ	15.20	1.27	CS	13.50	1.13	\$1.70	11.2%
Miso Cups										
36424	☆☆ Japanese Restaurant Style	043182-000987	6/2.9 OZ	15.26	2.54	CS	13.55	2.26	\$1.71	11.2%
36170	☆☆ Reduced Sodium	043182-000918	12/1 OZ	32.07	2.67	CS	28.48	2.37	\$3.59	11.2%
36171	☆☆ With Tofu	043182-000925	12/1.3 OZ	32.07	2.67	CS	28.48	2.37	\$3.59	11.2%
65044	☆☆ Original Golden	011206-000930	12/2.5 OZ	44.13	3.68	CS	39.19	3.27	\$4.94	11.2%
65046	☆☆ Seaweed	011206-000947	12/2.5 OZ	44.13	3.68	CS	39.19	3.27	\$4.94	11.2%
Potatoes										
63199	☆☆ Mashed, Chreesy	043182-000727	6/3.5 OZ	12.06	2.01	CS	10.71	1.79	\$1.35	11.2%
63197	☆☆ Mashed, Home Style	043182-000703	6/3.5 OZ	12.06	2.01	CS	10.71	1.79	\$1.35	11.2%
63198	☆☆ Mashed, Roasted Garlic	043182-000710	6/3.5 OZ	12.06	2.01	CS	10.71	1.79	\$1.35	11.2%
Rice Snax										
65027	☆☆ Bar-B-Que	043182-000239	6/2.8 OZ	8.11	1.35	CS	7.21	1.20	\$0.90	11.1%
65024	☆☆ Lightly Salted	043182-000208	6/2.8 OZ	8.11	1.35	CS	7.21	1.20	\$0.90	11.1%
65025	☆☆ Onion Garlic	043182-000215	6/2.8 OZ	8.11	1.35	CS	7.21	1.20	\$0.90	11.1%
65026	☆☆ Salt & Vinegar	043182-000222	6/2.8 OZ	8.11	1.35	CS	7.21	1.20	\$0.90	11.1%
EMBODI										
38530	Blueberry Pomegranate	892435-001017	12/8 OZ	22.00	1.83	CS	19.55	1.63	\$2.45	11.1%
38532	Citrus Sangria	892435-001031	12/8 OZ	22.00	1.83	CS	19.55	1.63	\$2.45	11.1%
38531	Goji Berry	892435-001024	12/8 OZ	22.00	1.83	CS	19.55	1.63	\$2.45	11.1%
EMERALD FOREST SUGAR										
Sweetener										
62818	Erythritol	858320-000145	6/1 LB	37.24	6.21	CS	33.14	5.52	\$4.10	11.0%
26252	Xylitol	858320-000077	6/1 LB	37.24	6.21	CS	33.14	5.52	\$4.10	11.0%
26254	Xylitol, Individual Packets	858320-000053	6/100 CT	42.27	7.05	CS	37.62	6.27	\$4.65	11.0%
26250	Xylitol	858320-000022	6/2 LB	75.06	12.51	CS	66.82	11.14	\$8.24	11.0%
ENJOY LIFE										
Boom Choco Boom Chocolate Bars										
61826	☆☆ Dark Chocolate, Dairy Free	853522-000726	24/1.4 OZ	30.88	1.29	CS	27.55	1.15	\$3.33	10.8%
61825	☆☆ Rice Milk w/Crispy Rice, DF	853522-000719	24/1.4 OZ	30.88	1.29	CS	27.55	1.15	\$3.33	10.8%
61824	☆☆ Rice Milk, Dairy Free	853522-000702	24/1.4 OZ	30.88	1.29	CS	27.55	1.15	\$3.33	10.8%
Cereal										
35665	☆☆ Cinnamon Crunch Granola, Nut Free	853522-000061	6/12.8 OZ	25.07	4.18	CS	22.52	3.75	\$2.55	10.2%
35659	☆☆ Cranapple Crunch	853522-000085	6/12.8 OZ	25.07	4.18	CS	22.52	3.75	\$2.55	10.2%
35666	☆☆ Very Berry Granola, Nut Free	853522-000078	6/12.8 OZ	25.07	4.18	CS	22.52	3.75	\$2.55	10.2%

★ = Gluten Free ⊕ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♪ = Vegan ⊙ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
ENRICO'S											
Pasta Sauce											
20844	■ Garlic Marinara	073316-432346	12/26 OZ	27.20	2.27	CS	24.14	2.01	\$3.06	11.3%	
22260	■ Sicilian	073316-432506	12/26 OZ	27.20	2.27	CS	24.14	2.01	\$3.06	11.3%	
20815	⊙ Traditional	073316-432056	12/26 OZ	27.20	2.27	CS	24.14	2.01	\$3.06	11.3%	
20817	⊙ Traditional, No Salt	073316-432100	12/26 OZ	27.20	2.27	CS	24.14	2.01	\$3.06	11.3%	
20864	★■ Classic Marinara	073316-432445	12/26 OZ	33.28	2.77	CS	29.54	2.46	\$3.74	11.2%	
20865	■ Vodka Marinara	073316-432704	12/26 OZ	42.72	3.56	CS	37.91	3.16	\$4.81	11.3%	
Pizza Sauce											
20808	⊙ Regular	073316-431165	12/15.5 OZ	23.20	1.93	CS	20.59	1.72	\$2.61	11.3%	
EQUAL EXCHANGE											
"Fairly Traded Gourmet" Chocolate Bars											
34652	★■ Dark With Almonds, 55% Cacao	745998-903031	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
20041	★■ Dark With Orange, 65% Cacao	745998-903079	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
20046	★■ Extra Dark, Panama, 80% Cacao	745998-903086	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
34650	★■ Milk, 38% Cacao	745998-903017	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
34651	★■ Very Dark, 71% Cacao	745998-903024	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
34655	★■ With Espresso Bean, 55% Cacao	745998-903062	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
34654	★■ With Mint, 67% Cacao	745998-903055	12/3.5 OZ	36.80	3.07	CS	32.66	2.72	\$4.14	11.3%	
"Fairly Traded Gourmet" Cocoa											
25055	★⊙ Baking	745998-901013	6/8 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%	
25035	★⊙ Hot Mix	745998-902027	6/12 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%	
62507	★■⊙ Spicy Mix	745998-902133	6/12 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%	
62508	★■⊙ Drinking Chocolate 57% Cacao	745998-902157	6/13 OZ	46.00	7.67	CS	40.82	6.80	\$5.18	11.3%	
"Fairly Traded Pyramid" Tea											
62503	⊕ Breakfast Blend	745998-500322	6/16 BAG	20.00	3.33	CS	17.75	2.96	\$2.25	11.3%	WSL
62505	⊕ Ceylon Chai	745998-500346	6/16 BAG	20.00	3.33	CS	17.75	2.96	\$2.25	11.3%	
62504	⊕ Ceylon Green	745998-500339	6/16 BAG	20.00	3.33	CS	17.75	2.96	\$2.25	11.3%	
62506	⊕ Darjeeling Black	745998-500308	6/16 BAG	20.00	3.33	CS	17.75	2.96	\$2.25	11.3%	WSL
62509	⊕ Wild Rooibos	745998-500360	6/16 BAG	20.00	3.33	CS	17.75	2.96	\$2.25	11.3%	
"Fairly Traded" Tea											
25129	⊕ Earl Grey	745998-500032	6/25 BAG	17.20	2.87	CS	15.26	2.54	\$1.94	11.3%	
25128	⊕ English Breakfast Blend	745998-500018	6/25 BAG	17.20	2.87	CS	15.26	2.54	\$1.94	11.3%	
25127	⊕ Green	745998-500025	6/25 BAG	17.20	2.87	CS	15.26	2.54	\$1.94	11.3%	
25145	⊕ Irish Breakfast	745998-500056	6/25 BAG	17.20	2.87	CS	15.26	2.54	\$1.94	11.3%	
25146	⊕ Rooibos	745998-500070	6/25 BAG	18.40	3.07	CS	16.33	2.72	\$2.07	11.3%	
EREWHON											
Cereal											
30297	★☆ Cocoa Crispy Brown Rice	041653-012071	6/10.5 OZ	19.73	3.29	CS	17.55	2.93	\$2.18	11.0%	
30309	★☆ Strawberry Crisp	041653-012118	6/11.5 OZ	19.73	3.29	CS	17.55	2.93	\$2.18	11.0%	
52252	★⊙ Raisin Bran	041653-012200	12/15 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
Wheat Free Cereal											
52271	★⊙★⊙ Corn Flakes	041653-012293	12/11 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
52251	★⊙ Crispy Brown Rice	041653-012002	12/10 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
20179	★☆⊙ Crispy Brown Rice, Gluten Free	041653-012033	12/10 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
52255	★⊙ Crispy Brown Rice, LS	041653-012026	12/10 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
52259	★☆⊙ Rice Twice	041653-012941	12/10 OZ	37.94	3.16	CS	33.74	2.81	\$4.20	11.1%	
23922	★⊙ Crispy Brn Rice w/Mixed Berries	041653-012101	12/10 OZ	39.39	3.28	CS	35.02	2.92	\$4.37	11.1%	
EX DRINKS											
30011	■ Ex Chill	891519-001134	24/8.4 OZ	33.27	1.39	CS	29.53	1.23	\$3.74	11.2%	
30012	■ Ex Pure Energy	891519-001011	24/8.4 OZ	33.27	1.39	CS	29.53	1.23	\$3.74	11.2%	

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 † = Made With 70-94% Organic Ingredients ‡ = Vegan ⊙ = Kosher ⊖ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

FARMERS MARKET

Canned Vegetables

25625	✿ Butternut Squash	638882-002104	12/15 OZ	23.40	1.95	CS	20.97	1.75	\$2.43	10.4%
25620	✿ Pumpkin Puree	638882-002005	12/15 OZ	24.35	2.03	CS	21.92	1.83	\$2.43	10.0%
25622	✿ Sweet Potato Puree	638882-002036	12/15 OZ	23.40	1.95	CS	20.97	1.75	\$2.43	10.4%
25621	★ Pumpkin Pie Mix	638882-002043	12/15 OZ	27.45	2.29	CS	24.67	2.06	\$2.78	10.1%

FATTORIE & PANDEA

Crackers

25668	Fornini Blk Pepper/Sea Salt Sticks	072248-233571	6/4.4 OZ	13.67	2.28	CS	12.17	2.03	\$1.50	11.0%
25646	Fornini Rosemary & Sea Salt Sticks	072248-233526	6/4.4 OZ	13.67	2.28	CS	12.17	2.03	\$1.50	11.0%
25650	Fornini Sesame & Sea Salt Sticks	072248-233540	6/4.4 OZ	13.67	2.28	CS	12.17	2.03	\$1.50	11.0%

FEARLESS CHOCOLATE

Raw Organic Chocolate Bars

35757	★🌿 Expolding Coconuts 70% Cacao	891475-002138	11/2 OZ	43.91	3.99	CS	39.04	3.55	\$4.87	11.1%
35759	★🌿 Hibiscus Ginger 70% Cacao	891475-002145	11/2 OZ	43.91	3.99	CS	39.04	3.55	\$4.87	11.1%
35756	★🌿 Matcha Peppermint 70% Cacao	891475-002121	11/2 OZ	43.91	3.99	CS	39.04	3.55	\$4.87	11.1%
35755	★🌿 Midnight 75% Cacao	891475-002114	11/2 OZ	43.91	3.99	CS	39.04	3.55	\$4.87	11.1%
35758	★🌿 Super Seeds 70% Cacao	891475-002152	11/2 OZ	43.91	3.99	CS	39.04	3.55	\$4.87	11.1%

FEED

65566	🌿 3 Flavor Cereal Shpr	857265-001002	48/12 OZ	192.64	4.01	CS	171.76	3.58	\$20.88	10.8%
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Whole Grain Granola

65564	Apple A Day	857265-001125	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
65565	Bittersweet-ness	857265-001132	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
50390	🌿 Blueberry Almond Crunch	857265-001446	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
65562	🌿 Blueberry Almond Crunch	857265-001040	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
50392	🌿 Cranberry Coconut Crunch	857265-001460	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
65563	🌿 Cranberry Coconut Crunch	857265-001064	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
50391	🌿 Raisin Nut Crunch	857265-001422	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
65561	🌿 Raisin Nut Crunch	857265-001026	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%
65502	🌿 Sweet Mango	857265-001354	6/12 OZ	24.08	4.01	CS	21.47	3.58	\$2.61	10.8%

FINN CRISP

Cracker/Bread Specialty Crackers

66939	Plus Five Whole Grains Thins	605870-001234	9/6.78 OZ	22.95	2.55	CS	20.48	2.28	\$2.47	10.8%
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FLAVORGANICS

Extracts

32036	★🌿 Almond	651170-001085	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32023	★🌿 Anise	651170-001184	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32027	★🌿 Chocolate	651170-001092	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32025	★🌿 Coconut	651170-001207	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32028	★🌿 Coffee	651170-001108	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32029	★🌿 Hazelnut	651170-001115	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32035	★🌿 Lemon	651170-001078	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32033	★🌿 Orange	651170-001061	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32034	★🌿 Peppermint	651170-001054	2 OZ	3.84	3.84	EA	3.29	3.29	\$0.55	14.3%
32030	★🌿 Vanilla	651170-001009	2 OZ	4.10	4.10	EA	3.51	3.51	\$0.59	14.4%
32031	★🌿 Vanilla	651170-001030	4 OZ	7.67	7.67	EA	6.56	6.56	\$1.11	14.5%
32032	★🌿 Vanilla	651170-001047	8 OZ	14.66	14.66	EA	12.53	12.53	\$2.13	14.5%

Special Order Only

32015	★★* Holiday Shipper Vanilla/Almond	651170-060204	72/2 OZ	286.73	3.98	CS	245.21	3.41	\$41.52	14.5%
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Syrups

32082	★🌿🌿 Amaretto	651170-065056	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%
32083	★🌿🌿 Caramel	651170-065063	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%

★ = Gluten Free 🌿 = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ✿ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients 🌿 = Vegan 🌿 = Kosher ✨ = Vegetable Enzymes ✨ = Ethnic ○ = Non-GMO Project Verified

RAW ORGANIC CHOCOLATE FEARLESS



75% Midnight



70% Matcha Mint



70% Super Seeds



70% COCONUT



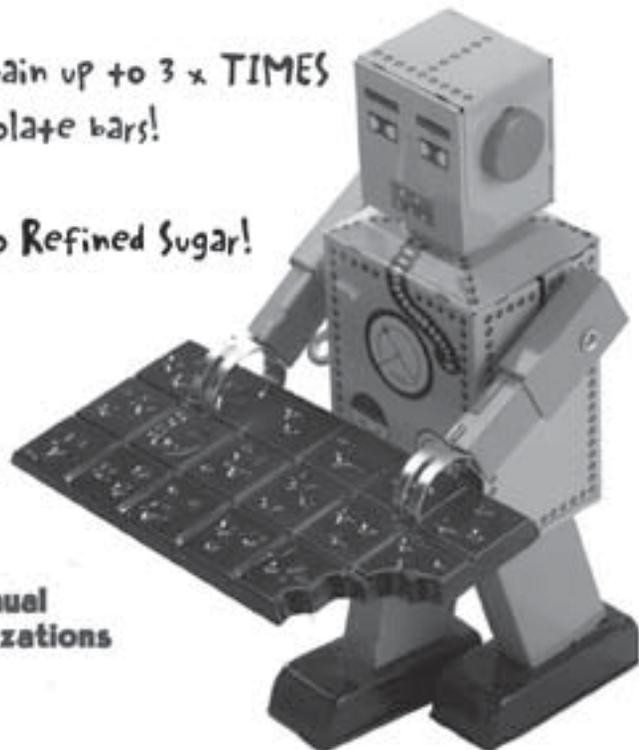
70% HibiscusGinger

Did You KNOW?

- * Fearless RAW ORGANIC Chocolate bars contain up to 3 x TIMES the ANTI-OXIDANT POWER of roasted chocolate bars!
- * Dairy Free + Gluten Free + GMO Free + No Refined Sugar!
- * Certified FAIR TRADE in 2009!
- * Made with KOSHER Ingredients!



FEARLESS devotes 1% of its annual profits to changemaking organizations suggested by our customers!



www.FEARLESSCHOCOLATE.COM + P/888.356.4527 + EATME@FEARLESSCHOCOLATE.COM

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

FLAVORGANICS, Cont.

32078	★◆◇ French Vanilla	651170-065018	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%
32079	★◆◇ Hazelnut	651170-065025	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%
32080	★◆◇ Irish Creme	651170-065032	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%
32081	★◆◇ Raspberry	651170-065049	6/8.5 OZ	32.25	5.38	CS	28.06	4.68	\$4.19	13.0%

FLORIDA CRYSTALS

Natural Sugar

33378	Milled Cane, Jug, 3#	075779-236806	6/48 OZ	25.28	4.21	CS	22.59	3.77	\$2.69	10.6%
39435	★◇ Demerara Cane, Jug	075779-920002	6/44 OZ	28.36	4.73	CS	25.31	4.22	\$3.05	10.8%
39436	★ Cane, Jug	075779-311107	6/48 OZ	29.44	4.91	CS	26.28	4.38	\$3.16	10.7%

WSL

FLORIDA'S NATURAL

Natural Confections

62011	★◆◇ Strawberry	660973-181108	6/1.8 OZ	8.72	1.45	CS	7.74	1.29	\$0.98	11.2%
62161	★ Assorted	660973-281174	8/5 OZ	23.47	2.93	CS	20.83	2.60	\$2.64	11.2%
62162	★ Assorted	660973-281167	8/5 OZ	23.47	2.93	CS	20.83	2.60	\$2.64	11.2%

Pocket Fruit-To-Go Nuggets

62009	★◆◇ Blueberry	660973-181115	6/1.8 OZ	8.72	1.45	CS	7.74	1.29	\$0.98	11.2%
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Pocket Fruit-To-Go Stiks

62012	★◆◇ Blueberry	660973-181146	12/1.7 OZ	17.44	1.45	CS	15.48	1.29	\$1.96	11.2%
62014	★◆◇ Strawberry	660973-181139	12/1.7 OZ	17.44	1.45	CS	15.48	1.29	\$1.96	11.2%

FRONTERA

All Natural Tortilla Chips

64642	Blue Corn	604183-180209	12/10 OZ	22.94	1.91	CS	20.42	1.70	\$2.52	11.0%
64644	Restaurant Style	604183-180704	12/10 OZ	22.94	1.91	CS	20.42	1.70	\$2.52	11.0%
64643	Sea Salt & Lime	604183-180506	12/10 OZ	22.94	1.91	CS	20.42	1.70	\$2.52	11.0%
64641	Thick & Crunchy	604183-180100	12/12 OZ	22.94	1.91	CS	20.42	1.70	\$2.52	11.0%

Classic Mexican Salsas

19862	■ Chipotle, Hot	604183-110107	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19855	Corn & Poblano, Medium	604183-130303	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19856	Double Roasted Tomato, Medium	604183-130402	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19864	Habanero, Hot	604183-110305	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19865	Jalapeno Cilantro, Medium	604183-110404	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19854	Rustic Guajillo, Medium	604183-130204	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19866	■ Tomatillo, Medium	604183-110503	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%

Gourmet Mexican Soups

64301	Black Bean Tomato	604183-122148	6/16 OZ	16.95	2.83	CS	15.15	2.53	\$1.80	10.6%
64297	■ Classic Tortilla	604183-122100	6/16 OZ	16.95	2.83	CS	15.15	2.53	\$1.80	10.6%
64300	■ New Mexico 3 Bean Chili	604183-122131	6/16 OZ	16.95	2.83	CS	15.15	2.53	\$1.80	10.6%
64298	■ Roasted Tomato	604183-122117	6/16 OZ	16.95	2.83	CS	15.15	2.53	\$1.80	10.6%
64299	Roasted Vegetable	604183-122124	6/16 OZ	16.95	2.83	CS	15.15	2.53	\$1.80	10.6%
64477	■ Soup: Tortilla/Roasted Tomato	604183-122926	40/16 OZ	113.00	2.83	CS	101.00	2.53	\$12.00	10.6%

Guacamole Mix

21918	■ Jar	604183-110565	12/8 OZ	28.06	2.34	CS	25.06	2.09	\$3.00	10.7%
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Skillet Sauces

19863	Roasted Tomato, Mild	604183-110206	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
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FUNKY MONKEY SNACKS

Fruit That Crunches

64990	◇ Applemon	855679-000314	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
38558	★◇ Bananamon	855679-000284	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
39810	◆★◇ Carnival Mix	855679-000277	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
38559	★◇ Jivealime	855679-000291	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
64991	◇ MangOJ	855679-000321	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
64992	★◇ Pink Pineapple	855679-000338	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
38560	★◇ Purple Funk	855679-000307	12/1 OZ	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%

★ = Gluten Free ◇ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ◆ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Funky Monkey Snacks

Funky Monkey's freeze-dried "fruit that crunches" is 100% natural, 100% real fruit, and 100% delicious

3 Servings of Fruit in Every 1 oz bag!



The Funky Monkey message you to discover the fun of fruit that crunches has a delicious, healthy snack with the taste and goodness of freshly picked, real fruit.

Natural and nutritious. The Funky Monkey believes that snacks should be the way nature intended, with no added sugar, preservatives, coloring or flavoring.

Funky Monkey snacks are freeze-dried, a unique and modern process that maintains nearly all of the flavor and nutrients found in fresh fruit, unlike other types of fruit-based snacks.

Discover Funky Monkey - **FRUIT THAT CRUNCHES!**

MONKEY'S Fruited Snacks - Mango

Nutrition Facts
Serving Size 1 oz (28g)

Amount Per Serving		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Sugar	0g	0%
Total Crystallizable Sugar	0g	0%
Dietary Fiber	1g	2%
Protein	0g	0%

*Percent Daily Values are based on a diet of real fruit.

Ingredients: Funky Monkey Snacks
Fruited Snacks - Mango
www.funky-monkey.com

Made in Brazil

- All Natural
- Vegan
- Raw Food
- Gluten Free

The Funky Monkey message you to discover the fun of fruit that crunches has a delicious, healthy snack with the taste and goodness of freshly picked, real fruit.

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Discover Funky Monkey - **FRUIT THAT CRUNCHES!**

MONKEY'S Fruited Snacks - Pink Pineapple

Nutrition Facts
Serving Size 1 oz (28g)

Amount Per Serving		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Sugar	0g	0%
Total Crystallizable Sugar	0g	0%
Dietary Fiber	1g	2%
Protein	0g	0%

*Percent Daily Values are based on a diet of real fruit.

Ingredients: Funky Monkey Snacks
Fruited Snacks - Pink Pineapple
www.funky-monkey.com

Made in Brazil

- 95% Organic
- All Natural
- Vegan
- Raw Food
- Gluten Free

The Funky Monkey message you to discover the fun of fruit that crunches has a delicious, healthy snack with the taste and goodness of freshly picked, real fruit.

Natural and nutritious. The Funky Monkey believes that snacks should be the way nature intended, with no added sugar, preservatives, coloring or flavoring.

Funky Monkey snacks are freeze-dried, a unique and modern process that maintains nearly all of the flavor and nutrients found in fresh fruit, unlike other types of fruit-based snacks.

Discover Funky Monkey - **FRUIT THAT CRUNCHES!**

MONKEY'S Fruited Snacks - Applemon

Nutrition Facts
Serving Size 1 oz (28g)

Amount Per Serving		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Sugar	0g	0%
Total Crystallizable Sugar	0g	0%
Dietary Fiber	1g	2%
Protein	0g	0%

*Percent Daily Values are based on a diet of real fruit.

Ingredients: Funky Monkey Snacks
Fruited Snacks - Applemon
www.funky-monkey.com

Made in Brazil

- All Natural
- Vegan
- Raw Food
- Gluten Free

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

GARDEN OF EATIN`

Popped Tortilla Chips

64728	☞	Blues w/ Sea Salt	015839-009421	12/3 OZ	28.32	2.36	CS	25.55	2.13	\$2.77	9.8%
64729	☞	Tortillas w/ Sea Salt	015839-009445	12/3 OZ	28.32	2.36	CS	25.55	2.13	\$2.77	9.8%

GARDENTIME

Four Color Pasta

37462	★	Bowties	082306-005200	12/10 OZ	27.74	2.31	CS	25.70	2.14	\$2.04	7.4%
37463	★	Corkscrews	082306-005217	12/10 OZ	27.74	2.31	CS	25.70	2.14	\$2.04	7.4%
37461	★	Potpourri	082306-005262	12/10 OZ	27.74	2.31	CS	25.70	2.14	\$2.04	7.4%
37466	★	Shells	082306-005231	12/10 OZ	27.74	2.31	CS	25.70	2.14	\$2.04	7.4%
37465	★	Spirals	082306-005248	12/10 OZ	27.74	2.31	CS	25.70	2.14	\$2.04	7.4%

Organic Pasta

08271	★	Angel Hair	082306-006016	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
36379	★	Elbows	082306-006313	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
32417	★	Fettuccini w/Spinach	082306-050064	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08265	★	Fettucini	082306-006061	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08286	★	Linguini	082306-006108	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
26402	★	Orzo	082306-006146	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
32829	✪	Pappardelle	082306-006344	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08287	★	Penne	082306-006153	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08285	★	Ribbons	082306-006054	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
32416	★	Ribbons, Fancy w/Spinach	082306-050057	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08288	★	Rigatoni	082306-006207	12/11 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08289	★	Spaghetti	082306-006306	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
08279	★	Manicotti	082306-006122	12/7.5 OZ	32.49	2.71	CS	30.09	2.51	\$2.40	7.4%
08275	★	Lasagne	082306-006092	12/16 OZ	39.15	3.26	CS	36.27	3.02	\$2.88	7.4%

Organic Semolina With Egg Pasta

36385	★	Fancy Ribbons	082306-008058	12/10 OZ	32.49	2.71	CS	30.09	2.51	\$2.40	7.4%
36378	✪	Pappardelle	082306-008065	12/10 OZ	32.49	2.71	CS	30.09	2.51	\$2.40	7.4%

Organic Whole Wheat Pasta

33601	✪	Fancy Ribbons	082306-019320	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
33602	✪	Fancy Ribbons, Spinach	082306-019337	12/10 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
36585	★	Orzo	082306-019313	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%
26490	★	Penne	082306-019153	12/12 OZ	26.16	2.18	CS	24.24	2.02	\$1.92	7.3%

GARLIC GOLD

Garlic

34263	★	Nuggets w/Italian Seasoning	826804-008833	6/1.6 OZ	18.10	3.02	CS	16.08	2.68	\$2.02	11.2%
34261	★	Nuggets w/Parmesan	826804-008819	6/2.2 OZ	18.10	3.02	CS	16.08	2.68	\$2.02	11.2%
34262	★	Nuggets w/Sea Salt	826804-008826	6/2.3 OZ	18.10	3.02	CS	16.08	2.68	\$2.02	11.2%
34215	★	Nuggets	826804-008888	6/2.1 OZ	18.10	3.02	CS	16.08	2.68	\$2.02	11.2%

Oil

34216	★	Garlic Infused	826804-007775	6/250 ML	40.85	6.81	CS	36.36	6.06	\$4.49	11.0%
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Sprinkles

34214	★	Small Nuggets	826804-009991	6/3.75 OZ	27.20	4.53	CS	24.18	4.03	\$3.02	11.1%
34213	★	Large Nuggets	826804-004446	6/6.4 OZ	36.19	6.03	CS	32.19	5.37	\$4.00	11.1%

GARVEY`S

Mixes

21699	★	Scone, Traditional	768488-100192	12/9 OZ	28.88	2.41	CS	25.82	2.15	\$3.06	10.6%
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★ = Gluten Free ☞ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ✪ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ✦ = Vegetable Enzymes ✨ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS SUPPLEMENTS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
GENISOY PRODUCTS CO.										
84316	Arctic Frost Crispy Chocolate Mint	635992-042006	12/2.2 OZ	12.87	1.07	CS	10.97	0.91	\$1.90	14.8%
84376	■ Obsession Fudge Cookies & Cream	635992-042402	12/2.2 OZ	12.87	1.07	CS	10.97	0.91	\$1.90	14.8%
84377	■ Pure Golden Honey Creamy Peanut Yogurt	635992-042501	12/2.2 OZ	12.87	1.07	CS	10.97	0.91	\$1.90	14.8%
84364	■ Ult Chocolate Fudge Brownie	635992-041207	12/2.2 OZ	12.87	1.07	CS	10.97	0.91	\$1.90	14.8%
Protein Bars										
84378	■ Chunky Peanut Butter	635992-041405	12/2.2 OZ	12.87	1.07	CS	10.97	0.91	\$1.90	14.8%
Soy Crisps										
66362	Multigrain, Lightly Salted	635992-052005	12/3.5 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
66363	Multigrain, Naked	635992-052104	12/3.5 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
66364	Multigrain, Rosemary & Olive Oil	635992-052203	12/3.5 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
66361	■ Sweet, Chocolate Mint	635992-061151	12/3.52 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
63106	■ Sweet, Chocolate	635992-061007	12/3.52 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
63107	■ Sweet, Cinnamon Streusel	635992-061106	12/3.52 OZ	24.66	2.06	CS	21.96	1.83	\$2.70	10.9%
60453	☉ Apple Cinnamon Crunch	635992-044604	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60454	☉ Creamy Ranch	635992-043102	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60452	☉ Deep Sea Salted	635992-043300	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60456	☉ Rich Cheddar Cheese	635992-044406	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60455	☉ Roasted Garlic & Onion	635992-043201	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60458	☉ Tangy Salt `N Vinegar	635992-044505	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
60459	☉ Zesty Barbeque	635992-043003	12/3.85 OZ	24.66	2.06	CS	21.06	1.76	\$3.60	14.6%
Soy Nuts										
63273	Deep Sea Salted	635992-045106	12/5 OZ	16.55	1.38	CS	14.75	1.23	\$1.80	10.9%
63275	Zesty Barbeque	635992-045120	12/5 OZ	16.55	1.38	CS	14.15	1.18	\$2.40	14.5%
GEROLSTEINER										
Waters										
31130	Mineral, From Germany	075502-000018	12/33.8 OZ	22.36	1.86	CS	20.16	1.68	\$2.20	9.8%
GIA RUSSA										
Select Sauces										
33960	Alla Vodka	026825-008915	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33964	Artichoke	026825-008892	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33961	Hot Sicilian	026825-008922	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33962	Marinara	026825-008939	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33963	Mushroom	026825-008946	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33965	Putanesca	026825-008885	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33959	Tomato And Basil	026825-008908	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
34641	Artichoke	026825-012011	12/10 OZ	63.52	5.29	CS	56.37	4.70	\$7.15	11.3%
34640	Sweet Pepper	026825-012004	12/10 OZ	63.52	5.29	CS	56.37	4.70	\$7.15	11.3%
Specialty Pasta										
33956	Polenta, Instant	026825-009684	12/9.2 OZ	25.27	2.11	CS	22.43	1.87	\$2.84	11.2%
Whole Wheat Pasta										
33929	Egg Lasagna	026825-004092	12/9 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33948	Penne Rigate	026825-004030	12/16 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33949	Rotini	026825-004047	12/16 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33947	Linguine	026825-004023	20/16 OZ	47.20	2.36	CS	41.89	2.09	\$5.31	11.3%
33958	Spaghetti	026825-004078	20/16 OZ	47.20	2.36	CS	41.89	2.09	\$5.31	11.3%
GINGER PEOPLE										
Crystallized Ginger										
21471	☉ Original	734027-920019	12/4 OZ	29.07	2.42	CS	25.85	2.15	\$3.22	11.1%
22235	■ Sweet Hot Snack, Slices	734027-901421	12/4.5 OZ	29.07	2.42	CS	25.85	2.15	\$3.22	11.1%
21462	■ Candy, Bags	734027-905016	24/3.5 OZ	34.42	1.43	CS	30.60	1.28	\$3.82	11.1%
Ginger Candy										
61520	■ Chews, GinGins Boost	734027-905078	24/3 OZ	31.97	1.33	CS	28.43	1.18	\$3.54	11.1%
21460	■ Chews, Original, Bag	734027-905023	24/3 OZ	34.42	1.43	CS	30.60	1.28	\$3.82	11.1%

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Introducing Genisoy Multigrain Crisps

With three grams of protein and healthy whole grains in every serving, our new Multigrain Crisps are a great tasting, better-for-you treat. Our crisps combine a unique crunch with unique flavor profiles, such as Rosemary and Olive Oil, for one of the best tasting snacks available. Give your customers something truly different, order your Genisoy Multigrain Crisps today.

Available in three delicious varieties:

Lightly Salted

Naked

Rosemary and Olive Oil



1.888.GENISOY (1.888.436.4769)

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/EA	Sale				
			Size	Case		Each	Case	Each	\$Disc	%Disc
GINGER PEOPLE, Cont.										
21461	■ Chews, Spicy Apple, Bag	734027-905030	24/3 OZ	34.42	1.43	CS	30.60	1.28	\$3.82	11.1%
21448	GinGins	734027-905054	24/3 OZ	34.42	1.43	CS	30.60	1.28	\$3.82	11.1%
21456	■ Chews, Original	734027-901452	12/4.5 OZ	29.07	2.42	CS	23.70	1.98	\$5.37	18.5%
Ginger Soother										
21470	⊕ Original	734027-995000	24/12 OZ	29.41	1.23	CS	25.47	1.06	\$3.94	13.4%
21583	■ `Gizer	734027-995024	24/12 OZ	29.41	1.23	CS	25.47	1.06	\$3.94	13.4%
GIVE										
Give Energy Beverage										
66400	✳️⊕ Pear Apple Cherry, Lite	898785-001134	12/16 OZ	17.73	1.48	CS	15.84	1.32	\$1.89	10.7%
66399	✳️⊕ Tangerine Melon, Lite	898785-001141	12/16 OZ	17.73	1.48	CS	15.84	1.32	\$1.89	10.7%
GLACIA										
Norwegian Arctic Spring Water										
31238	Ice Box	827912-084832	6/1 LTR	10.56	1.76	CS	9.36	1.56	\$1.20	11.4%
31237	JR Ice Box	827912-084849	12/500 ML	13.92	1.16	CS	12.36	1.03	\$1.56	11.2%
43844	Ice Box	827912-037838	4/5 LTR	29.33	7.33	CS	26.03	6.51	\$3.30	11.3%
GLORYBEE										
Agavestix										
33250	★ Fruit Mix	030042-720253	16/5 PK	14.14	0.88	CS	12.59	0.79	\$1.55	11.0%
33249	★ Natural	030042-720208	16/5 PK	14.14	0.88	CS	12.59	0.79	\$1.55	11.0%
65278	★⊕ Multi-Flavor, Canister	030042-027093	200/1 EA	18.82	0.09	CS	16.74	0.08	\$2.08	11.1%
Honeystix										
33266	Orchard Blend	030042-720031	16/5 PK	14.07	0.88	CS	12.53	0.78	\$1.54	10.9%
33268	★ Clover	030042-720024	16/5 PK	16.22	1.01	CS	14.44	0.90	\$1.78	11.0%
33100	Multi Flavor Cannister	030042-847004	200/1 EA	20.93	0.10	CS	18.64	0.09	\$2.29	10.9%
GLUTEN FREE CAFE										
Canned Soup										
65013	Black Bean	070795-035655	12/15 OZ	24.16	2.01	CS	20.32	1.69	\$3.84	15.9%
65011	Chicken Noodle	070795-035617	12/15 OZ	24.16	2.01	CS	20.32	1.69	\$3.84	15.9%
65014	Cream Of Mushroom	070795-035648	12/15 OZ	24.16	2.01	CS	20.32	1.69	\$3.84	15.9%
65012	Veggie Noodle	070795-035624	12/15 OZ	24.16	2.01	CS	20.32	1.69	\$3.84	15.9%
Sesame Bars										
24424	■★ Chocolate	070795-035501	12/95 OZ	11.83	0.99	CS	10.52	0.88	\$1.31	11.1%
24422	■★ Cinnamon	070795-035518	12/95 OZ	11.83	0.99	CS	10.52	0.88	\$1.31	11.1%
24423	■★ Lemon	070795-035525	12/95 OZ	11.83	0.99	CS	10.52	0.88	\$1.31	11.1%
GLUTINO										
All Gluten & Wheat Free										
Cereal										
29875	★■ Apple Cinnamon	678523-010501	6/10.1 OZ	24.96	4.16	CS	22.15	3.69	\$2.81	11.3%
29874	★■ Honey Nut	678523-010518	6/10.1 OZ	24.96	4.16	CS	22.15	3.69	\$2.81	11.3%
Crackers										
38836	★■⊕ Cheddar	678523-038444	6/4.4 OZ	19.92	3.32	CS	17.68	2.95	\$2.24	11.2%
38837	★■⊕ Multigrain	678523-038468	6/4.4 OZ	19.92	3.32	CS	17.68	2.95	\$2.24	11.2%
38838	★■⊕ Original	678523-038505	6/4.4 OZ	19.92	3.32	CS	17.68	2.95	\$2.24	11.2%
38839	★■⊕ Vegetable	678523-038482	6/4.4 OZ	19.92	3.32	CS	17.68	2.95	\$2.24	11.2%
Pretzels										
62756	■⊕★⊕ Snack Pack	678523-040041	20/2.6 OZ	36.00	1.80	CS	31.95	1.60	\$4.05	11.3%
38841	★■⊕ Rings, Sesame	678523-040164	12/8 OZ	40.00	3.33	CS	35.50	2.96	\$4.50	11.3%
38842	★■⊕ Sticks	678523-040126	12/8 OZ	40.00	3.33	CS	35.50	2.96	\$4.50	11.3%
38843	★■⊕ Twists	678523-040089	12/8 OZ	40.00	3.33	CS	35.50	2.96	\$4.50	11.3%
38840	★■⊕ Twists, Unsalted	678523-040201	12/8 OZ	40.00	3.33	CS	35.50	2.96	\$4.50	11.3%
29897	★■ Sticks	678523-040102	12/14.1 OZ	63.84	5.32	CS	56.66	4.72	\$7.18	11.2%
29873	★■ Twists, Family Bag	678523-040065	12/14.1 OZ	63.84	5.32	CS	56.66	4.72	\$7.18	11.2%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
GO RAW										
<i>FlaxSnax - Crackers</i>										
64158	★☆☆ Sunflower	859888-000394	12/3 OZ	40.34	3.36	CS	35.86	2.99	\$4.48	11.1%
GOJILANIA										
<i>Juice Blends</i>										
62896	Goji & Acai	856308-000262	12/10.5 OZ	29.44	2.45	CS	26.20	2.18	\$3.24	11.0%
62899	Goji & Blueberry	856308-000293	12/10.5 OZ	29.44	2.45	CS	26.20	2.18	\$3.24	11.0%
62898	Goji & Mangosteen	856308-000286	12/10.5 OZ	29.44	2.45	CS	26.20	2.18	\$3.24	11.0%
62897	Goji & Pomegranate	856308-000279	12/10.5 OZ	29.44	2.45	CS	26.20	2.18	\$3.24	11.0%
GOLD RUSH										
28859	★ Kettle Corn	662118-324418	10/7.5 OZ	31.83	3.18	CS	28.39	2.84	\$3.44	10.8%
28860	★ Sea Salt Popcorn	662118-034416	10/5.5 OZ	31.83	3.18	CS	28.39	2.84	\$3.44	10.8%
GOLDEN TEMPLE										
<i>Mixes</i>										
44663	✦ Flatbread, Garlic Naan	059000-401126	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
44664	✦ Flatbread, Onion Naan	059000-401133	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
44662	✦ Flatbread, Plain Naan	059000-401119	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
GOOD EARTH TEAS										
<i>Superfruit Blends</i>										
67017	★☉ Mangosteen White	027018-099260	6/18 BAG	17.02	2.84	CS	15.17	2.53	\$1.85	10.9%
67018	★☉ Pomegranate Green	027018-099277	6/18 BAG	17.02	2.84	CS	15.17	2.53	\$1.85	10.9%
67019	★☉ Yumberry Red	027018-099284	6/18 BAG	17.02	2.84	CS	15.17	2.53	\$1.85	10.9%
GOOD HEALTH										
<i>Humbles-Baked Hummus Chips</i>										
66485	Sea Salt	755355-103035	12/3.5 OZ	25.44	2.12	CS	22.92	1.91	\$2.52	9.9%
<i>Kettle Olive Oil Potato Chips</i>										
62060	Cracked Pepper	755355-101024	12/5 OZ	24.96	2.08	CS	22.56	1.88	\$2.40	9.6%
66486	Garlic	755355-101031	12/5 OZ	24.96	2.08	CS	22.56	1.88	\$2.40	9.6%
<i>Popcorn</i>										
66488	Half-Naked	755355-001157	12/4 OZ	25.29	2.11	CS	22.85	1.90	\$2.44	9.6%
66487	★ Organic	755355-001171	12/3.5 OZ	25.29	2.11	CS	22.85	1.90	\$2.44	9.6%
<i>Snacks</i>										
62053	Veggie Stix, Hot	755355-005087	10/6 OZ	32.63	3.26	CS	27.28	2.73	\$5.35	16.4%
61988	Veggie Crinkle Chips	755355-005162	10/7.5 OZ	32.63	3.26	CS	25.57	2.56	\$7.06	21.6%
61989	Veggie Stix	755355-005025	10/7 OZ	32.63	3.26	CS	25.57	2.56	\$7.06	21.6%
<i>Sweet Potato Chips</i>										
66484	★ Sea Salt	755355-006107	24/1 OZ	17.19	0.72	CS	15.57	0.65	\$1.62	9.4%
66483	★ Sea Salt	755355-006152	12/5 OZ	24.96	2.08	CS	22.56	1.88	\$2.40	9.6%
GOOSE VALLEY										
<i>Rice</i>										
30833	Brown & Wild Fusion	851674-002049	6/10 OZ	18.71	3.12	CS	16.77	2.80	\$1.94	10.4%
30831	★ Wild	851674-002001	6/5 OZ	21.07	3.51	CS	18.80	3.13	\$2.27	10.8%
30832	★ Wild	851674-002025	6/10 OZ	39.55	6.59	CS	35.29	5.88	\$4.26	10.8%
GRAMA'S										
20606	■ Sweet Chilli Sauce	011259-904025	6/13 OZ	12.17	2.03	CS	10.73	1.79	\$1.44	11.8%

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Goose Valley Wild Rice™ is a gluten free whole grain, high in fiber and protein. It is 100% Grade A, giving a distinctive taste and outstanding presentation.

Eat Wild!



Most people eat wild rice combined with other rice. Our Fusion is our family's favorite whole grain blend. When combined, these four California-grown whole grains (CalMati Brown Rice, Wild Rice, Heirloom Red Rice, and Calmochi Sweet Brown Rice) have a rich hearty flavor and a hint of spice and nectar.

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

GREAT EASTERN SUN

Emerald Cove Sea Vegetables

65062	Kombu, Sun Dried	023547-300211	6/1.76 OZ	19.48	3.25	CS	17.32	2.89	\$2.16	11.1%
65060	Wakame, Sun Dried	023547-300013	6/1.76 OZ	19.48	3.25	CS	17.32	2.89	\$2.16	11.1%
65064 ★	Nori, .9 oz	023547-300419	6/10 SHT	23.08	3.85	CS	20.51	3.42	\$2.57	11.1%
62489 ★⊕	Pacific Nori Flakes	023547-938001	6/7 OZ	23.16	3.86	CS	20.59	3.43	\$2.57	11.1%
36582	Spicy Nori Snacks	023547-300716	6/48 PC	22.96	3.83	CS	20.39	3.40	\$2.57	11.2%
65066 ⊕	Sushi Nori, Toasted	023547-300518	6/10 SHT	23.08	3.85	CS	20.51	3.42	\$2.57	11.1%
65063	Arame, Sun Dried	023547-300310	6/1.76 OZ	33.12	5.52	CS	29.43	4.91	\$3.69	11.1%
36581 ★♦	Sushi Nori, Toasted	023547-300525	4/50 SHT	63.97	15.99	CS	56.86	14.22	\$7.11	11.1%

GREEN & BLACK`S

Baking Chocolate

22253 ★■	Bar, 72% Cocoa	708656-100234	10/5.3 OZ	39.20	3.92	CS	33.32	3.33	\$5.88	15.0%
22252 ★■	Cocoa Powder	708656-100128	12/4.4 OZ	43.20	3.60	CS	36.72	3.06	\$6.48	15.0%

Hot Chocolate

22255 ★■	Mix In Canister	708656-100258	12/5.3 OZ	49.44	4.12	CS	42.02	3.50	\$7.42	15.0%
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GREEN MOUNTAIN GRINGO

Chips

20857	Tortilla Strips	053852-003002	12/8 OZ	19.83	1.65	CS	18.04	1.50	\$1.79	9.0%
20803 +	Blue Corn Tortilla	053852-004405	12/8 OZ	26.06	2.17	CS	23.67	1.97	\$2.39	9.2%
20879 +	White Corn Tortilla	053852-002203	12/8 OZ	26.06	2.17	CS	23.67	1.97	\$2.39	9.2%

Salsa

20852	Hot	053852-002005	12/16 OZ	39.29	3.27	CS	35.81	2.98	\$3.48	8.9%
20853	Medium	053852-004009	12/16 OZ	39.29	3.27	CS	35.81	2.98	\$3.48	8.9%
20854	Mild	053852-001008	12/16 OZ	39.29	3.27	CS	35.81	2.98	\$3.48	8.9%
20855	Roasted Chile	053852-006003	12/16 OZ	39.29	3.27	CS	35.81	2.98	\$3.48	8.9%
20856 x	Roasted Garlic	053852-005006	12/16 OZ	39.29	3.27	CS	35.81	2.98	\$3.48	8.9%

GROWN RIGHT

66711 ★■	Cranberry Sauce, Jellied	041152-500048	24/14 OZ	39.94	1.66	CS	38.94	1.62	\$1.00	2.5%
66710 ★■	Cranberry Sauce, Whole Berry	041152-500062	24/14 OZ	39.94	1.66	CS	38.94	1.62	\$1.00	2.5%

GUILTLESS GOURMET

Baked Tortilla Chips

35416 +⊕	Blue Corn	000901-000079	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35409 +⊕	Chili & Lime	000901-000055	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35275 +	Chili Verde	000901-000307	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35274 +	Chipotle	000901-000291	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35519 +⊕	Mucho Nacho	000901-000031	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35418 +⊕	Spicy Black Bean	000901-000093	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35520 +⊕	Yellow, Salted	000901-000017	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35521 +⊕	Yellow, Unsalted	000901-000024	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%

Dips

35517 ⊕	Black Bean, Spicy	000901-016322	12/16 OZ	30.74	2.56	CS	27.37	2.28	\$3.37	11.0%
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GUNDELSHEIM

Pickled Vegetables

75203	Red Cabbage	078192-046083	6/19.4 OZ	17.39	2.90	CS	15.69	2.62	\$1.70	9.8%
75205	Sauerkraut	078192-050554	6/28.5 OZ	22.59	3.77	CS	20.44	3.41	\$2.15	9.5%

Pickles

75200	Barrel Pickles	078192-040562	6/35.9 OZ	25.89	4.32	CS	23.49	3.92	\$2.40	9.3%
75204	Garlic Barrel Pickles	078192-048834	6/35.9 OZ	25.89	4.32	CS	23.49	3.92	\$2.40	9.3%

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 + = Made With 70-94% Organic Ingredients ⊕ = Vegan ⊕ = Kosher ⊕ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
GURU										
23199	■ Energy Drink	701648-040112	6/4/8.3 OZ	39.56	6.59	CS	35.35	5.89	\$4.21	10.6%
23200	■ Energy Drink	701648-010115	24/8.3 OZ	39.56	1.65	CS	35.35	1.47	\$4.21	10.6%
23224	■ Lite Energy Drink	701648-010139	24/8.3 OZ	39.56	1.65	CS	35.35	1.47	\$4.21	10.6%
62799	◆ Energy Drink	897658-001011	24/12 OZ	47.88	2.00	CS	42.80	1.78	\$5.08	10.6%
62806	★ Full On Energy Sports Lemonade	897658-001103	24/12 OZ	47.88	2.00	CS	42.80	1.78	\$5.08	10.6%
62805	★ Juicy Superfruit Energy Drink	897658-001127	24/12 OZ	47.88	2.00	CS	42.80	1.78	\$5.08	10.6%
62804	★ Juicy Tangerine Energy Drink	897658-001110	24/12 OZ	47.88	2.00	CS	42.80	1.78	\$5.08	10.6%
62800	■ Lite Energy Drink	897658-001080	24/12 OZ	47.88	2.00	CS	42.80	1.78	\$5.08	10.6%
GUS GROWN-UP SODA										
<i>Sodas</i>										
20602	★ Grape Black Currant	890763-000184	6/4/12 OZ	23.33	3.89	CS	18.95	3.16	\$4.38	18.8%
HAKUBAKU										
<i>Noodles</i>										
20000	★ Green Tea Soba	837328-000067	10/7 OZ	20.81	2.08	CS	18.54	1.85	\$2.27	10.9%
HARMONY VALLEY										
60328	Vegetarian Hamburger Mix	085981-305931	6/5.7 OZ	17.88	2.98	CS	15.93	2.66	\$1.95	10.9%
60329	Vegetarian Sausage Breakfast Mix	085981-306242	6/5.7 OZ	17.88	2.98	CS	15.93	2.66	\$1.95	10.9%
HEALTH VALLEY										
<i>Soup</i>										
36562	★ Cream Of Celery	035742-229136	12/14.5 OZ	24.16	2.01	CS	21.33	1.78	\$2.83	11.7%
36561	★ Cream Of Chicken	035742-229129	12/14.5 OZ	24.16	2.01	CS	21.33	1.78	\$2.83	11.7%
36560	★ Cream Of Mushroom	035742-229112	12/14.5 OZ	24.16	2.01	CS	21.33	1.78	\$2.83	11.7%
HENRY & LISA'S										
Natural Seafood										
<i>Seafood/Fish-Salmon & Other Fish</i>										
34349	Wild Alaskan Pink Salmon	812410-000217	12/6 OZ	42.64	3.55	CS	38.94	3.25	\$3.70	8.7%
<i>Seafood/Fish-Tuna</i>										
34348	Solid White Albacore Tuna	812410-000200	12/5 OZ	63.42	5.29	CS	57.82	4.82	\$5.60	8.8%
HI*BALL										
<i>Beverages New Age/Sodas</i>										
38864	Grapefruit Loose	897351-000083	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38861	Lemon Lime Loose	897351-000052	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38863	Orange Loose	897351-000069	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38862	Wild Berry Loose	897351-000076	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
<i>Energy Drinks</i>										
25204	Original	897351-000403	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
<i>Sparkling Energy Juices</i>										
24244	■ Cranapple	897351-000502	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
24242	■ Lemon Lime	897351-000601	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
24243	■ Orange	897351-000700	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
24241	■ Wild Berry	897351-000809	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
HINT ESSENCE WATER										
39494	Blackberry	184739-000309	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
37581	Cucumber	184739-000019	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
39493	Honeydew Hibiscus	184739-000293	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
47875	Lime Essence	184739-000033	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
21988	Mango Grapefruit Essence Water	184739-000163	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
37582	Pear	184739-000132	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
37586	Pomegranate Tangerine	184739-000057	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%

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 ◆ = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ♣ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

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The first soda for grown-ups

100% Natural

Not Too Sweet™

NEW!

Grape Black Current



- Cane Sugar
(not high fructose corn syrup)

- 90-98
Calories
per 12oz.

- Real Juice
and Natural
Extracts

- No Caffeine*
- No Preservatives
- © Kosher



www.drinkgus.com

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
HINT ESSENCE WATER, Cont.										
37585	Raspberry Lime	184739-000040	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
21989	Strawberry Kiwi Essence Water	184739-000118	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
39495	Watermelon	184739-000316	12/16 OZ	14.11	1.18	CS	12.68	1.06	\$1.43	10.1%
HODGSON MILL										
<i>Hot Cereal</i>										
24780	Multi Grain w/Flaxseed & Soy	071518-010447	6/16 OZ	10.16	1.69	CS	9.02	1.50	\$1.14	11.2%
25447	Oat Bran Cereal	071518-010225	12/16 OZ	20.96	1.75	CS	18.60	1.55	\$2.36	11.3%
HONEST										
<i>Kids</i>										
29660	★●● Appley Ever After	657622-106629	4/8/6.75O	15.08	3.77	CS	14.04	3.51	\$1.04	6.9%
29686	★●● Berry Berry Good Lemonade	657622-502049	4/8/6.75 OZ	15.08	3.77	CS	14.04	3.51	\$1.04	6.9%
29687	★●● Goodness Grapeness	657622-515971	4/8/6.75 OZ	15.08	3.77	CS	14.04	3.51	\$1.04	6.9%
29514	★●● Super Fruit Punch	657622-919076	4/8/6.75O	15.08	3.77	CS	14.04	3.51	\$1.04	6.9%
29688	★●● Tropical Tango Punch	657622-421050	4/8/6.75 OZ	15.08	3.77	CS	14.04	3.51	\$1.04	6.9%
66207	★☆☆ Berry Berry Lemonade	657622-816771	8/64 OZ	24.13	3.02	CS	21.77	2.72	\$2.36	9.8%
66208	★☆☆ Super Fruit Punch	657622-523846	8/64 OZ	24.13	3.02	CS	21.77	2.72	\$2.36	9.8%
<i>Mate</i>										
25589	★● Agave, FTC	657622-205810	12/16 OZ	16.16	1.35	CS	14.52	1.21	\$1.64	10.1%
66206	★☆☆ Maqui Berry, FTC	657622-623843	12/16 OZ	16.16	1.35	CS	14.52	1.21	\$1.64	10.1%
25590	★●● Tropical, FTC	657622-823083	12/16 OZ	16.16	1.35	CS	14.52	1.21	\$1.64	10.1%
25468	★● Sublime, FTC	657622-301758	12/16 OZ	16.16	1.35	CS	14.45	1.20	\$1.71	10.6%
<i>Tea</i>										
25840	★●● Black Forest Berry, FTC	657622-816924	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
38829	★● Jasmine Green Energy, FTC	657622-214478	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25898	★● Just Black, Unsweetened, FTC	657622-714503	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25897	★● Just Green, Unsweetened, FTC	657622-019776	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25843	★● Moroccan Mint Green, FTC	657622-212948	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25851	★●● Peach Oo-La-Long, FTC	657622-515001	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25469	★● Pomegranate Red, w/Goji Bry FTC	657622-417510	12/16 OZ	13.76	1.15	CS	12.39	1.03	\$1.37	10.0%
25729	★● Just Black, Unsweetened, FTC	657622-358240	8/64 OZ	22.96	2.87	CS	20.73	2.59	\$2.23	9.7%
25728	★● Just Green, Unsweetened, FTC	657622-630575	8/64 OZ	22.96	2.87	CS	20.73	2.59	\$2.23	9.7%
HOPES HARVEST										
<i>Extra Virgin Coconut Oil</i>										
62040	Wild Harvested	018788-204008	6/16 OZ	53.24	8.87	CS	47.43	7.91	\$5.81	10.9%
HOUSE OF TSANG										
<i>Asian Cooking Ingredients Oil</i>										
76592	Wok	075050-006012	6/10 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%
ICE ROK										
60315	Natural Artesian Water	895945-000211	12/18 OZ	11.67	0.97	CS	9.92	0.83	\$1.75	15.0%
ICELAND SPRING										
22852	Water	726281-200020	12/1.5 LTR	18.60	1.55	CS	15.81	1.32	\$2.79	15.0%
IMAGINE FOODS										
<i>Almond Dream Non-Dairy Beverages</i>										
30871	■ Original	084253-268332	12/32 OZ	25.44	2.12	CS	22.58	1.88	\$2.86	11.2%
30873	Original, Unsweetened	084253-268325	12/32 OZ	25.44	2.12	CS	22.58	1.88	\$2.86	11.2%
30875	■ Vanilla	084253-268356	12/32 OZ	25.44	2.12	CS	22.58	1.88	\$2.86	11.2%
30876	Vanilla, Unsweetened	084253-268349	12/32 OZ	25.44	2.12	CS	22.58	1.88	\$2.86	11.2%
30872	■ Original	084253-268196	8/64 OZ	30.51	3.81	CS	27.08	3.39	\$3.43	11.2%
30874	Original, Unsweetened	084253-268202	8/64 OZ	30.51	3.81	CS	27.08	3.39	\$3.43	11.2%

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 † = Made With 70-94% Organic Ingredients ‡ = Vegan ⊙ = Kosher ♣ = Vegetable Enzymes † = Ethnic ○ = Non-GMO Project Verified

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HONEST KIDS®

Lower-sugar organic thirst quenchers

NO TRICKS.

Just a Healthy & Profitable Halloween Treat!

FASTEST GROWING BRAND IN KIDS' DRINK CATEGORY

CREATES REFRESHING QUICK TURNS

ABOUT 1/2 THE SUGAR OF MOST KIDS' DRINKS

NO HIGH FRUCTOSE CORN SYRUP



**NATURE GOT IT RIGHT.
WE PUT IT IN A POUCH.**

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A Better DREAM™

NEW!

NEW & IMPROVED!



New & Improved ALMOND DREAM®:

- ✓ Delicious, creamier and smoother – with a light refreshing taste
- ✓ 50% more Calcium than the leading brand¹
- ✓ 3x more Antioxidant Vitamin A than the leading brand²
- ✓ 50% DV of Vitamin B₁₂ (leading brand has 0% DV Vitamin B₁₂)
- ✓ An excellent source of Vitamin E
- ✓ Lactose and dairy free
- ✓ Low in fat*
- ✓ Low in sodium**
- ✓ Cholesterol free
- ✓ Gluten free
- ✓ 100% vegetarian

**ALMOND
DREAM®**
ALMOND DRINK

¹contains 30% calcium per 8 oz. serving as compared to the leading brand of almond beverage which contains 20% calcium per 8 oz. serving.

²contains 30% antioxidant vitamin A and 50% vitamin B₁₂ per 8 oz serving as compared to the leading brand of almond beverage which contains 10% of antioxidant vitamin A and 0% Vitamin B₁₂ per 8 oz serving.

*except for Unsweetened products

**except for Unsweetened Vanilla products



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58 South Service Rd. Melville, NY USA 11747
(631) 730-2200 Fax (631) 730-2583

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

IMAGINE FOODS, Cont.

Gravy

66215	★●■ Roasted Turkey	084253-246026	12/16 OZ	21.76	1.81	CS	19.31	1.61	\$2.45	11.3%
66216	★●■ Savory Beef	084253-246019	12/16 OZ	21.76	1.81	CS	19.31	1.61	\$2.45	11.3%
66737	★●■ Wild Mushroom, Vegetarian	084253-246033	12/16 OZ	21.76	1.81	CS	19.31	1.61	\$2.45	11.3%

Natural Garden Vegetable Soups, Aseptic

67098	★◆● Creamy Almond Carrot	084253-242714	12/32 OZ	36.80	3.07	CS	32.93	2.74	\$3.87	10.5%
67099	★◆● Creamy Celery	084253-242721	12/32 OZ	37.28	3.11	CS	33.41	2.78	\$3.87	10.4%

Rice Dream Beverage

60488	Rice Nog	084253-224642	6/32 OZ	11.60	1.93	CS	10.29	1.72	\$1.31	11.3%
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INES ROSALES

Olive Oil Tortas

22880	✧ Rosemary & Thyme Savory	665291-012714	10/6.34 OZ	31.93	3.19	CS	28.44	2.84	\$3.49	10.9%
22881	✧ Sesame Seed	665291-012738	10/6.34 OZ	31.93	3.19	CS	28.44	2.84	\$3.49	10.9%
22879	✧ Seville Orange, Sweet	665291-012653	10/6.34 OZ	31.93	3.19	CS	28.44	2.84	\$3.49	10.9%
20666	✧ Sweet	654883-112017	10/6.34 OZ	31.93	3.19	CS	28.44	2.84	\$3.49	10.9%

INKOS WHITE TEA

Energy Drinks, RTD

20459	■ White Tea, Jitter Free	858252-000107	24/15.5 OZ	28.27	1.18	CS	25.09	1.05	\$3.18	11.2%
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White Iced Teas, RTD

20455	■ Apricot	858252-000060	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
39054	■ Blueberry	858252-000046	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
39052	Hint o Mint, Unsweetened	858252-000022	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
39055	■ Honeydew	858252-000053	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
20458	Honeysuckle	858252-000091	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
27218	■ Lemon	858252-000183	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
39051	■ Original	858252-000015	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
27219	Original, Unsweetened	858252-000190	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%
39053	■ White Peach	858252-000039	12/16 OZ	14.13	1.18	CS	12.54	1.05	\$1.59	11.3%

ITO EN

Ready To Drink Tea

36981	■ Apple	835143-003003	12/16 OZ	13.08	1.09	CS	11.72	0.98	\$1.36	10.4%
36498	■ Blueberry, Green	835143-003102	12/16.9 OZ	13.08	1.09	CS	11.72	0.98	\$1.36	10.4%
36497	■ Mango	835143-003089	12/16.9 OZ	13.08	1.09	CS	11.72	0.98	\$1.36	10.4%
36495	■ Peach	835143-003041	12/16.9 OZ	13.08	1.09	CS	11.72	0.98	\$1.36	10.4%

J R WATKINS

Natural Apothecary

Extracts

66748	Pure Lemon	818570-002146	2 OZ	2.29	2.29	EA	2.03	2.03	\$0.26	11.4%
66747	Pure Peppermint	818570-001866	2 OZ	2.29	2.29	EA	2.03	2.03	\$0.26	11.4%
66745	Pure Almond	818570-001606	2 OZ	2.76	2.76	EA	2.45	2.45	\$0.31	11.2%
66742	Pure Vanilla, Madagascar Bourbon	818570-007066	1 OZ	2.93	2.93	EA	2.60	2.60	\$0.33	11.3%
66744	★ Pure Vanilla, Madagascar Bourbon	818570-004065	1 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66741	Pure Vanilla, Madagascar Bourbon	818570-005055	2 OZ	4.11	4.11	EA	3.65	3.65	\$0.46	11.2%
66743	★ Pure Vanilla, Madagascar Bourbon	818570-001699	2 OZ	4.68	4.68	EA	4.15	4.15	\$0.53	11.3%

Spices

66750	☼ Black Pepper, Ground	818570-004461	2 OZ	2.80	2.80	EA	2.48	2.48	\$0.32	11.4%
66764	☼ Basil, Leaves	818570-007226	.56 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66752	☼ Chili Powder	818570-004287	1.6 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66751	☼ Cinnamon, Ground	818570-004478	2 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66767	☼ Curry Powder	818570-007240	1.8 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66759	☼ Mustard, Ground	818570-004379	1.9 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%

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Introducing...
VEGETARIAN WILD MUSHROOM
Organic Gravy



The newest variety of Imagine Organic Gravy!

With its rich mushroom flavor, savory spices and smooth texture, Imagine™ Organic Vegetarian Wild Mushroom Gravy is a welcome addition to any dinner table since it goes great with vegetarian meals and meat or poultry dishes.

- Imagine is the ONLY Organic Ready-to-Serve Gravy on the market
- Certified USDA Organic
- Vegetarian, Dairy-Free & Gluten Free
- Heat and serve convenience
- 16 oz reclosable cap preserves the fresh, homemade taste



The Most Complete Line of Organic Aseptic Creamy Soups, Broths, Stocks, Bistro Bisques, Low Sodium Varieties, Canned Soups and Gravy.

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Introducing...

Organic Creamy Soups

CARROT ALMOND & CELERY

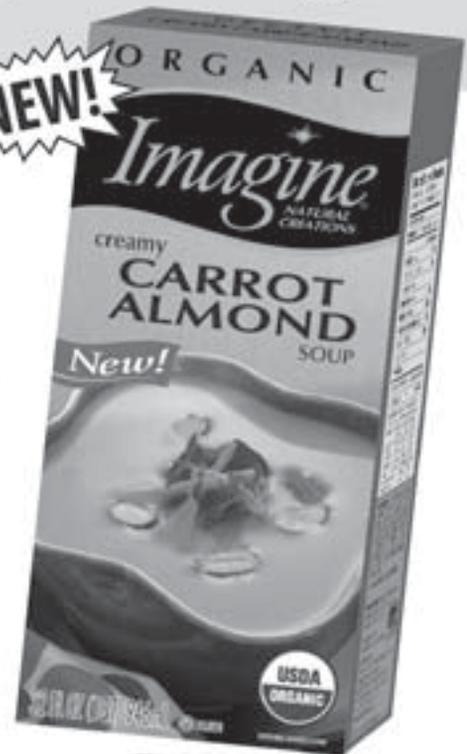
Our two new bountiful flavors of Imagine™ Organic Creamy Soups, Carrot Almond and Celery, are bursting with flavor. They're made with a blend of the finest organic vegetables and seasonings for a unique taste!

- Carrot Almond Soup is made with the sweet, fresh taste of carrots, blended with rich almonds. A good source of fiber and an excellent source of Vitamin A.
- Celery Soup is made with the fresh, crisp taste of celery, vegetable stock and roasted garlic. Low in fat and a good source of Vitamin C. Great in recipes or by itself!
- Each soup has one serving (1/2 cup) of vegetables per cup of soup
- Vegetarian, Dairy-Free & Gluten Free
- 32oz reclosable package ensures fresh, homemade taste and easy storage
- Certified USDA Organic



The Most Complete Line of Organic Aseptic Creamy Soups, Broths, Stocks, Bistro Bisques, Low Sodium Varieties, Canned Soups and Gravy.

www.imaginefoods.com



Item #	Description	UPC	Pack Size	Wholesale		CS/EA	Sale			
				Case	Each		Case	Each	\$Disc	%Disc

J R WATKINS, Cont.

66766	✱	Dill Weed	818570-007288	.70 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66757	✱	Garlic Powder	818570-007196	2.8 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66758	✱	Ginger, Ground	818570-004355	2 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66753	✱	Oregano, Leaves	818570-004317	.63 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66754	✱	Paprika	818570-004300	1.9 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66761	✱	Parsley, Flakes	818570-007271	.25 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66765	✱	Rosemary Leaves	818570-007233	.78 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66760	✱	Sage, Ground	818570-007257	.78 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66763	✱	Thyme, Leaves	818570-007219	.99 OZ	3.28	3.28	EA	2.91	2.91	\$0.37	11.3%
66768	★	Beef Seasoning	818570-007967	3.2 OZ	3.63	3.63	EA	3.22	3.22	\$0.41	11.3%
66762	✱	Cloves, Ground	818570-007264	2 OZ	3.87	3.87	EA	3.43	3.43	\$0.44	11.4%
66755	✱	Cumin	818570-004294	1.6 OZ	3.87	3.87	EA	3.43	3.43	\$0.44	11.4%
66756	✱	Nutmeg, Ground	818570-006939	2 OZ	4.51	4.51	EA	4.00	4.00	\$0.51	11.3%
66749	✱	Black Pepper, Ground	818570-004270	4 OZ	4.68	4.68	EA	4.15	4.15	\$0.53	11.3%

JOVIAL

Brown Rice Pasta

31207	✱✱✱	Capellini	815421-011210	12/12 OZ	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%
31210	✱✱✱	Caserecce	815421-011241	12/12 OZ	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%
31209	✱✱✱	Fusilli	815421-011234	12/12 OZ	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%
31208	✱✱✱	Penne Rigate	815421-011227	12/12 OZ	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%
31206	✱✱✱	Spaghetti	815421-011203	12/12 OZ	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%

Whole Grain-Einkorn Pasta

31204	✱✱	Fusilli	815421-011135	12/12 OZ	31.52	2.63	CS	27.97	2.33	\$3.55	11.3%
31202	✱✱	Linguine	815421-011111	12/12 OZ	31.52	2.63	CS	27.97	2.33	\$3.55	11.3%
31203	✱✱	Penne Rigate	815421-011128	12/12 OZ	31.52	2.63	CS	27.97	2.33	\$3.55	11.3%
31205	✱✱	Rigatoni	815421-011142	12/12 OZ	31.52	2.63	CS	27.97	2.33	\$3.55	11.3%
31201	✱✱	Spaghetti	815421-011104	12/12 OZ	31.52	2.63	CS	27.97	2.33	\$3.55	11.3%

JULES DESTROOPER

Cookies

30099	■	Almond Thins	749880-110231	12/3.5 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
30101	■	Butter Crisps	749880-110798	12/3.5 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
30104	■	Ginger Thins	749880-110910	12/3.35 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%

KA-ME

Brown Rice Crisp

26801		Seaweed	070844-001075	12/3.5 OZ	24.85	2.07	CS	23.09	1.92	\$1.76	7.1%
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KASHI

Cold Cereals

25005	■	GoLean Crunch, Granola Style	018627-741008	12/15 OZ	46.08	3.84	CS	42.62	3.55	\$3.46	7.5%
52462	■	GoLean Slimming	018627-740001	12/14.1 OZ	46.08	3.84	CS	42.62	3.55	\$3.46	7.5%
64750	■✱	GoLean Crisp, Toasted Berry Crumble	018627-407249	12/15 OZ	49.28	4.11	CS	45.58	3.80	\$3.70	7.5%
34459	■	GoLean Honey Almond Flax	018627-741503	12/15 OZ	49.28	4.11	CS	45.58	3.80	\$3.70	7.5%
31724	■✱	GoLean Crunch!	018627-436522	12/25 OZ	69.12	5.76	CS	63.94	5.33	\$5.18	7.5%

Protein & Fiber Bars

24998	■	GoLean Chewy, Oatmeal Raisin Cookie	018627-736004	12/2.75 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
31711	■	GoLean Chocolate Almond Toffee	018627-738008	12/2.75 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
30985	■	GoLean Chocolate Malted Crisp	018627-514695	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
30984	■	GoLean Chocolate Peanut Butter	018627-514657	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
52469	■	GoLean Chocolate Peanut Butter	018627-732006	12/2.75 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
31726	■	GoLean Crunch! Chocolate Caramel	018627-730408	12/1.59 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
34417	■	GoLean Crunchy! Chocolate Almond	018627-733409	12/1.59 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
31728	■	GoLean Crunchy! Chocolate Peanut	018627-732402	12/1.76 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%
34396	■✱	GoLean Crunchy! Chocolate Pretzel	018627-350125	12/1.59 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%

✱ = Gluten Free ✪ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ✪ = 100% Organic ★ = 95-99% Organic
 † = Made With 70-94% Organic Ingredients ♻ = Vegan ☉ = Kosher ✧ = Vegetable Enzymes ✚ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

jovial™

inherently good

setting new standards in
wheat & gluten free pasta



introducing

first ever™
Einkorn
pasta

100% Organic Whole Grain

THE MOST ANCIENT SPECIES OF WHEAT

Genetically simple and pure; the closest to wild wheat.

PACKED WITH NUTRITION High in B Vitamins, essential dietary and trace minerals, and a good source of protein and fiber.

SUPERIOR ANTIOXIDANT POWER .25mg of Lutein per serving, with an Oxygen Radical Absorbance Capacity of more than twice that of whole durum wheat.

Description	Case Pack	UNFI #
Spaghetti	12/12oz.	31201
Linguine	12/12oz.	31202
Penne Rigate	12/12oz.	31203
Fusilli	12/12oz.	31204
Rigatoni	12/12oz.	31205

brown rice
pasta

100% Organic
Gluten Free

PERFECT TASTE AND TEXTURE As close to traditional wheat pasta as possible.

ALLERGEN FREE DEDICATED PRODUCTION
Free of gluten, casein, eggs, tree nuts, and peanuts.

Description	Case Pack	UNFI #
Spaghetti	12/12oz.	31206
Capellini	12/12oz.	31207
Penne Rigate	12/12oz.	31208
Fusilli	12/12oz.	31209
Casarecce	12/12oz.	31210

SUSTAINABLE PACKAGING
carton 80% recycled content,
window/bag 100% compostable

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EURO-USA TRADING CO., INC.
the same people who bring you Bionaturae

PRODUCT OF ITALY
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FOR MORE INFO www.jovialfoods.com

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
KASHI, Cont.											
34397	■ GoLean Crunchy! Cinn Coffee Cake	018627-350088	12/1.59 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
52477	■ GoLean Malted Chocolate	018627-733003	12/2.75 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
30986	■ GoLean Oatmeal Raisin	018627-514725	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
34409	■ GoLean Roll! Caramel Peanut	018627-732600	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
34410	■ GoLean Roll! Chocolate Peanut	018627-730606	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
34411	■ GoLean Roll! Chocolate Turtle	018627-731603	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
34428	■ GoLean Roll! Oatmeal Walnut	018627-734604	12/1.94 OZ	16.96	1.41	CS	15.69	1.31	\$1.27	7.5%	
34464	■ GoLean Crunchy! Chocolate Caramel	018627-730415	6/4/1.59 OZ	30.16	5.03	CS	27.90	4.65	\$2.26	7.5%	
34465	■ GoLean Crunchy! Chocolate Peanut	018627-732419	6/4/1.76 OZ	30.16	5.03	CS	27.90	4.65	\$2.26	7.5%	
KETTLE FOODS											
<i>Kettle Chips Potato Chips</i>											
39787	■ Backyard Barbeque	084114-114495	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
39789	■ Death Valley Chipotle	084114-114426	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	WSL
64705	★■ Fully Loaded Baked Potato	084114-117458	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36077	◆ Honey Dijon	084114-030702	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
20538	★🌶️ Jalapeno	084114-116352	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36071	◆ Lightly Salted	084114-009982	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36073	◆ New York Cheddar	084114-009944	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36072	◆ Original, Unsalted	084114-009999	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36074	◆ Sea Salt & Vinegar	084114-009968	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
39788	■ Sour Cream & Onion	084114-114464	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
35189	■ Spicy Thai	084114-109231	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
20354	■ Sweet Onion	084114-115553	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36075	◆ Yogurt & Green Onion	084114-009951	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	WSL
<i>Krinkle Cut Kettle Chips</i>											
35039	■ Buffalo Bleu	084114-111722	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
64708	★■ Cheddar & Sour Cream	084114-117199	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
36089	■ Salt & Fresh Ground Pepper	084114-107077	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	
35043	■ Tuscan Three Cheese	084114-111692	15/5 OZ	29.32	1.95	CS	27.32	1.82	\$2.00	6.8%	WSL
KETTLE VALLEY DRIED FRUIT											
<i>Organic Fruit Snacks</i>											
26130	★🌿 Cranberry	625034-201034	30/7 OZ	15.95	0.53	CS	14.19	0.47	\$1.76	11.0%	
KING ARTHUR FLOUR											
<i>Gluten Free</i>											
61420	★■ Pancake Mix	071012-075034	6/15 OZ	25.40	4.23	CS	22.56	3.76	\$2.84	11.2%	
61423	★■ Brownie Mix	071012-075089	6/17 OZ	30.69	5.12	CS	27.27	4.55	\$3.42	11.1%	
61422	★■ Chocolate Cake Mix	071012-075058	6/22 OZ	30.69	5.12	CS	27.27	4.55	\$3.42	11.1%	
61421	★■ Cookie Mix	071012-075041	6/16 OZ	30.69	5.12	CS	27.27	4.55	\$3.42	11.1%	
61424	★■ Muffin Mix	071012-075096	6/16 OZ	30.69	5.12	CS	27.27	4.55	\$3.42	11.1%	
61417	★■ Bread Mix	071012-075003	6/18 OZ	37.92	6.32	CS	33.69	5.62	\$4.23	11.2%	
61419	★ Multi Purpose Flour	071012-075027	6/24 OZ	37.92	6.32	CS	33.69	5.62	\$4.23	11.2%	
61418	★■ Pizza Crust Mix	071012-075010	6/18 OZ	37.92	6.32	CS	33.69	5.62	\$4.23	11.2%	
KINNIKINNICK FOODS											
<i>Cookies</i>											
33405	★■ KinniKritters Chocolate Animal	620133-003497	6/8 OZ	16.40	2.73	CS	14.56	2.43	\$1.84	11.3%	
33406	★■ KinniKritters Graham Style Animal	620133-003596	6/8 OZ	16.40	2.73	CS	14.56	2.43	\$1.84	11.3%	
33404	★🌿 KinniTOOS Fudge Sandwich Creme	620133-003671	6/8 OZ	21.60	3.60	CS	19.17	3.20	\$2.43	11.3%	
KNORR											
<i>Specialty Sauces & Condiments</i>											
74088	■ Bernaise, Classic	048001-703063	12/0.9 OZ	12.96	1.08	CS	11.60	0.97	\$1.36	10.5%	
74087	■ Hollandaise, Classic	048001-703056	12/0.9 OZ	12.96	1.08	CS	11.60	0.97	\$1.36	10.5%	

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

KOMBUCHA WONDER DRINK

Bottled Sparkling Fermented Tea

39757	★ ■ Asian Pear & Ginger	665479-080306	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
64930	◆ ■ Cherry Cassis	665479-080603	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
39758	★ ■ Essence Of Lemon	665479-080207	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
39760	◆ ■ Essence Of Peach	665479-080405	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
64931	◆ ■ Essence of Mango	665479-080702	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
64932	★ ■ Essnc of Juniper Bry, Sprmnt, Lem	665479-080801	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
39759	★ ■ Niagra Grape	665479-080504	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%
39756	★ ■ Traditional	665479-080108	12/14 OZ	24.82	2.07	CS	22.28	1.86	\$2.54	10.2%

Canned Sparkling Fermented Tea

64934	★ ■ Asian Pear Ginger	665479-071403	24/8.4 OZ	23.14	0.96	CS	20.69	0.86	\$2.45	10.6%
64935	★ ■ Green Tea Lemon	665479-071502	24/8.4 OZ	23.14	0.96	CS	20.69	0.86	\$2.45	10.6%
64933	★ ■ Traditional	665479-071601	24/8.4 OZ	23.14	0.96	CS	20.69	0.86	\$2.45	10.6%

KOPALI ORGANICS

38422	★ ■ Chocolate Covered Coffee Beans	875095-000736	2/6/2 OZ	35.20	2.93	CS	31.24	2.60	\$3.96	11.3%
38424	★ Dried Mango	875095-000620	2/6/1.8 OZ	35.20	2.93	CS	31.24	2.60	\$3.96	11.3%

KOZLOWSKI FARMS

Salad Dressings, Fat Free

27769	Honey Mustard	081867-550020	6/10.5 OZ	17.31	2.89	CS	15.45	2.58	\$1.86	10.7%
27770	Rapberry Poppyseed	081867-550051	6/10.5 OZ	17.31	2.89	CS	15.45	2.58	\$1.86	10.7%

Vinegars

27752	Red Raspberry	081867-500025	6/10 OZ	24.09	4.02	CS	22.23	3.71	\$1.86	7.7%
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L & A JUICE

Vegetable Juice

67060	⊕ Low Sodium	041755-911173	8/64 OZ	29.95	3.74	CS	26.65	3.33	\$3.30	11.0%
67059	⊕ Regular	041755-911166	8/64 OZ	29.95	3.74	CS	26.65	3.33	\$3.30	11.0%
67058	⊕ Spicy	041755-911180	8/64 OZ	29.95	3.74	CS	26.65	3.33	\$3.30	11.0%

LA BALEINE

Spice/Seasonings

25661	Sea Salt, Coarse	079462-004581	12/26.5 OZ	39.49	3.29	CS	37.21	3.10	\$2.28	5.8%
25660	Sea Salt, Fine	079462-002631	12/26.5 OZ	39.49	3.29	CS	37.21	3.10	\$2.28	5.8%

LA TOURANGELLE

66831	Roasted Walnut Oil	857190-000071	6/250 ML	23.01	3.84	CS	20.49	3.42	\$2.52	11.0%
66833	Toasted Sesame Oil	857190-000477	6/250 ML	24.61	4.10	CS	21.91	3.65	\$2.70	11.0%
66836	Grapeseed Oil	857190-000316	6/500 ML	28.85	4.81	CS	25.74	4.29	\$3.11	10.8%
66834	Black Truffle Oil	857190-000774	6/250 ML	60.61	10.10	CS	49.36	8.23	\$11.25	18.6%
66835	White Truffle Oil	857190-000781	6/250 ML	60.61	10.10	CS	49.36	8.23	\$11.25	18.6%

LAKWOOD

Juices

62417	★ ☆ Goji Berry	042608-470960	32 OZ	9.44	9.44	EA	8.38	8.38	\$1.06	11.2%
64290	★ ☞ Mangosteen	042608-460732	32 OZ	9.44	9.44	EA	8.38	8.38	\$1.06	11.2%

LAPAS

Organic Olive Oil From Greece

39173	★ Extra Virgin	015532-900032	12/500 ML	121.78	10.15	CS	112.78	9.40	\$9.00	7.4%
39176	★ Extra Virgin	015532-900049	12/750 ML	168.82	14.07	CS	156.34	13.03	\$12.48	7.4%

LATE JULY

Sandwich Cookies

33431	★ ■ Dark Chocolate	890444-000953	6/8.2 OZ	18.85	3.14	CS	16.73	2.79	\$2.12	11.2%
33434	★ ■ Vanilla Bean	890444-000021	6/9 OZ	18.85	3.14	CS	16.73	2.79	\$2.12	11.2%
33436	★ ■ Dark Chocolate, Lunch Pack Tray	890444-000984	6/9 OZ	26.08	4.35	CS	23.15	3.86	\$2.93	11.2%
33433	★ ■ Vanilla Bean, Lunch Pack Tray	890444-000052	6/10.2 OZ	26.08	4.35	CS	23.15	3.86	\$2.93	11.2%

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 + = Made With 70-94% Organic Ingredients ☞ = Vegan ⊙ = Kosher ⚡ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
LAUREL HILL										
Tortilla Chips										
65180	Multi Grain	020918-364100	12/6.5 OZ	26.88	2.24	CS	23.86	1.99	\$3.02	11.2%
65182	Olive & Caper	020918-364124	12/6.5 OZ	26.88	2.24	CS	23.86	1.99	\$3.02	11.2%
65183	Pepita & Spice	020918-364148	12/6.5 OZ	26.88	2.24	CS	23.86	1.99	\$3.02	11.2%
65181	Sea Salt & Lime	020918-364117	12/6.5 OZ	26.88	2.24	CS	23.86	1.99	\$3.02	11.2%
LEGACY VALLEY										
Brans										
38660	Oat	833525-007557	6/3 LB	50.96	8.49	CS	45.82	7.64	\$5.14	10.1%
Cookies										
27494	Original, Certified Gluten Free	833525-007694	12/10 OZ	54.08	4.51	CS	48.59	4.05	\$5.49	10.2%
Flours										
38656	Oat	833525-007540	6/3 LB	50.96	8.49	CS	45.82	7.64	\$5.14	10.1%
Granola										
63887	Bridger Blueberry & Peanuts	833525-001418	6/10 OZ	26.11	4.35	CS	23.34	3.89	\$2.77	10.6%
63890	Chinook Chocolate Chip & Peanuts	833525-001449	6/10 OZ	26.11	4.35	CS	23.34	3.89	\$2.77	10.6%
63889	Cut Bank Cranberry & Peanuts	833525-001432	6/10 OZ	26.11	4.35	CS	23.34	3.89	\$2.77	10.6%
63886	Mariah's Gold w/Peanuts	833525-001401	6/10 OZ	26.11	4.35	CS	23.34	3.89	\$2.77	10.6%
63888	Red Lodge Raisin & Peanuts	833525-001425	6/10 OZ	26.11	4.35	CS	23.34	3.89	\$2.77	10.6%
Groats										
27052	Oat	833525-007908	6/3 LB	50.96	8.49	CS	45.82	7.64	\$5.14	10.1%
Oats										
38659	Quick, Whole Grain, Grab & Go	833525-007519	12/4.2 OZ	9.72	0.81	CS	8.73	0.73	\$0.99	10.2%
38655	Quick, Whole Grain	833525-007533	6/3 LB	50.96	8.49	CS	45.82	7.64	\$5.14	10.1%
38654	Regular, Whole Grain	833525-007526	6/3 LB	50.96	8.49	CS	45.82	7.64	\$5.14	10.1%
38658	Quick, Whole Grain	833525-007588	12/1.5 LB	51.84	4.32	CS	46.60	3.88	\$5.24	10.1%
38657	Regular, Whole Grain	833525-007571	12/1.5 LB	51.84	4.32	CS	46.60	3.88	\$5.24	10.1%
LIVING HARVEST										
Hemp Oil										
21299	Original	875386-000094	6/8.45 OZ	39.35	6.56	CS	35.03	5.84	\$4.32	11.0%
LOS CHILEROS										
Corn & Popcorn Products										
66977	Corn Husks	797945-414060	6/6 OZ	20.03	3.34	CS	17.83	2.97	\$2.20	11.0%
66983	White Corn Posole	797945-410123	12/12 OZ	26.22	2.19	CS	23.45	1.95	\$2.77	10.6%
First Quality Chiles										
66976	Pequin, Crushed	797945-223037	12/3 OZ	23.33	1.94	CS	20.76	1.73	\$2.57	11.0%
66989	De Arbol, Pod	797945-212024	12/2 OZ	31.58	2.63	CS	28.07	2.34	\$3.51	11.1%
66986	Ancho, Powder	797945-211034	12/3 OZ	33.41	2.78	CS	29.70	2.48	\$3.71	11.1%
66988	Chipotle, Powder	797945-216039	12/3 OZ	34.05	2.84	CS	30.27	2.52	\$3.78	11.1%
66985	Ancho, Pod	797945-210037	12/2 OZ	37.78	3.15	CS	33.59	2.80	\$4.19	11.1%
66987	Chipotle, Pod	797945-215032	12/3 OZ	40.17	3.35	CS	35.71	2.98	\$4.46	11.1%
Organic Chiles										
66975	Red, Pods, New Mexico	797945-150029	6/2 OZ	18.25	3.04	CS	16.22	2.70	\$2.03	11.1%
66969	Cayenne, Powder	797945-150067	12/2 OZ	35.67	2.97	CS	31.69	2.64	\$3.98	11.2%
66973	Red, Flakes, New Mexico	797945-150012	12/3 OZ	35.84	2.99	CS	31.86	2.66	\$3.98	11.1%
66970	Ancho, Powder	797945-150050	12/2 OZ	46.55	3.88	CS	41.35	3.45	\$5.20	11.2%
66971	Chipotle, Powder	797945-150043	12/2 OZ	46.55	3.88	CS	41.35	3.45	\$5.20	11.2%
66972	Chipotle, Pod	797945-150036	12/2 OZ	49.07	4.09	CS	43.59	3.63	\$5.48	11.2%
66974	Red, Powder, New Mexico	797945-150005	12/4 OZ	51.52	4.29	CS	45.78	3.82	\$5.74	11.1%
Salsas, Rubs & Mixes										
66990	Molido Powder, Hot	797945-100062	12/4 OZ	26.24	2.19	CS	23.34	1.95	\$2.90	11.1%
66991	Molido Powder, Mild	797945-110061	12/4 OZ	26.24	2.19	CS	23.34	1.95	\$2.90	11.1%
66984	Carne Adovada Mix	797945-513046	12/4 OZ	30.64	2.55	CS	27.26	2.27	\$3.38	11.0%

☆ = Gluten Free ♻ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 † = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

LOS CHILEROS, Cont.

66979	★🌿 Fajita Marinade Mix	797945-512025	12/2 OZ	30.41	2.53	CS	27.03	2.25	\$3.38	11.1%
66981	★🌿 Red Enchilada Sauce Mix	797945-516047	12/4 OZ	30.64	2.55	CS	27.26	2.27	\$3.38	11.0%
66982	★🌿 Taco & Burrito Mix	797945-515026	12/2 OZ	30.41	2.53	CS	27.03	2.25	\$3.38	11.1%

Southwest Specialties

66978	★🌿 Epazote	797945-614002	12/5 OZ	18.23	1.52	CS	16.20	1.35	\$2.03	11.1%
66980	★🌿 Mexican Oregano	797945-613005	12/5 OZ	19.48	1.62	CS	17.32	1.44	\$2.16	11.1%

LOVE CANDY

Granola, Nut, Caramel Bar

66132	★■ Dark Chocolate	891127-002080	15/1.5 OZ	20.00	1.33	CS	17.75	1.18	\$2.25	11.3%
66131	★■ Milk Chocolate	891127-002073	15/1.5 OZ	20.00	1.33	CS	17.75	1.18	\$2.25	11.3%
66133	★■ Yogurt Supreme	891127-002097	15/1.5 OZ	20.00	1.33	CS	17.75	1.18	\$2.25	11.3%

LUCINI ITALIA

Soups

25988	Roman Tomato Cream	648505-405601	6/19.6 OZ	27.97	4.66	CS	24.86	4.14	\$3.11	11.1%
25989	Rustic Italian Minestrone	648505-455606	6/19.6 OZ	27.97	4.66	CS	24.86	4.14	\$3.11	11.1%
29542	Tuscan Tomato & Basil	648505-415600	6/19.6 OZ	27.97	4.66	CS	24.86	4.14	\$3.11	11.1%
29547	Umbrian Lentil	648505-435608	6/19.6 OZ	27.97	4.66	CS	24.86	4.14	\$3.11	11.1%

LUCY'S

Gluten Free Cookies

31253	🌿★■🌿 Chocolate Chip, Gluten Free	897519-001006	8/5.5 OZ	29.65	3.71	CS	26.31	3.29	\$3.34	11.3%
31251	🌿★■🌿 Cinnamon Thin, Gluten Free	897519-001013	8/5.5 OZ	29.65	3.71	CS	26.31	3.29	\$3.34	11.3%
31252	🌿★■🌿 Oatmeal, Gluten Free	897519-001037	8/5.5 OZ	29.65	3.71	CS	26.31	3.29	\$3.34	11.3%
31250	🌿★■🌿 Sugar, Gluten Free	897519-001020	8/5.5 OZ	29.65	3.71	CS	26.31	3.29	\$3.34	11.3%

LUNDBERG

Displays

35339	★🌿 Asst Gourmet Natural Brown Rice	073416-501058	48/1 LB	114.29	2.38	CS	101.88	2.12	\$12.41	10.9%
35340	★ Christmas Rice Asst	073416-590144	48/1 LB	114.29	2.38	CS	101.88	2.12	\$12.41	10.9%

Grains

01603	★🌿🌿 Black Japonica Blend	073416-004511	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%
01602	★🌿🌿 Christmas Brown Rice Blend	073416-003354	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%
01566	★🌿🌿 Country Wild Rice Mix	073416-090101	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%
01584	★🌿🌿 Jubilee	073416-003255	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%
01589	★🌿🌿 Wehani	073416-300101	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%
01586	★🌿🌿 Wild Blend	073416-004306	12/1 LB	28.86	2.41	CS	25.76	2.15	\$3.10	10.7%

Roasted Brown Rice Couscous

35710	★■🌿🌿 Mediterranean Curry	073416-030022	12/7 OZ	23.27	1.94	CS	20.72	1.73	\$2.55	11.0%
35706	★■🌿🌿 Plain Original	073416-030015	12/10 OZ	23.27	1.94	CS	20.72	1.73	\$2.55	11.0%
35708	★■🌿🌿 Roasted Garlic & Olive Oil, Vegan	073416-030046	12/7 OZ	23.27	1.94	CS	20.72	1.73	\$2.55	11.0%
35707	★■🌿🌿 Savory Herb, Vegan	073416-030039	12/6.8 OZ	23.27	1.94	CS	20.72	1.73	\$2.55	11.0%

MADE

Organic Blend Of Fruit Juices & Green Tea

63071	★■🌿 Blackberry Peach	010594-611032	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
60800	★■🌿 Blueberry Lemonade	010594-611094	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
60812	★■🌿 Cranberry Limeade	010594-611117	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
60810	★■🌿 Pomegranate Lemonade	010594-611100	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
60814	★■🌿 Pomegranate Mojito	010594-611124	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
63127	★■🌿 Raspberry Peach	010594-611131	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
62303	★■🌿 Strawberry Lemonade	010594-611049	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%
62305	★■🌿 Strawberry Mojito	010594-611056	12/16 OZ	20.43	1.70	CS	17.91	1.49	\$2.52	12.3%

★ = Gluten Free 🌿 = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice 🌿 = 100% Organic ★ = 95-99% Organic
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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS

**Authorize
Now!**

Vegetable juice that's pure good. Everyday.

- 100% All Natural Vegetable Juice
- No High Fructose Corn Syrup
- No Artificial Colors or Flavors
- OU Kosher Certified
- No Preservatives
- USA Family owned and Operated



Case Pack: 8/64 oz PET, BPA Free, Recycleable Bottles

Case Dimensions: 15.13 x 9.94 x 11 (LxWxH)

Pallet Tl/Hl: 12 x 5 Shelf Life: 1 year Best By Date: mm/dd/year

Low Sodium Vegetable

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size: 8 fl Oz (237 ml)		Total Fat	0g	Total Carb.	12g
Servings per Container: 8		Cholest.	0mg	Dietary Fiber	1g
Calories 55		Sodium	95mg	Sugars	10g
Fat Calories 0		Potassium	875mg	Protein	2g
		Vitamin A	60%	Vitamin C	100%
		Iron	20%	Calcium	3%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: TOMATO JUICE FROM CONCENTRATE (FILTERED WATER, TOMATO CONCENTRATE), VEGETABLE JUICE BLEND (FILTERED WATER, CARROT, RED BEET, CELERY, PARSLEY, LETTUCE, WATERPRESS AND SPINACH JUICE CONCENTRATES, POTASSIUM CHLORIDE, POTASSIUM CITRATE, SEA SALT, CITRIC ACID, ORGANIC CANE JUICE, NATURAL FLAVORS, NATURAL GUM STABILIZER, ASCORBIC ACID (VITAMIN C).

Vegetable

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size: 8 fl Oz (237 ml)		Total Fat	0g	Total Carb.	15g
Servings per Container: 8		Cholest.	0mg	Dietary Fiber	3g
Calories 60		Sodium	400mg	Sugars	12g
Fat Calories 0		Potassium	460mg	Protein	3g
		Vitamin A	60%	Vitamin C	100%
		Iron	6%	Calcium	6%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: TOMATO JUICE FROM CONCENTRATE (FILTERED WATER, TOMATO CONCENTRATE), VEGETABLE JUICE BLEND (FILTERED WATER, CARROT, RED BEET, CELERY, PARSLEY, LETTUCE, WATERPRESS AND SPINACH JUICE CONCENTRATES, SEA SALT, CITRIC ACID, NATURAL FLAVORS, NATURAL GUM STABILIZER, ASCORBIC ACID (VITAMIN C).

Spicy Vegetable

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size: 8 fl Oz (237 ml)		Total Fat	0g	Total Carb.	12g
Servings per Container: 8		Cholest.	0mg	Dietary Fiber	2g
Calories 55		Sodium	500mg	Sugars	12g
Fat Calories 0		Protein 2g			
		Vitamin A	60%	Vitamin C	100%
		Iron	20%	Calcium	3%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: TOMATO JUICE FROM CONCENTRATE (FILTERED WATER, TOMATO CONCENTRATE), VEGETABLE JUICE BLEND (FILTERED WATER, CARROT, RED BEET, CELERY, PARSLEY, LETTUCE, WATERPRESS AND SPINACH JUICE CONCENTRATES, SEA SALT, SERRANO PEPPER PUREE, CITRIC ACID, NATURAL FLAVORS, NATURAL GUM STABILIZER, ASCORBIC ACID (VITAMIN C).

For More Information Please Contact Melissa Elms:

L&A Juice Company — Sales Department

16195 Stephens Street, City of Industry, CA 91745

T: 626-336-3100 E: melissa@langers.com

LATE JULY

ORGANIC SNACKS



OCTOBER IS A TIME FOR SWEETS AND TREATS!

Celebrate this month with Late July's Fastest Growing SKUs!

- VANILLA BEAN WITH GREEN TEA SANDWICH COOKIES
- INTENSE & DECADENT DARK CHOCOLATE SANDWICH COOKIES

Your customers will love the delicious taste and that they are USDA organic!



BETTER TASTING, BETTER FOR YOU AND BETTER FOR THE PLANET.



Organic Classic Sandwich Cookies

Enjoy Late July Organic Cookies Today!

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Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
MAINE COAST SEA VEGETABLES										
<i>Kelp Krunch Seaweed Energy Bar</i>										
28878	Original Sesame	034529-123674	12/1 OZ	15.30	1.28	CS	13.61	1.13	\$1.69	11.0%
28879	Sesame Ginger	034529-123681	12/1 OZ	15.30	1.28	CS	13.61	1.13	\$1.69	11.0%
MARANATHA										
<i>Peanut Butter</i>										
66312	No Stir w/Calcium & Omega 3's	051651-092487	12/12 OZ	38.26	3.19	CS	34.14	2.85	\$4.12	10.8%
MARIO BATALI										
<i>Pasta Sauce</i>										
24155	Alla Vodka	876045-003029	6/24 OZ	34.56	5.76	CS	30.67	5.11	\$3.89	11.3%
24151	Arrabiata	876045-003012	6/24 OZ	34.56	5.76	CS	30.67	5.11	\$3.89	11.3%
24156	Marinara	876045-003036	6/24 OZ	34.56	5.76	CS	30.67	5.11	\$3.89	11.3%
24150	Tomato Basil	876045-003005	6/24 OZ	34.56	5.76	CS	30.67	5.11	\$3.89	11.3%
MARTINELLI'S										
Not From Concentrate, Made From US Grown Apples										
<i>Ciders and Juices</i>										
23376	Apple Cider	041244-001514	6/1.5 LTR	23.91	3.99	CS	22.62	3.77	\$1.29	5.4%
23375	Apple Juice, Unfiltered	041244-001545	6/1.5 LTR	23.91	3.99	CS	22.62	3.77	\$1.29	5.4%
<i>Displays</i>										
23356	Mulling Spice Shipper	041244-004805	48/25 CT	206.21	4.30	CS	182.21	3.80	\$24.00	11.6%
<i>Sparkling Ciders & Juices</i>										
23372	Apple Cider	041244-000067	12/25.4 OZ	31.92	2.66	CS	29.76	2.48	\$2.16	6.8%
23367	Apple Grape	041244-600250	12/25.4 OZ	31.90	2.66	CS	29.74	2.48	\$2.16	6.8%
23358	Apple Cider	041244-002535	12/25.4 OZ	35.11	2.93	CS	32.71	2.73	\$2.40	6.8%
23374	Apple Cranberry	041244-102501	12/25.4 OZ	31.89	2.66	CS	29.25	2.44	\$2.64	8.3%
32755	Apple Pomegranate	041244-990306	12/25.4 OZ	38.40	3.20	CS	35.76	2.98	\$2.64	6.9%
MARUKAN										
<i>Asian Cooking Ingredients-Vinegar/Cooking Wine</i>										
33366	Brewed Rice Vinegar	070641-000066	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%
33368	Lite Seasoned Gourmet Rice Vinegar	070641-000394	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%
33367	Seasoned Gourmet Rice Vinegar	070641-000097	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%
MARY'S GONE CRACKERS										
<i>Cookies</i>										
65149	Chocolate Chip	897580-000663	6/5.5 OZ	19.88	3.31	CS	17.70	2.95	\$2.18	11.0%
65148	Ginger Snaps	897580-000656	6/5.5 OZ	19.88	3.31	CS	17.70	2.95	\$2.18	11.0%
65150	N'Oatmeal Raisin	897580-000687	6/5.5 OZ	19.88	3.31	CS	17.70	2.95	\$2.18	11.0%
MCCANN'S IRISH OATMEAL										
<i>Cereal-Hot</i>										
02433	Oatmeal, Irish	072463-000224	12/16 OZ	35.76	2.98	CS	33.17	2.76	\$2.59	7.2%
32540	Quick & Easy Steel Cut	072463-000309	12/16 OZ	35.76	2.98	CS	33.17	2.76	\$2.59	7.2%
02431	Oatmeal, Quick	072463-000217	12/16 OZ	38.84	3.24	CS	36.02	3.00	\$2.82	7.3%
02430	Oatmeal, Regular	072463-000200	12/28 OZ	67.70	5.64	CS	62.79	5.23	\$4.91	7.3%
MEDITERRANEAN SNACK FOOD										
<i>Baked Lentil Chips</i>										
66239	Cracked Pepper	856435-001491	12/4.5 OZ	36.00	3.00	CS	31.95	2.66	\$4.05	11.3%
66240	Cucumber Dill	856435-001521	12/4.5 OZ	36.00	3.00	CS	31.95	2.66	\$4.05	11.3%
66238	Sea Salt	856435-001484	12/4.5 OZ	36.00	3.00	CS	31.95	2.66	\$4.05	11.3%

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 † = Made With 70-94% Organic Ingredients 🌿 = Vegan Ⓚ = Kosher 🌱 = Vegetable Enzymes ✨ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Now with
320mg of Omega-3s

MaraNatha™

All Natural No Stir Peanut Spread with Calcium & Omega-3s



2 Tbsp. of All Natural
No Stir Peanut Spread with
Calcium & Omega-3s



=

10% DV
of Calcium

+

320 mg of
Omega-3s

We've improved our Organic No Stir Peanut Spread with Calcium to an All Natural No Stir Peanut Spread with Calcium & Omega-3s

- Each serving contains 10% DV of calcium to help promote bone health
- PLUS each serving contains 320mg of Omega-3s
- Omega-3s may help promote heart health
- Made with Chia Seed for a smooth peanut butter taste—no flax or fish oil off-flavors
- Batch roasted with deep, rich roasted flavor and velvety smoothness

PRODUCT SPECIFICATIONS

Order Unit of Measure	Case
Item UPC	0-51651-09248-7
Item Size	12 oz. jar
Case Pack	12/12 oz. jars

www.maranathafoods.com



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MEDITERRANEAN SNACK FOODS

- ✓ All Natural
- ✓ No Trans Fat
- ✓ gmo Free
- ✓ Less Fat than potato chips

Sea Salt &
Cracked Pepper
66239



Cucumber Dill
66240

Sea Salt
66238

Discover Baked Lentil Chips, the first snack to deliver the great taste and healthy benefits of lentils, adzuki, and garbanzo beans. Made from a select Mediterranean recipe, this savory all natural snack is made with 100% gluten free ingredients, has 4 grams of protein, and 3 grams of fiber & fat in each crunchy serving. They're a delicious, heart-healthy alternative to ordinary chips or crackers. Whether you're entertaining or just snacking, enjoy our chips with your favorite spreads or eat them straight from the bag!

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
METRO MINT										
65151	Cherrymint Water	658564-230595	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
65152	Chocolatemint Water	658564-230519	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
65153	Lemonmint Water	658564-230588	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
65154	Orangemint Water	658564-230571	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
65155	Peppermint Water	658564-230557	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
65156	Spearmint Water	658564-230564	12/500 ML	13.48	1.12	CS	12.02	1.00	\$1.46	10.8%
MEZZETTA										
<i>Specialty Sauces & Salsas</i>										
39514	California Hot Sauce	073214-006106	6/7.5 OZ	8.72	1.45	CS	7.94	1.32	\$0.78	8.9%
MI-DEL										
<i>Cookies</i>										
66707	Munchies, Maple, All Natural	030684-113802	6/4.05 OZ	18.55	3.09	CS	16.52	2.75	\$2.03	10.9%
66708	S'Mores, All Natural	030684-092558	6/4.05 OZ	18.55	3.09	CS	16.52	2.75	\$2.03	10.9%
35870	Gingersnaps	030684-035029	12/10 OZ	30.66	2.56	CS	27.40	2.28	\$3.26	10.6%
35878	Snaps, Chocolate	030684-768897	12/10 OZ	30.66	2.56	CS	27.40	2.28	\$3.26	10.6%
35872	Snaps, Lemon	030684-035036	12/10 OZ	30.66	2.56	CS	27.40	2.28	\$3.26	10.6%
35873	Snaps, Vanilla	030684-035043	12/10 OZ	30.66	2.56	CS	27.40	2.28	\$3.26	10.6%
36938	Ginger Snaps	030684-093333	12/8 OZ	32.72	2.73	CS	29.23	2.44	\$3.49	10.7%
35871	Honey Grahams	016583-004021	12/16 OZ	36.15	3.01	CS	32.41	2.70	\$3.74	10.3%
<i>Wheat-Free/Gluten-Free Cookies</i>										
35876	Arrowroot Animal	030684-768910	12/8 OZ	30.71	2.56	CS	27.45	2.29	\$3.26	10.6%
35874	Chocolate Chip, Mini	030684-766435	12/8 OZ	30.71	2.56	CS	27.45	2.29	\$3.26	10.6%
35886	Cinnamon Snaps, GF, DF	030684-092503	12/8 OZ	30.71	2.56	CS	27.45	2.29	\$3.26	10.6%
35875	Ginger Snaps	030684-768903	12/8 OZ	30.71	2.56	CS	27.45	2.29	\$3.26	10.6%
35877	Mini Pecan	030684-769979	12/8 OZ	30.71	2.56	CS	27.45	2.29	\$3.26	10.6%
MIDDLE EARTH										
<i>Oils</i>										
25323	Olive Oil, Extra Virgin, Cold Pressed	832279-003143	6/16.9 OZ	91.80	15.30	CS	81.90	13.65	\$9.90	10.8%
<i>Sauces</i>										
61588	Passata Rustica, Extra Thick	832279-002115	6/18 OZ	18.11	3.02	CS	16.40	2.73	\$1.71	9.4%
25326	Spicy Tomato & Roasted Garlic	832279-002061	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
25320	Tomato & Basil, Italian	832279-002016	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
25321	Tomato & Eggplant, Italian	832279-002023	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
25324	Tomato & Grilled Zucchini	832279-002047	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
25322	Tomato & Porcini Mushroom, Italian	832279-002030	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
25325	Tomato w/ Olives & Capers	832279-002054	6/19.8 OZ	30.42	5.07	CS	27.36	4.56	\$3.06	10.1%
MILLER HONEY										
<i>Honey</i>										
38525	Miller Clover Blossom	071238-012035	12/24 OZ	62.40	5.20	CS	57.80	4.82	\$4.60	7.4%
38523	Miller Orange Blossom	071238-012028	12/24 OZ	62.40	5.20	CS	57.80	4.82	\$4.60	7.4%
38528	Miller Clover Blossom	071238-009035	12/32 OZ	81.72	6.81	CS	75.69	6.31	\$6.03	7.4%
38527	Miller Orange Blossom	071238-009028	12/32 OZ	81.72	6.81	CS	75.69	6.31	\$6.03	7.4%
MIX 1										
<i>Enhanced Protein Shake</i>										
29665	Blueberry Vanilla	890156-001316	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
29664	Lime	890156-001217	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
29662	Mango	890156-001019	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
29663	Mixed Berry	890156-001118	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
29157	Tangerine	890156-001415	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
28091	Blueberry Vanilla	890156-001330	4/4/11 OZ	25.81	6.45	CS	22.91	5.73	\$2.90	11.2%
<i>Hi-Antioxidant Fiber Drink</i>										
62411	Dark Berry	890156-001927	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
62410	Orange Twist	890156-001903	12/11 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan ⊙ = Kosher ⚡ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

Middle Earth Organics

NEW

“PASSATA RUSTICA”

**EXTRA THICK, CHUNKY
TOMATO AMBROSIA!**

**THE HIGHEST QUALITY TOMATO
PUREE ON THE MARKET**

**LIMITED PRODUCTION FROM
OUR ITALIAN ESTATE DURING
A 2 WEEK PERIOD IN AUGUST
WHEN THE TOMATOES ARE AT
THEIR ABSOLUTE PEAK OF
SWEETNESS AND PERFECTION**

GLASS JAR (BPA-FREE!)

NO ADDED SALT OR CITRIC ACID

ORGANIC / BIODYNAMIC

6/CASE

15% INTRO OFFER



UNFI #61588

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
MLO PRODUCTS										
Bio Protein bars										
82915	■ Chocolate Peanut Butter	030963-221204	12/2.85 OZ	15.38	1.28	CS	13.68	1.14	\$1.70	11.1%
82918	■ Cookies & Cream	030963-224205	12/2.85 OZ	15.38	1.28	CS	13.68	1.14	\$1.70	11.1%
82916	■ Double Chocolate	030963-221105	12/2.85 OZ	15.38	1.28	CS	13.68	1.14	\$1.70	11.1%
MODERN PRODUCTS										
Spices & Seasonings										
20517	Hauser Vegetable Broth	075820-178048	12/4 OZ	42.40	3.53	CS	37.63	3.14	\$4.77	11.3%
MOM'S SPAGHETTI SAUCE										
Pasta Sauce										
31809	Garlic & Basil	096906-006147	6/14 OZ	22.80	3.80	CS	20.55	3.43	\$2.25	9.9%
31810	Garlic & Basil	096906-002262	6/24 OZ	35.22	5.87	CS	31.80	5.30	\$3.42	9.7%
32300	Spaghetti Marinara	096906-023243	6/24 OZ	35.22	5.87	CS	31.80	5.30	\$3.42	9.7%
62862	★ Sicilian Roasted Pepper	096906-021263	6/24 OZ	36.70	6.12	CS	33.14	5.52	\$3.56	9.7%
62861	★ Traditional Tomato & Basil	096906-008264	6/24 OZ	36.70	6.12	CS	33.14	5.52	\$3.56	9.7%
62860	Artichoke Heart & Asiago Cheese	096906-002316	6/24 OZ	37.90	6.32	CS	34.21	5.70	\$3.69	9.7%
62859	Martini	096906-002293	6/24 OZ	37.90	6.32	CS	34.21	5.70	\$3.69	9.7%
MONARI FEDERZONI										
Vinegars/Cooking Wines Vinegar										
62310	★ Balsamic Vinegar	067264-200003	6/17 OZ	30.21	5.04	CS	27.18	4.53	\$3.03	10.0%
MONINI										
Olive Oil										
44675	◆ Extra Virgin, Originale	080441-258246	12/16.9 OZ	86.90	7.24	CS	77.27	6.44	\$9.63	11.1%
44674	◆ Extra Virgin, Fruttato	080441-258215	12/16.9 OZ	93.92	7.83	CS	83.50	6.96	\$10.42	11.1%
MONTANA MONSTER MUNCHIES										
All Natural Cookies										
27495	■☉ Wheat Free	833525-000206	12/10 OZ	52.32	4.36	CS	47.03	3.92	\$5.29	10.1%
MONTE BENE										
All Natural Pasta Sauces										
35768	Garlic Marinara	677294-999015	12/24 OZ	47.20	3.93	CS	41.89	3.49	\$5.31	11.3%
35770	Spicy Marinara	677294-999039	12/24 OZ	47.20	3.93	CS	41.89	3.49	\$5.31	11.3%
35769	Tomato Basil	677294-999022	12/24 OZ	47.20	3.93	CS	41.89	3.49	\$5.31	11.3%
MONTEBELLO										
Artisan Pasta										
29430	★ Capellini	015532-101040	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29432	★ Conchiglie	015532-101057	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48422	☼ Conchiglie, Whole Wheat	015532-101163	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29720	★ Fusilli	015532-101088	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48420	☼ Gnocchi, Whole Wheat	015532-101149	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29429	★ Linguine	015532-101033	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29714	★ Orecchiette	015532-101095	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29431	★ Penne Rigate	015532-101026	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48421	☼ Penne Rigate, Whole Wheat	015532-101156	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29713	★ Rigatoni	015532-101071	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29428	★ Spaghetti	015532-101019	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48419	☼ Spaghetti, Whole Wheat	015532-101132	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
29433	★ Strozzapreti	015532-101064	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48417	☼ Tagliatelle	015532-101118	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
48418	☼ Torchiette	015532-101125	20/1 LB	58.68	2.93	CS	54.38	2.72	\$4.30	7.3%
Oils										
29434	☼ Extra Virgin Olive	015532-100968	12/500 ML	121.38	10.12	CS	112.38	9.37	\$9.00	7.4%
29435	☼ Extra Virgin Olive	015532-100975	12/750 ML	168.29	14.02	CS	155.81	12.98	\$12.48	7.4%

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Item #	Description	UPC	Pack Size	Wholesale Case	Each	CS/EA	Sale			
							Case	Each	\$Disc	%Disc
MOUNTAIN VALLEY SPRING WATER										
66887	Premium Sparkling, Glass	077208-004123	24/333 ML	20.99	0.87	CS	18.75	0.78	\$2.24	10.7%
66885	Premium Spring, Glass	077208-000125	24/333 ML	20.99	0.87	CS	18.75	0.78	\$2.24	10.7%
66888	Premium Sparkling, Glass	077208-000026	6/4/333 ML	22.59	3.77	CS	20.17	3.36	\$2.42	10.7%
66886	Premium Spring, Glass	077208-000019	6/4/333 ML	22.59	3.77	CS	20.17	3.36	\$2.42	10.7%
MRS. RENFRO'S										
Mexican/American Salsa										
44651	★■ Mango Habanero	041235-000779	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34239	★■ Pineapple	041235-000793	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34229	★ Pomegranate w/Chipotle	041235-000809	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79332	Roasted Garlic	041235-000755	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79330	Roasted	041235-000731	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44650	◆ Salsa, Chipotle Corn	041235-000724	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44648	◆ Salsa, Green	041235-000632	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44649	◆ Salsa, Habanero	041235-000700	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34226	★■ Tequila	041235-000786	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
NANA'S COOKIES										
Cookie Bites										
33828	☼ Fudge, Gluten Free	743105-000550	12/5 OZ	25.08	2.09	CS	22.29	1.86	\$2.79	11.1%
33826	☼ Ginger Spice, Gluten Free	743105-000536	12/5 OZ	25.08	2.09	CS	22.29	1.86	\$2.79	11.1%
33827	☼ Lemon Dreams, Gluten Free	743105-000543	12/5 OZ	25.08	2.09	CS	22.29	1.86	\$2.79	11.1%
Gluten Free Cookie Bars										
32655	☼ Berry Vanilla	743105-000857	8/6.17 OZ	21.95	2.74	CS	19.51	2.44	\$2.44	11.1%
32656	☼ Chocolate Munch	743105-000864	8/6.17 OZ	21.95	2.74	CS	19.51	2.44	\$2.44	11.1%
32654	☼ Nana Banana	743105-000840	8/6.17 OZ	21.95	2.74	CS	19.51	2.44	\$2.44	11.1%
Gluten Free Cookies										
32646	☼ Chocolate Crunch	743105-000215	12/3.5 OZ	16.55	1.38	CS	14.71	1.23	\$1.84	11.1%
32645	☼ Chocolate	743105-000208	12/3.5 OZ	16.55	1.38	CS	14.71	1.23	\$1.84	11.1%
32643	☼ Ginger	743105-000185	12/3.5 OZ	16.55	1.38	CS	14.71	1.23	\$1.84	11.1%
32644	☼ Lemon	743105-000192	12/3.5 OZ	16.55	1.38	CS	14.71	1.23	\$1.84	11.1%
NAPA VALLEY NATURALS										
California Cooking Wines										
28058	Burgundy	786969-030127	12/12.7 OZ	33.26	2.77	CS	30.86	2.57	\$2.40	7.2%
28054	Marsala	786969-030110	12/12.7 OZ	33.26	2.77	CS	30.86	2.57	\$2.40	7.2%
28062	Sauterne	786969-030134	12/12.7 OZ	33.26	2.77	CS	30.86	2.57	\$2.40	7.2%
28052	Sherry	786969-030103	12/12.7 OZ	33.26	2.77	CS	30.86	2.57	\$2.40	7.2%
Culinary Cooking Oils										
25908	★☼ Canola, Expeller Pressed	786969-010259	12/25.4 OZ	70.37	5.86	CS	65.27	5.44	\$5.10	7.2%
25921	★ Safflower, Expeller Pressed	786969-010266	12/25.4 OZ	70.37	5.86	CS	65.27	5.44	\$5.10	7.2%
25909	★ Sunflower, Expeller Pressed	786969-010273	12/25.4 OZ	70.37	5.86	CS	65.27	5.44	\$5.10	7.2%
22827	Grapeseed, Expeller Pressed	786969-010235	12/25.4 OZ	83.02	6.92	CS	77.02	6.42	\$6.00	7.2%
Extra Virgin Olive Oils										
25913	★ Olive Oil	786969-010136	6/16.9 OZ	47.56	7.93	CS	44.08	7.35	\$3.48	7.3%
25910	Rich & Robust	786969-010143	6/16.9 OZ	47.56	7.93	CS	44.08	7.35	\$3.48	7.3%
25982	★ Olive Oil	786969-010297	6/50.8 OZ	114.56	19.09	CS	106.16	17.69	\$8.40	7.3%
25903	Rich & Robust	786969-010020	12/25.4 OZ	114.35	9.53	CS	105.95	8.83	\$8.40	7.3%
25905	☼ Olive Oil	786969-010051	12/25.4 OZ	119.95	10.00	CS	111.13	9.26	\$8.82	7.4%
Komen for the Cure Reserve Cuvee										
25912	★ Balsamic Vinegar	786969-030035	6/16.9 OZ	48.96	8.16	CS	45.36	7.56	\$3.60	7.4%
25906	☼ Extra Virgin Olive Oil	786969-010242	12/25.4 OZ	146.99	12.25	CS	136.19	11.35	\$10.80	7.3%
Vinegars										
22824	Champagne	786969-030097	12/12.7 OZ	49.43	4.12	CS	45.83	3.82	\$3.60	7.3%
22825	Spanish Sherry	786969-030073	12/12.7 OZ	57.44	4.79	CS	53.24	4.44	\$4.20	7.3%
22826	Balsamic, Grand Reserve	786969-030080	12/12.7 OZ	81.63	6.80	CS	75.63	6.30	\$6.00	7.4%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

NATURAL NECTAR

Baguette Bites

64892	8 Grains	182741-000423	6/3.5 OZ	15.20	2.53	CS	13.49	2.25	\$1.71	11.3%
64890	Mediterranean	182741-000409	6/3.5 OZ	15.20	2.53	CS	13.49	2.25	\$1.71	11.3%
64891	■ Original	182741-000416	6/3.5 OZ	15.20	2.53	CS	13.49	2.25	\$1.71	11.3%

ChocoDream Spreads

64373	■ ChocoDream w/ Hazelnut	182741-000331	6/12.3 OZ	25.20	4.20	CS	22.36	3.73	\$2.84	11.3%
64374	■ ChocoDream, Dark w/FT Ingredients	182741-000348	6/12.3 OZ	25.20	4.20	CS	22.36	3.73	\$2.84	11.3%

Cookies

64868	■ ChocoDream Dark Chocolate FT	182741-000737	12/5.29 OZ	30.40	2.53	CS	26.98	2.25	\$3.42	11.3%
64867	■ ChocoDream Milk Chocolate FT	182741-000744	12/5.29 OZ	30.40	2.53	CS	26.98	2.25	\$3.42	11.3%

Crackle Bread

64370	☆ Original	182741-000010	12/3.5 OZ	30.93	2.58	CS	27.45	2.29	\$3.48	11.3%
64371	☆ Sundried Tomato	182741-000034	12/3.5 OZ	30.93	2.58	CS	27.45	2.29	\$3.48	11.3%

Mediterranean Crackers

64864	■ Feta & Oregano	182741-000508	12/3.1 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
64865	■ Leek & Onion	182741-000515	12/3.1 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
64863	■ Original Sea Salt	182741-000492	12/3.1 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
64866	■ Roasted Tomato & Basil	182741-000522	12/3.1 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%

NATURAL SEA

Alaska Salmon

26393	Pink, Skinless/Boneless, Salted	042563-013066	12/6 OZ	35.92	2.99	CS	31.96	2.66	\$3.96	11.0%
26399	Red Sockeye, No Salt Added	042563-013080	24/7.5 OZ	87.84	3.66	CS	78.13	3.26	\$9.71	11.1%
26394	Red Sockeye, Salted	042563-013073	24/7.5 OZ	87.84	3.66	CS	78.13	3.26	\$9.71	11.1%

Salmon

05018	Pink	042563-003005	12/7.5 OZ	31.92	2.66	CS	28.42	2.37	\$3.50	11.0%
05020	Pink, No Salt	042563-003050	12/7.5 OZ	31.92	2.66	CS	28.42	2.37	\$3.50	11.0%

NATURAL VINES

Natural Licorice

66687	■ Black Vines	041364-084817	6/8 OZ	14.08	2.35	CS	12.50	2.08	\$1.58	11.2%
66686	■ Strawberry Vines	041364-084800	6/8 OZ	14.08	2.35	CS	12.50	2.08	\$1.58	11.2%

NATURE'S AGAVE

Agave Nectar

21177	☼☼ Amber	854197-002015	12/11.75 OZ	49.81	4.15	CS	44.27	3.69	\$5.54	11.1%
21176	☼☼ Clear	854197-002008	12/11.75 OZ	49.81	4.15	CS	44.27	3.69	\$5.54	11.1%
21178	☼☼ Raw	854197-002022	12/11.75 OZ	49.81	4.15	CS	44.27	3.69	\$5.54	11.1%

NEAR EAST

Couscous

66740	Pearled, Original Plain	072251-020007	12/6 OZ	25.44	2.12	CS	22.58	1.88	\$2.86	11.2%
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NEWMAN'S OWN ORGANICS

Hermits Cookies

36229	■ Cinnamon	757645-022620	12/9 OZ	38.21	3.18	CS	34.00	2.83	\$4.21	11.0%
36230	■ Ginger	757645-022644	12/9 OZ	38.21	3.18	CS	34.00	2.83	\$4.21	11.0%
36228	■ Original	757645-022606	12/9 OZ	38.21	3.18	CS	34.00	2.83	\$4.21	11.0%

Licorice

66279	■☼☼ Twiste, Strawberry	757645-018104	15/5 OZ	28.80	1.92	CS	25.56	1.70	\$3.24	11.3%
66277	■☼☼ Twists, Black	757645-018005	15/5 OZ	28.80	1.92	CS	25.56	1.70	\$3.24	11.3%
66278	■☼☼ Twists, Pomegranate	757645-018050	15/5 OZ	28.80	1.92	CS	25.56	1.70	\$3.24	11.3%
66280	■☼☼ Twists, Tangerine	757645-018159	15/5 OZ	28.80	1.92	CS	25.56	1.70	\$3.24	11.3%

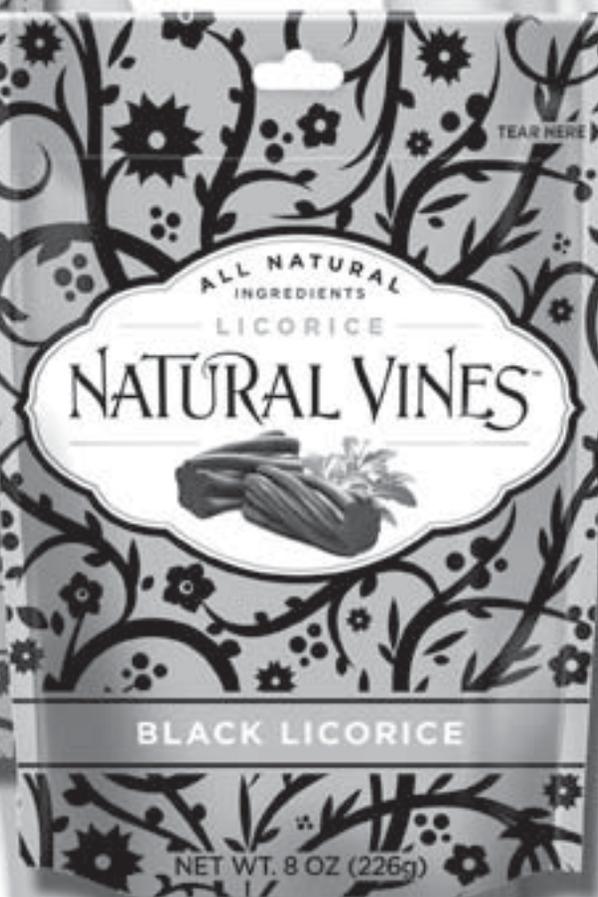
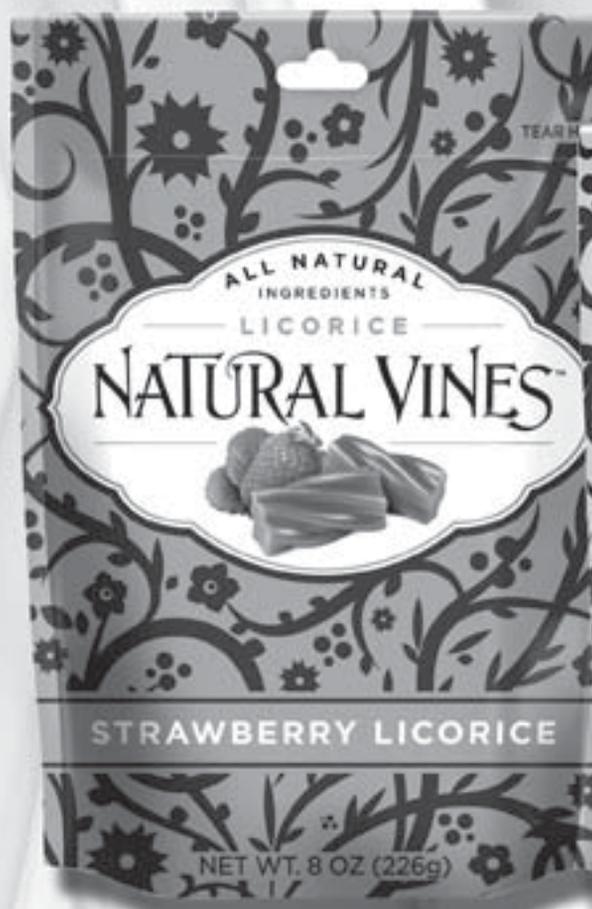
Mints

61859	★ Cinnamon Mint Roll	757645-016407	12/7.5 OZ	6.11	0.51	CS	5.42	0.45	\$0.69	11.3%
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☆ = Gluten Free ☼ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☼ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ☼ = Vegan ☼ = Kosher ◆ = Vegetable Enzymes ☼ = Ethnic ○ = Non-GMO Project Verified



- ✓ Natural Vines brand licorice comes in traditional black or strawberry-flavored licorice twists packaged in 8 oz. stand-up, gusseted, re-closable bags for retaining freshness.
- ✓ Some licorice is loaded with non-natural ingredients described by numbers and multiple syllable compounds. Natural Vines brand licorice is made from all-natural flavorings and colors from natural food sources. We use no artificial flavors and no preservatives. So you can have a pure licorice experience.
- ✓ In addition, Natural Vines brand licorices contains no high fructose corn syrup, trans fat or soy, are cholesterol-free, low-sodium, vegan and made in a nut free facility.



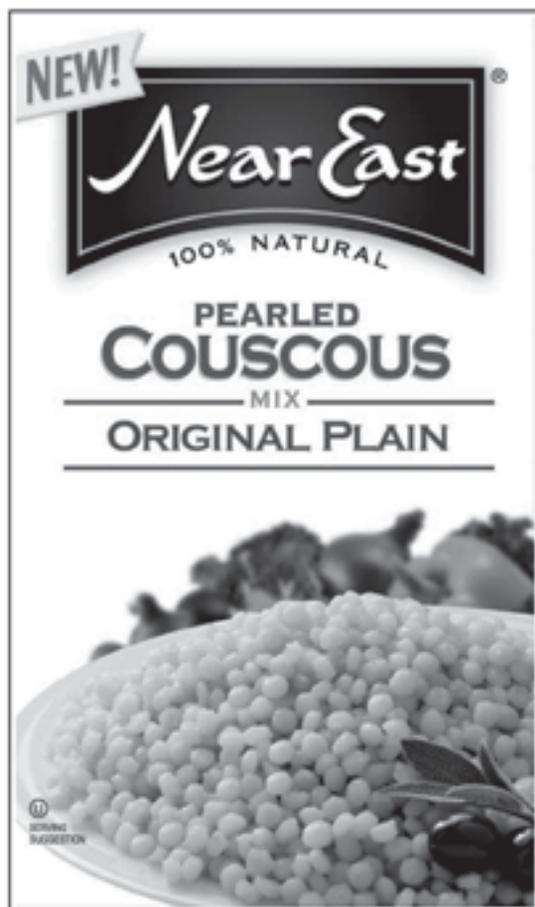
www.americanlicorice.com/



Introducing New Pearled Couscous - Plain

Reach incremental customers looking for recipe versatility and flavor customization

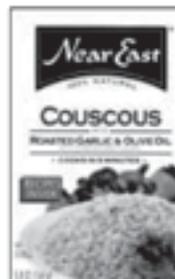
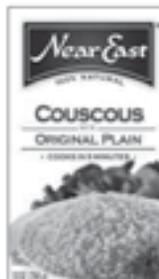
100%
Natural



Kosher

Roasted Garlic & Olive Oil Pearled Couscous and Basil & Herb Pearled Couscous also available

Add unique, natural, authentic, and worldly side dishes to your line up...



Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
NEWMAN'S OWN ORGANICS, Cont.										
61860	★ ■ Ginger Mint Roll	757645-016506	12/75 OZ	6.11	0.51	CS	5.42	0.45	\$0.69	11.3%
61861	★ ■ Peppermint Mint Roll	757645-016605	12/75 OZ	6.11	0.51	CS	5.42	0.45	\$0.69	11.3%
61862	★ ■ Wintergreen Mint Roll	757645-016704	12/75 OZ	6.11	0.51	CS	5.42	0.45	\$0.69	11.3%
Newman-O's Creme Filled Sandwich Cookies										
36269	◆ ■ ● Chocolate Creme	757645-022422	12/16 OZ	38.62	3.22	CS	34.97	2.91	\$3.65	9.5%
36267	◆ ■ ● Ginger O's	757645-022477	12/16 OZ	38.62	3.22	CS	34.97	2.91	\$3.65	9.5%
36270	◆ ■ ● Mint Creme	757645-022446	12/16 OZ	38.62	3.22	CS	34.97	2.91	\$3.65	9.5%
36273	◆ ■ Original	757645-022408	12/16 OZ	38.62	3.22	CS	34.97	2.91	\$3.65	9.5%
Organic Chocolate Bars										
27396	★ ★ ■ Dark	757645-013000	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
27398	★ ★ ■ Espresso Dark	757645-013109	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
27400	★ ★ ■ Milk	757645-013505	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
27401	★ ★ ■ Mocha Milk	757645-013550	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
27399	★ ★ ■ Orange Dark	757645-013154	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
27397	★ ★ ■ Super Dark	757645-013055	12/3.25 OZ	27.68	2.31	CS	24.57	2.05	\$3.11	11.2%
Organic Dried Fruits										
35170	★ Raisins, Mini Boxes	884284-040101	12/14.5 OZ	27.92	2.33	CS	24.87	2.07	\$3.05	10.9%
35171	★ Raisins, Mini Boxes	884284-040156	12/6/1.5 OZ	27.92	2.33	CS	24.87	2.07	\$3.05	10.9%
Wheat Free, Dairy Free Cookies										
36387	◆ ● ■ ● Vanilla Creme O's	757645-022491	12/16 OZ	38.62	3.22	CS	34.97	2.91	\$3.65	9.5%
NEWMAN'S OWN										
Condiments										
36279	■ Steak Sauce	020662-001801	12/11.5 OZ	50.76	4.23	CS	47.04	3.92	\$3.72	7.3%
Dressings										
36278	■ Balsamic Vinaigrette	020662-000064	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
36341	■ Caesar	020662-000378	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
22415	■ Creamy Caesar	020662-001993	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
22402	■ Italian, Family Recipe	020662-001931	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
36305	■ Olive Oil & Vinegar Salad Dressing	020662-000026	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
36339	■ Ranch	020662-000330	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
35155	■ Three Cheese Balsamic Vinaigrette	020662-003560	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
Salsas										
22406	■ Medium, Chunky	020662-000965	12/16 OZ	31.20	2.60	CS	29.00	2.42	\$2.20	7.1%
22407	■ Mild, Chunky	020662-000958	12/16 OZ	31.20	2.60	CS	29.00	2.42	\$2.20	7.1%
NEXT ORGANICS										
31287	★ ■ Dark Chocolate Almonds	817582-161001	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
31290	★ ■ Dark Chocolate Brazil Nuts	817582-167003	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
31289	★ ■ Dark Chocolate Cashews	817582-163005	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
47111	★ ■ Dark Chocolate Cherries	817582-152009	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
47113	★ ■ Dark Chocolate Ginger Cubes	817582-170003	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
47112	★ ■ Dark Chocolate Goji Berries	817582-154003	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
31288	★ ■ Dark Chocolate Walnuts	817582-162008	12/4 OZ	37.44	3.12	CS	33.23	2.77	\$4.21	11.2%
NUNEZ DE PRADO										
Organic Olive Oil From Spain										
27880	✪ Extra Virgin	015532-900018	12/500 ML	121.78	10.15	CS	112.78	9.40	\$9.00	7.4%
27882	✪ Extra Virgin	015532-900025	12/750 ML	168.82	14.07	CS	156.34	13.03	\$12.48	7.4%
NUTIVA										
Coconut Oil										
66992	★ Raw	692752-300011	6/15 OZ	55.17	9.20	CS	49.10	8.18	\$6.07	11.0%
66993	★ Raw	692752-011344	6/29 OZ	98.24	16.37	CS	87.44	14.57	\$10.80	11.0%
30707	★ Raw	692752-300028	6/54 OZ	143.48	23.91	CS	127.73	21.29	\$15.75	11.0%

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 † = Made With 70-94% Organic Ingredients ☯ = Vegan ☯ = Kosher ✪ = Vegetable Enzymes ✪ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

NUTIVA, Cont.

Coconut Products

66996	★	Coconut Chips, Raw	692752-311116	6/8 OZ	16.43	2.74	CS	14.63	2.44	\$1.80	11.0%
66995	★	Coconut Manna	692752-311147	6/15 OZ	41.07	6.85	CS	36.57	6.10	\$4.50	11.0%

Seeds

66994	✿	Chia	692752-103117	6/14 OZ	41.02	6.84	CS	36.52	6.09	\$4.50	11.0%
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O.N.E.

Active Coconut Water

66997	★	Cranberry Grapefruit	894991-001333	12/16.9 OZ	17.85	1.49	CS	15.92	1.33	\$1.93	10.8%
66998	★	Grape Berry	894991-001302	12/16.9 OZ	17.85	1.49	CS	15.92	1.33	\$1.93	10.8%
66999	★	Lemon Lime	894991-001326	12/16.9 OZ	17.85	1.49	CS	15.92	1.33	\$1.93	10.8%

OHGAVE!

Amber

66924	✿	Amber	850434-002022	6/17 OZ	23.94	3.99	CS	21.33	3.56	\$2.61	10.9%
66925	✿	Amber	850434-002039	6/23.5 OZ	31.06	5.18	CS	27.68	4.61	\$3.38	10.9%
66926	✿	Amber	850434-002053	6/46 OZ	54.11	9.02	CS	48.26	8.04	\$5.85	10.8%

Honey

66930	✿	Honey	850434-002091	6/17 OZ	23.94	3.99	CS	21.33	3.56	\$2.61	10.9%
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Light

66921	✿	Light	850434-002008	6/17 OZ	23.94	3.99	CS	21.33	3.56	\$2.61	10.9%
66922	✿	Light	850434-002015	6/23.5 OZ	31.06	5.18	CS	27.68	4.61	\$3.38	10.9%
66923	✿	Light	850434-002046	6/46 OZ	54.11	9.02	CS	48.26	8.04	\$5.85	10.8%

Maple

66931	✿	Maple	850434-002107	6/17 OZ	31.06	5.18	CS	27.68	4.61	\$3.38	10.9%
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Raw

66927	✿	Raw	850434-002060	6/17 OZ	23.94	3.99	CS	21.33	3.56	\$2.61	10.9%
66928	✿	Raw	850434-002077	6/23.5 OZ	31.06	5.18	CS	27.68	4.61	\$3.38	10.9%
66929	✿	Raw	850434-002084	6/46 OZ	54.11	9.02	CS	48.26	8.04	\$5.85	10.8%

OLD WESSEX

29944	⊕	5 Grain Hot Cereal	025335-550181	12/18.5 OZ	27.92	2.33	CS	25.11	2.09	\$2.81	10.1%
29941	⊕⊕	Oats, Irish Style	025335-110149	12/18.5 OZ	27.92	2.33	CS	25.11	2.09	\$2.81	10.1%
29943	⊕⊕	Oats, Scottish Style	025335-330141	12/18.5 OZ	27.92	2.33	CS	25.11	2.09	\$2.81	10.1%
29940	⊕⊕	Oat Bran	025335-440147	12/18.5 OZ	31.92	2.66	CS	28.66	2.39	\$3.26	10.2%

Instant Oatmeal

29942	⊕⊕	Oatmeal	025335-220145	12/16 OZ	27.92	2.33	CS	25.08	2.09	\$2.84	10.2%
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ONCE AGAIN

Nut Butters

62210	★■⊕	Sunflower Seed	044082-530314	12/16 OZ	54.32	4.53	CS	48.40	4.03	\$5.92	10.9%
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ORGANIC COFFEE CO.

Premium Roast Coffee Beans

36881	★	Breakfast Blend	751228-021154	6/12 OZ	39.60	6.60	CS	35.14	5.86	\$4.46	11.3%
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ORGANIC INDIA

Displays

22423	★☆☆	Tea Shipper, Four Item	801541-500222	48/18 CT	153.40	3.20	CS	136.34	2.84	\$17.06	11.1%
22422	★☆☆	Tea Shipper, Grocery	801541-500208	48/18 CT	153.40	3.20	CS	136.34	2.84	\$17.06	11.1%
22421	★☆☆	Tea Shipper, Natural	801541-500185	48/18 CT	153.40	3.20	CS	136.34	2.84	\$17.06	11.1%

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 ⊕ = Made With 70-94% Organic Ingredients ♻ = Vegan ⊕ = Kosher ✦ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

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ONE NATURAL EXPERIENCE

All
New

O.N.E. Active

The O.N.E. For Total PerformanceTM



Grape Berry



94991 00130

Individual Unit



94991 00134

Case of 12

Lemon Lime



94991 00132

Individual Unit



94991 00140

Case of 12

Cranberry Grapefruit



94991 00133

Individual Unit



94991 00150

Case of 12

Coconut Water With Energizing Botanicals
for Active Bodies & Minds

The Power of O.N.E.

- ☛ O.N.E. Active is the water from inside of a young green coconut with added functional herbs and minerals: ginkgo biloba, panax ginseng, catuaba bark, calcium, and antioxidants.
- ☛ O.N.E. Active was developed for people with Active Lifestyles to help them feel hydrated, alert and dynamic.
- ☛ Contains 5 essential electrolytes and more potassium than traditional sports drinks.

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THE AGAVE SWEETENER TESTED
AT 17 ON THE GLYCEMIC INDEX**

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GOLD STANDARD BLUE AGAVE**

Ohgave! may not be the fountain of youth, but it's a step in the right direction. A low glycemic diet has been shown to help support a healthy lifestyle, from blood sugar issues to weight loss.

Best of all, Ohgave! products are USDA Certified Organic, and absolutely delicious.

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- Omega-3 Kids Kritic Approved!!!

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We spread integrity



Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

ORGANICVILLE

Salad Dressings

20638	★☆☆	French	896859-000489	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26692	★☆☆	Herbs De Provence Vinaigrette	896859-000052	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26694	★☆☆	Miso Ginger Vinaigrette	896859-000021	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26691	★☆☆	Olive Oil & Balsamic Vinaigrette	896859-000007	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26690	★☆☆	Orange Cranberry Vinaigrette	896859-000069	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26697	★☆☆	Pomegranate Vinaigrette	896859-000076	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26699	★☆☆	Ranch, DF	896859-000304	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26698	★☆☆	Sesame Goddess	896859-000083	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26693	★☆☆	Sesame Tamari Vinaigrette	896859-000038	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26695	★☆☆	Sundried Tomato & Garlic Vinaigrette	896859-000014	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%
26696	★☆☆	Tarragon Dijon Vinaigrette	896859-000045	6/8 OZ	16.73	2.79	CS	14.93	2.49	\$1.80	10.8%

Salsas

21091	★☆☆	Medium	896859-000533	12/12 OZ	35.28	2.94	CS	31.50	2.63	\$3.78	10.7%
21090	★☆☆	Mild	896859-000526	12/12 OZ	35.28	2.94	CS	31.50	2.63	\$3.78	10.7%
21093	★☆☆	Pineapple	896859-000540	12/12 OZ	35.28	2.94	CS	31.50	2.63	\$3.78	10.7%

PACIFIC NATURAL FOODS

All Natural Hearty Soups

66464	■	Chipotle Sweet Potato	052603-054652	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%
66461	■	Poblano Pepper & Corn Chowder	052603-054614	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%
66465	■	Roasted Garlic Mushroom Lentil	052603-054669	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%
66466	■	Rosemary Potato Chowder	052603-054676	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%
66462	■	Thai Sweet Potato	052603-054621	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%
66463	■	Vegetable Lentil & Rst Red Pepper	052603-054645	12/17.6 OZ	25.57	2.13	CS	21.95	1.83	\$3.62	14.2%

PAMELA'S PRODUCTS

Wheat Free/Gluten Free Organic Cookies

31669	◆■☆☆	Chocolate Chunk Pecan Shortbread	093709-401407	6/5.29 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%
31678	◆■☆☆	Dark Chocolate Chocolate Chunk	093709-401506	6/5.29 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%
31668	◆■☆☆	Espresso Chocolate Chunk	093709-401605	6/5.29 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%
31621	☆☆	Old Fashioned Raisin Walnut, FJS	093709-400103	6/6.52 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%
31622	◆■☆☆	Peanut Butter Chocolate Chip	093709-401803	6/5.29 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%
31679	◆■☆☆	Spicy Ginger Cookies w/Crystal Ginger	093709-401704	6/5.29 OZ	16.45	2.74	CS	14.66	2.44	\$1.79	10.9%

Wheat Free/Gluten Free Traditional Cookies

32105	☆☆	Chocolate Chip, Mini	093709-500100	6/7 OZ	15.13	2.52	CS	13.48	2.25	\$1.65	10.9%
39439	☆☆	Extreme Chocolate, Mini	093709-500308	6/7 OZ	15.13	2.52	CS	13.48	2.25	\$1.65	10.9%
32104	☆☆	Ginger, Mini Snapz	093709-500209	6/7 OZ	15.13	2.52	CS	13.48	2.25	\$1.65	10.9%

PANDA LICORICE

Chews

64098	⊙	Cherry, Bag	075172-071691	12/6 OZ	22.31	1.86	CS	19.84	1.65	\$2.47	11.1%
64091	⊙	Licorice, Bag	075172-071677	12/6 OZ	22.31	1.86	CS	19.84	1.65	\$2.47	11.1%
64097	⊙	Raspberry, Bag	075172-071684	12/6 OZ	22.31	1.86	CS	19.84	1.65	\$2.47	11.1%
64087	⊙	Cherry, Box	075172-071639	12/6 OZ	26.53	2.21	CS	23.60	1.97	\$2.93	11.0%
30713	⊙◆	Herb Licorice, Box	075172-079697	12/7 OZ	26.53	2.21	CS	23.60	1.97	\$2.93	11.0%
30703	⊙◆	Licorice, Box	075172-079468	12/7 OZ	26.53	2.21	CS	23.60	1.97	\$2.93	11.0%
30705	⊙◆	Raspberry, Box	075172-079369	12/7 OZ	26.53	2.21	CS	23.60	1.97	\$2.93	11.0%

Natural Confections

39749	■	Banana, Caramel & Strawberry, Bag	075172-078805	12/7 OZ	38.05	3.17	CS	33.82	2.82	\$4.23	11.1%
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PANNELA

Organic Fruit Drinks

33127	★■	Lemon Fun	718122-675326	12/16 OZ	18.67	1.56	CS	16.57	1.38	\$2.10	11.2%
33126	★■	Peach Smile	718122-675425	12/16 OZ	18.67	1.56	CS	16.57	1.38	\$2.10	11.2%
33125	★■	Pomegranate Joy	718122-675524	12/16 OZ	18.67	1.56	CS	16.57	1.38	\$2.10	11.2%

★ = Gluten Free ⊙ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ⌘ = Vegan ⊙ = Kosher ⊕ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
PASTORELLI										
All Natural Pasta Sauce										
32931 ■	Four Cheese	073630-013528	6/26 OZ	27.72	4.62	CS	24.64	4.11	\$3.08	11.1%
32933 ■	Garden Marinara	073630-013535	6/26 OZ	27.72	4.62	CS	24.64	4.11	\$3.08	11.1%
32929 ■	Spicy Arrabbiata	073630-013511	6/26 OZ	27.72	4.62	CS	24.64	4.11	\$3.08	11.1%
32935 ■	Zesty Puttanesca	073630-013542	6/26 OZ	27.72	4.62	CS	24.64	4.11	\$3.08	11.1%
All Natural Pizza Sauce										
32928	Italian Chef	073630-013054	12/15 OZ	16.70	1.39	CS	14.85	1.24	\$1.85	11.1%
PATAK										
Indian Food Condiments										
18943 ◆■	Brinjal (Eggplant)	069276-012605	6/11 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%
18613 ◆	Garlic Relish	069276-012407	6/10.6 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%
18605 ◆	Curry, Extra Hot	069276-032009	6/10 OZ	17.68	2.95	CS	15.69	2.62	\$1.99	11.3%
18940 ◆	Curry, Mild	069276-032054	6/10 OZ	17.68	2.95	CS	15.69	2.62	\$1.99	11.3%
18942 ◆■	Hot Mango	069276-020235	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
18941 ◆■	Major Grey	069276-020136	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
36677 ◆■	Sweet Mango	069276-020037	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
36682	Korma, Coconut	069276-070322	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%
24365	Rogan Josh	069276-070339	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%
24366	Tikka Masala	069276-070315	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%
PENTA										
31666	Purified Drinking Water	679461-112036	12/16.9 OZ	16.78	1.40	CS	14.98	1.25	\$1.80	10.7%
31667	Purified Drinking Water	679461-100064	12/33.8 OZ	28.51	2.38	CS	25.47	2.12	\$3.04	10.7%
31421 ◆	Purified Drinking Water	679461-100033	24/16.9 OZ	32.60	1.36	CS	29.11	1.21	\$3.49	10.7%
37749	Ultra-Purified Drinking Water	679461-050628	4/6/16.9 OZ	32.60	8.15	CS	29.11	7.28	\$3.49	10.7%
PERO INSTANT NATURAL BEV.										
Coffee Substitute										
25643	Canister	028000-596101	6/7 OZ	36.96	6.16	CS	33.02	5.50	\$3.94	10.7%
25644	Jar	028000-596439	12/4.4 OZ	60.16	5.01	CS	54.15	4.51	\$6.01	10.0%
25642	Extra Dark Roast, Jar	757922-704508	12/5.25 OZ	70.88	5.91	CS	63.72	5.31	\$7.16	10.1%
PERRIER										
27199	Plain	074780-000062	6/4/11 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
PHD TO GO										
Drink Mix										
30558 ■	Berry Balance 10 count	895070-002036	6/10/47 OZ	58.04	9.67	CS	51.92	8.65	\$6.12	10.5%
30557 ■	Citrus Boost 10 count	895070-002029	6/10/47 OZ	58.04	9.67	CS	51.92	8.65	\$6.12	10.5%
30559 ■	Orange Detox 10 count	895070-002043	6/10/47 OZ	58.04	9.67	CS	51.92	8.65	\$6.12	10.5%
PIRATE'S BOOTY										
Potato Flyers										
66125 ■⊕	Sour Cream & Onion	015665-502813	24/1.5 OZ	17.33	0.72	CS	15.38	0.64	\$1.95	11.3%
66127 ■⊕	Sour Cream & Onion	015665-502806	12/5.5 OZ	22.67	1.89	CS	20.12	1.68	\$2.55	11.2%
PLANTATION										
33093 ⊕	Molasses, Blackstrap	070258-024035	12/15 OZ	37.73	3.14	CS	33.86	2.82	\$3.87	10.3%
33095	Molasses, Barbados	070258-024011	12/15 OZ	40.39	3.37	CS	36.22	3.02	\$4.17	10.3%
33091 ★	Molasses, Blackstrap	070258-025131	12/15 OZ	48.93	4.08	CS	43.80	3.65	\$5.13	10.5%
33094 ⊕	Molasses, Blackstrap	070258-024042	12/31 OZ	62.94	5.25	CS	56.55	4.71	\$6.39	10.2%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

PLUM ORGANICS

Fiddle Sticks

35811	★☆☆ Apple Carrot	890180-001313	12/2.12 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
35797	★☆☆ Banana	890180-001337	12/2.12 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%
35791	★☆☆ Berry	890180-001320	12/2.12 OZ	32.00	2.67	CS	28.40	2.37	\$3.60	11.3%

Fruity Fingerful

30882	★☆☆ Banana	846675-000101	8/81 OZ	19.20	2.40	CS	17.04	2.13	\$2.16	11.3%
30881	★☆☆ Strawberry	846675-000118	8/59 OZ	19.20	2.40	CS	17.04	2.13	\$2.16	11.3%

POWERBAR INC.

Pure & Simple Energy Bars

30385	■ Cranberry Oatmeal Cookie	097421-760033	15/1.23 OZ	11.00	0.73	CS	9.76	0.65	\$1.24	11.3%
30386	■ Roasted Peanut Butter	097421-760026	15/1.23 OZ	11.00	0.73	CS	9.76	0.65	\$1.24	11.3%

PRIMAL SPIRIT FOODS

Meatless Jerky

24767	Meatless, Natural Smoke Flavor	838455-000296	24/1.5 OZ	27.84	1.16	CS	24.71	1.03	\$3.13	11.2%
24766	Meatless, Pepperoni Flavor	838455-000289	24/1.5 OZ	27.84	1.16	CS	24.71	1.03	\$3.13	11.2%

PROMETHEUS SPRINGS

Elixirs

67037	★☆☆ Lemon Ginger Capsaicin	894943-002005	12/16 OZ	21.72	1.81	CS	19.56	1.63	\$2.16	9.9%
67039	★☆☆ Lychee Wasabi	894943-002029	12/16 OZ	21.72	1.81	CS	19.56	1.63	\$2.16	9.9%
67038	★☆☆ Pomegranate Black Pepper	894943-002012	12/16 OZ	21.72	1.81	CS	19.56	1.63	\$2.16	9.9%

PURE BAR

33676	★☆☆ Apple Cinnamon Raw Bar	854210-001025	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%
33674	★☆☆ Cherry Cashew Raw Bar	854210-001001	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%
33675	★☆☆ Chocolate Brownie Raw Bar	854210-001018	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%
33677	★ Chocolate Chip Trail Mix Raw Bar	854210-001087	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%
33679	★ Cranberry Orange Raw Bar	854210-001070	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%
33678	★ Wild Blueberry Raw Bar	854210-001063	12/1.7 OZ	18.40	1.53	CS	16.33	1.36	\$2.07	11.3%

PURE BLUE

PureWhite Juices

20894	Coconut Lulo	628274-174540	12/10 OZ	33.17	2.76	CS	29.57	2.46	\$3.60	10.9%
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PUREVIA

Single Serve Packets

27321	Zero Calorie Sweetener	858982-001061	12/40 CT	23.68	1.97	CS	21.02	1.75	\$2.66	11.2%
27300	Zero Calorie Sweetener	858982-001078	12/80 CT	39.52	3.29	CS	35.07	2.92	\$4.45	11.3%

QUE PASA

Tortilla Chips

35702	✚ White Corn	068826-060127	10/21 OZ	38.52	3.85	CS	34.33	3.43	\$4.19	10.9%
35701	✚ Yellow Corn	068826-060110	10/21 OZ	38.52	3.85	CS	34.33	3.43	\$4.19	10.9%
35700	✚ Blue Corn	068826-060134	10/21 OZ	45.44	4.54	CS	40.49	4.05	\$4.95	10.9%

R.W. GARCIA

Low Carb Tortilla Chips

31158	⊙ Flax, Spicy	036593-033033	12/7 OZ	25.03	2.09	CS	22.37	1.86	\$2.66	10.6%
35626	✚ Flax	036593-030025	12/10 OZ	35.55	2.96	CS	31.79	2.65	\$3.76	10.6%
35638	○ Flax, Blue	036593-030049	12/10 OZ	35.55	2.96	CS	31.79	2.65	\$3.76	10.6%
35624	Flax, Spicy	036593-030032	12/10 OZ	35.55	2.96	CS	31.79	2.65	\$3.76	10.6%
39481	✚ Thai	036593-030094	12/10 OZ	35.55	2.96	CS	31.79	2.65	\$3.76	10.6%

Tortilla Chips

31157	★☆☆ Flax	036593-033026	12/7 OZ	25.03	2.09	CS	22.37	1.86	\$2.66	10.6%
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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS



PROMETHEUS SPRINGS®

THE ORIGINAL CAPSAICIN SPICED ELIXIR

EXTRACTED FROM CHILI PEPPERS, capsaicin is a spicy antioxidant that is colorless, odorless and delightfully painful. Its kick has the curious ability to trigger the unique sensation of a happy, natural high.

Prometheus Springs is excited to expand west and become a nationally distributed brand. Our top sellers are Lychee Wasabi, Pomegranate Black Pepper and Lemon Ginger. Each features a refreshingly fruity and aromatic top note that rolls into a light spicy finish. Prometheus Springs is caffeine free, yet provides a boost of energy using capsaicin to stimulate your own internal energy without importing artificial stimulants into our bodies.

The spicy kick of Prometheus Springs is an immediate hit with consumers who love spicy foods and with curious foodies alike. In stores people love grabbing a cold Prometheus Springs on the go or enjoying cold with foods. Anything that would benefit from a little spice is brought to life when enjoyed with Prometheus Springs.



Strong and steady sales growth in east, now available in the west.



We support stores that carry our products, and are involved in consumer education as more people continue looking for healthier, functional alternatives. Please



HEALTH BENEFITS* OF CAPSAICIN:

- Boosts metabolism
- Protects your heart
- Relieves congestion
- Strengthens immunity
- Alleviates stress
- Aids circulation
- Detoxifies the body
- Elevates mood

feel free to contact us to order marketing materials including postcards, posters, and fliers. Call us to learn more about our proven sales strategy that has resulted in steady growth in the east. For more information regarding this advertisement visit us online at www.prometheussprings.com/10w

LEMON GINGER

Ingredients: filtered water, organic evaporated cane juice, organic lemon juice concentrate, natural ginger flavor, sea salt, capsaicin extract



UNFI number
67037

POMEGRANATE BLACK PEPPER

Ingredients: filtered water, organic evaporated cane juice, organic lemon juice concentrate, natural pomegranate black pepper flavor, sea salt, capsaicin extract



UNFI number
67038

LYCHEE WASABI

Ingredients: filtered water, organic evaporated cane juice, organic lemon juice concentrate, natural lychee wasabi flavor, sea salt, capsaicin extract



UNFI number
67039

twitter.com/drinkprometheus

facebook.com/drinkprometheus

CONTACT US: 1-(877) 60-SPICY
SPICY@PROMETHEUSSPRINGS.COM



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. © 2010 Prometheus Springs, LLC. All rights reserved.

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
R.W. GARCIA, Cont.											
31159	★☉ Thai	036593-033095	12/7 OZ	25.03	2.09	CS	22.37	1.86	\$2.66	10.6%	
31156	★☉ Veggie	036593-033071	12/7 OZ	25.03	2.09	CS	22.37	1.86	\$2.66	10.6%	
35647	★☉ Veggie	036593-030070	12/10 OZ	35.55	2.96	CS	31.79	2.65	\$3.76	10.6%	
R.W. KNUDSEN FAMILY											
23189	Cranberry Sauce	074682-110753	12/9 OZ	37.65	3.14	CS	33.48	2.79	\$4.17	11.1%	
100% Straight Fruit Juices											
23069	Just Black Cherry	074682-103090	12/32 OZ	40.92	3.41	CS	36.54	3.05	\$4.38	10.7%	
25250	Just Black Currant	074682-107890	12/32 OZ	57.43	4.79	CS	51.19	4.27	\$6.24	10.9%	
23027	★ Just Concord	074682-107838	12/32 OZ	57.43	4.79	CS	51.19	4.27	\$6.24	10.9%	
23168	★ Just Red Tart Cherry	074682-107821	12/32 OZ	57.43	4.79	CS	51.19	4.27	\$6.24	10.9%	
23022	Just Pomegranate	074682-103083	12/32 OZ	71.44	5.95	CS	63.62	5.30	\$7.82	10.9%	
23045	Just Blueberry	074682-107845	12/32 OZ	74.87	6.24	CS	66.66	5.56	\$8.21	11.0%	
23036	Just Cranberry	074682-103502	12/32 OZ	74.87	6.24	CS	66.66	5.56	\$8.21	11.0%	
25246	★ Just Cranberry	074682-107876	12/32 OZ	97.97	8.16	CS	87.17	7.26	\$10.80	11.0%	
25247	★ Just Pomegranate	074682-107883	12/32 OZ	97.97	8.16	CS	87.17	7.26	\$10.80	11.0%	
Apple Blends											
23080	◆ Cider n` Spice	074682-102307	6/64 OZ	23.65	3.94	CS	21.20	3.53	\$2.45	10.4%	
23081	Cider n` Spice	074682-103304	12/32 OZ	28.62	2.39	CS	25.62	2.14	\$3.00	10.5%	
Concentrates, 32 oz.											
60686	★ Blueberry, Light	074682-108200	12/32 OZ	31.26	2.61	CS	26.86	2.24	\$4.40	14.1%	
60687	★ Cranberry, Light	074682-108217	12/32 OZ	31.26	2.61	CS	26.86	2.24	\$4.40	14.1%	
60688	★ Pomegranate, Light	074682-108224	12/32 OZ	31.26	2.61	CS	26.86	2.24	\$4.40	14.1%	
Mulling Spice Bags											
22945	★ Mulling Spices	074682-151107	6/25 BAG	23.49	3.92	CS	20.86	3.48	\$2.63	11.2%	
Organic Juices											
25248	★ Black Current Nectar	074682-107906	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
22756	★ Blueberry Pomegranate	074682-107791	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23054	★☉ Blueberry	074682-107784	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23020	★ Concord Grape	074682-103038	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
22757	★ Cranberry Blueberry	074682-107807	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
22758	★ Cranberry Pomegranate	074682-107814	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23129	★ Grapefruit	074682-107173	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23058	★☉ Mango	074682-107746	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23070	★☉ Orange Carrot	074682-107753	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23019	★ Pear	074682-107043	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
23042	★ Pineapple Juice	074682-107340	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
25249	★ Pomegranate Nectar	074682-107869	12/32 OZ	39.63	3.30	CS	35.40	2.95	\$4.23	10.7%	
22731	★ Acai Berry	074682-103328	12/32 OZ	55.18	4.60	CS	49.20	4.10	\$5.98	10.8%	
60204	★ Goji Berry	074682-107913	12/32 OZ	55.18	4.60	CS	49.20	4.10	\$5.98	10.8%	
23152	★ Prune	074682-107128	12/32 OZ	55.18	4.60	CS	49.20	4.10	\$5.98	10.8%	
Simply Nutritious, 32 oz.											
23114	Lemon Ginger Echinacea	074682-107463	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
23132	Mega Antioxidant	074682-107555	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
23120	Mega C	074682-107494	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
23030	Mega Green	074682-107524	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
23513	Morning Blend w/A,C & E	074682-107227	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
23124	Vita Juice	074682-103267	12/32 OZ	33.75	2.81	CS	30.18	2.52	\$3.57	10.6%	
Vegetable Blends											
23158	★ Tomato	074682-107272	12/32 OZ	32.77	2.73	CS	29.30	2.44	\$3.47	10.6%	
RAPUNZEL											
Baking Goods											
31452	★ Corn Starch	735037-503957	6/8 OZ	15.96	2.66	CS	14.23	2.37	\$1.73	10.8%	
30219	★ Cocoa Powder, Canister, LF	735037-020041	6/7.1 OZ	27.96	4.66	CS	24.89	4.15	\$3.07	11.0%	
31450	★☉ Yeast, RIZE Active Dry	735037-503773	40/32 OZ	47.73	1.19	CS	42.40	1.06	\$5.33	11.2%	

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Prices Subject to Change Without Notice



32oz *Light!* Juices

Since 1961, the R.W. KNUDSEN FAMILY[®] has been committed to serving all natural juices with the highest quality fruit possible. Today R.W. KNUDSEN FAMILY[®] continues this tradition with new Light Juices – same great taste with almost half the calories.

- 45% fewer calories than other super fruit blends
- Sweetened with Truvia[™], which is derived from the all natural Stevia plant (non-GMO source)
- Less than 80 calories per serving
- Like all R.W. KNUDSEN FAMILY[®] products, these new light juices are 100% all natural and contain no added sugar



www.rwknudsenfamily.com

Contact your authorized R.W. Knudsen Family[®] brand representative for details.

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
RAPUNZEL, Cont.											
30200	★ Sugar, Whl Rapadura, Unbl, Unref	735037-020065	12/24 OZ	55.92	4.66	CS	50.05	4.17	\$5.87	10.5%	
Chocolate Bars & Confections											
30222	★■ Bar, Dark Choc w/Hazelnuts 55%	735037-010608	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
30226	★■ Bar, Dark Chocolate 55%	735037-010103	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
30303	★■ Bar, Dark Chocolate 70%	735037-050215	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
30223	★■ Bar, Dark Chocolate w/Almonds 55%	735037-010509	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
30228	★■ Bar, Milk Chocolate w/Hazelnuts	735037-010301	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
30227	★■ Bar, Milk Chocolate	735037-010202	12/3 OZ	31.12	2.59	CS	27.70	2.31	\$3.42	11.0%	
Oils											
27331	★ Sunflower, Unrefined	735037-560110	6/16.9 OZ	27.96	4.66	CS	25.07	4.18	\$2.89	10.3%	
Spreads											
30214	★☉ Chocolate Hazelnut	735037-030019	6/8.8 OZ	29.96	4.99	CS	26.71	4.45	\$3.25	10.8%	
RAW INDULGENCE											
Organic Green Super Food Raw Bars											
66316	★■☉ Apple Cinnamon	899587-000523	20/1.6 OZ	28.19	1.41	CS	19.73	0.99	\$8.46	30.0%	
66317	★■☉ Lemon Dew	899587-000561	20/1.6 OZ	28.19	1.41	CS	19.73	0.99	\$8.46	30.0%	
66315	★■☉ Tropical Banana	899587-000547	20/1.6 OZ	28.19	1.41	CS	19.73	0.99	\$8.46	30.0%	
RAW REVOLUTION											
Raw Revolution Bars											
64176	★☉☉ Cashew & Agave Nectar	899587-000448	26/8 OZ	13.87	0.53	CS	11.79	0.45	\$2.08	15.0%	
64178	★☉☉ Chocolate & Cashew	899587-000431	26/8 OZ	13.87	0.53	CS	11.79	0.45	\$2.08	15.0%	
64177	★☉☉ Coconut & Chocolate	899587-000424	26/8 OZ	13.87	0.53	CS	11.79	0.45	\$2.08	15.0%	WSL
64175	★☉☉ Spirulina & Cashew	899587-000417	26/8 OZ	13.87	0.53	CS	11.79	0.45	\$2.08	15.0%	
38815	☉☉☉ Cashew Agave	899587-000264	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38811	☉☉☉ Chocolate & Cashew	899587-000219	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38809	☉☉☉ Coconut & Chocolate	899587-000226	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38816	☉☉☉ Coconut Agave	899587-000271	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38812	☉☉☉ Raisin & Chocolate	899587-000240	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38813	☉☉☉ Raspberry Chocolate	899587-000257	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38814	☉☉☉ Spirulina Cashew	899587-000288	12/2.2 OZ	16.91	1.41	CS	14.37	1.20	\$2.54	15.0%	
38799	■ Chocolate Chip Cookie Dough	899587-000370	20/1.6 OZ	23.33	1.17	CS	19.83	0.99	\$3.50	15.0%	
REAL FOODS											
Corn Thins											
32236	Lemon and Cracked Pepper Corn	671959-000061	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
31501	Multigrain	671959-000030	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
31500	★ Original	671959-000016	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
31503	★ Sesame	671959-000047	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
31502	★ Soy & Flax	671959-000023	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
Rice Thins											
32237	Whole Grain	671959-000054	12/5.3 OZ	24.40	2.03	CS	21.66	1.81	\$2.74	11.2%	
REAL SALT											
62036	☉ Garlic Sea Salt	018788-101802	6/4.75 OZ	16.16	2.69	CS	14.43	2.41	\$1.73	10.7%	
62037	☉ Onion Sea Salt	018788-101840	6/4.75 OZ	16.16	2.69	CS	14.43	2.41	\$1.73	10.7%	
62038	☉ Season Sea Salt	018788-101888	6/4.1 OZ	16.16	2.69	CS	14.43	2.41	\$1.73	10.7%	
62039	☉ Kosher Sea Salt In Shaker	018788-101406	12/8 OZ	32.16	2.68	CS	28.70	2.39	\$3.46	10.8%	
RED RIVER											
Hot Cereal											
30773	Original	059000-039756	12/1 LB	24.70	2.06	CS	21.10	1.76	\$3.60	14.6%	

★ = Gluten Free ☉ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ☼ = 100% Organic ★ = 95-99% Organic
 † = Made With 70-94% Organic Ingredients ☽ = Vegan ☺ = Kosher ☿ = Vegetable Enzymes ☽ = Ethnic ○ = Non-GMO Project Verified
 Prices Subject to Change Without Notice



100% Natural *No Additives. No Preservatives.*



- Hearty, healthy, and affordable breakfast solution.
- Clean and simple ingredients: cracked wheat, cracked rye, and flax seed.
- Excellent source of ALA Omega-3: one serving contains 56% of the daily value for ALA.
- Red River® Hot Cereal has been a Canadian favorite for over 80 years.



BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
RICE SELECT										
31303	Orzo, Whole Wheat	074401-704416	4/32 OZ	22.83	5.71	CS	20.26	5.07	\$2.57	11.3%
Couscous Tubs										
30755	★⊕ Couscous, Whole Wheat	074401-744320	4/31.7 OZ	25.23	6.31	CS	22.39	5.60	\$2.84	11.3%
Orzo Tubs										
82363	Tri-Color	074401-701415	4/32 OZ	22.83	5.71	CS	20.26	5.07	\$2.57	11.3%
Rice Tubs										
83580	Royal Blend	074401-760412	4/21 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%
Rice										
87473	White Rice	074401-112419	6/14 OZ	12.80	2.13	CS	11.36	1.89	\$1.44	11.3%
24353	⊕ Couscous	074401-704324	4/31.7 OZ	21.23	5.31	CS	18.84	4.71	\$2.39	11.3%
62445	Texmati Brown & Red Royal Blend	074401-760337	4/32 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%
62446	Texmati Brown & Wild Royal Blend	074401-760320	4/32 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%
RJ'S LICORICE										
21387	■ Soft Eating Licorice	730982-000070	12/10.6 OZ	43.61	3.63	CS	38.77	3.23	\$4.84	11.1%
21388	■ Soft Eating Raspberry Licorice	730982-000087	12/10.6 OZ	43.61	3.63	CS	38.77	3.23	\$4.84	11.1%
ROAD'S END ORGANICS										
Chreese Mix, Dairy Free										
37779	+ Cheddar, DF	658334-722572	12/1.1 OZ	8.09	0.67	CS	7.19	0.60	\$0.90	11.1%
Chreese Mix, Gluten Free										
37776	+★ Alfredo, DF	658334-722534	12/1.1 OZ	8.09	0.67	CS	7.19	0.60	\$0.90	11.1%
37777	+★ Cheddar, DF	658334-722541	12/1.1 OZ	8.09	0.67	CS	7.19	0.60	\$0.90	11.1%
Gravy Mixes, Gluten Free										
22327	+★⊕ Golden	658334-472811	12/1 OZ	11.21	0.93	CS	9.96	0.83	\$1.25	11.2%
22329	+★⊕ Savory Herb	658334-472835	12/1 OZ	11.21	0.93	CS	9.96	0.83	\$1.25	11.2%
22328	+★⊕ Shiitake Mushroom	658334-472828	12/1 OZ	11.21	0.93	CS	9.96	0.83	\$1.25	11.2%
ROCK-N-ROLL GOURMET										
Hippie Chips										
65462	★♯ Haight-AshBerry Jalapeno	895873-002141	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
65467	★♯ Lime Is On My Side Cracked Pepper	895873-002165	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
65463	★♯ Memphis Blues Barbecue	895873-002172	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
65466	★♯ Sea of Love Salt	895873-002127	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
65464	★♯ White Room Cheddar	895873-002202	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
65465	★♯ Woodstock Ranch	895873-002028	24/1 OZ	17.60	0.73	CS	15.62	0.65	\$1.98	11.3%
Hippie Chips With Hemp										
23039	♯ Haight-Ashbury Jalepeno	895873-002196	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23038	♯ Lime Is On My Side Cracked Pepper	895873-002233	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23040	♯ Memphis Blues Barbecue	895873-002257	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23037	♯ Sea Of Love Salt	895873-002011	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
65460	★♯ White Room Cheddar	895873-002219	12/3.25OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
65461	★♯ Woodstock Ranch	895873-002035	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
Rock & Pop Popcorn										
66157	■★ Kettle Korn	895873-002479	48/1 OZ	23.04	0.48	CS	20.45	0.43	\$2.59	11.2%
66158	■★ Jalapeno Korn	895873-002493	42/1 OZ	25.44	0.61	CS	22.58	0.54	\$2.86	11.2%
Sweet Emotions										
66184	■⊕ Chocolate Passion	895873-002097	24/7 OZ	18.24	0.76	CS	16.19	0.67	\$2.05	11.2%
66185	■⊕ Cinnamon Joy	895873-002080	24/7 OZ	18.24	0.76	CS	16.19	0.67	\$2.05	11.2%

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

ROLAND

Asian Snacks Salty

36731	■☆ Hot Wasabi	041224-835108	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
36732	■☆ Nori Seaweed	041224-835061	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
36733	■☆ Original	041224-835009	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
32433	■ Edamame	041224-837409	12/4.4 OZ	19.33	1.61	CS	17.15	1.43	\$2.18	11.3%
32434	■ Wasabi Pea	041224-837003	12/4.4 OZ	19.33	1.61	CS	17.15	1.43	\$2.18	11.3%
32429	■ Maki Rolls Rice Crakers	041224-835306	12/3.5 OZ	22.53	1.88	CS	19.99	1.67	\$2.54	11.3%

Pasta

87490	Pad Thai	041224-723207	6/14 OZ	13.89	2.32	CS	12.33	2.06	\$1.56	11.2%
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RUSTIC CRUST

33484	Pizza Sauce 3 pack	794716-911018	6/12 OZ	19.21	3.20	CS	17.08	2.85	\$2.13	11.1%
33487	Cheesy Herb Pizza Crust 12"	794716-914248	8/16 OZ	26.80	3.35	CS	23.82	2.98	\$2.98	11.1%
33488	Classic Sourdough Pizza Crust 12"	794716-911148	8/16 OZ	26.80	3.35	CS	23.82	2.98	\$2.98	11.1%
33480	Crispy Ital Thin Pizza Crust 12"	794716-912039	8/10 OZ	26.80	3.35	CS	23.82	2.98	\$2.98	11.1%
33486	Tuscan Six Grain Pizza Crust 12"	794716-911179	8/16 OZ	26.80	3.35	CS	23.82	2.98	\$2.98	11.1%
33485	Ultimate Whole Grain Pizza Crust 12"	794716-914293	8/14 OZ	26.80	3.35	CS	23.82	2.98	\$2.98	11.1%
33532	Italin Herb Pizza Crust 2x7"	794716-912268	12/9 OZ	40.21	3.35	CS	35.75	2.98	\$4.46	11.1%

RUTH'S

Chia Goodness

30735	⊕ Cereal, Apple Almond & Cinnamon	679948-737998	6/12 OZ	29.81	4.97	CS	26.46	4.41	\$3.35	11.2%
30736	⊕ Cereal, Chocolate	679948-738827	6/12 OZ	29.81	4.97	CS	26.46	4.41	\$3.35	11.2%
30738	⊕ Cereal, Cranberry Ginger	679948-737370	6/12 OZ	29.81	4.97	CS	26.46	4.41	\$3.35	11.2%
30734	⊕ Cereal, Original	679948-731378	6/12 OZ	29.81	4.97	CS	26.46	4.41	\$3.35	11.2%
34729	⊕ Cereal, Apple, Almond, Cinnamon	679948-737998	12/12 OZ	61.83	5.15	CS	54.87	4.57	\$6.96	11.3%
33968	☆■ Cereal, Chocolate	679948-738827	12/12 OZ	61.83	5.15	CS	54.87	4.57	\$6.96	11.3%
34732	⊕ Cereal, Cranberry Ginger	679948-737370	12/12 OZ	61.83	5.15	CS	54.87	4.57	\$6.96	11.3%
34728	⊕ Cereal, Original	679948-731378	12/12 OZ	61.83	5.15	CS	54.87	4.57	\$6.96	11.3%

SAN PELLEGRINO

Sparkling Water

27202	Mineral Water	041508-800006	12/1 LTR	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
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SAN-J

Shoyu, Tamari & Sauces

20436	⊙ Tamari, Black Label	075810-021255	6/10 OZ	11.20	1.87	CS	9.97	1.66	\$1.23	11.0%
20427	⊙ Tamari, LS	075810-023259	6/10 OZ	15.00	2.50	CS	13.34	2.22	\$1.66	11.1%
20450	☆⊙ Sauce, Asian BBQ	075810-170250	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20418	☆⊙ Sauce, Sweet & Tangy	075810-160251	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20429	☆⊙ Sauce, Szechuan	075810-120255	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20433	☆⊙ Sauce, Thai Peanut	075810-140253	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20422	☆⊙ Teriyaki, Natural	075810-112250	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20423	★⊙ Tamari Gold Label, WF, Whl Soybean	075810-001257	6/10 OZ	17.27	2.88	CS	15.36	2.56	\$1.91	11.1%
60309	★☆☆ Tamari, Travel Pack, GF	075810-001080	12/20 CT	32.95	2.75	CS	29.27	2.44	\$3.68	11.2%

SANTA CRUZ ORGANICS

Fruit Spread

30771	★☆☆ Apricot	036192-105148	12/9.5 OZ	31.30	2.61	CS	26.70	2.23	\$4.60	14.7%
30769	★☆☆ Blackberry Pomegranate	036192-105100	12/9.5 OZ	31.30	2.61	CS	26.70	2.23	\$4.60	14.7%
30770	★☆☆ Seedless Red Raspberry	036192-105131	12/9.5 OZ	31.30	2.61	CS	26.70	2.23	\$4.60	14.7%
30772	★☆☆ Strawberry	036192-105155	12/9.5 OZ	31.30	2.61	CS	26.70	2.23	\$4.60	14.7%

Organic Aseptic Juice Boxes

23429	★■ Grape, Aseptic	036192-126204	9/3/8 OZ	19.32	2.15	CS	17.24	1.92	\$2.08	10.8%
23430	★■ Lemon, Aseptic	036192-126228	9/3/8 OZ	19.33	2.15	CS	17.25	1.92	\$2.08	10.8%
23431	★■ Orange, Aseptic	036192-126211	9/3/8 OZ	19.32	2.15	CS	17.24	1.92	\$2.08	10.8%
23432	★■ Tropical, Aseptic	036192-126235	9/3/8 OZ	19.32	2.15	CS	17.24	1.92	\$2.08	10.8%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS



GLUTEN FREE SOY SAUCE TO GO!

Gluten-free market is growing.
See sales soar with San-J Organic Gluten-Free Tamari
Travel Pack.

With San-J Organic Tamari, soy sauce is no longer a forbidden ingredient for a gluten-free diet.

Now San-J has taken another step to meet consumer demand.

Our Organic Gluten Free Tamari is now available in a travel pack.

No more frustrations of eating gluten free on-the-go!



- The Only Certified Gluten Free Soy Sauce on the market
- The Individual Serving Packets are conveniently packaged in a 20-count box
- Perfect for Eating out & Travel
- Certified - Gluten Free
- Organic
- Kosher

EST. **SAN-J** 1804

San-J International, Inc. - Brewer of Premium Tamari Since 1804 -
800.446.5500 www.san-j.com info@san-j.com

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

SEASON'S SNACKS

100 Cal, Baked Single-Serve Snacks

65958	★☉	Cheddar Cheese Curls	028558-617020	24/75 OZ	14.80	0.62	CS	13.29	0.55	\$1.51	10.2%
65957	★☉	Cheddar Cheese Puffs	028558-617013	24/75 OZ	14.80	0.62	CS	13.29	0.55	\$1.51	10.2%
65960	★	Original Multigrain Chip	028558-619109	24/9 OZ	14.80	0.62	CS	13.29	0.55	\$1.51	10.2%
65959	★■	Potato Crisp, Sweet BBQ	028558-618126	24/73 OZ	14.80	0.62	CS	13.29	0.55	\$1.51	10.2%

SEA'S GIFT

Authentic Korean Seaweed

Sea Snack

66247	★	Roasted Seaweed Large Pack	678108-210043	12/4 OZ	12.80	1.07	CS	11.18	0.93	\$1.62	12.7%
66248	★	Roasted Seaweed Multi Pack	678108-210067	12/3/2 OZ	18.72	1.56	CS	16.43	1.37	\$2.29	12.2%

SEEDS OF CHANGE

Chocolate Bars

27082	★■	Dark 61% Cacao, Cherries & Vanilla	748404-346279	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%
27081	★■	Dark 61% Cacao, Coconut	748404-346309	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%
27080	★■	Dark 61% Cacao, Mango & Cashew	748404-345661	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%
27089	★■	Dark 61% Cacao, Solid	748404-346262	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%
27088	★■	Milk 43% Cacao, Solid	748404-346286	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%
27083	★■	Milk, With Puffed Whole Grains	748404-346316	12/2.99 OZ	33.60	2.80	CS	29.82	2.49	\$3.78	11.3%

Pasta Sauces

21036	★	Arrabiatta di Roma	748404-604720	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%
21175	★	Marinara di Venezia	748404-020735	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%
21171	★	Romagna Three Cheese	748404-020209	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%
21172	★	Tomato Basil Genovese	748404-020353	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%
21170	★	Tuscan Tomato & Garlic	748404-020025	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%
21029	★	Vodka Americano	748404-246777	6/24.5 OZ	28.80	4.80	CS	25.56	4.26	\$3.24	11.3%

SHADY MAPLE FARMS

60151	★☉★	Grade B Cooking Maple Syrup	066676-693755	6/12.7 OZ	58.02	9.67	CS	51.55	8.59	\$6.47	11.2%
60152	★☉★	Grade B Cooking Maple Syrup	066676-697500	8/25.3 OZ	138.61	17.33	CS	123.16	15.40	\$15.45	11.1%

SHAMAN CHOCOLATES

Certified Fair Trade

Organic Chocolate Bars

27165	★■	Dark Chocolate With Coconut	833007-002216	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
27164	★■	Dark Chocolate With Raspberries	833007-002117	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
27163	★■	Dark Chocolate	833007-002018	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
33124	★■	Dark With Acai, Lemon & Orange	833007-002414	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
33122	★■	Dark With Ginger & Green Tea	833007-002315	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
33121	★■	Extra Dark, 82% Cacao	833007-004012	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
33120	★■	Milk Choc w/Macadamia/Sea Salt	833007-001219	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
27167	★■	Milk Chocolate With Hazelnut	833007-001110	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%
27166	★■	Milk Chocolate	833007-001011	12/2 OZ	26.33	2.19	CS	23.40	1.95	\$2.93	11.1%

SHARKIES

Energy Sport Chews

20707	★■	Berry Blast	640215-001029	12/1.83 OZ	12.82	1.07	CS	11.40	0.95	\$1.42	11.1%
20708	★■	Citrus Squeeze	640215-001036	12/1.83 OZ	12.82	1.07	CS	11.40	0.95	\$1.42	11.1%
20709	★■	Fruit Splash	640215-001012	12/1.83 OZ	12.82	1.07	CS	11.40	0.95	\$1.42	11.1%
61392	★■	Watermelon Scream	640215-001050	12/1.58 OZ	12.82	1.07	CS	11.40	0.95	\$1.42	11.1%

Kids Sport Chews

27979	★★■	Berry Blasters	640215-003023	12/1.58 OZ	11.32	0.94	CS	10.06	0.84	\$1.26	11.1%
61394	★■	Tropical Splash	640215-003016	12/1.58 OZ	11.32	0.94	CS	10.06	0.84	\$1.26	11.1%

Lunch Box Chews

24675	★★■	Berry Bites	640215-114026	12/4 OZ	36.32	3.03	EA	32.29	2.69	\$4.03	11.1%
27946	★★■	Fruit Splash	640215-114019	12/4 OZ	36.32	3.03	EA	32.29	2.69	\$4.03	11.1%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan ☺ = Kosher ⚡ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

Santa Cruz ORGANIC®

Why add Santa Cruz Organic® 9.5 oz. Fruit Spreads to your set?

- In consumer research, **Santa Cruz Organic** fruit spreads were the #1 rated new category concept among 28 ideas explored in terms of purchase intent for current brand users and brand-aware non-users.¹
- The line complements highly successful, high-growth organic peanut butters opening endless opportunities for complementary promotions and displays, as well as completing the **Santa Cruz Organic** lunchbox solution.
- **Santa Cruz Organic** brings instant credibility as a brand that ranks at the top of the shelf stable fruit category and is a leader among organic fruit juices, organic carbonated beverages, and organic dessert toppings.²

1. Commissioned NMI Brand Extendibility Study
2. SPSScan natural data, 52 weeks ending June 12, 2010.

Fruit Comes First

When we decided to bring our decades of organic fruit expertise to fruit spreads, we felt strongly that we must give you what you want. That's why the first ingredient in every jar is exactly what you expect. **Santa Cruz Organic®** Fruit Spreads have a home-style spreadable texture that is unmatched. Look at the ingredients, then taste the results.



www.santacruzorganic.com

Sharkies

Organic Energy Sports Chews



Organic Energy Sports Chews

140cal/36g Carbs per Pack

- USDA Organic & Natural Ingredients
- Real Fruit for Energy
- Vegan
- Great Taste!



4 DELICIOUS FLAVORS



Gluten Free • Wheat Free • Nut Free • Fructose Free

www.sharkiesinc.com

Toll-free 877-666-5377

USDA
ORGANIC

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
SHELTON'S										
Canned Meat										
20745	Chicken, White Meat	048481-354014	12/5 OZ	28.02	2.34	CS	24.89	2.07	\$3.13	11.2%
Turkey Sticks										
50146	Regular	048481-011917	12/2 OZ	28.58	2.38	CS	25.37	2.11	\$3.21	11.2%
SIMPLY ORGANIC										
Baking Mixes										
35576	★☆☆ Banana Bread, FT	089836-189332	6/10 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
35577	★☆☆ Carrot Cak, FT	089836-189349	6/11.6 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
35579	★☆☆ Cocoa Biscotti, FT	089836-189363	6/10 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
29507	★☆☆ Cocoa Brownie, FT	089836-189400	6/13 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
25706	★☆☆ Cocoa Cayenne Cupcake Mix, FT	089836-189387	6/10.6 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
29490	★☆☆ Pancake & Waffle, FT	089836-189417	6/16 OZ	21.71	3.62	CS	19.28	3.21	\$2.43	11.2%
Flavors/Extracts										
28651	★ Peppermint Flavor	089836-185303	6/2 OZ	19.22	3.20	CS	17.07	2.85	\$2.15	11.2%
28647	★ Almond Extract	089836-185266	6/2 OZ	21.15	3.53	CS	18.78	3.13	\$2.37	11.2%
28652	★ Vanilla Extract	089836-185310	6/2 OZ	22.35	3.73	CS	19.85	3.31	\$2.50	11.2%
28648	★ Almond Extract	089836-185273	6/4 OZ	27.09	4.52	CS	24.06	4.01	\$3.03	11.2%
28653	★ Vanilla Extract	089836-185327	6/4 OZ	39.72	6.62	CS	35.27	5.88	\$4.45	11.2%
Sauces/Gravies										
28660	★ Gravy, Brown	089836-185396	24/9 OZ	23.80	0.99	CS	21.14	0.88	\$2.66	11.2%
28661	★ Gravy, Rst Chicken	089836-185402	24/9 OZ	23.80	0.99	CS	21.14	0.88	\$2.66	11.2%
28663	★ Gravy, Rst Turkey	089836-185457	24/9 OZ	23.80	0.99	CS	21.14	0.88	\$2.66	11.2%
28662	★ Sauce, Wild Mushroom	089836-185419	24/9 OZ	23.80	0.99	CS	21.14	0.88	\$2.66	11.2%
25437	★ Vegetarian Brown Gravy Mix	089836-189561	24/1 OZ	23.80	0.99	CS	21.14	0.88	\$2.66	11.2%
Spices										
25476	★ Cinnamon Ground 3% Oil	089836-500151	6/67 OZ	8.84	1.47	CS	7.85	1.31	\$0.99	11.2%
25485	★ Ginger, Ground	089836-500328	6/42 OZ	8.84	1.47	CS	7.85	1.31	\$0.99	11.2%
25521	★ Poultry Seasoning Blend, Salt Free	089836-500502	6/32 OZ	8.84	1.47	CS	7.85	1.31	\$0.99	11.2%
25524	★ Sage, Ground	089836-500656	6/21 OZ	8.84	1.47	CS	7.85	1.31	\$0.99	11.2%
SJAAKS ORGANIC CHOCOLATE										
Certified Fair Trade										
Dark Chocolate										
27409	★ Dark Choc With Creamy Caramel Bar	787420-355643	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27410	★ Dark Chocolate Bar With Almonds	787420-355537	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27408	★ Extra Dark Chocolate Bar	787420-355612	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27417	★ Dark Choc Peanut Butter Bites Tub	787420-517010	2/3 LB	86.06	43.03	CS	76.80	38.40	\$9.26	10.8%
Milk Chocolate										
27415	★ Milk Choc With Almond Butter Bar	787420-355520	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27412	★ Milk Choc With Creamy Caramel Bar	787420-355544	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27413	★ Milk Choc With Peanut Butter Bar	787420-355506	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
27411	★ Milk Chocolate Bar With Almonds	787420-355513	18/1.6 OZ	25.84	1.44	CS	23.06	1.28	\$2.78	10.8%
SMOOZE										
Fruit Ice - Shelf Stable										
38856	Coconut With Guava	814437-004643	12/22 OZ	44.72	3.73	CS	41.42	3.45	\$3.30	7.4%
38854	Coconut With Mango	814437-004629	12/22 OZ	44.72	3.73	CS	41.42	3.45	\$3.30	7.4%
38855	Coconut With Passion Fruit	814437-004636	12/22 OZ	44.72	3.73	CS	41.42	3.45	\$3.30	7.4%
38853	Coconut With Pineapple	814437-004612	12/22 OZ	44.72	3.73	CS	41.42	3.45	\$3.30	7.4%
SNACK FACTORY										
Pretzel Crisps										
65500	Cinnamon Toast	049508-005100	12/6 OZ	25.92	2.16	CS	23.00	1.92	\$2.92	11.3%
65497	Classic	049508-005001	12/6 OZ	25.92	2.16	CS	23.00	1.92	\$2.92	11.3%
65498	Supreme	049508-005056	12/6 OZ	25.92	2.16	CS	23.00	1.92	\$2.92	11.3%
65499	Tuscan Three Cheese	049508-005254	12/6 OZ	25.92	2.16	CS	23.00	1.92	\$2.92	11.3%

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

SNACK MASTERS

All Natural Gourmet Ahi Tuna Jerky

18776 ■ Original 093443-572012 8/2 OZ 29.79 3.72 CS 26.44 3.31 **\$3.35** 11.2%

All Natural Gourmet Beef Jerky

18775 ■ Hot & Spicy 093443-547768 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

18773 ■ Original 093443-547744 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

18774 ■ Teriyaki 093443-547751 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

All Natural Gourmet Salmon Jerky

18777 ■ Original 093443-571015 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

All Natural Range Grown Turkey Jerky

18772 ■ Hot & Spicy 093443-547737 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

18770 ■ Original 093443-547713 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

18771 ■ Teriyaki 093443-547720 8/2 OZ 28.93 3.62 CS 25.67 3.21 **\$3.26** 11.3%

SNIKIDDY

Adventure Packs

25815 ☆ Grilled Cheese Puffs 891803-021435 12/6/1 OZ 41.33 3.44 CS 36.68 3.06 **\$4.65** 11.3%

Baked Fries

64829 ☆☉ Cheddar Cheese 891803-001741 12/4.5 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

64828 ☆☉■ Ketchup 891803-001734 12/4.5 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

64827 ☆☉■ Original 891803-001727 12/4.5 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

64830 ☆☉ Parmesan Garlic 891803-001758 12/4.5 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

Sharing Packs

25818 ☆ Grilled Cheese Puffs 891803-001444 12/4 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

25819 ☆ Mac n Cheese Puffs 891803-001819 12/4 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

25816 ☆ Nacho Cheese Puffs 891803-001901 12/4 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

25824 ☆ Pizza Puffs 891803-001352 12/4 OZ 22.67 1.89 CS 20.12 1.68 **\$2.55** 11.2%

SOLANA GOLD ORGANICS

Applesauce

23561 ☆ Gravenstein 043754-002005 12/24 OZ 33.13 2.76 CS 29.69 2.47 **\$3.44** 10.4%

Organic Juice

23794 ☆ Autumn Harvest Apple 043754-180482 8/48 OZ 35.87 4.48 CS 32.23 4.03 **\$3.64** 10.1%

62766 ☆ Sonoma County Gravenstein 043754-070486 8/48 OZ 35.87 4.48 CS 32.23 4.03 **\$3.64** 10.1%

23553 ☆ Apple, Autumn Harvest 043754-009202 4/GAL 38.82 9.71 CS 34.96 8.74 **\$3.86** 9.9%

23554 ☆+ Gravenstein, Sonoma County 043754-007253 4/GAL 38.82 9.71 CS 34.96 8.74 **\$3.86** 9.9%

Vinegars

23555 ☆ Apple Cider, Unfiltered 043754-000162 12/16 OZ 24.55 2.05 CS 22.01 1.83 **\$2.54** 10.3%

23556 ☆ Apple Cider, Unfiltered 043754-000322 12/32 OZ 38.28 3.19 CS 34.38 2.87 **\$3.90** 10.2%

SOLIXIR

Sparkling Botanical Beverages

20951 ☆ Blackberry Chamomile, Relax 899078-002005 12/12 OZ 17.12 1.43 CS 15.19 1.27 **\$1.93** 11.3%

20952 ☆ Orange Mate, Awaken 899078-002012 12/12 OZ 17.12 1.43 CS 15.19 1.27 **\$1.93** 11.3%

20953 ☆ Pomegranate Ginger, Restore 899078-002029 12/12 OZ 17.12 1.43 CS 15.19 1.27 **\$1.93** 11.3%

SORRELL RIDGE

Syrups

39005 Peach 069624-004108 12/10 OZ 27.69 2.31 CS 24.76 2.06 **\$2.93** 10.6%

SOUND SEA VEGETABLES

28128 Nori Strips, Hot & Spicy 047445-301170 6/47 OZ 16.54 2.76 CS 14.70 2.45 **\$1.84** 11.1%

28127 Sushi Nori, Toasted, 50 Sheets 047445-301125 3.5 OZ 17.09 17.09 EA 15.19 15.19 **\$1.90** 11.1%

28126 Sushi Nori, Toasted, 7 Sheets 047445-301088 12/55 OZ 35.67 2.97 CS 31.71 2.64 **\$3.96** 11.1%

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 + = Made With 70-94% Organic Ingredients ☯ = Vegan ☺ = Kosher ☼ = Vegetable Enzymes ☽ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
SOYGO										
Soy Creamer										
66720 ■	Powder, Single Serve	718122-822164	12/25 CT	63.84	5.32	CS	56.66	4.72	\$7.18	11.2%
SOYJOY										
Fruit Bars										
39824 ☆	Apple	031604-000462	12/1.06 OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
39825 ☆	Berry	031604-000363	12/1.06 OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
63299 *	Blueberry	031604-000905	12/1.06 OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
39827 ☆	Mango Coconut	031604-000301	12/1.06 OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
62700	Peanut Chocolate Chip	031604-000547	12/1.06OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
39826 ☆	Raisin Almond	031604-000325	12/1.06 OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
62701	Strawberry	031604-000530	12/1.06OZ	9.60	0.80	CS	8.52	0.71	\$1.08	11.3%
SPECTRUM NATURALS										
Spray Oils										
19111 ☆	Coconut	022506-138070	6/6 OZ	23.45	3.91	CS	20.84	3.47	\$2.61	11.1%
SPICE HUNTER										
Beverages Juices/Dry/Syrups										
06771	Hot Buttered Rum Mix	081057-054055	12/2.2 OZ	15.52	1.29	CS	13.19	1.10	\$2.33	15.0%
06772	Mulled Wine & Cider Spice	081057-054079	12/1.25 OZ	15.52	1.29	CS	13.19	1.10	\$2.33	15.0%
SPROUT										
Organic Baby Foods										
64353 ☆	Baked Sweet Potato	897415-002053	12/3.5 OZ	12.92	1.08	CS	11.47	0.96	\$1.45	11.2%
64352 ☆	Roasted Butternut Squash	897415-002046	12/3.5 OZ	12.92	1.08	CS	11.47	0.96	\$1.45	11.2%
64351 ☆	Roasted Pears	897415-002022	12/3.5 OZ	12.92	1.08	CS	11.47	0.96	\$1.45	11.2%
64356 ☆	Baked Sweet Potatoes/White Beans	897415-002107	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
64354 ☆	Oatmeal w/Rstd Cinnamon Applesauce	897415-002084	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
64359 ☆	Peach Rice Pudding	897415-002176	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
64358 ☆	Roasted Bananas & Brown Rice	897415-002152	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
64355 ☆	Roasted Pears & Apricots	897415-002091	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
64739 ☆	Swt Baby Carrots, Apples & Mango	897415-002145	12/3.5 OZ	14.57	1.21	CS	12.93	1.08	\$1.64	11.3%
STACY'S										
Pita Chips										
64001 ■	Simply Gingerbread	028400-024778	12/8 OZ	28.80	2.40	CS	26.19	2.18	\$2.61	9.1%
STASH TEA										
Green Tea Blends										
29222	Jasmine Blossom	077652-082241	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
66555	Mojito Mint	077652-082371	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
Teas Specialty Tea										
29277 ♦	Breakfast, English	077652-082289	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29278	Breakfast, Irish	077652-082326	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29274 ♦	Chai Spice	077652-082548	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29254	Chai	077652-082524	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29288 ♦	Chamomile	077652-082210	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29221	Double Bergamot	077652-082098	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29276 ♦	Earl Grey	077652-082272	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29335	Fushion Breakfast w/ Matcha	077652-083620	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29252	Fusion Green & White	077652-082685	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29336	Ginger Peach w/ Matcha	077652-083651	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29529	Goji Berry With Matcha	077652-083590	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29253	Green Tea Sampler	077652-088175	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29256	Lemon Ginger	077652-082494	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%

☆ = Gluten Free ♦ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ♦ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

STASH TEA, Cont.

29289	◆ Licorice Spice	077652-082258	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29257	Mango Passionfruit	077652-082562	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29531	Mangosteen With Matcha	077652-083477	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29247	◆ Moroccan Mint	077652-082357	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29296	◆ Peppermint	077652-082227	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29337	Pomegranate Raspbery w/Matcha	077652-083668	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29248	◆ Premium	077652-082296	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29255	Wild Raspberry	077652-082463	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%

SUKHI'S

Pickles & Chutneys

30854	Hot Mango Chutney	767226-003047	6/8 OZ	21.16	3.53	CS	18.95	3.16	\$2.21	10.4%
48915	★ Carrot Pickle	767226-003023	6/7 OZ	21.16	3.53	CS	18.95	3.16	\$2.21	10.4%
48916	★ Lime Pickle	767226-003016	6/7 OZ	21.16	3.53	CS	18.95	3.16	\$2.21	10.4%

Spice Mixes

48963	★ Pullao Spice Rice Mix	767226-002224	12/25 OZ	20.45	1.70	CS	18.25	1.52	\$2.20	10.8%
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SUN BRAND

Spice/Seasonings

83775	Curry Powder	072538-000050	6/4 OZ	10.67	1.78	CS	9.55	1.59	\$1.12	10.5%
81156	Tandoori Powder	072538-000081	12/4 OZ	20.82	1.74	CS	18.59	1.55	\$2.23	10.7%

SUN LUCK

Asian Cooking Ingredients Seasoning

84749	Sesame Seed Toastd	076132-130120	6/3.75 OZ	17.84	2.97	CS	15.86	2.64	\$1.98	11.1%
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Asian Cooking Ingredients Vegetable

20483	Bamboo Shoot, Sliced	076132-170027	12/8 OZ	13.09	1.09	CS	12.19	1.02	\$0.90	6.9%
20484	Water Chestnuts, Whole	076132-170058	12/8 OZ	13.09	1.09	CS	12.19	1.02	\$0.90	6.9%
84762	Waterchestnuts, Sliced	076132-170065	12/8 OZ	12.98	1.08	CS	12.08	1.01	\$0.90	6.9%

SUN VALLEY BAR

66883	☉ Chocolate Chocolate Chip	689076-764858	12/2 OZ	14.47	1.21	CS	12.87	1.07	\$1.60	11.1%
66881	☉ Cranberry Almond	689076-765053	12/2 OZ	14.47	1.21	CS	12.87	1.07	\$1.60	11.1%
66882	☉ Goji Lemon	718122-056248	12/2 OZ	14.47	1.21	CS	12.87	1.07	\$1.60	11.1%
66884	☉ Peanut Butter Chocolate Chip	689076-764957	12/2 OZ	14.47	1.21	CS	12.87	1.07	\$1.60	11.1%

SUNSPIRE

Baking Chips & Sundrops & Fair Trade Bars

60832	★☉ Baking Bar, Sem/Swt, FT, 65% Cacao	077241-116715	12/4 OZ	40.13	3.34	CS	35.67	2.97	\$4.46	11.1%
60833	★☉ Baking Bar, Unswt, FT, 100% Cacao	077241-116708	12/4 OZ	40.13	3.34	CS	35.67	2.97	\$4.46	11.1%
32960	Carob Chips, Vegan, Grain Sweetened	077241-500705	12/10 OZ	42.11	3.51	CS	36.84	3.07	\$5.27	12.5%
32981	☉ Choc Chips, Dark, Grain, Swtnd	077241-500606	12/10 OZ	41.63	3.47	CS	36.36	3.03	\$5.27	12.7%
32877	■ White Chocolate Baking Chips	077241-500309	12/10 OZ	42.11	3.51	CS	36.84	3.07	\$5.27	12.5%
32982	Carob Chips, Unsweetened	077241-500507	12/10 OZ	42.91	3.58	CS	37.54	3.13	\$5.37	12.5%
32963	Sundrops, Plain Chocolate	077241-591284	12/10 OZ	48.51	4.04	CS	42.76	3.56	\$5.75	11.9%
32839	★■ Chips, Bittersweet, 65% Cacao FT	077241-500767	12/9 OZ	48.46	4.04	CS	42.33	3.53	\$6.13	12.6%
32962	★■ Chocolate Chips, Semi-Sweet	077241-500750	12/9 OZ	48.46	4.04	CS	42.33	3.53	\$6.13	12.6%
32894	■ Peanut Butter Baking Chips	077241-500408	12/10 OZ	50.27	4.19	CS	44.14	3.68	\$6.13	12.2%

SUNSTEEN

Antioxidant Juice

60817	★☉ Mangosteen, Ready-to-Drink	897769-002006	6/8.5 OZ	12.83	2.14	CS	11.48	1.91	\$1.35	10.5%
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SUNSWEET NATURALS

Dried Fruit

60311	★☉ D'Noir Prunes, Pitted	852858-002084	12/7 OZ	33.76	2.81	CS	29.96	2.50	\$3.80	11.3%
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 + = Made With 70-94% Organic Ingredients ☉ = Vegan ☉ = Kosher ◆ = Vegetable Enzymes ☼ = Ethnic ○ = Non-GMO Project Verified

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
SUZIE'S										
<i>Puffed Cakes</i>										
47861	Kamut, Lightly Salted	022929-427713	12/3.6 OZ	31.31	2.61	CS	28.18	2.35	\$3.13	10.0%
48054	Kamut, Plain	022929-427706	12/3.9 OZ	31.31	2.61	CS	28.18	2.35	\$3.13	10.0%
48055	Spelt, Plain	022929-427676	12/4.2 OZ	31.31	2.61	CS	28.18	2.35	\$3.13	10.0%
47860	Kamut, Agave Sweetened	022929-427720	12/4.5 OZ	39.43	3.29	CS	35.39	2.95	\$4.04	10.2%
47862	Spelt, Agave Sweetened	022929-427690	12/5 OZ	39.43	3.29	CS	35.39	2.95	\$4.04	10.2%
SWEET LEAF TEA										
<i>Ready To Drink Lemonade</i>										
34621	★■ Original	651538-067166	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
<i>Ready To Drink Teas</i>										
66063	★■ Citrus Green	651538-067203	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
66065	Citrus Green, Diet	651538-067210	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
26602	★ Lemon & Lime Unsweetened	651538-067029	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
66061	★■ Citrus Green	651538-067197	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
29171	★■ Lemonade Tea, Half and Half	651538-067081	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
26601	★■ Mint & Honey Green	651538-067012	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
26600	★■ Original Sweet	651538-067005	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
26604	★■ Peach	651538-067043	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
26603	★■ Raspberry	651538-067036	12/16 OZ	12.96	1.08	CS	11.50	0.96	\$1.46	11.3%
SWEETRIOT										
20076	■ Yumbar 65	858503-001280	12/1.5 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
20077	■ Yumbar 70	858503-001273	12/1.5 OZ	20.80	1.73	CS	18.46	1.54	\$2.34	11.3%
<i>Cacao Nibs</i>										
23140	■ Citrus Green	858503-001006	12/1 OZ	32.32	2.69	CS	28.68	2.39	\$3.64	11.3%
23141	■ Citrus Green	858503-001013	12/1 OZ	32.32	2.69	CS	28.68	2.39	\$3.64	11.3%
23147	■ Citrus Green	858503-001020	12/1 OZ	32.32	2.69	CS	28.68	2.39	\$3.64	11.3%
TAMBOBAMBA										
<i>Mojo Bowls</i>										
66548	★ Brazilian Rice & Beans	855078-001042	6/7.9 OZ	17.15	2.86	CS	15.30	2.55	\$1.85	10.8%
66549	★ Caribbean Rice & Beans	855078-001059	6/7.9 OZ	17.15	2.86	CS	15.30	2.55	\$1.85	10.8%
66547	★ Peruvian Rice & Beans	855078-001035	6/7.9 OZ	17.15	2.86	CS	15.30	2.55	\$1.85	10.8%
TANKA										
<i>Snack Stick</i>										
66838	★ Wild, Regular	897737-001192	24/1 OZ	35.45	1.48	CS	31.49	1.31	\$3.96	11.2%
66839	★ Wild, Spicy	897737-001208	24/1 OZ	35.45	1.48	CS	31.49	1.31	\$3.96	11.2%
TASTE NIRVANA										
<i>All Natural Beverages</i>										
30414	■ Creamy Thai Tea	011259-806046	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
30429	■ Green Tea, Creamy	011259-806121	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
64937	Real Coco Aloe	011259-801133	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
64936	Real Coconut Water	011259-806862	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
30415	■ Thai Coffee	011259-806244	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
30416	Young Coconut Juice w/Pulp	011259-806886	12/9.5 OZ	15.01	1.25	CS	13.27	1.11	\$1.74	11.6%
TASTY BITE										
<i>Meal Inspirations</i>										
64620	★■ Barley Medley	782733-014058	6/8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%
64617	★ Chunky Chickpeas	782733-014027	6/8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%
64618	★ Lentil Magic	782733-014034	6/8.8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%
64616	★ Snappy Soya	782733-014010	6/8.8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%
64645	★ Zany Multigrain	782733-012054	6/8.8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%

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Prices Subject to Change Without Notice

HOMEMADE GOODNESS IN A BOTTLE

16oz GLASS

Original Sweet Tea
Mint & Honey Green Tea
Lemon Iced Tea
Citrus Green Tea
Half & Half Lemonade Tea
Lemon & Lime Unsweet Tea
Peach Iced Tea
Raspberry Iced Tea
Original Lemonade

64oz PET

Original Sweet Tea
Mint & Honey Green Tea
Lemon Iced Tea
Citrus Green Tea



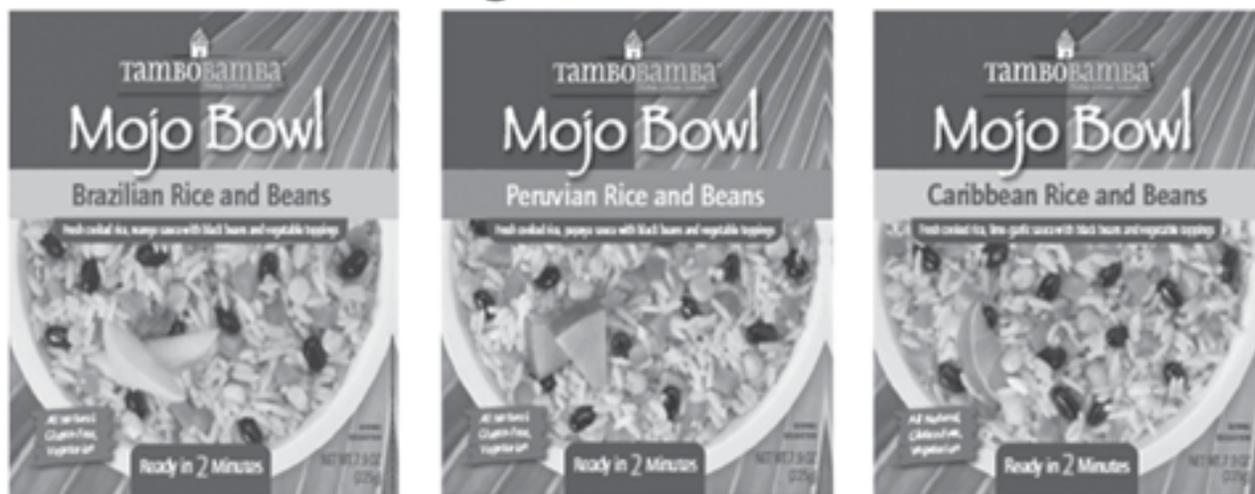
SWEETLEAFTEA.COM



New!



Introducing Tambobamba Mojo Bowls!



- **Unique:** Single-serve Latin American & Caribbean meals (shelf stable)
- **Convenient:** Ready in 2 minutes
- **Great tasting:** Fresh cooked rice, mojo sauce, vegetables & beans
- **Environmentally friendly:** Biodegradable bowl & sleeves from recycled board
- **Variety:** 3 great flavors
 - Brazilian Rice & Beans with Mango Sauce
 - Peruvian Rice & Beans with Papaya Sauce
 - Caribbean Rice & Beans with Lime-Garlic Sauce
- **Healthy:** All Natural/Vegetarian/Gluten Free! No MSG, no artificial anything!

Nuevo Latino Natural Foods, Inc., P.O. Box 923, Boulder, CO 80306
Telephone: (303) 564-8848 Fax: (866) 642-7443
Email: info@tambobamba.com Website: www.tambobamba.com

NEW!
Coming
Soon!

TANKA WILD



Tanka products are official foods of the Oglala Sioux Tribe. Your purchase supports our work to build a positive, healthy future here on the Pine Ridge Indian Reservation.



Nutrition Facts
Serving size: 1 stick (29g)
Servings per container: 24

Amount Per Serving		% Daily Value*
Calories 70	Calories from fat 25	
Total Fat 2.5g		4%
Saturated Fat 1g		5%
Trans Fat 0g		0%
Cholesterol 15mg		5%
Sodium 250mg		11%
Total Carbohydrate 6g		2%
Dietary Fiber 1g		4%
Sugars 3g		
Protein 5g		
Vitamin A 4%	Vitamin C 2%	
Calcium 2%	Iron 5%	

*Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than 65g	80g	105g
Sat Fat	Less than 20g	25g	35g
Cholesterol	Less than 300mg	300mg	350mg
Sodium	Less than 2,400mg	2,400mg	2,800mg
Total Carbohydrate	300g	375g	450g
Dietary Fiber	25g	30g	35g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Tanka Wild combines the goodness of prairie-raised Buffalo and tart-sweet Cranberries with 100% Indian-grown and harvested Minnesota cultivated Wild Rice.

Our Wild Rice is non-GMO, and contains no artificial flavors or colors. Wild rice is a whole grain that is high in fiber, antioxidants and phosphorus. Whole grains also help to fight off cancer, diabetes and heart disease.

The Tanka Wild Stick is a snack that moms can trust. It tastes great and leaves you full of energy, and not full of fillers and fat, like the other leading brand's snack stick.

- No Hormones, Preservatives or Antibiotics
- No Nitrates or Nitrites
- Gluten, MSG, Soy and Dairy-Free
- Contains non-GMO Wild Rice
- 5 grams protein per serving
- Low in sodium
- 0 grams trans fat



287 Water Tower Road Kyle, SD 57752

Ph: 605.455.2187

Toll-free: 800.416.7212

Fax: 605.455.2019

TankaWild.com

NUTRITIONAL COMPARISONS
Per 100 Gram (3.5 oz.) Serving - Cooked Meat - Updated March 2007

SPECIES	FAT g	PROTEIN g	CALORIES kcal	CHOLESTEROL mg	IRON mg	VITAMIN B-12 mcg
BISON	2.42	28.44	143	82	3.42	2.86
Beef (Choice)	18.54	27.21	283	87	2.72	2.50
Beef (Select)	8.09	29.89	201	86	2.99	2.64
Pork	9.66	29.27	212	86	1.1	0.75
Chicken (Skinless)	7.41	28.93	190	89	1.21	0.33
Sockeye Salmon	10.97	27.31	216	87	0.55	5.80

Real food. Real people. Real good.

TASTY BITE

New!

Meal Inspirations™

Just Mix-In!

Delicious, Fast & Easy... Meal Inspirations add pizzazz to all your favorite meals.

Add to salads, main dishes, snacks & more for added protein & flavor

All Natural

Fully Cooked

6 Delicious Varieties

Fast Mealtime Solution

No Preservatives, Additives or MSG

No Refrigeration Needed

18 Month Shelf-life



Try all our Entrées, Rices & Simmer Sauces
SPICE IT UP™
ALL NATURAL INDIAN & PAN ASIAN CUISINE

Explore
tastybite.com

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

TASTY BITE, Cont.

64619	★ Zesty Lentils & Peas	782733-014041	6/8 OZ	14.15	2.36	CS	12.62	2.10	\$1.53	10.8%
Simmer Sauces										
39567	■★ Good Korma	782733-013013	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39570	■★ Pad Thai	782733-013044	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39568	★ Rogan Josh	782733-013020	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39571	■★ Satay Partay	782733-013051	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39569	■★ Tikka Masala	782733-013037	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%

TEECCINO

Single Serve Tee Bags

66701	★★ Chocolate	795239-401307	6/10 BAG	19.68	3.28	CS	17.47	2.91	\$2.21	11.2%
66700	★★ French Roast	795239-401109	6/10 BAG	19.68	3.28	CS	17.47	2.91	\$2.21	11.2%
66703	★★ Hazelnut, Mediterranean	795239-400607	6/10 BAG	19.68	3.28	CS	17.47	2.91	\$2.21	11.2%
66702	★★ Vanilla Nut, Mediterranean	795239-400102	6/10 BAG	19.68	3.28	CS	17.47	2.91	\$2.21	11.2%

TEJAVA

27479	◆ Black Tea	654871-009039	12/1 LTR	15.68	1.31	CS	14.13	1.18	\$1.55	9.9%
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TERRA CHIPS

Sweet Potato Chips

67179	Cinnamon Spice	728229-130628	12/6 OZ	31.52	2.63	CS	28.33	2.36	\$3.19	10.1%
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TERRAMAZON

Organic Cacao

62865	★ Raw Cacao Nibs	856308-000095	12/6 OZ	60.80	5.07	CS	54.00	4.50	\$6.80	11.2%
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Organic Yacon

62863	★ Yacon Slices	856308-000217	12/1 OZ	32.06	2.67	CS	28.46	2.37	\$3.60	11.2%
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THAI KITCHEN

Asian Meals, Meal Starters

38053	■ Rice Noodle Bowls Dsply	737628-010134	84/2.4 OZ	105.42	1.26	CS	90.08	1.07	\$15.34	14.6%
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Pastes

18951	Curry, Red	737628-003006	12/4 OZ	27.27	2.27	CS	23.36	1.95	\$3.91	14.3%
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Pure Coconut Milk

18950	◆ Coconut Milk	737628-011506	12/13.66 OZ	16.08	1.34	CS	13.86	1.16	\$2.22	13.8%
18960	◆ Coconut Milk, Lite	737628-011605	12/13.66 OZ	16.08	1.34	CS	13.86	1.16	\$2.22	13.8%
36254	★ Coconut Milk	737628-079506	12/13.66 OZ	17.84	1.49	CS	15.37	1.28	\$2.47	13.8%
36255	★ Coconut Milk, Lite	737628-082506	12/13.66 OZ	17.84	1.49	CS	15.37	1.28	\$2.47	13.8%
36098	Coconut Milk	737628-060504	24/5.46 OZ	17.81	0.74	CS	15.30	0.64	\$2.51	14.1%

Rice Noodle Bowls

24233	■ Hot & Sour	737628-010028	6/2.4 OZ	7.48	1.25	CS	6.38	1.06	\$1.10	14.7%
24235	■ Lemongrass & Chili	737628-010035	6/2.4 OZ	7.48	1.25	CS	6.38	1.06	\$1.10	14.7%
24231	■ Mushroom	737628-010042	6/2.4 OZ	7.48	1.25	CS	6.38	1.06	\$1.10	14.7%
24230	■ Roasted Garlic	737628-010011	6/2.4 OZ	7.48	1.25	CS	6.38	1.06	\$1.10	14.7%
24232	■ Spring Onion	737628-010059	6/2.4 OZ	7.48	1.25	CS	6.38	1.06	\$1.10	14.7%

Rice Noodle Carts

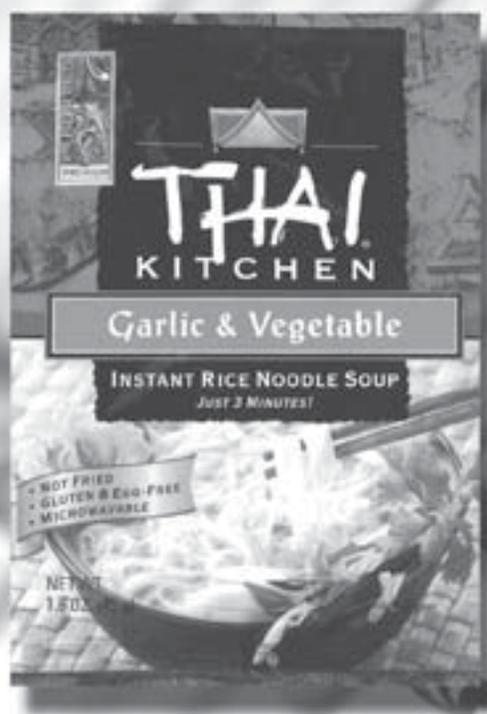
31196	■ Pad Thai	737628-010264	6/9.77 OZ	13.65	2.28	CS	11.67	1.95	\$1.98	14.5%
31195	■ Spicy Thai Basil	737628-010233	6/9.77 OZ	13.65	2.28	CS	11.67	1.95	\$1.98	14.5%
31197	■ Sweet Citrus Ginger	737628-010240	6/9.77 OZ	13.65	2.28	CS	11.67	1.95	\$1.98	14.5%
31211	■ Tangy Lemongrass	737628-010257	6/9.77 OZ	13.65	2.28	CS	11.67	1.95	\$1.98	14.5%
31218	■ Thai Peanut	737628-010271	6/9.77 OZ	13.65	2.28	CS	11.67	1.95	\$1.98	14.5%

Sauces

18954	Fish	737628-001002	12/7 OZ	27.27	2.27	CS	23.36	1.95	\$3.91	14.3%
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★ = Gluten Free ⊕ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ⊛ = 100% Organic ★ = 95-99% Organic
 ⊕ = Made With 70-94% Organic Ingredients ♯ = Vegan ⊙ = Kosher ⊕ = Vegetable Enzymes ⊕ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS



Garlic & Vegetable Instant Rice Noodle Soup

Enjoy a delicious noodle soup made with garlic, ginger, basil, and onion in just minutes.

Pad Thai Noodle Cart

Now you can enjoy Pad Thai, the classic Thai dish, at home, work or school. Made with our signature Pad Thai sauce and 100% rice noodles, this delicious treat can be prepared in 4 minutes using boiling water or a microwave.



www.thaikitchen.com

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

THE TEA SPOT

Tea Tins

22873	Bolder Breakfast Blend	188219-000001	4/3.25 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%
22875	Boulder Blues	188219-000049	4/3 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%
22874	Earl Of Grey	188219-000032	4/3 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%
22878	Mango Tango	188219-000087	4/3 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%
22877	Meditative Mind	188219-000070	4/2 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%
22876	Red Rocks	188219-000056	4/3.5 OZ	24.38	6.10	CS	21.68	5.42	\$2.70	11.1%

THEO CHOCOLATE

Theo Classic Flavor Combination Choc Bars - Fair Trade

66945	★ ■ Peppermint Dark Chocolate	874492-000974	12/3 OZ	29.58	2.47	CS	27.42	2.29	\$2.16	7.3%
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THINK

Think Thin Bars

33661	Brownie Crunch	753656-701271	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
64792	★ Chocolate Covered Strawberries	753656-708065	10/1.76 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33663	Chocolate Fudge	753656-701219	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33660	Chocolate Mudslide	753656-703565	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33662	Chunky Peanut Butter	753656-701264	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33664	Creamy Peanut Butter	753656-701202	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
31337	Crunch Mixed Nuts & White Chocolate	753656-708614	10/1.41 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
31336	Crunch, Mixed Nuts & Chocolate	753656-708430	10/1.41 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
31335	Crunch, Mixed Nuts	753656-708409	10/1.41 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33659	Dark Chocolate	753656-703558	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
64793	★ Lemon Cream Pie	753656-708096	10/1.76 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
64791	★ Tangerine Cremesicle	753656-708034	10/1.76 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%
33665	White Chocolate Chip	753656-706351	10/2.1 OZ	14.72	1.47	CS	13.07	1.31	\$1.65	11.2%

Think Thin Bites

64794	★ Chocolate Toffee Nut	753656-708188	6/4.41 OZ	24.84	4.14	CS	22.05	3.68	\$2.79	11.2%
64796	★ Cookies and Cream	753656-708126	6/4.41 OZ	24.84	4.14	CS	22.05	3.68	\$2.79	11.2%
64795	★ White Chocolate Raspberry	753656-708157	6/4.41 OZ	24.84	4.14	CS	22.05	3.68	\$2.79	11.2%

THIRD STREET CHAI

34550	★☉ Authentic Chai	612884-886160	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%
34551	★☉ Decaf, With Rooibos	612884-886177	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%
34555	★☉ Green Tea, With Rooibos	612884-886153	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%
34554	★☉ Honey Vanilla Chai	612884-886184	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%
36840	★ Spicy Ginger	612884-886269	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%
34553	★☉ Sugar Free Chai	612884-886252	6/32 OZ	21.47	3.58	CS	19.05	3.18	\$2.42	11.3%

THOMAS KEMPER

Purely Natural Sodas

66519	☉☉* Black Cherry	085053-610857	6/4/12 OZ	26.93	4.49	CS	23.90	3.98	\$3.03	11.3%
66518	☉☉* Blood Orange	085053-610833	6/4/12 OZ	26.93	4.49	CS	23.90	3.98	\$3.03	11.3%
66516	☉☉* Root Beer	085053-610819	6/4/12 OZ	26.93	4.49	CS	23.90	3.98	\$3.03	11.3%
66517	☉☉* Spiced Ginger Ale	085053-610840	6/4/12 OZ	26.93	4.49	CS	23.90	3.98	\$3.03	11.3%

TRIPLE LEAF TEA

Ancient Chinese Medicinals

Chinese Medicinal Teas

30821	★☉ Oolong (Woolong)	023991-000200	6/20 BAG	11.68	1.95	CS	10.37	1.73	\$1.31	11.2%
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Green Teas

30822	★☉ Jasmine, Decaffeinated	023991-000217	6/20 BAG	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
TROPICAL SOURCE										
<i>Dairy Free Baking Chocolate Chips</i>										
30733	☯☯■ Semi Sweet	729582-012811	12/10 OZ	41.49	3.46	CS	36.12	3.01	\$5.37	12.9%
TWININGS										
<i>Green Tea</i>										
27011	Jasmine	070177-050740	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82964	Lemon	070177-250997	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26998	Mint	070177-250980	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
<i>Teas</i>										
27010	Breakfast, English, Decaf	070177-173517	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26971	Ceylon	070177-154165	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82953	Chai	070177-155742	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26986	China Oolong	070177-154264	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26977	Darjeeling	070177-154127	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26975	Earl Grey	070177-154226	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
27009	Earl Grey, Decaf	070177-171674	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26978	English Breakfast	070177-154196	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26976	Irish Breakfast	070177-154240	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26974	Lady Grey	070177-154004	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82958	Orange Bliss	070177-267537	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26992	Peppermint	070177-067779	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82959	Pomegranate Delight	070177-267568	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26972	Prince of Wales	070177-154141	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82791	Pure Chamomile	070177-067762	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
80819	Vanilla	070177-179533	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26973	Variety Pack	070177-154035	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
TWO LEAVES AND A BUD										
<i>Single Region Teas, Individually Wrapped Sachets</i>										
30368	☯☯ Better Belly	894058-000101	6/15 BAG	30.88	5.15	CS	27.41	4.57	\$3.47	11.2%
30369	★☯ Better Morning Blend, Herbal	894058-000125	6/15 BAG	30.88	5.15	CS	27.41	4.57	\$3.47	11.2%
30370	☯☯ Better Rest	894058-000132	6/15 BAG	30.88	5.15	CS	27.41	4.57	\$3.47	11.2%
30367	☯☯ Gen Mai Cha, Green	894058-000118	6/15 BAG	30.88	5.15	CS	27.41	4.57	\$3.47	11.2%
U S MILLS										
<i>Cereals</i>										
52013	☯ Uncle Sam's Cereal	041653-456783	12/10 OZ	28.53	2.38	CS	25.38	2.12	\$3.15	11.0%
23920	☯ Uncle Sam's Cereal, w/Mixed Berries	041653-456745	12/10.5 OZ	35.92	2.99	CS	31.94	2.66	\$3.98	11.1%
VIGNETTE WINE COUNTRY SODA										
39045	Chardonnay	892342-001049	6/4/12 OZ	33.68	5.61	CS	30.08	5.01	\$3.60	10.7%
39046	Pinot Noir	892342-001032	6/4/12 OZ	33.68	5.61	CS	30.08	5.01	\$3.60	10.7%
39047	Rose	892342-001056	6/4/12 OZ	33.68	5.61	CS	30.08	5.01	\$3.60	10.7%
VILLAGE HARVEST										
<i>Rice</i>										
38007	★☆ Thai Jasmine	028571-004081	6/30 OZ	20.67	3.45	CS	18.49	3.08	\$2.18	10.5%
38010	★☆ Indian Basmati	028571-004517	6/30 OZ	24.27	4.05	CS	21.68	3.61	\$2.59	10.7%
VITA-SPELT										
<i>Pasta</i>										
07136	★☯ Angel Hair	027064-570072	12/10 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07140	★☯ Angel Hair, Light	027064-571079	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07132	★☯ Elbows	027064-570034	12/10 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07139	★☯ Elbows, Light	027064-571031	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07141	★ Penne, Light	027064-571055	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%

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Prices Subject to Change Without Notice

two leaves and a bud TEA COMPANY

Four New Organic Teas Now Available



New Better Being Teas

- ✂ **organic better belly blend tea:** settles stomachs with ginger and fennel, with a rich taste thanks to calendula flowers and apple pieces.
- ✂ **organic better rest blend tea:** a soothing combination of chamomile and peppermint, also with hops and valerian for a concentrated relaxation effect.
- ✂ **organic better morning blend tea:** lemongrass and kombucha combine to stimulate the senses first thing in the morning.

New Green Tea

- ✂ **organic gen mai cha tea:** whole leaf sencha green tea, balanced with puffs of brown rice for a toasty, smooth and nutty taste.

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
VITA-SPELT, Cont.										
07135	★☉ Rotini	027064-570119	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07138	★☉ Rotini, Light	027064-571116	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07131	★☉ Spaghetti	027064-570027	12/10 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07137	★☉ Spaghetti, Light	027064-571024	12/8 OZ	26.11	2.18	CS	23.41	1.95	\$2.70	10.3%
07147	★☉ Lasagne	027064-570089	12/8 OZ	31.57	2.63	CS	28.23	2.35	\$3.34	10.6%
07142	★ Lasagne, Light	027064-571086	12/8 OZ	34.48	2.87	CS	30.81	2.57	\$3.67	10.6%
VIVAGAVE										
66040	☉☉☉☉ Cocoa Agave Inulin Powder	851937-002151	6/7 OZ	40.16	6.69	CS	35.64	5.94	\$4.52	11.3%
VIVANI CHOCOLATES										
<i>Chocolates</i>										
39037	★■ Dark Choc w/Orange Flavor	076384-000608	10/3.5 OZ	25.07	2.51	CS	22.38	2.24	\$2.69	10.7%
39038	☉■ Dark Chocolate With 85% Cocoa	076384-000974	10/3.5 OZ	25.07	2.51	CS	22.38	2.24	\$2.69	10.7%
39034	★■ Dark Chocolate	076384-000578	10/3.5 OZ	25.07	2.51	CS	22.38	2.24	\$2.69	10.7%
WALKER'S SHORTBREAD										
<i>Shortbread Cookies</i>										
24113	☉■ Fingers	039047-001152	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
24104	■ Rounds	039047-001404	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
24110	☉■ Triangles	039047-001312	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
WASA CRISPBREAD										
<i>Cracker/Bread Crispbreads</i>										
25648	■ Crisp 'n Light, 7 Grain	033617-410016	10/4.9 OZ	15.26	1.53	CS	13.76	1.38	\$1.50	9.8%
25658	Fiber Plus	033617-350756	12/8.1 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25652	Multigrain	033617-007032	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25656	☉ Rye, Hearty	033617-370372	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25655	☉ Rye, Light	033617-322616	12/9.5 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25657	☉ Rye, Sourdough	033617-340610	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25651	■ Sesame Toasted Wheat	033617-007070	12/7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25585	■ Whole Wheat	033617-596284	12/8.2 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25637	Multi Grain & Light Rye Shipper	033617-007384	48 ASST	100.51	2.09	CS	90.97	1.90	\$9.54	9.5%
<i>Flatbread Delicate Thin Crisps</i>										
67297	Original	033617-000064	20/6.7 OZ	40.71	2.04	CS	37.71	1.89	\$3.00	7.4%
67299	Rosemary	033617-000088	20/6.7 OZ	40.71	2.04	CS	37.71	1.89	\$3.00	7.4%
67298	Sesame	033617-000071	20/6.7 OZ	40.71	2.04	CS	37.71	1.89	\$3.00	7.4%
WAT-AAH										
65936	Body	893050-002014	12/16.9 OZ	12.80	1.07	CS	11.36	0.95	\$1.44	11.3%
65937	Brain	893050-002021	12/16.9 OZ	12.80	1.07	CS	11.36	0.95	\$1.44	11.3%
65939	Energy	893050-002045	12/16.9 OZ	12.80	1.07	CS	11.36	0.95	\$1.44	11.3%
65938	Power	893050-002038	12/16.9 OZ	12.80	1.07	CS	11.36	0.95	\$1.44	11.3%
WATKINS										
<i>All Natural Pure Extracts</i>										
66746	Orange	818570-001705	2 OZ	2.29	2.29	EA	2.03	2.03	\$0.26	11.4%
WEETABIX										
<i>Cereals</i>										
36092	★■ Crispy Flakes & Fiber	055712-067049	12/12 OZ	40.17	3.35	CS	35.92	2.99	\$4.25	10.6%
36091	★■ Crispy Flakes	055712-067032	12/12 OZ	40.17	3.35	CS	35.92	2.99	\$4.25	10.6%
65533	☉■ Weetabix	055712-067124	12/14 OZ	40.17	3.35	CS	35.92	2.99	\$4.25	10.6%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

WESTBRAE

Organic Vegetables

38096	★●● Blue Lake Cut Green Beans	074873-170207	12/15 OZ	19.52	1.63	CS	17.41	1.45	\$2.11	10.8%
38097	★●● Corn, Golden Swt, Whl Kernel	074873-170108	12/15 OZ	19.52	1.63	CS	17.41	1.45	\$2.11	10.8%
38104	★● French Cut Green Beans	074873-170504	12/14.5 OZ	19.52	1.63	CS	17.41	1.45	\$2.11	10.8%
38095	★●● Peas, Sweet Garden	074873-170306	12/15 OZ	19.52	1.63	CS	17.41	1.45	\$2.11	10.8%

WESTSOY

Soy Beverage Quarts

60482	■ Chocolate Peppermint Stick	074873-960204	6/32 OZ	12.08	2.01	CS	10.72	1.79	\$1.36	11.3%
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WHOLE SOME SWEETENERS

Fair Trade Certified Honey

60622	●● Raw	012511-891657	6/16 OZ	40.81	6.80	CS	36.31	6.05	\$4.50	11.0%
60602	●● Squeezeable	012511-891671	6/16 OZ	40.81	6.80	CS	36.31	6.05	\$4.50	11.0%

Organic Sweeteners

64962	★●● Syrup, Cinnamon Agave	012511-211233	6/11.75 OZ	24.12	4.02	CS	21.46	3.58	\$2.66	11.0%
64963	★●● Syrup, Maple Agave	012511-211240	6/11.75 OZ	24.12	4.02	CS	21.46	3.58	\$2.66	11.0%
64960	★●● Syrup, Strawberry Agave	012511-211257	6/11.75 OZ	24.12	4.02	CS	21.46	3.58	\$2.66	11.0%
64961	★●● Syrup, Vanilla Agave	012511-201227	6/11.75 OZ	24.12	4.02	CS	21.46	3.58	\$2.66	11.0%

WOLFGANG PUCK

Gluten Free Organic Soups

21306	★■ Butternut Squash, Creamy	858328-761482	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21307	★●■ Chicken w/Wild Rice	858328-762120	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21345	★●■ French Onion	858328-761840	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21291	★ Spicy Bean	858328-761604	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21292	★ Tortilla	858328-761543	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%

Natural Soup & Meal Cups

21302	★●■ Lentil & Vegetable, Thick Hearty	858328-761185	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21301	★■ Tom w/Basil, Classic	858328-761123	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21304	★■ Vegetable, Thick Hearty	858328-761307	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%

Soups and Broths

62157	★■ Chicken & Dumplings	858328-762144	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21308	★■ Chicken w/Egg Noodle	858328-762182	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21346	★■ Corn Chowder	858328-761901	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21303	★■ Minestrone, Classic	858328-761246	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
62158	●+ New England Clam Chowder	858328-762083	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21305	★■ Potato, Old Fashioned	858328-761420	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
62159	★■ Roasted Red Pepper w/ Tomato	858328-762205	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21342	★■ Tomato, Creamy	858328-761666	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
62160	★■ Vegetable Barley	858328-762021	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
20373	★ Beef Broth	858328-383165	12/32 OZ	31.62	2.64	CS	28.33	2.36	\$3.29	10.4%
20372	★ Chicken Broth	858328-382120	12/32 OZ	31.62	2.64	CS	28.33	2.36	\$3.29	10.4%
20371	★ Vegetable Broth	858328-381307	12/32 OZ	31.62	2.64	CS	28.33	2.36	\$3.29	10.4%

WOODSTOCK FARMS

Commodities

29803	★● Walnuts, Halves & Pieces	042563-008376	8/6 OZ	47.95	5.99	CS	42.64	5.33	\$5.31	11.1%
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Confections - Evaporated Cane Sugar

39540	■ Blueberry Yogurt Pretzels	042563-015107	8/5 OZ	26.61	3.33	CS	23.69	2.96	\$2.92	11.0%
24945	■ Pretzels, Yogurt	042563-009441	8/8 OZ	31.95	3.99	CS	28.46	3.56	\$3.49	10.9%
24949	■ Pretzels, Peanut Butter	042563-009489	8/8 OZ	34.61	4.33	CS	30.82	3.85	\$3.79	11.0%
39536	■ Dark Chocolate Cashews	042563-015084	8/6 OZ	42.61	5.33	CS	37.90	4.74	\$4.71	11.1%
39534	■ Yogurt Cherries	042563-015077	8/5 OZ	42.61	5.33	CS	37.89	4.74	\$4.72	11.1%
39525	■ Dark Chocolate Cherries	042563-015091	8/6 OZ	53.28	6.66	CS	47.37	5.92	\$5.91	11.1%
39539	■ Dark Chocolate Blueberries	042563-015060	8/5 OZ	53.28	6.66	CS	47.36	5.92	\$5.92	11.1%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ⚡ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
WOODSTOCK FARMS, Cont.											
Confections - Organic Chocolate											
24953	★■ Chips, Dark Chocolate	042563-009083	8/9 OZ	42.61	5.33	CS	37.93	4.74	\$4.68	11.0%	
24943	■ Almonds, Dark Chocolate	042563-009427	8/10 OZ	47.95	5.99	CS	42.68	5.34	\$5.27	11.0%	
24954	★■ Almonds, Dark Chocolate	042563-009069	8/7 OZ	53.28	6.66	CS	47.38	5.92	\$5.90	11.1%	
Dried Fruits & Vegetables											
00625	★☉ Raisins, Thompson	042563-009601	12/15 OZ	51.92	4.33	CS	46.24	3.85	\$5.68	10.9%	
62145	■ Packaged Dried Fruit Shipper	042563-014315	48 ASST	183.69	183.69	CS	163.83	163.83	\$19.86	10.8%	
62146	★■ Organic Baking Shipper	042563-014322	48 ASST	231.69	231.69	CS	206.31	206.31	\$25.38	11.0%	
Roasted/Flavored Nuts											
36659	★ Coconut Medium Shred	042563-008048	8/8 OZ	21.28	2.66	CS	18.99	2.37	\$2.29	10.8%	
36661	☉ Pecan Halves	042563-008529	8/8 OZ	53.28	6.66	CS	47.39	5.92	\$5.89	11.1%	
YAYA'S OUTRAGEOUS FOOD											
Air Popped 100% Natural Popcorn											
19734	Cheddar Cheese	052196-000746	12/6 OZ	16.53	1.38	CS	14.67	1.22	\$1.86	11.3%	
63110	Herb & Garden Vegetable	052196-000739	12/6 OZ	16.53	1.38	CS	14.67	1.22	\$1.86	11.3%	
19735	Lite Canola Sea Salt	052196-000760	12/5 OZ	16.53	1.38	CS	14.67	1.22	\$1.86	11.3%	
19732	Salted	052196-000722	12/7 OZ	16.53	1.38	CS	14.67	1.22	\$1.86	11.3%	
YUMMY EARTH											
Candy - Drops											
21275	★■☉ Drops, Assorted	890146-001654	12/13 OZ	57.47	4.79	CS	49.07	4.09	\$8.40	14.6%	
Candy - Lollipops											
35747	★☉ Assorted	890146-001869	12/12.3 OZ	57.47	4.79	CS	49.07	4.09	\$8.40	14.6%	
Organic Gummies											
20316	★★■ Bears	810165-014206	24/9 OZ	13.17	0.55	CS	12.00	0.50	\$1.17	8.9%	
20314	★★■ Bears	810165-014107	12/5 OZ	23.87	1.99	CS	21.58	1.80	\$2.29	9.6%	
28095	★★■ Worms	810165-014756	12/5 OZ	23.87	1.99	CS	21.58	1.80	\$2.29	9.6%	
28101	★★■ Bears, Family Size	810165-014275	12/10.9 OZ	57.53	4.79	CS	49.13	4.09	\$8.40	14.6%	
Z SWEET											
All Natural											
33900	☉ All Nat. Sweetener, Sealable Pouch	893448-001063	6/1.5 LB	67.28	11.21	CS	59.71	9.95	\$7.57	11.3%	
ZAMBEZI											
22903	☉ Forest Honey, F/T	858365-001114	6/12 OZ	45.97	7.66	CS	40.84	6.81	\$5.13	11.2%	
22905	☉ Forest Honey, F/T	858365-001329	12/32 OZ	185.75	15.48	CS	165.05	13.75	\$20.70	11.1%	
ZEVIA											
All-Natural Sugar Free Alternative to Diet Soda											
35645	☉ Black Cherry	894773-001100	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
35587	☉ Cola	894773-001018	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
64809	☉ Dr Zevia	894773-001155	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
35646	☉ Ginger Ale	894773-001117	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
61939	☉ Ginger Root Beer	894773-001049	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
35588	☉ Orange Soda	894773-001032	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
35589	☉ Twist	894773-001025	4/6/12 OZ	16.09	4.02	CS	14.36	3.59	\$1.73	10.8%	
ZHENA'S GYPSY TEA											
Fair Trade Certified											
Tea Bags											
60822	★☉ Green, Coconut Chai	652790-101483	6/22 BAG	27.25	4.54	CS	24.18	4.03	\$3.07	11.3%	
62422	★ Vanilla Pumpkin Spice	652790-100707	6/22 BAG	29.33	4.89	CS	26.03	4.34	\$3.30	11.3%	
Tea For Women's Health - Pink											
62776	★ Acai Berry	652790-100776	6/15 BAG	39.03	6.51	CS	34.64	5.77	\$4.39	11.2%	
62778	★ Cacao Berry	652790-100806	6/15 BAG	39.03	6.51	CS	34.64	5.77	\$4.39	11.2%	
62780	✚ Pom Berry	652790-100769	6/15 BAG	39.03	6.51	CS	34.64	5.77	\$4.39	11.2%	

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/ Each	EA	Sale			
							Case	Each	\$Disc	%Disc

ZOLA ACAI

Beverages

34630	★ Acai + Blueberry Power Juice	853647-000229	12/12 OZ	22.29	1.86	CS	19.82	1.65	\$2.47	11.1%
34631	★ Acai + Pineapple Power Juice	853647-000236	12/12 OZ	22.29	1.86	CS	19.82	1.65	\$2.47	11.1%
64806	◆ Acai Light	853647-000243	12/12 OZ	22.32	1.86	CS	19.85	1.65	\$2.47	11.1%
34626	★ Brazilian Berry Power Juice	853647-000212	12/12 OZ	22.29	1.86	CS	19.82	1.65	\$2.47	11.1%
23443	★ Acai Juice, Original	853647-000526	8/32 OZ	35.23	4.40	CS	30.03	3.75	\$5.20	14.8%

ZONE PERFECT

Nutrition Bars

62573	Dark Chocolate Caramel Pecan	638102-538284	12/1.58 OZ	13.12	1.09	CS	11.64	0.97	\$1.48	11.3%
62575	Dark Chocolate Cookies N` Creme	638102-538406	12/1.58 OZ	13.12	1.09	CS	11.64	0.97	\$1.48	11.3%

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/ EA	Sale			
			Size	Case	Each		EA	Case	Each	\$Disc

PERSONAL CARE

ALBA BOTANICA

Natural ACNEdote

46257	Deep Clean Astringent	724742-007638	6OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
46256	Deep Pore Wash	724742-007607	6OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
46260	Face & Body Scrub	724742-007614	8OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
46259	Invisible Treatment Gel	724742-007645	.5OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
46258	Oil Control Lotion	724742-007621	2OZ	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%

ALL TERRAIN

Aloe Gel

41020	Skin Relief	608503-040068	2OZ	2.69	2.69	EA	2.39	2.39	\$0.30	11.2%
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First Aid

58230	Antiseptz Gel	608503-050111	1OZ	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%
58229	Antiseptz Spray	608503-050159	2OZ	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%

Hand Sanitizer

57954	Hand Sanz, Fragrance Free	608503-050852	2OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
57951	Hand Sanz w/Aloe & Vit E	608503-050890	8OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
57952	Hand Sanz, Fragrance Free	608503-050869	8OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%

Insect Repellents

47700	Ditch the Itch, Spray	608503-050401	2OZ	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%
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Kids

90221	Wonder Wash, Fragrance Free	608503-050555	4OZ	2.09	2.09	EA	1.85	1.85	\$0.24	11.5%
90224	Wonder Wash, Peppermint	608503-050579	4OZ	2.09	2.09	EA	1.85	1.85	\$0.24	11.5%
90216	Skin Soother Gel	608503-040075	4OZ	4.19	4.19	EA	3.72	3.72	\$0.47	11.2%
90226	Soothing Soap	608503-060035	4OZ	4.19	4.19	EA	3.72	3.72	\$0.47	11.2%
90219	Eczeam Cream	608503-050456	2OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
90217	Itch & Rash Cream	608503-050449	2OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
90215	All Weather Cream	608503-020145	3OZ	7.19	7.19	EA	6.38	6.38	\$0.81	11.3%

Liquid Soaps

50940	Wonder Wash, Fragrance Free	080503-050658	4OZ	2.09	2.09	EA	1.85	1.85	\$0.24	11.5%
50942	Wonder Wash, Peppermint	080503-050689	4OZ	2.09	2.09	EA	1.85	1.85	\$0.24	11.5%
50941	Wonder Wash, Fragrance Free	608503-050661	12OZ	4.19	4.19	EA	3.72	3.72	\$0.47	11.2%
50945	Wonder Wash, Peppermint	608503-050692	12OZ	4.19	4.19	EA	3.72	3.72	\$0.47	11.2%

Performance Soaps

89953	Ditch the Itch Bar	608503-060028	4OZ	3.89	3.89	EA	3.45	3.45	\$0.44	11.3%
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Rubs

51191	Recovery	608503-040228	1OZ	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%
90016	Recovery, Tube	608503-040235	3OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
41021	Recovery Rub Counter DS	608503-041225	24/1 OZ	71.76	2.99	CS	60.96	2.54	\$10.80	15.1%

AURA CACIA

Air Freshening Spritz

45995	Comforting Spices & Clove	051381-886400	6OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
45996	Refreshing Lime & Grapefruit	051381-886424	6OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
45997	Relaxing Lavender	051381-886431	6OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
45998	Uplifting Bergamot & Orange	051381-886417	6OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%

AUROMERE AYURVEDIC PRODUCTS

Soap

57559	Himalayan Rose	027275-400069	2.75 OZ	1.50	1.50	EA	1.37	1.37	\$0.13	8.7%
57549	Lavender Neem	027275-400052	2.75 OZ	1.50	1.50	EA	1.37	1.37	\$0.13	8.7%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/ Each	EA	Sale			
							Case	Each	\$Disc	%Disc

AUROMERE AYURVEDIC PRODUCTS, Cont.

57255	Sandal Turmeric	027275-400014	2.75 OZ	1.50	1.50	EA	1.37	1.37	\$0.13	8.7%
57254	Tulsi Neem	027275-400106	2.75 OZ	1.50	1.50	EA	1.37	1.37	\$0.13	8.7%
57550	Vanilla Neem	027275-400045	2.75 OZ	1.50	1.50	EA	1.37	1.37	\$0.13	8.7%

AVALON ORGANICS

Essential Lift Skin Care

46618	Fortifying Toner	654749-461051	6 OZ	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
46617	Smoothing Cleanser	654749-461006	6 OZ	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
46619	Firming Moisturizer SPF15	654749-461105	2 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
46622	Contouring Eye Creme	654749-461259	.5 OZ	15.58	15.58	EA	13.83	13.83	\$1.75	11.2%
46621	Lifting Serum	654749-461204	.5 OZ	15.58	15.58	EA	13.83	13.83	\$1.75	11.2%
46620	Restructuring Night Creme	654749-461150	2 OZ	15.58	15.58	EA	13.83	13.83	\$1.75	11.2%

BACH FLOWER ESSENCES

Rescue Remedy

42311	Rescue Gel	741273-014744	30 GR	7.77	7.77	EA	7.19	7.19	\$0.58	7.5%
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BEAUTY WITHOUT CRUELTY

Facial Care

88081	Eye Make Up Remover	000056-454253	4 OZ	4.77	4.77	EA	4.05	4.05	\$0.72	15.1%
88075	Balancing Toner	000056-454109	8.5 OZ	5.97	5.97	EA	5.07	5.07	\$0.90	15.1%
88083	3% AHA Cleanser	000056-454024	8.5 OZ	6.57	6.57	EA	5.58	5.58	\$0.99	15.1%
88082	Extra Gentle Cleansing Milk	000056-454048	8.5 OZ	6.57	6.57	EA	5.58	5.58	\$0.99	15.1%
88084	Herbal Cream Cleanser	000056-454000	8.5 OZ	6.57	6.57	EA	5.58	5.58	\$0.99	15.1%
88076	SPF 15 Daily Lotion	000056-454154	4 OZ	7.77	7.77	EA	6.60	6.60	\$1.17	15.1%
88077	AHA Renewal Moisture Cream	000056-454239	4 OZ	10.17	10.17	EA	8.64	8.64	\$1.53	15.0%
88078	Moisturizer, Daily	000056-454215	2 OZ	10.17	10.17	EA	8.64	8.64	\$1.53	15.0%
88080	Moisturizer, Maximum Cream	000056-454178	2 OZ	10.17	10.17	EA	8.64	8.64	\$1.53	15.0%
88079	Moisturizer, Oil Free	000056-454192	2 OZ	10.17	10.17	EA	8.64	8.64	\$1.53	15.0%
88071	Green Tea Nourishing Eye Gel	000056-454352	1 OZ	11.97	11.97	EA	10.17	10.17	\$1.80	15.0%

BEE & FLOWER SOAPS

58753	Mixed Gift Pack	075115-012347	4 PK	2.74	2.74	EA	2.44	2.44	\$0.30	10.9%
58758	Jasmine	075115-011012	4/4.4 OZ	3.97	0.99	CS	3.54	0.89	\$0.43	10.8%
58760	Rose	075115-011029	4/4.4 OZ	3.97	0.99	CS	3.54	0.89	\$0.43	10.8%
58756	Sandalwood	075115-011005	4/4.4 OZ	3.97	0.99	CS	3.54	0.89	\$0.43	10.8%
58754	Sandalwood, Trial	6901404600817	36/8 OZ	5.61	0.16	CS	5.00	0.14	\$0.61	10.9%
55820	Ginseng	075115-010534	12/2.65 OZ	8.25	0.69	CS	7.35	0.61	\$0.90	10.9%
55821	Jasmine	075115-010510	12/2.65 OZ	8.25	0.69	CS	7.35	0.61	\$0.90	10.9%
58747	Rose	075115-010527	12/2.65 OZ	8.25	0.69	CS	7.35	0.61	\$0.90	10.9%
55822	Sandalwood	075115-010503	12/2.65 OZ	8.24	0.69	CS	7.34	0.61	\$0.90	10.9%

BODY RESCUE

83467	pH Testing Tape	087614-800066	15 FT	7.50	7.50	EA	6.37	6.37	\$1.13	15.1%
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CANUS VERMONT

Goat's Milk Lotions

42207	Fragrance Free w/Pump	779242-001785	16 OZ	6.67	6.67	EA	5.92	5.92	\$0.75	11.2%
46127	Marigold Oil w/Pump	779242-001501	16 OZ	6.67	6.67	EA	5.92	5.92	\$0.75	11.2%
46126	Orchid Oil w/Pump	779242-001495	16 OZ	6.67	6.67	EA	5.92	5.92	\$0.75	11.2%
46128	Original w/Pump	779242-001518	16 OZ	6.67	6.67	EA	5.92	5.92	\$0.75	11.2%

Goat's Milk Soaps

49140	Fragrance Free	779242-001006	5 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
49164	Orchid Oil	779242-000955	5 OZ	1.80	1.80	EA	1.60	1.60	\$0.20	11.1%
49138	Original	779242-000993	5 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
49139	Original, 3-Pk	779242-003994	3/5 OZ	4.19	1.40	CS	3.72	1.24	\$0.47	11.2%

☆ = Gluten Free ♻ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ♦ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS

NEW

AVALON
ORGANICS®

INTRODUCES

ESSENTIAL
Lift™

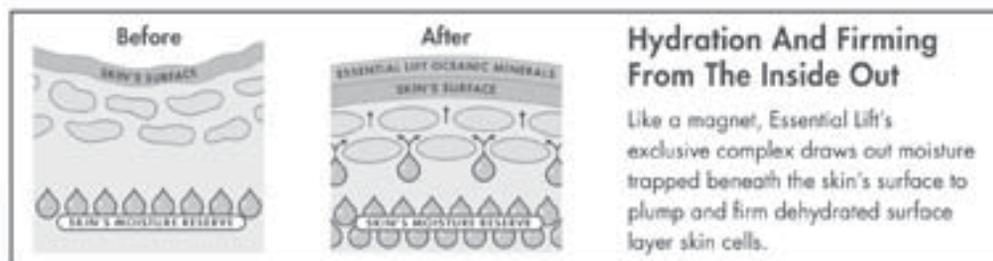


WITH ESSENTIAL MINERALS TO SUPPORT ANTI-AGING

Natural Lift with Deep Hydration

Avalon Organics' NEW Essential Lift, with 70% organic content, harnesses nature's own restorative process to plump and firm skin from the inside out, helping increase skin resiliency for healthy-looking skin that seems to defy gravity.

Essential Lift's exclusive complex of over 70 micro-milled oceanic minerals plus organic essential oil redeploys your skin's own moisture reserve to areas compromised by environmental and chronological aging. Nourished, plumped and hydrated exactly where needed, skin now appears lifted and firmer with a supple texture and fewer lines and wrinkles. Think of it as your daily ocean of youth.



Hydration And Firming From The Inside Out

Like a magnet, Essential Lift's exclusive complex draws out moisture trapped beneath the skin's surface to plump and firm dehydrated surface layer skin cells.



Featuring these naturally effective ingredients:

70+ Micro-milled Oceanic Minerals help draw up moisture to nourish, plump and firm skin

Organic Ginseng Root Extract and Irish Moss known to invigorate, tone and tighten skin for a more contoured appearance

Organic Aloe Vera Juice and Lemon Peel Oil refresh and clarify while providing soothing moisture

Organic Jojoba Seed Oil and Organic Oat Kernel Extract help soften and create a tightening effect you can feel

Organic Essential Oil helps promote circulation and revitalize skin and provides a light, refreshing scent



CONSCIOUSNESS IN COSMETICS®

SAFE, NATURAL, EFFECTIVE, PRO-ORGANIC SKINCARE WITHOUT SYNTHETIC FRAGRANCES, PHTHALATES, PARABENS OR SULFATES.

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

CANUS VERMONT, Cont.

Lil Goat's Milk Baby Care

49133	Wipes, Lotion Based	779242-001181	80 CT	4.34	4.34	EA	3.85	3.85	\$0.49	11.3%
49162	All Natural Lotion	779242-001402	16 OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
49163	Tearless Shampoo & Body Wash	779242-001419	16 OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%

CARIBBEAN SOLUTIONS

Outdoor Skin Care

54709	Icy Relief Gel	320031-400618	6 OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
54714	Jade Oil	320031-100419	4 OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
54789	Kukui Body Silk	320031-500813	8 OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
54703	Kid Kare SPF 25	320031-250626	6 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
54782	Sol Guard SPF 15	320031-150612	6 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
54785	Sol Guard SPF 25	320031-250619	6 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
54718	Sol Guard SPF 4	320061-040617	6 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
54751	Sol Guard SPF 8	320031-080612	6 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
54787	Golden Opal Oil	320031-110418	4 OZ	14.99	14.99	EA	13.30	13.30	\$1.69	11.3%
54715	Onyx Oil	320031-120417	4 OZ	14.99	14.99	EA	13.30	13.30	\$1.69	11.3%

CITRUS MAGIC

Hand Soap

44157	Coconut Lime Verbena, Liquid	087052-129224	12/12 OZ	33.44	2.79	CS	29.68	2.47	\$3.76	11.2%
44156	Lemon, Liquid	087052-129217	12/12 OZ	33.44	2.79	CS	29.68	2.47	\$3.76	11.2%
44155	Orange, Liquid	087052-129200	12/12 OZ	33.44	2.79	CS	29.68	2.47	\$3.76	11.2%

CLEANWELL

Hand Sanitizers

59775	Wipes, Orange Vanilla	893481-001730	40 CT	3.01	0.75	EA	2.67	0.67	\$0.34	11.3%
59774	Wipes, Original	893481-001723	40 CT	3.01	0.75	EA	2.67	0.67	\$0.34	11.3%

CLEARLY NATURAL

Clearly Organic

44167	Exfoliating Bar Soap, Citrus	087052-716684	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
44166	Moisturizing Bar Soap, Lemon	087052-716677	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
44168	Moisturizing Bar Soap, Orange	087052-716660	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%

Glycerine Soap

82870	Aloe Vera	075573-000108	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82871	Berry	075573-000122	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82884	Cucumber	075573-000160	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
56764	Green Apple	087052-717490	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82882	Honeysuckle	075573-000177	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82880	Jasmine	075573-000146	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82875	Lemon	075573-000184	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82877	Lilac	075573-000191	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
56765	Peppermint	087052-717032	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82881	Rainforest	075573-000139	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82873	Unscented	075573-000153	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%
82879	Vitamin E	075573-000115	4 OZ	1.12	1.12	EA	0.99	0.99	\$0.13	11.6%

Liquid Glycerine Soap

82891	Unscented w/ Pump	087052-777722	12 OZ	2.79	2.79	EA	2.48	2.48	\$0.31	11.1%
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CRYSTAL BODY DEODORANT

58918	Rock, Trial Size	086449-100037	1 OZ	0.77	0.77	EA	0.68	0.68	\$0.09	11.7%
44187	Deodorant Body Foot Spray	086449-355543	4 OZ	2.40	2.40	EA	2.13	2.13	\$0.27	11.3%
58921	Roll On	086449-300062	2.25 OZ	2.40	2.40	EA	2.13	2.13	\$0.27	11.3%
58915	Spray	086449-300093	4 OZ	2.40	2.40	EA	2.13	2.13	\$0.27	11.3%
58520	Stone	086449-100020	4 OZ	4.20	4.20	EA	3.73	3.73	\$0.47	11.2%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS
SUPPLEMENTS

A Better Way to Clean Hands Everywhere!

Kills 99.99% of Germs | Kid Safe Formula | Alcohol Free

It's the perfect time of year to get your hands on the #1 hand sanitizer in the natural channel.*



Try our **NEW**
40 count
canister wipes!



*Based on 1oz Spray Hand Sanitizer unit sales SPINS 52 weeks ending 12/26/2009



Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
CRYSTAL BODY DEODORANT, Cont.										
58523	Travel Stick	086449-002256	12/1.5 OZ	16.44	1.37	CS	14.59	1.22	\$1.85	11.3%
Twist Stick Deodorant										
58919	Blue Wide	086449-307009	3.5 OZ	4.20	4.20	EA	3.73	3.73	\$0.47	11.2%
58521	Regular	086449-300031	4.25 OZ	4.20	4.20	EA	3.73	3.73	\$0.47	11.2%
CRYSTAL ESSENCE										
Body Spray										
58509	Chamomile & Green Tea	086449-319910	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
58504	Lavender & White Tea	086449-219913	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
58507	Pomegranate	086449-119916	4 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
Roll-On										
58503	Chamomile & Green Tea	086449-316612	2.25 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
58506	Lavender & White Tea	086449-216615	2.25 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
58508	Pomegranate	086449-116618	2.25 OZ	2.85	2.85	EA	2.53	2.53	\$0.32	11.2%
CYLINDER WORKS										
Candling Accessories										
49563	Garlic Oil w/Dropper	757281-701002	2 OZ	6.49	6.49	EA	6.07	6.07	\$0.42	6.5%
49562	Mullein Oil w/Dropper	757281-701262	2 OZ	6.49	6.49	EA	6.07	6.07	\$0.42	6.5%
Pre-Packaged Candles										
49552	Paraffin, Natural 2pk	757281-700678	1/2 PACK	3.00	3.00	EA	2.80	2.80	\$0.20	6.7%
49551	Paraffin, White 2pk	757281-700104	1/2 PACK	3.00	3.00	EA	2.80	2.80	\$0.20	6.7%
49554	Herbal Paraffin 2pk	757281-700029	1/2 PACK	3.20	3.20	EA	2.99	2.99	\$0.21	6.6%
49557	Lavender 2pk	757281-700067	1/2 PACK	3.20	3.20	EA	2.99	2.99	\$0.21	6.6%
49938	Beeswax 2pk	757281-700128	1/2 PK	3.47	3.47	EA	3.23	3.23	\$0.24	6.9%
49939	Herbal Beeswax 2pk	757281-700180	1/2 PK	3.99	3.99	EA	3.73	3.73	\$0.26	6.5%
49553	Paraffin, Natural 4pk	757281-700685	1/4 PACK	5.89	5.89	EA	5.51	5.51	\$0.38	6.5%
49940	Paraffin, White 4pk	757281-700111	1/4 PK	5.89	5.89	EA	5.51	5.51	\$0.38	6.5%
49941	Herbal Paraffin 4pk	757281-700296	1/4 PK	6.30	6.30	EA	5.89	5.89	\$0.41	6.5%
49942	Lavender 4pk	757281-700340	1/4 PK	6.30	6.30	EA	5.89	5.89	\$0.41	6.5%
49555	Beeswax 4pk	757281-700135	1/4 PACK	7.99	7.99	EA	7.51	7.51	\$0.48	6.0%
49556	Herbal Beeswax 4pk	757281-700197	1/4 PACK	7.99	7.99	EA	7.47	7.47	\$0.52	6.5%
49558	Paraffin, Natural 50pk	757281-700708	1/50 PACK	71.95	71.95	EA	67.27	67.27	\$4.68	6.5%
49559	Herbal Paraffin 50pk	757281-700432	1/50 PACK	76.95	76.95	EA	71.95	71.95	\$5.00	6.5%
49561	Lavender 50pk	757281-700449	1/50 PACK	76.95	76.95	EA	71.95	71.95	\$5.00	6.5%
49560	Beeswax 50pk	757281-700159	1/50 PACK	96.95	96.95	EA	90.65	90.65	\$6.30	6.5%
DEEP STEEP										
Foaming Hand Wash										
87153	Tangerine-Melon	674749-100187	8.75 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
DERMA E SKIN CARE										
Age-Defying										
82493	Vanilla Bean Cleansing Mousse	030985-006810	6 OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
82494	Vanilla Bean Revitalizer Toner	030985-020816	6 OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
40138	Moisturizing Complex SPF15	030985-004052	2 OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
87970	Day Creme	030985-021257	2 OZ	23.70	23.70	EA	21.03	21.03	\$2.67	11.3%
40213	Night Creme	030985-021004	2 OZ	23.70	23.70	EA	21.03	21.03	\$2.67	11.3%
DMAE - Alpha Lipoic - C-Ester										
84631	Facial Cleanser	030985-006414	6 OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
84632	Firming Toner	030985-020410	6 OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
87863	Creme	030985-041002	2 OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
87963	Serum	030985-041255	2 OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
Ester-C										
87956	Serum	030985-003253	2 OZ	10.17	10.17	EA	9.03	9.03	\$1.14	11.2%
87957	Creme	030985-003000	2 OZ	11.37	11.37	EA	10.09	10.09	\$1.28	11.3%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ♻ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified



Innovative Solutions For Very Clear[®] Skin

Help clear up blemishes and encourage healthy skin with derma e[®]'s interactive **Very Clear[®]** formulas. Formally known as Clear Skin 1, 2, and 3, and with the addition of a NEW product joining the line, these great formulas utilize a special blend of natural herbs including Tea Tree, Willow Bark, Rosewood, Lavender and Chamomile that has been shown to be very effective on blemish-prone skin.

Sales Support

To help support your sales derma e[®] offers:

- Free POS literature and sampling kits.
- Frequent National and Co-op advertising.
- National promotions.
- Consumer educational materials.

Very Clear[®] Problem Skin Cleanser
6 fl oz 0 30985 03700 5
Very Clear[®] Cleansing Scrub
4 oz 0 30985 03750 0
Very Clear[®] Spot Blemish Treatment
1/2 fl oz 0 30985 03800 2
Very Clear[®] Problem Skin Moisturizer
2 oz 0 30985 03900 9



Scientifically proven ingredients • Free of parabens, phthalates and petrolatum.
Free of propyl ingredients and sodium lauryl sulfates • No mineral oil, lanolin or artificial colors
pH balanced • Non-comedogenic • Recyclable packaging • 100% vegetarian
GMO-free • Cruelty-free

derma e[®] Natural Bodycare - Formulated for Results!



A percentage of all sales is donated to The Paraguay Project.

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
DERMA E SKIN CARE, Cont.										
Exfoliators										
87960	Microdermabrasion Scrub	030985-006902	2OZ	19.50	19.50	EA	17.31	17.31	\$2.19	11.2%
Fruit Smoothees										
83191	Facial Cleanser	030985-006360	6OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
83192	Toning Mist	030985-020366	4OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
83195	Eye Creme	030985-036756	5OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
83193	Moisturizing Creme	030985-036008	2OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
83194	Serum	030985-036251	1OZ	13.50	13.50	EA	11.98	11.98	\$1.52	11.3%
Hand & Body Moisture Therapy Lotion										
82856	Fragrance Free	030985-070408	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
82855	Lavender	030985-070309	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
82858	Melon & Ginger	030985-070606	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
82854	Orange Blossom	030985-070200	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
82857	Pink Grapefruit	030985-070507	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
82853	Tangerine	030985-070101	12OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
Hyaluronic Acid										
47128	Hydrating Mist	030985-004694	2OZ	8.11	8.11	EA	7.20	7.20	\$0.91	11.2%
47129	Lip Repair Creme	030985-004649	5OZ	8.71	8.71	EA	7.73	7.73	\$0.98	11.3%
82452	Eye Creme, Fragrance Free	030985-019759	5OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
82455	Day Creme	030985-004656	2OZ	17.70	17.70	EA	15.71	15.71	\$1.99	11.2%
82453	Firming Serum	030985-004670	2OZ	17.70	17.70	EA	15.71	15.71	\$1.99	11.2%
82454	Night Creme	030985-004663	2OZ	17.70	17.70	EA	15.71	15.71	\$1.99	11.2%
Peptides Plus										
82475	Wrinkle Reverse Creme	030985-007008	2OZ	26.11	26.11	EA	23.17	23.17	\$2.94	11.3%
82476	Wrinkle Reverse Serum	030985-007251	2OZ	26.11	26.11	EA	23.17	23.17	\$2.94	11.3%
Pycnogenol, Fragrance Free										
31749	Facial Cleanser	030985-006964	6OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
31757	Facial Toner	030985-020960	6OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
87881	Eye Gel w/Green Tea Extract	030985-019506	5OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
88240	Creme	030985-004953	2OZ	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
40139	Redness Reducing Serum	030985-019100	2OZ	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
Specialty										
82456	Papaya Enz/Soy Rfrsh Skn Toner	030985-020304	6OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
87872	Avocado/E Dry Skn Relief Creme	030985-004359	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
87875	Ginseng & Ester-C Frmng Creme	030985-004304	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
87978	Eyebright Makeup Remover	030985-006209	4OZ	7.65	7.65	EA	6.79	6.79	\$0.86	11.2%
87959	Alpha Lipoic Acid & Green Tea	030985-005905	2OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
Tea Tree										
87954	Tea Tree & E Antiseptic Creme	030985-091250	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
88246	Tea Tree & E Itch Relief Ltn	030985-095005	6OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
87874	Tea Tree & E Oil	030985-091007	1OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
Treatments										
47127	Flash Relief	030985-086003	2OZ	6.91	6.91	EA	6.13	6.13	\$0.78	11.3%
43873	Very Clear Blemish Spot	030985-038002	5OZ	6.91	6.91	EA	6.13	6.13	\$0.78	11.3%
47126	Very Clear Problem Skin Bdy Wsh	030985-037159	8OZ	6.91	6.91	EA	6.13	6.13	\$0.78	11.3%
87914	Psorzema Body Wash	030985-087154	8OZ	7.05	7.05	EA	6.26	6.26	\$0.79	11.2%
82451	Cracked Skin Relief Creme	030985-089004	2OZ	8.11	8.11	EA	7.20	7.20	\$0.91	11.2%
83196	Very Clear Cleansing Scrub	030985-037500	4OZ	8.37	8.37	EA	7.43	7.43	\$0.94	11.2%
43874	Very Clear Problem Skin Clnsr	030985-037005	6OZ	9.30	9.30	EA	8.25	8.25	\$1.05	11.3%
43877	Very Clear Problem Skin Moist	030985-039009	2OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
87901	Psorzema Creme	030985-087000	4OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
88245	Scar Gel	030985-081008	2OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
83198	Skinbiotics Creme	030985-088038	4OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
83197	Skinbiotics Oil	030985-088014	1OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
87915	Psorzema Body Lotion	030985-087208	8OZ	14.85	14.85	EA	13.18	13.18	\$1.67	11.2%
87880	Clear Vein Creme	030985-085006	2OZ	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/ EA	Sale			
			Size	Case	Each		EA	Case	Each	\$Disc
DERMA E SKIN CARE, Cont.										
87958	Skin Lighten Fade Age Spot Crm	030985-004755	2OZ	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%
Tropical Solutions										
47120	Facial Cleansing Gel	030985-008104	6OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
47119	Facial Scrub	030985-008159	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
47121	Facial Moisturizer SPF15	030985-008050	2OZ	10.51	10.51	EA	9.33	9.33	\$1.18	11.2%
47122	Anti-Aging Day Creme	030985-008005	2OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
47125	Anti-Aging Eye Creme	030985-008753	.5OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
47124	Anti-Aging Night Creme	030985-008500	2OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
47123	Intensive Serum	030985-008258	1OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
Vitamins A And E										
87878	Vitamin E Oil 14,000 IU	030985-005202	2OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
87900	Vit A Wrinkle Treatment Oil w/E	030985-008883	2OZ	6.91	6.91	EA	6.13	6.13	\$0.78	11.3%
87871	Vit A Wrinkle Treatment Creme	030985-004809	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
87952	Vit A Wrinkle Treatment Gel	030985-007800	8OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
87873	Vit E 12,000 IU Moist Creme	030985-004458	4OZ	7.51	7.51	EA	6.67	6.67	\$0.84	11.2%
40212	Vit A & Grn Tea Renewal Creme	030985-023008	2OZ	11.70	11.70	EA	10.38	10.38	\$1.32	11.3%
DEVITA										
Facial Care										
83256	Mud Masque, Italian Tomato Leaf	682941-223412	8OZ	21.39	21.39	EA	18.98	18.98	\$2.41	11.3%
Hand & Body Lotion										
83385	Brulee Shea Btr, Tahitan Van Bean	682941-123514	6OZ	14.66	14.66	EA	13.01	13.01	\$1.65	11.3%
83386	Brulee Shea Butter, Fragrance Free	682941-123651	6OZ	14.66	14.66	EA	13.01	13.01	\$1.65	11.3%
Tatoo Aftercare										
40569	Healed, Ink Cream	682941-400271	2.5OZ	11.00	11.00	EA	9.77	9.77	\$1.23	11.2%
DIVA CUP										
Menstrual Solutions										
57576	Diva Wash	857538-000039	6OZ	7.19	7.19	EA	6.65	6.65	\$0.54	7.5%
57574	Diva Cup, Model 1	857538-000015	1EA	23.70	23.70	EA	21.92	21.92	\$1.78	7.5%
57575	Diva Cup, Model 2	857538-000022	1EA	23.70	23.70	EA	21.92	21.92	\$1.78	7.5%
DR. BRONNER'S MAGIC SOAPS										
Organic Liquid Soap										
55949	+ Almond	018787-771327	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
55952	+ Baby Mild	018787-772324	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
83860	+ Citrus	018787-777329	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
55953	+ Eucalyptus	018787-773321	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
55954	+ Lavender	018787-774328	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
55956	+ Peppermint	018787-775325	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
83855	+ Rose	018787-778326	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
55957	+ Tea Tree	018787-776322	32OZ	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
DR. BRONNER'S										
Organic Liquid Body Soap										
83869	★ Lavender	018787-960011	24OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
83873	★ Lemongrass Lime	018787-960059	24OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
83872	★ Naked, Unscented	018787-960042	24OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
83870	★ Spearmint Peppermint	018787-960028	24OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
83871	★ Tea Tree	018787-960035	24OZ	8.99	8.99	EA	7.98	7.98	\$1.01	11.2%
DR. KEN'S										
Breath Strips										
51681	Peppermint	613325-000138	12/24CT	22.40	1.87	CS	19.88	1.66	\$2.52	11.3%
Dental Floss										
51676	Gliding Floss Singles	613325-000053	24/20EA	57.36	2.39	CS	49.26	2.05	\$8.10	14.1%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
DR. KEN'S, Cont.										
Kits										
56770	Travel Brush & Sprmnt Tthpaste .85	613325-000527	24/2 PK	42.96	1.79	CS	38.10	1.59	\$4.86	11.3%
Maximum Care Mouthwash										
51685	Antibacterial, Cinnamon	613325-000473	16.9 OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
51679	Spearmint	613325-000107	16 OZ	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
Maximum Care Toothpaste										
56767	Cinnamon, Fluoride Free	613325-000565	6 OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
51673	Spearmint Fluoride Free	613325-000305	6 OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
51671	Wintergreen Fluoride Free	613325-000015	6 OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
DR. TUNG'S										
89698	Smart Floss	019373-711215	6/30 YD	15.78	2.63	CS	14.60	2.43	\$1.18	7.5%
89691	Toothbrush Sanitizer, 2 Per Card	019373-951154	12/2 PK	34.44	2.87	CS	31.86	2.66	\$2.58	7.5%
89689	Tongue Cleaner	019373-911219	12/1 EA	50.04	4.17	CS	46.30	3.86	\$3.74	7.5%
DR. WOODS SOAPS										
Black Soaps										
83844	Black Soap w/Shea Butter	689191-523187	32 OZ	6.77	6.77	EA	6.07	6.07	\$0.70	10.3%
Castille Soaps										
44566	Almond With Shea Butter	689191-523026	16 OZ	4.42	4.42	EA	3.95	3.95	\$0.47	10.6%
44564	Lavender With Shea Butter	689191-523057	16 OZ	4.42	4.42	EA	3.95	3.95	\$0.47	10.6%
44565	Peppermint With Shea Butter	689191-523002	16 OZ	4.42	4.42	EA	3.95	3.95	\$0.47	10.6%
44567	Tea Tree With Shea Butter	689191-523040	16 OZ	4.42	4.42	EA	3.95	3.95	\$0.47	10.6%
83840	Almond w/Shea Butter	689191-523132	32 OZ	6.77	6.77	EA	6.07	6.07	\$0.70	10.3%
83848	Peppermint w/Shea Butter	689191-523118	32 OZ	6.77	6.77	EA	6.07	6.07	\$0.70	10.3%
83851	Tea Tree w/Shea Butter	689191-523156	32 OZ	6.77	6.77	EA	6.07	6.07	\$0.70	10.3%
EARTH MAMA ANGEL BABY										
Breast Feeding										
44581	Natural Nipple Butter	859220-000273	2 OZ	7.48	7.48	EA	6.36	6.36	\$1.12	15.0%
EARTH SCIENCE										
Almond-Aloe Light & Silky Moisturizers										
55462	Regular	054986-000349	5 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
55463	Unscented	054986-000356	5 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
55464	SPF 15	054986-000363	5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
Beta Ginseng Skin Care										
55415	Nutrient Toning Elixir	054986-001889	6 OZ	7.17	7.17	EA	6.36	6.36	\$0.81	11.3%
55414	Whipped Creme Cleanser	054986-001872	5.8 OZ	8.37	8.37	EA	7.43	7.43	\$0.94	11.2%
55419	Beta-Ginseng Collagen Serum	054986-001513	1 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
55481	Day Moisture Cream	054986-001827	2 OZ	12.57	12.57	EA	11.16	11.16	\$1.41	11.2%
Deodorants										
55440	Liken, Herbal	054986-002510	2.5 OZ	3.75	3.75	EA	3.33	3.33	\$0.42	11.2%
55441	Liken, Unscented	054986-002527	2.5 OZ	3.75	3.75	EA	3.33	3.33	\$0.42	11.2%
55423	Rosemary Mint	054986-002541	2.5 OZ	3.75	3.75	EA	3.33	3.33	\$0.42	11.2%
55505	Tea Tree Natural	054986-002534	2.5 OZ	3.75	3.75	EA	3.33	3.33	\$0.42	11.2%
For Men										
55453	After Shave, Herbal	054986-005290	8 OZ	4.50	4.50	EA	3.99	3.99	\$0.51	11.3%
55454	Skin Care Balm	054986-005399	8 OZ	5.10	5.10	EA	4.53	4.53	\$0.57	11.2%
55455	Problem Skin Treatment Tonic	054986-005498	6 OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
Hair Care										
51365	Conditioner, Citress	054986-174705	12 OZ	4.35	4.35	EA	3.86	3.86	\$0.49	11.3%
51361	Conditioner, Unscented	054986-174408	12 OZ	4.35	4.35	EA	3.86	3.86	\$0.49	11.3%
51364	Shampoo, Citress	054986-174309	12 OZ	4.35	4.35	EA	3.86	3.86	\$0.49	11.3%
51360	Shampoo, Unscented	054986-174002	12 OZ	4.35	4.35	EA	3.86	3.86	\$0.49	11.3%
51363	Conditioner, Hair Treatment	054986-174606	12 OZ	4.95	4.95	EA	4.39	4.39	\$0.56	11.3%
51362	Shampoo, Hair Treatment	054986-174101	12 OZ	4.95	4.95	EA	4.39	4.39	\$0.56	11.3%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS SUPPLEMENTS

Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		Case	Each	\$Disc	%Disc
EARTH SCIENCE, Cont.										
42424	Olive & Avocado,Deep Conditioning	054986-175009	6 OZ	5.70	5.70	EA	5.06	5.06	\$0.64	11.2%
42432	Hair Masque Packette Display	054986-175108	18/1 OZ	21.12	1.17	CS	18.74	1.04	\$2.38	11.3%
Purfection										
55713	Hand Cream	054986-002916	4 OZ	7.17	7.17	EA	6.36	6.36	\$0.81	11.3%
55714	Hand Cream w/ Pump	054986-002923	16 OZ	20.97	20.97	EA	18.61	18.61	\$2.36	11.3%
Skin Care										
55420	GentleEyeMakupRmvr,Chamomile/Grn Tea	054986-000820	4 OZ	4.50	4.50	EA	3.99	3.99	\$0.51	11.3%
55421	Apricot Facial Scrub Creme, Mild	054986-000141	4 OZ	5.10	5.10	EA	4.53	4.53	\$0.57	11.2%
55426	Aloe Vera Complexion Toner/Freshener	054986-000691	8 OZ	5.25	5.25	EA	4.66	4.66	\$0.59	11.2%
55427	Clarifying Herbal Astringent	054986-000790	8 OZ	5.25	5.25	EA	4.66	4.66	\$0.59	11.2%
55424	A D E Creamy Cleanser, Lotion	054986-000493	8 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
55425	Clarifying Facial Wash	054986-000592	8 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
55432	Herbal Plasma (Skin Rejuvenating Mist)	054986-001490	8 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
55431	Mint Tingle Masque	054986-001322	4 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
55712	Soothing Oatmeal & Aloe	054986-002817	11 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
55442	Apricot Night Creme	054986-001124	2 OZ	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
55480	Azulene Eye Cream	054986-001612	8 OZ	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
51359	Daily Sun Defense Lotion, SPF 15+	054986-002718	11 OZ	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
55493	Papaya Glycolic Light Skin Peel	054986-001940	4 OZ	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
55430	Placentagen Eye & Throat Creme	054986-001223	2 OZ	10.17	10.17	EA	9.03	9.03	\$1.14	11.2%
55416	A/B Hydroxy Acid Rejuvenator	054986-001858	1 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
55413	Ginsium C Skin Lightener	054986-001995	2 OZ	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
Spa Essentials Skin Care										
47618	Body & Massage, Frag Free	054986-002619	11 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
ECO-DENT										
Between Dental Gum										
53922	Cinnamon	000360-054002	12/12 PC	14.28	1.19	CS	12.67	1.06	\$1.61	11.3%
53920	Cool Mint	000360-053005	12/12 PC	14.28	1.19	CS	12.67	1.06	\$1.61	11.3%
53921	Wintergreen	000360-055009	12/12 PC	14.28	1.19	CS	12.67	1.06	\$1.61	11.3%
FRESH ORGANICS										
Organic Baby										
46668	Bottom Balm	899834-002065	4 OZ	5.40	5.40	EA	4.79	4.79	\$0.61	11.3%
46666	Calming Bubble Bath	899834-002034	8 OZ	5.40	5.40	EA	4.79	4.79	\$0.61	11.3%
46665	Conditioning Shampoo & Wash	899834-002010	8 OZ	5.40	5.40	EA	4.79	4.79	\$0.61	11.3%
46667	Velvety Soft Babeer Lotion	899834-002041	6 OZ	5.40	5.40	EA	4.79	4.79	\$0.61	11.3%
GIOVANNI										
Cleanse Body Wash										
46914	Bamboo Birch	716237-180841	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42676	Cassifluer White Tea	716237-180599	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42677	Cucumber Song	716237-180605	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42678	Grapefruit Sky	716237-180612	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
46916	Hazelnut Vanilla	716237-180858	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42679	Lavender Vanilla Snow	716237-180629	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42680	Raspberry Winter	716237-180636	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
D:tox										
42652	Purifying Body Bar, Step 1	716237-182005	5.3 OZ	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%
42654	Purifying Body Lotion, Step 3	716237-182029	8.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42653	■ Purifying Body Scrub, Step 2	716237-182036	6 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42651	Purifying Body Wash, Step 1	716237-182012	10.5 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
Hair Care Products										
57696	Air Turbo Charged Mousse	716237-120083	7 OZ	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
42598	Conditioner, Root 66 Max Volume	716237-181725	8.5 OZ	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
57649	Root 66 Lifting Spray	716237-180339	8.5 OZ	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
42597	Shampoo, Root 66 Max Volume	716237-181718	8.5 OZ	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
57626	More Body Thickner	716237-050083	6.8 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%

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smooth, silky, youthful and luminous
this is your face™



Out with the bad: Volcanic ash and activated charcoal inside the Purifying Facial Cleanser (Step 1) and Purifying Facial Scrub (Step 2), work to extract impurities and remove makeup without drying skin. Acai and goji berry help recharge and rejuvenate facial cells.

In with the good: The Replenishing Facial Moisturizer (Step 3) contains maximum antioxidant power from green tea and fig, along with acai and goji berry, combined with high-performance hydrators to make skin feel soft, alive and restored.

A special treat: The Purifying Facial Mask (use as needed) contains a higher percentage of charcoal and volcanic ash to extract the deepest impurities.

This D:tox System® Facial Care joins the D:tox System® Body Care of Purifying Body Wash, Purifying Body Bar, Purifying Exfoliant Body Scrub, and Replenishing Body Lotion.

For sexy, soft, touch-worthy skin from face ... to feet.



giovanni®
ECO CHIC SKIN CARE

10-027

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
GRANDPA SOAP CO										
Shampoo & Conditioner										
87568	Pine Tar	010486-007110	8 OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
87557	Pine Tar	010486-007103	8 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
Soap										
87554	Wonder Pine Tar	010486-007004	3.25 OZ	2.28	2.28	EA	2.02	2.02	\$0.26	11.4%
87551	Baking Soda	010486-007080	3.25 OZ	2.45	2.45	EA	2.17	2.17	\$0.28	11.4%
87553	Old Fashioned Oatmeal	010486-007073	3.25 OZ	2.45	2.45	EA	2.17	2.17	\$0.28	11.4%
87561	Patchouli w/Aloe Vera	010486-007141	3.25 OZ	2.45	2.45	EA	2.17	2.17	\$0.28	11.4%
87562	Shea Butter	010486-007257	3.25 OZ	2.45	2.45	EA	2.17	2.17	\$0.28	11.4%
87552	Witch Hazel	010486-007035	3.25 OZ	2.45	2.45	EA	2.17	2.17	\$0.28	11.4%
87555	Thylox Medicated	010486-012121	3.25 OZ	3.27	3.27	EA	2.90	2.90	\$0.37	11.3%
HEALTHY TIMES										
Baby Products										
55112	Bath Soap, Liquid	048685-601082	8 OZ	6.15	6.15	EA	5.46	5.46	\$0.69	11.2%
55109	Conditioner, Chamomile Blossom	048685-101094	8 OZ	6.15	6.15	EA	5.46	5.46	\$0.69	11.2%
55111	Shampoo	048685-101087	8 OZ	6.15	6.15	EA	5.46	5.46	\$0.69	11.2%
55110	Sweet Violet Lotion	048685-501023	8 OZ	6.15	6.15	EA	5.46	5.46	\$0.69	11.2%
HERBATINT										
72401	(10N) Platinum Blonde	666248-001096	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72399	(1N) Black	666248-001003	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72392	(2N) Brown	666248-001010	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72394	(3N) Dark Chestnut	666248-001027	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72406	(4D) Golden Chestnut	666248-001102	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72405	(4M) Mahogany Chestnut	666248-001157	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72391	(4N) Chestnut	666248-001034	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72412	(4R) Copper Chestnut	666248-001188	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72398	(5D) Light Golden Chestnut	666248-001119	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72390	(5N) Light Chestnut	666248-001041	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72408	(5R) Light Copper Chestnut	666248-001195	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72416	(6C) Dark Ash Blonde	666248-001249	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72404	(6D) Dark Golden Blonde	666248-001126	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72393	(6N) Dark Blonde	666248-001058	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72410	(7D) Golden Blonde	666248-001133	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72397	(7N) Blonde	666248-001065	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72411	(8D) Light Golden Blonde	666248-001140	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72403	(8N) Light Blonde	666248-001072	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
72400	(9N) Honey Blonde	666248-001089	4 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
HERBAVITA										
72424	Royal Cream Conditioner	666248-001317	6.8 OZ	8.70	8.70	EA	7.72	7.72	\$0.98	11.3%
HERITAGE STORE, INC.										
Oral Care										
85621	Ipsab Tooth Powder	076970-554362	4 OZ	4.80	4.80	EA	4.44	4.44	\$0.36	7.5%
85620	Hydrogen Peroxide Mouthwash	076970-665716	16 OZ	5.09	5.09	EA	4.71	4.71	\$0.38	7.5%
85622	Ipsab Concentrate	076970-554256	1 OZ	5.69	5.69	EA	5.26	5.26	\$0.43	7.6%
85605	Ipsab	076970-111527	2 OZ	6.60	6.60	EA	6.10	6.10	\$0.50	7.6%
85614	Ipsadent	076970-554478	16 OZ	7.20	7.20	EA	6.66	6.66	\$0.54	7.5%
85627	Alka Thyme, Alkaline Mouthwash	076970-111114	16 OZ	8.28	8.28	EA	7.66	7.66	\$0.62	7.5%
HOME HEALTH										
Almond Glow Skin & Lotion Massage Oil										
54059	Almond	318858-513246	8 OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54060	Coconut	318858-540242	8 OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54061	Jasmine	318858-541249	8 OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%

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 † = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

OVER 40 YEARS of Serving You!



Give Your Customers Something to Smile About... *And You'll Be Smiling Too.*

Years ago, Edgar Cayce defined today's dental hygiene recommendations with his Ipsab formulas. Recently, Ipsab was featured at the Holistic Dental Association's National Conference because dentists are finding it is effective. Boost your oral care department sales with 8 of our most popular products.

Cinnamon Ipsab Tooth Powder 4 oz - We've reduced the prickly ash bark, added xylitol, a natural sweetener that repels bacteria, and flavored our new Ipsab with cinnamon for a fresh, pure taste.

Ipsab Tooth Powder 4 oz - A pure salt and soda combination with prickly ash bark and peppermint oil for daily brushing and good dental care.

Ipsadent Mouthwash 16 oz - Rinse with the delicious mouthwash that prolongs the benefits of Ipsab while it freshens your breath.

Alka-Thyme 16 oz - A clear alkalizing mouthwash ideal for everyone's medicine chest.

Hydrogen Peroxide Mouthwash 16 oz - This super effective oxygenating, antiseptic rinse is formulated with powerful oils of eucalyptus, menthol and thyme, hydrogen peroxide and distilled water. The foaming action wakes up the mouth to a new kind of clean.

Hydrogen Peroxide Mouthwash Wintermint 16 oz - We've added natural wintermint flavor to our Hydrogen Peroxide Mouthwash to help eliminate odor and give the mouth a delightfully cool taste.

Ipsab Gum Treatment 2 oz, 4 oz (not pictured) - Massage vitality and health into gums once or twice per week to strengthen gums and freshen breath.

Ipsab Concentrate 1 oz - This stronger formula produces quicker results.



HERITAGE PRODUCTS

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for discounts**



Hair Care • Skin Solutions • Almond Glow® • Flower Waters
Skin Essentials • Castor Oil • Deodorants

**SEE US AT
EXPO EAST
BOOTH #2817**

There's a Home Health™ Product for All of You.

Home Health™ is where you'll find natural health, beauty and therapy specific paraben-free formulas made from high-quality ingredients, which capture the essence of the best things nature has to offer. Our award-winning line of personal care products for skin, hair and body features botanicals, essential oils, vitamins and skin-enhancing ingredients to help moisturize, nourish, cleanse, refresh and heal. From the top of your head to the bottom of your toes, there's a Home Health™ product that's naturally right for every part of you.

 **Home Health®**
Natural Health Begins At Home™

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
HOME HEALTH, Cont.										
54090	Lavender	318858-109241	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54091	Rose	318858-108244	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54062	Unscented	318858-585243	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
Flower Water Mists										
54080	Jasmine	318858-105243	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54081	Lavender	318858-104246	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
54082	Rose	318858-025244	8OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
Hair Care										
54078	Conditioner, Oliva, Olive & Aloe	318858-518241	8OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54075	Everclean Antidandruff Shampoo	318858-546244	8OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54077	Hairever II Hair/Scalp Vit Tonic	318858-558247	8OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
88401	Shamp, Everclean, Unscent, Antidandruff	318858-122240	8OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54079	Shampoo, Oliva Enriched	318858-534241	8OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54076	Hairever I Cleansing Scalp Treatment	318858-570249	8OZ	8.81	8.81	EA	7.82	7.82	\$0.99	11.2%
Health Care Products										
54050	Castor Oil	318858-501069	2OZ	1.73	1.73	EA	1.53	1.53	\$0.20	11.6%
54051	Castor Oil	318858-501243	8OZ	3.59	3.59	EA	3.19	3.19	\$0.40	11.1%
54052	Castor Oil	318858-501489	16OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54058	Wool Flannel, Small (12x18)	318858-533183	1EA	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54057	Wool Flannel, Large (18x24)	318858-533121	1EA	8.69	8.69	EA	7.71	7.71	\$0.98	11.3%
54087	Castor Oil	318858-501328	32OZ	9.29	9.29	EA	8.24	8.24	\$1.05	11.3%
45355	Hyaluronic Acid Cream	318858-120567	4OZ	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
Herbal Magic Roll-On Deodorant										
54085	Herbal	318858-576098	3OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
54086	Jasmine	318858-577095	3OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
54084	Unscented	318858-575091	3OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
Skin Care										
54071	Vitamin E Beauty Oil	318858-560011	5OZ	3.17	3.17	EA	2.81	2.81	\$0.36	11.4%
54063	Facial Cleansing Gel	318858-571246	8OZ	5.69	5.69	EA	5.05	5.05	\$0.64	11.2%
54067	Liquid Lanolin	318858-509126	4OZ	5.69	5.69	EA	5.05	5.05	\$0.64	11.2%
88404	Antifungal Lotion	318858-118120	4OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
88400	Blemish Treatment Lotion	318858-120123	4OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54055	Scargo Scar Massage Lotion	318858-510061	4OZ	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
54089	Psoriasis Body Wash	318858-106240	8OZ	7.79	7.79	EA	6.91	6.91	\$0.88	11.3%
54092	Psoriasis Cream	318858-112067	2OZ	9.29	9.29	EA	8.24	8.24	\$1.05	11.3%
88405	FemGest BOGO	018858-057176	2/2OZ	14.99	14.99	EA	13.30	13.30	\$1.69	11.3%
Skin Essentials										
46312	Goji Berry Hand & Body Lotion	318858-179053	8OZ	6.50	6.50	EA	5.77	5.77	\$0.73	11.2%
46311	Goji Berry Eye Cream	318858-180301	1OZ	9.49	9.49	EA	8.42	8.42	\$1.07	11.3%
46313	Goji Berry Facial Cream	318858-179077	4OZ	9.99	9.99	EA	8.87	8.87	\$1.12	11.2%
HUMPHREYS PHARMACAL										
Witch Hazel										
53219	Astringent	302190-304204	2OZ	0.71	0.71	EA	0.63	0.63	\$0.08	11.3%
42433	Toner, Citrus Oil Controlling	302190-306208	2OZ	0.71	0.71	EA	0.63	0.63	\$0.08	11.3%
42435	Toner, Cucumber Melon Redness Reduce	302190-305201	2OZ	0.71	0.71	EA	0.63	0.63	\$0.08	11.3%
42434	Toner, Lilac Skin Softening	302190-307205	2OZ	0.71	0.71	EA	0.63	0.63	\$0.08	11.3%
53215	Astringent	302190-304808	8OZ	2.57	2.57	EA	2.28	2.28	\$0.29	11.3%
53216	Witch Hazel Astringent	302190-304167	16OZ	3.44	3.44	EA	3.05	3.05	\$0.39	11.3%
42421	Toner, Redness Reducing	302190-305805	8OZ	3.77	3.77	EA	3.35	3.35	\$0.42	11.1%
42422	Toner, Softening	302190-307809	8OZ	3.77	3.77	EA	3.35	3.35	\$0.42	11.1%

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HONEST *beauty* BEGINS
WITH GENUINE
sensitive skin
THERAPY



HUMPHREYS ORGANIC BOTANICALS CALM, RELIEVE AND NOURISH EVEN THE MOST DELICATE COMPLEXIONS

Discover the only skin care line with our signature blend of *jasmine* and *genuine distilled* Witch Hazel. It works to restore your skin's natural balance and beauty without artificial colors, fragrances or preservatives. EU compliant and 100% vegetarian, only Humphreys is formulated with genuine distilled, 100% natural Witch Hazel; a time-honored secret to perfect even the most sensitive skin.

Our Witch Hazel is truly natural: a clear, colorless astringent distilled from the freshly cut twigs of the *Hamamelis Virginiana Linné* plant.

IF IT'S NOT DISTILLED, IT'S NOT WITCH HAZEL.
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UNIT WEIGHT
- ITEM #

# 53220	Non Drying Cleansing Gel	8oz
# 53217	Moisturizing Cleansing Milk	8oz
# 53218	Alcohol Free Hydrating Toner	8oz
# 42423	Oil Controlling Daily Moisturiser	2oz
# 42419	Vitamin Enriched Lotion with SPF 18	8oz



Humphreys
...It's what's inside

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Each	Case	Each	\$Disc %Disc

J R WATKINS

Natural Apothecary

Facial Care

48474	Gentle Pore Scrub	818570-004256	4 OZ	5.69	5.69	EA	5.05	5.05	\$0.64	11.2%
48473	Daily Cleansing Cream	818570-004232	6.4 OZ	6.83	6.83	EA	6.06	6.06	\$0.77	11.3%
48471	Divine Day Cream	818570-004263	2.24 OZ	10.55	10.55	EA	9.36	9.36	\$1.19	11.3%
48472	Nourishing Night Cream	818570-006113	2.2 OZ	10.55	10.55	EA	9.36	9.36	\$1.19	11.3%

Hand & Body Lotion

51150	Lavender	818570-002498	11 OZ	5.39	5.39	EA	4.78	4.78	\$0.61	11.3%
51151	Lemon Cream	818570-002535	11 OZ	5.39	5.39	EA	4.78	4.78	\$0.61	11.3%
51149	Mango	818570-002573	11 OZ	5.39	5.39	EA	4.78	4.78	\$0.61	11.3%
51152	Vanilla	818570-001903	11 OZ	5.39	5.39	EA	4.78	4.78	\$0.61	11.3%

Specialty Bath

48470	Body Wash, Aloe & Green Tea	818570-003914	12 OZ	5.93	5.93	EA	5.26	5.26	\$0.67	11.3%
48469	Daily Cond, Aloe & Green Tea	818570-001514	12 OZ	5.93	5.93	EA	5.26	5.26	\$0.67	11.3%
48468	Daily Shampoo, Aloe & Green Tea	818570-001460	12 OZ	5.93	5.93	EA	5.26	5.26	\$0.67	11.3%

KISS MY FACE

Bar Soaps

54970	Chamomile Olive	028367-828402	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
54938	Olive & Aloe	028367-827573	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
54960	Olive & Honey	028367-828235	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
53677	Olive Green Tea	028367-833499	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
53673	Olive Lavender	028367-833512	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
54936	Olive Oil	028367-827528	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
53675	Olive Verbena	028367-833475	4 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
54971	Chamomile Olive	028367-828396	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
54939	Olive & Aloe	028367-731498	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
54959	Olive & Honey	028367-828242	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
53676	Olive Green Tea	028367-833482	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
53672	Olive Lavender	028367-833505	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
54937	Olive Oil	028367-731481	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%
53674	Olive Verbena	028367-833468	8 OZ	2.39	2.39	EA	2.12	2.12	\$0.27	11.3%

Deodorants

55794	Active Enzyme Fragrance Free	028367-834595	2.48 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55796	Active Enzyme Lavender	028367-834618	2.48 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55793	Active Enzyme Peaceful Patchouli	028367-834632	2.48 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55795	Active Enzyme Scented	028367-834625	2.48 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55797	Active Enzyme Summer	028367-834601	2.48 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55003	Liquid Rock Roll On, Fragrance Free	028367-828747	3 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55039	Liquid Rock Roll On, Lavender	028367-831327	3 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55038	Liquid Rock Roll On, Patchouli	028367-831310	3 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55004	Liquid Rock Roll On, Scented	028367-828754	3 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
55792	Liquid Rock Roll On, Summer Scent	028367-834649	3 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%

Sudz

55904	Bar Soap, C-Weed	028367-832393	8 OZ	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
55906	Bar Soap, In The Pink	028367-832416	8 OZ	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
55901	Bar Soap, Rough Seas	028367-832362	8 OZ	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
55902	Bar Soap, Sports Complex	028367-832379	8 OZ	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
53531	Shower Gel, C-Weed	028367-835158	8 OZ	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%

LIFE-FLO HEALTH PRODUCTS

Skin Care

47659	AgeSpot Care	645951-795058	1.67 OZ	18.00	18.00	EA	15.97	15.97	\$2.03	11.3%
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Women's Wellness

57232	ProgestaCare	645951-810041	4 OZ	21.00	21.00	EA	18.64	18.64	\$2.36	11.2%
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 + = Made With 70-94% Organic Ingredients 🌿 = Vegan 🕸️ = Kosher 🌿 = Vegetable Enzymes ✨ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS SUPPLEMENTS

A Natural Approach to Even Skin Tone



Paraben Free
Natural

- * Formulated with a 10% blend of glycolic, malic, citric, and tartaric acids
- * Gently promotes exfoliation and surface cell turnover for greater skin clarity, luminosity, and even skin tone
- * Each press of the pump contains a special unscented brightening blend of Alpha Hydroxy acids, CoQ10, Vitamin E, Tea Tree Oil, and Menthol



Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

LIGHT MOUNTAIN

“Color the Gray!” - Hair Color & Conditioner for Gray Hair

58556	Black	079565-005577	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
58553	Chestnut	079565-005560	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
58433	Dark Brown	079565-005553	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
58431	Light Brown	079565-005539	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
58430	Mahogany	079565-005522	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
58432	Med Brown	079565-005546	7 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%

LILY OF THE DESERT

Aloe Vera Skin Care Products

81515	Gelly	026395-000043	4 OZ	2.65	2.65	EA	2.35	2.35	\$0.30	11.3%
81516	Gelly	026395-000128	12 OZ	5.33	5.33	EA	4.73	4.73	\$0.60	11.3%

Aloe80 Organics Body Care

45159	Liquid Soap	026395-057153	16 OZ	4.73	4.73	EA	4.20	4.20	\$0.53	11.2%
45158	Body Wash	026395-059416	16 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
45147	Bubble Bath	026395-057597	16 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
45157	Hand & Body Lotion Citrus	026395-059317	16 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
45156	Hand & Body Lotion Lavender	026395-059300	16 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%

Aloe80 Organics Hair Care

45145	Daily Conditioner	026395-057146	16 OZ	5.09	5.09	EA	4.52	4.52	\$0.57	11.2%
45144	Daily Shampoo	026395-057139	16 OZ	5.09	5.09	EA	4.52	4.52	\$0.57	11.2%
45146	Styling Spray	026395-057757	8 OZ	5.21	5.21	EA	4.62	4.62	\$0.59	11.3%

Aloe80 Organics Skin Care

45150	Freshner	026395-057276	8 OZ	3.59	3.59	EA	3.18	3.18	\$0.41	11.4%
45152	Skin Soothing Gel	026395-057160	8 OZ	4.19	4.19	EA	3.72	3.72	\$0.47	11.2%
45154	Cleansing Lotion	026395-059591	8 OZ	5.69	5.69	EA	5.05	5.05	\$0.64	11.2%
45148	Wash	026395-057177	8 OZ	5.69	5.69	EA	5.05	5.05	\$0.64	11.2%
45149	Clarifying Scrub	026395-057184	8 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
45155	Moisturizing Creme	026395-059294	4 OZ	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%
45151	Liquid Moisturizer	026395-057313	8 OZ	6.41	6.41	EA	5.69	5.69	\$0.72	11.2%
45153	Skin Soothing Gel	026395-571628	16 OZ	6.41	6.41	EA	5.69	5.69	\$0.72	11.2%

MAGGIE’S ORGANICS

Organic Cotton Crew Socks

63585	Black 10-13	760702-559861	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63584	Black 9-11	760702-559854	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63589	Denim Blue 9-11	760702-456450	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63592	Eggplant 10-13	760702-557263	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63591	Eggplant 9-11	760702-557256	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63581	Natural 10-13	760702-555313	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63580	Natural 9-11	760702-555214	3 PAIR	13.42	4.47	CS	11.93	3.98	\$1.49	11.1%
63586	Tie Dye 10-13	760702-452568	3 PAIR	22.17	7.39	CS	20.53	6.84	\$1.64	7.4%
63576	Tie Dye 9-11	760702-452551	3 PAIR	22.17	7.39	CS	20.53	6.84	\$1.64	7.4%

Organic Patterned Footies

61436	Black Star, 9-11	760702-480547	3 PAIR	10.62	3.54	CS	9.44	3.15	\$1.18	11.1%
61435	Olive Peace Sign, 10-13	760702-480479	3 PAIR	10.62	3.54	CS	9.44	3.15	\$1.18	11.1%
61433	Olive Peace Sign, 9-11	760702-480462	3 PAIR	10.62	3.54	CS	9.44	3.15	\$1.18	11.1%

MILL CREEK

Biotene H-24 “Thicker Fuller Hair”

82701	Conditioner	079526-003024	8.5 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
82700	Shampoo	079526-003017	8.5 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%

Lotions

56096	Grapefruit	082982-263727	16 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
56099	Lavender	082982-263734	16 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
56089	Unscented	082982-263710	16 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓢ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified

BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS SUPPLEMENTS

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
MILL CREEK, Cont.										
Shampoo & Conditioner										
56091	Aloe Vera Conditioner	082982-153707	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56092	Aloe Vera Shampoo	082982-143708	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
55974	Biotin Conditioner	082982-253704	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56097	Biotin Shampoo	082982-233706	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
55967	Fantastic Silver Conditioner	082982-183506	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
55977	Henna Conditioner	082982-223707	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56098	Henna Shampoo	082982-213708	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56095	Jojoba Conditioner	082982-193703	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56090	Jojoba Shampoo	082982-173705	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56093	Keratin Conditioner	082982-123700	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56094	Keratin Shampoo	082982-103702	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
56088	Conditioner, Tea Tree	082982-163706	16 OZ	4.97	4.97	EA	4.41	4.41	\$0.56	11.3%
56087	Shampoo, Tea Tree	082982-133709	16 OZ	4.97	4.97	EA	4.41	4.41	\$0.56	11.3%
Styling Products										
82709	Hair Spray Xtra Hold	082982-661004	8 OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
MINERAL FUSION										
Mineral Body Lotion										
44895	Earthstone	840749-017187	8 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44893	Sunstone	840749-017163	8 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44896	Unscented	840749-017194	8 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44894	Waterstone	840749-017170	8 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
Mineral Body Wash										
44892	Earthstone	840749-017286	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44890	Sunstone	840749-017262	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44891	Waterstone	840749-017279	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
Mineral Hair Care										
44899	Conditioner, Fortifying	840749-017460	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44900	Conditioner, Volumizing	840749-017484	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44897	Shampoo, Fortifying	840749-017361	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
44898	Shampoo, Volumizing	840749-017385	8.5 OZ	6.00	6.00	EA	5.32	5.32	\$0.68	11.3%
NATURAL DENTIST										
50148	Stimu Dent, Mint	334362-000034	12/100 CT	26.99	2.25	CS	23.95	2.00	\$3.04	11.3%
50149	Stimu Dent, Regular	334362-000003	12/100 CT	26.99	26.99	CS	23.95	23.95	\$3.04	11.3%
NATURE DE FRANCE										
Bar Soaps										
55610	Argile Blanche, Dry Skin	010486-007424	3.5 OZ	2.69	2.69	EA	2.39	2.39	\$0.30	11.2%
Le Stick Clay Formula Deodorants w/Baking Soda										
55616	Gardenia	010486-007288	3 OZ	4.53	4.53	EA	4.02	4.02	\$0.51	11.3%
55618	Powder Fresh	010486-007325	3 OZ	4.53	4.53	EA	4.02	4.02	\$0.51	11.3%
55619	Unscented	010486-007349	3 OZ	4.53	4.53	EA	4.02	4.02	\$0.51	11.3%
NATURE'S BABY ORGANICS										
Air Fresheners										
41482	Calming Spray, Lovely Lavender	183060-000149	4 OZ	5.38	5.38	EA	4.77	4.77	\$0.61	11.3%
Baby Creams										
41474	★ Diaper Ointment, Fragrance Free	183060-000095	3 OZ	7.17	7.17	EA	6.36	6.36	\$0.81	11.3%
Bath										
49224	Bubble Bath, Lovely Lavender	183060-000248	12 OZ	7.80	7.80	EA	6.92	6.92	\$0.88	11.3%
49223	Bubble Bath, Tangy Tangerine	183060-000231	12 OZ	7.80	7.80	EA	6.92	6.92	\$0.88	11.3%
Chest Rub										
49230	★ Ah-Choo!, Eucalyptus	183060-000163	2 OZ	6.58	6.58	EA	5.84	5.84	\$0.74	11.2%

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- :: Body washes gently cleanse and detoxify skin
- :: Fortifying hair care strengthens and maintains healthy hair
- :: Volumizing hair care delivers weightless volume



- :: Rich in minerals and vitamins
- :: 100% Vegetarian & Vegan
- :: 100% Natural aroma blends

- :: Paraben free
- :: Artificial color free
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Please join us in our support of the National Coalition Against Domestic Violence. Visit ncadv.org to let these brave women know they are not alone.

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack	Wholesale		CS/ EA	Sale			
			Size	Case	Each		EA	Case	Each	\$Disc
NATURE'S BABY ORGANICS, Cont.										
Conditioners										
41465	Lavender Chamomile	183060-000064	8 OZ	6.58	6.58	EA	5.84	5.84	\$0.74	11.2%
41471	Vanilla Tangerine	183060-000040	8 OZ	6.58	6.58	EA	5.84	5.84	\$0.74	11.2%
41481	Lavender Chamomile	183060-000071	16 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
41480	Vanilla Tangerine	183060-000057	16 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
Dusting Powders										
49463	Silky Smooth, Fragrance Free	183060-000170	4 OZ	5.98	5.98	EA	5.31	5.31	\$0.67	11.2%
Moisturizers										
49464	Soothing Stick, Fragrance Free	183060-000187	.63 OZ	5.98	5.98	EA	5.31	5.31	\$0.67	11.2%
41479	Baby Oil, Mandarin & Coconut	183060-000156	4 OZ	6.58	6.58	EA	5.84	5.84	\$0.74	11.2%
41463	Face & Body Moist, Frag Free	183060-000088	8 OZ	7.17	7.17	EA	6.36	6.36	\$0.81	11.3%
Shampoos										
41468	Vanilla Tangerine	183060-000002	8 OZ	5.98	5.98	EA	5.31	5.31	\$0.67	11.2%
41467	Lavender Chamomile	183060-000019	8 OZ	6.58	6.58	EA	5.84	5.84	\$0.74	11.2%
41475	Lavender Chamomile	183060-000033	16 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
41464	Vanilla Tangerine	183060-000026	16 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
Travel Packs										
49461	Lavender Travel Pack	183060-000132	1 KIT	9.57	9.57	EA	8.49	8.49	\$1.08	11.3%
49462	Vanilla Tangerine Travel Pack	183060-000125	1 KIT	9.57	9.57	EA	8.49	8.49	\$1.08	11.3%
NATURE'S GATE										
Herbal Hair Care										
54413	Conditioner, Aloe Vera Moisturizing	078347-870020	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54636	Conditioner, Biotin Strengthening	078347-022573	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54483	Conditioner, Chamomile Replenishing	078347-870099	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54420	Conditioner, Daily Herbal	078347-030189	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54415	Conditioner, Jojoba Revitalizing	078347-870044	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54633	Conditioner, Pomegranate Sunflower	078347-751183	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54412	Shampoo, Aloe Vera/Moisturizing	078347-870013	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54635	Shampoo, Biotin Strengthening	078347-022566	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54482	Shampoo, Chamomile Replenishing	078347-870105	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54422	Shampoo, Herbal Daily	078347-011812	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54414	Shampoo, Jojoba Revitalizing	078347-870037	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54632	Shampoo, Pomegranate Sunflower	078347-751176	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54419	Conditioner, Herbal Daily	078347-030424	1 GAL	23.69	23.69	EA	21.02	21.02	\$2.67	11.3%
Rainwater Herbal Hair Care										
54428	Conditioner, Awapuhi Volumizing	078347-023037	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
88586	Conditioner, Hemp Nourishing	078347-023204	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54459	Conditioner, Shine Enhancing	078347-023051	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54427	Shampoo, Awapuhi Volumizing	078347-023020	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54425	Shampoo, Baby Soothing	078347-032824	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
88585	Shampoo, Hemp Nourishing	078347-023198	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54458	Shampoo, Henna Shine/Enhancing	078347-023044	18 OZ	4.37	4.37	EA	3.88	3.88	\$0.49	11.2%
54460	Conditioner, Tea Tree Calming	078347-023068	18 OZ	5.57	5.57	EA	4.94	4.94	\$0.63	11.3%
54426	Shampoo, Tea Tree Calming	078347-023013	18 OZ	5.57	5.57	EA	4.94	4.94	\$0.63	11.3%
NATURTINT										
Shampoos & Conditioners										
88285	Nutrideep Multiplier	661176-011513	7.04 OZ	10.77	10.77	EA	9.56	9.56	\$1.21	11.2%
NELSONS HOMEOPATHIC										
Creams & Gels										
86507	Cream, Calendula	741273-005049	30 GR	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
86509	Cream, Hypercal, Cuts & Scrapes	741273-005117	30 GR	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
86623	Gel, Arnica Cooling	741273-019046	30 GR	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
86510	Gel, Sting	741273-005162	30 GR	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
86508	Cream, Hemorrhoid	741273-005100	30 GR	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
NELSONS HOMEOPATHIC, Cont.										
86505	Gel, Acne	741273-005001	30 GR	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
43605	H+Care Hemorrhoidal Wipes	741273-015024	40 CT	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
86650	Cream, Arnica	741273-020172	50 GR	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
Pure & Clear										
42308	Purifying Wipes	741273-016021	32 CT	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
42307	Purifying Cleansing Wash	741273-016007	4.2 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42309	Balancing Toner	741273-016045	4.2 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
86504	Nourishing Moisturizer	741273-016083	125 ML	7.17	7.17	EA	6.36	6.36	\$0.81	11.3%
OLBAS										
87888	Oil	715486-500110	.32 OZ	5.37	5.37	EA	4.97	4.97	\$0.40	7.4%
87895	Herbal Bath	715486-503104	4 OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
87889	Oil	715486-500219	.82 OZ	11.37	11.37	EA	10.52	10.52	\$0.85	7.5%
87896	Herbal Bath	715486-503203	8 OZ	9.57	9.57	EA	8.49	8.49	\$1.08	11.3%
87890	Oil	715486-500318	1.65 OZ	17.97	17.97	EA	16.62	16.62	\$1.35	7.5%
44059	Inhalers	715486-505108	12/1 EA	39.68	3.31	CS	36.70	3.06	\$2.98	7.5%
PATCH IT										
87181	Detox Foot Patches	870609-000066	6 CT	9.00	9.00	EA	7.31	7.31	\$1.69	18.8%
87180	Detox Foot Patches	870609-000073	20 CT	21.00	21.00	EA	17.06	17.06	\$3.94	18.8%
PEACEFUL MOUNTAIN										
Pain Remedies										
80310	Arnica Plus Gel	818692-007609	3.5 OZ	5.33	5.33	EA	4.73	4.73	\$0.60	11.3%
40220	Muscle Ice	818692-008408	3.5 OZ	5.33	5.33	EA	4.73	4.73	\$0.60	11.3%
Rescue Products										
80308	Muscle Rescue Gel	818692-007104	3.5 OZ	5.33	5.33	EA	4.73	4.73	\$0.60	11.3%
80306	Back & Neck Rescue Gel	818692-007050	3.5 OZ	7.47	7.47	EA	6.63	6.63	\$0.84	11.2%
80309	Joint Rescue Gel	818692-007203	3.5 OZ	7.47	7.47	EA	6.63	6.63	\$0.84	11.2%
80307	Tendon Rescue Gel	818692-007159	3.5 OZ	7.47	7.47	EA	6.63	6.63	\$0.84	11.2%
PEELU										
Dental Gum										
86736	Cinnamon Sass	087614-351155	100 PC	7.11	7.11	EA	6.04	6.04	\$1.07	15.0%
86739	Citrus Breeze	087614-351230	100 PC	7.11	7.11	EA	6.04	6.04	\$1.07	15.0%
86743	Peppermint	087614-351193	100 PC	7.11	7.11	EA	6.04	6.04	\$1.07	15.0%
86733	Spearmint	087614-351216	100 PC	7.11	7.11	EA	6.04	6.04	\$1.07	15.0%
86730	Vanilla Mint Moxie	087614-351179	100 PC	7.11	7.11	EA	6.04	6.04	\$1.07	15.0%
86738	Cinnamon Sass Display	087614-350271	12/8 PC	13.32	1.11	CS	11.83	0.99	\$1.49	11.2%
86742	Citrus Breeze Display	087614-350264	12/8 PC	13.32	1.11	CS	11.83	0.99	\$1.49	11.2%
86745	Peppermint Display	087614-350288	12/8 PC	13.32	1.11	CS	11.83	0.99	\$1.49	11.2%
86735	Spearmint Display	087614-350295	12/8 PC	13.32	1.11	CS	11.83	0.99	\$1.49	11.2%
86732	Vanilla Mint Moxie Display	087614-350257	12/8 PC	13.32	1.11	CS	11.83	0.99	\$1.49	11.2%
86737	Cinnamon Sass	087614-351162	300 PC	12.56	12.56	EA	10.68	10.68	\$1.88	15.0%
86741	Citrus Breeze	087614-351247	300 PC	12.56	12.56	EA	10.68	10.68	\$1.88	15.0%
86744	Peppermint	087614-351209	300 PC	12.56	12.56	EA	10.68	10.68	\$1.88	15.0%
86734	Spearmint	087614-351223	300 PC	12.56	12.56	EA	10.68	10.68	\$1.88	15.0%
86731	Vanilla Mint Moxie	087614-351186	300 PC	12.56	12.56	EA	10.68	10.68	\$1.88	15.0%
PURE TOUCH										
Watersperse Massage Oil										
57920	Calming, Almond	688662-801113	8 OZ	6.74	6.74	EA	5.98	5.98	\$0.76	11.3%
57930	Tropical Rain	688662-800123	8 OZ	6.74	6.74	EA	5.98	5.98	\$0.76	11.3%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
RADIUS										
Dental Floss										
81462	Cranberry	085178-001844	6/55 YD	14.22	2.37	CS	12.62	2.10	\$1.60	11.3%
Intelligent Toothbrushes										
82259	Medium w/Extra Replacement Head	085178-000632	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
82258	Soft w/Extra Replacement Head	085178-000595	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
Source Toothbrushes										
82249	Medium w/Extra Replacement Head	085178-000663	1/6 CT	28.72	4.79	CS	25.49	4.25	\$3.23	11.2%
82248	Soft w/Extra Replacement Head	085178-000656	1/6 CT	28.72	4.79	CS	25.49	4.25	\$3.23	11.2%
Toothbrushes, Adults										
82221	Adult Original Left	085178-000090	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
82219	Adult Original Right	085178-000083	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
82223	Adult Scuba Left	085178-000137	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
82226	Adult Scuba Right	085178-000120	6 CT	35.94	5.99	CS	31.90	5.32	\$4.04	11.2%
Toothbrushes, Kids										
84700	Pure Baby	085178-001080	6/1 EA	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
84701	Totz	085178-001097	6/1 EA	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
82220	KIDZ Travel	085178-110010	6/1 EA	17.88	2.98	CS	15.86	2.64	\$2.02	11.3%
RAINBOW RESEARCH										
Henna-"Certified Pesticide Free"										
84680	Black	000518-400026	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84690	Blonde, Marigold	000518-400125	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84681	Brown, Dark	000518-400033	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84691	Brown, Light	000518-400132	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84682	Brown, Med	000518-400040	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84686	Burgundy	000518-400088	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84683	Copper	000518-400057	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84685	Mahogany	000518-400071	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84688	Neutral	000518-400101	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
84679	Red	000518-400019	4 OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
Kid's Products										
84719	Bubble Bath, Original	000518-600303	2 OZ	1.63	1.63	EA	1.45	1.45	\$0.18	11.0%
84720	Shampoo, Original	000518-600327	2 OZ	1.63	1.63	EA	1.45	1.45	\$0.18	11.0%
84721	Soap, Original	000518-600341	2 OZ	1.63	1.63	EA	1.45	1.45	\$0.18	11.0%
84162	Hand Sanitizer For Kids	000518-600143	2 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
84674	Liquid Soap, Antibacterial	000518-600037	8 OZ	3.29	3.29	EA	2.92	2.92	\$0.37	11.2%
84712	Body Wash, Cherry Almond	000518-600044	8.5 OZ	3.89	3.89	EA	3.45	3.45	\$0.44	11.3%
84711	Body Wash, Fruit Blast	000518-600051	8.5 OZ	3.89	3.89	EA	3.45	3.45	\$0.44	11.3%
84311	Liquid Soap, Antibacterial	000518-600112	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84312	Liquid Soap, Antibacterial, Raspberry	000518-600129	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84163	Hand Sanitizer For Kids	000518-600150	8 OZ	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84722	Kids Travel Pack	000518-600365	4/2 OZ	6.59	6.59	CS	5.84	5.84	\$0.75	11.4%
Liquid Soaps Antibacterial										
84305	Gardenia	000518-500054	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84703	Lemon Verbena	000518-500153	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84306	Tropical Passion	000518-500061	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84304	Unscented	000518-500047	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
84307	Vanilla	000518-500078	16 OZ	4.49	4.49	EA	3.98	3.98	\$0.51	11.4%
SHIKAI										
Borage Therapy Facial										
54628	Cleanser	081738-402700	6 OZ	6.60	6.60	EA	5.61	5.61	\$0.99	15.0%
54629	Moisturizer SPF 15	081738-402755	2 OZ	9.00	9.00	EA	7.65	7.65	\$1.35	15.0%
54630	24 HR Repair Cream	081738-402809	2 OZ	9.60	9.60	EA	8.16	8.16	\$1.44	15.0%
54631	Eye Cream	081738-402854	.5 OZ	9.60	9.60	EA	8.16	8.16	\$1.44	15.0%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

SIBU BEAUTY

81376	Cleanse/Detox Beauty Bar	718122-507061	3.5OZ	3.57	3.57	EA	3.17	3.17	\$0.40	11.2%
81377	Repair/Protect Daytime Face Cream	718122-506965	1OZ	9.98	9.98	EA	8.86	8.86	\$1.12	11.2%

SONOMA SOAP COMPANY

Bath & Shower Gels

47474	Citrus Medley	811854-010363	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
47473	First Crush	811854-010349	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
47472	Lavender Reserve	811854-010325	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%

Bubble Bath

47477	Citrus Medley	811854-010660	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
47476	First Crush	811854-010646	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
47475	Lavender Reserve	811854-010622	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%

Hair Care

42666	Conditioner, Citrus Medley	811854-010264	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42665	Conditioner, First Crush	811854-010240	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42664	Conditioner, Lavender Reserve	811854-010226	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42663	Shampoo, Citrus Medley	811854-010165	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42662	Shampoo, First Crush	811854-010141	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42661	Shampoo, Lavender Reserve	811854-010127	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%

Hand & Body Lotions

42669	Citrus Medley	811854-010561	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42668	First Crush	811854-010547	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42667	Lavender Reserve	811854-010523	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
42670	Unscented	811854-010585	12OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%

Hand Soaps

47483	Citrus Medley, Foaming	811854-010769	8.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47480	Citrus Medley, Liquid	811854-010462	12OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47482	First Crush, Foaming	811854-010745	8.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47479	First Crush, Liquid	811854-010448	12OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47481	Lavender Reserve, Foaming	811854-010721	8.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47478	Lavender Reserve, Liquid	811854-010424	12OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%

Shave Creams

47486	Citrus Medley	811854-010868	5.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47485	First Crush	811854-010844	5.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47484	Lavender Reserve	811854-010820	5.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%
47487	Unscented	811854-010882	5.4OZ	5.37	5.37	EA	4.77	4.77	\$0.60	11.2%

SOUTH OF FRANCE

Liquid Vegetable Soaps - Ultra Moisturizing

47636	Cucumber Aloe	755355-100843	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%
47639	Green Tea	755355-100829	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%
47635	Lavender	755355-100812	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%
47640	Lemon Mint	755355-100850	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%
47637	Orange Blossom Honey	755355-100836	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%
47638	Shea Butter	755355-100805	12OZ	4.03	4.03	EA	3.59	3.59	\$0.44	10.9%

TEA TREE THERAPY, INC.

Tea Tree Products

83204	Tea Tree Therapy Vegetable Base Soap	637792-601001	3.9OZ	2.09	2.09	EA	1.85	1.85	\$0.24	11.5%
74404	Antiseptic Cream	637792-701206	4OZ	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
82955	15% Water Soluble Tea Tree Oil	637792-122605	2OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
82956	Pure Tea Tree Oil	637792-100603	2OZ	11.37	11.37	EA	10.09	10.09	\$1.28	11.3%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
NON-FOODS SUPPLEMENTS

IF YOU LOVE YOUR SKIN YOU NEED TO KNOW THIS BERRY CALLED SEA BUCKTHORN



IT'S OUR PLANET'S GREATEST SOURCE OF THE
ELUSIVE OMEGA 7

WE TRAVEL TO THE HIGHEST PLACE ON EARTH TO GET IT
(OUR BERRIES GROW WILD IN THE HIMALAYAS OF TIBET)

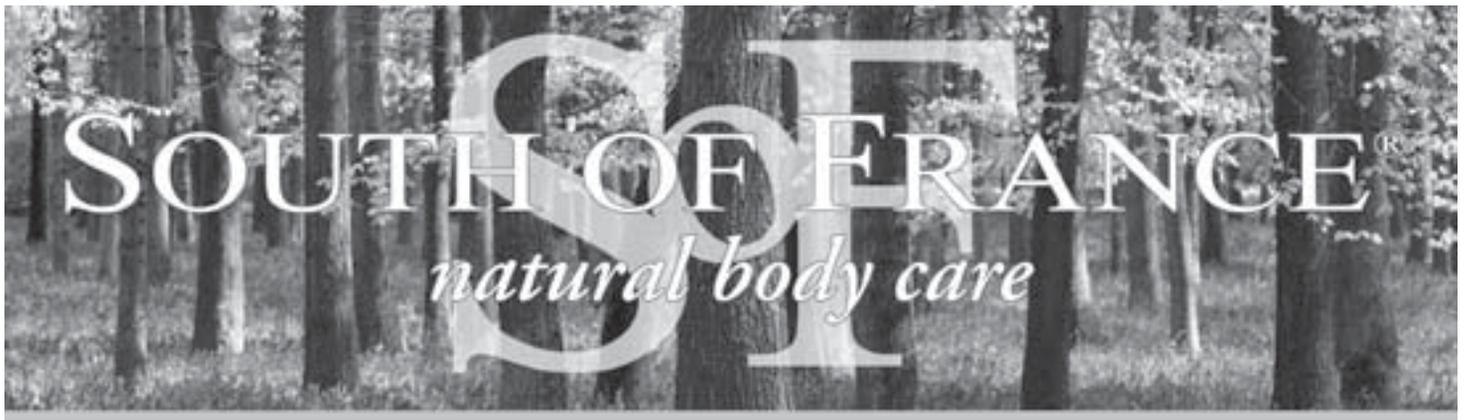
NEW PRODUCTS

- sea buckthorn seed oil
- body cream
- age defying eye cream



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12 oz. LIQUID SOAPS

Our luxurious South of France liquid soaps tantalize the senses and soothe the skin with a special blend of premium all natural vegetable oils and vegetable glycerin. We use a traditional French recipe from Marseille for a long lasting and highly lathering translucent liquid soap that is infused with blends of fragrance, natural and essential oils.

**BPA - Free & Phthalate-Free
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EDTA, Paraben & Phthalate Free

Sodium Lauryl/Laureth Sulfate Free

**No Animal Testing
No Animal By- Products**



SHEA BUTTER

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Blends of Fragrance and Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Shea Oil



7 55355 10080 5



LAVENDER

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Blends of Fragrance and Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Shea Oil



7 55355 10081 2



GREEN TEA

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Blends of Fragrance and Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Green Tea Extract



7 55355 10082 9



ORANGE BLOSSOM HONEY

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Blends of Fragrance and Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Shea Oil



7 55355 10083 6



CUCUMBER ALOE

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Aloe Leaf Extract



7 55355 10084 3



LEMON MINT

Filtered Water; 100% Natural Vegetable Oils; Coconut Oil and/or Olive Oil; Natural Vegetable Glycerin; Cellulose, Blends of Fragrance and Natural Essential Oils; Potassium Oliviate; Citric Acid; Vitamin E; Shea Oil



7 55355 10085 0

CASE PACK:	CASE DIMENSIONS:	SOAP DIMENSIONS:	CASE WEIGHT:	CASE CUBE:	TI X H :	PALLET WEIGHT:
6	8 x 5.5 x 8.7	2.375 x 2.375 x 6.75	5.25	.20	45 x 6	1,418 lbs.

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack Size	Wholesale Case	Each	CS/EA	Sale			
							Case	Each	\$Disc	%Disc

TOM'S OF MAINE

Bar Soap

83150	Daily Moisture, Natural	077326-830390	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83151	Deodorant, Natural	077326-830338	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83175	Energizing, Natural	077326-830383	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83185	Gentle Exfoliating, Natural	077326-830369	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83152	Relaxing, Natural	077326-830376	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83153	Sensitive, Natural	077326-830406	6/4 OZ	14.80	2.47	CS	13.13	2.19	\$1.67	11.3%
83186	Daily Moisturizer, Natural, Trial	077326-830314	12/9 OZ	15.84	1.32	CS	14.06	1.17	\$1.78	11.2%

Toothpaste w/Fluoride

83154	Simply White Clean Mint	077326-148068	6/4.7 OZ	24.24	4.04	CS	21.51	3.59	\$2.73	11.3%
83155	Simply White Sweet Mint Gel	077326-149065	6/4.7 OZ	24.24	4.04	CS	21.51	3.59	\$2.73	11.3%

TOPRICIN

40309	Topricin, Junior	609863-010029	1.5 OZ	7.79	7.79	EA	7.21	7.21	\$0.58	7.4%
40238	Topricin CTS	609863-020028	2 OZ	10.17	10.17	EA	9.41	9.41	\$0.76	7.5%
44454	Topricin Foot Therapy Cream	609863-600206	2 OZ	11.99	11.99	EA	11.09	11.09	\$0.90	7.5%
40237	Topricin CTS	609863-047049	4 OZ	14.97	14.97	EA	13.85	13.85	\$1.12	7.5%
44455	Topricin Foot Therapy Cream	609863-057048	4 OZ	17.99	17.99	EA	16.64	16.64	\$1.35	7.5%
40744	Topricin, Pump Bottle	609863-080084	8 OZ	23.95	23.95	EA	22.15	22.15	\$1.80	7.5%
40310	Topricin Foot Therapy Cream	609863-010081	8 OZ	29.39	29.39	EA	27.19	27.19	\$2.20	7.5%

YERBA PRIMA

Cleansing Products

40711	Nat Skin Brush	046352-001074	1 EA	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

NUTRITIONAL SUPPLEMENTS

ABSORBAID

53818	AbsorbAid	724250-784045	90 VCAP	11.99	11.99	EA	11.09	11.09	\$0.90	7.5%
55925	AbsorbAid Platinum (Improved)	724250-784076	60 VCAP	17.99	17.99	EA	16.64	16.64	\$1.35	7.5%
53815	AbsorbAid	724250-784014	240 VCAP	23.99	23.99	EA	22.19	22.19	\$1.80	7.5%

ALL ONE

84323	Active Seniors	052534-000063	5.29 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
58638	Calcium Complex	052534-800014	8.5 OZ	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%
84321	Active Seniors	052534-400085	15.9 OZ	32.97	32.97	EA	29.26	29.26	\$3.71	11.3%

Single Serve Packets

84363	Active Seniors	052534-150010	14 COUNT	21.57	21.57	EA	19.14	19.14	\$2.43	11.3%
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AMERICAN BIOSCIENCE

82590	ImmPower	678226-001301	30 CAP	29.97	29.97	EA	27.72	27.72	\$2.25	7.5%
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AMERICAN HEALTH

Chewable Enzymes

84929	Papaya w/Chlorophyll	076630-503037	100 TAB	2.69	2.69	EA	2.39	2.39	\$0.30	11.2%
84921	Papaya, Original	076630-501033	100 TAB	2.69	2.69	EA	2.39	2.39	\$0.30	11.2%
84925	Papaya, Super Plus	076630-502030	90 TAB	3.69	3.69	EA	3.27	3.27	\$0.42	11.4%
84922	Papaya, Original	076630-501040	250 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84930	Papaya w/Chlorophyll	076630-503044	250 TAB	5.25	5.25	EA	4.66	4.66	\$0.59	11.2%
84926	Papaya, Super Plus	076630-502047	180 TAB	5.79	5.79	EA	5.14	5.14	\$0.65	11.2%
84923	Papaya, Original	076630-501057	600 TAB	9.49	9.49	EA	8.42	8.42	\$1.07	11.3%
84924	Papaya, Original, Roll Pack	076630-501507	16/12 PK	9.49	0.59	CS	8.42	0.53	\$1.07	11.3%
84928	Papaya, Super Plus, Roll Pack	076630-502504	16/12 PK	9.49	0.59	CS	8.42	0.53	\$1.07	11.3%
84931	Papaya w/Chlorophyll	076630-503051	600 TAB	9.99	9.99	EA	8.87	8.87	\$1.12	11.2%
84927	Papaya, Super Plus	076630-502054	360 TAB	9.99	9.99	EA	8.87	8.87	\$1.12	11.2%

Chewable Vitamin C

84838	Acerola Plus 300 mg	076630-110532	90 TAB	4.75	4.75	EA	4.22	4.22	\$0.53	11.2%
84843	Super Acerola Plus 500 mg	076630-111010	50 TAB	4.75	4.75	EA	4.22	4.22	\$0.53	11.2%
84844	Super Acerola Plus 500 mg	076630-111034	100 TAB	8.39	8.39	EA	7.45	7.45	\$0.94	11.2%
84846	Mega Acerola 1000 mg	076630-111522	60 TAB	9.09	9.09	EA	8.07	8.07	\$1.02	11.2%
84842	Acerola Plus 300 mg Roll Pack	076630-112000	20/12 PK	13.89	0.69	CS	12.33	0.62	\$1.56	11.2%
84845	Super Acerola Plus 500 mg	076630-111041	250 TAB	15.75	15.75	EA	13.98	13.98	\$1.77	11.2%

Ester-C

45306	500mg	076630-169851	60 CAP	5.29	5.29	EA	4.69	4.69	\$0.60	11.3%
45320	500mg w/Citrus Bioflavonoids	076630-169608	60 CAP	5.59	5.59	EA	4.96	4.96	\$0.63	11.3%
45318	500mg Veg Tablets	076630-169905	90 VTAB	6.29	6.29	EA	5.58	5.58	\$0.71	11.3%
45322	500mg w/Citrus Bioflavonoids Vcaps	076630-169653	60 VCAP	6.29	6.29	EA	5.58	5.58	\$0.71	11.3%
45311	1000mg w/Citrus Bioflav., Veg Tabs	076630-169837	45 VTAB	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
45315	500mg w/Citrus Bioflav., Veg Tabs	076630-169714	90 VTAB	6.59	6.59	EA	5.85	5.85	\$0.74	11.2%
45296	250mg Chewable Wafers (Vegetarian)	076630-170727	125 CT	8.59	8.59	EA	7.62	7.62	\$0.97	11.3%
45307	500mg	076630-169868	120 CAP	9.19	9.19	EA	8.16	8.16	\$1.03	11.2%
45297	Powder w/Citrus Bioflav. (Veget)	076630-170505	4 OZ	9.19	9.19	EA	8.16	8.16	\$1.03	11.2%
45321	500mg w/Citrus Bioflavonoids	076630-169615	120 CAP	9.89	9.89	EA	8.78	8.78	\$1.11	11.2%
87738	Antioxidant Frmla w/ Whl Food Cmplx	076630-290784	90 VTAB	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
45299	Liquid	076630-170291	8 OZ	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
87737	Urinary Tract w/ Whl Food Cmbry	076630-292399	90 VTAB	10.19	10.19	EA	9.04	9.04	\$1.15	11.3%
45323	500mg w/Citrus Bioflavonoids Vcap	076630-169660	120 VCAP	10.79	10.79	EA	9.58	9.58	\$1.21	11.2%
45312	1000mg w/Citrus Bioflav., Veg Tabs	076630-169813	90 VTAB	11.89	11.89	EA	10.55	10.55	\$1.34	11.3%
45319	500mg Veg Tablets	076630-169912	225 VTAB	12.49	12.49	EA	11.08	11.08	\$1.41	11.3%
45316	500mg w/Citrus Bioflav., Veg Tabs	076630-169745	225 VTAB	13.09	13.09	EA	11.62	11.62	\$1.47	11.2%

☆ = Gluten Free
 ⦿ = Wheat Free
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 ✓ = Sulphured
 ■ = Contains Sugar
 ◆ = Foodservice
 ⚡ = 100% Organic
 ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients
 ♻ = Vegan
 ⦿ = Kosher
 ⚡ = Vegetable Enzymes
 ⚡ = Ethnic
 ○ = Non-GMO Project Verified

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
AMERICAN HEALTH, Cont.										
45309	1000mg w/Citrus Bioflavonoids	076630-169752	90 CAP	14.89	14.89	EA	13.21	13.21	\$1.68	11.3%
45313	1000mg w/Citrus Bioflav., Veg Tabs	076630-169820	120 VTAB	15.89	15.89	EA	14.10	14.10	\$1.79	11.3%
45298	Powder w/Citrus Bioflav.(Veget)	076630-170512	8 OZ	17.19	17.19	EA	15.26	15.26	\$1.93	11.2%
45308	500mg w/Citrus Bioflavonoids	076630-169622	240 CAP	17.79	17.79	EA	15.79	15.79	\$2.00	11.2%
45305	500mg w/Citrus Bioflavonoids Vcap	076630-169677	240 VCAP	20.79	20.79	EA	18.45	18.45	\$2.34	11.3%
45314	1000mg w/Citrus Bioflav., Veg Tabs	076630-169844	180 VTAB	21.49	21.49	EA	19.07	19.07	\$2.42	11.3%
45317	500mg w/Citrus Bioflav., Veg Tabs	076630-169561	450 VTAB	23.79	23.79	EA	21.11	21.11	\$2.68	11.3%
Multi Vitamins & Minerals										
88850	More Than A Multiple, New Improved	076630-075527	60 DUOTAB	10.99	10.99	EA	9.75	9.75	\$1.24	11.3%
88851	More Than A Multiple	076630-075503	90 DUOTAB	14.69	14.69	EA	13.04	13.04	\$1.65	11.2%
88854	More Than Multiple Duotabs, Men's	076630-148108	90 TAB	14.69	14.69	EA	13.04	13.04	\$1.65	11.2%
88855	More Than Multiple Duotabs, Woman's	076630-148658	90 TAB	14.69	14.69	EA	13.04	13.04	\$1.65	11.2%
88852	More Than A Multiple	076630-075541	120 DUOTAB	19.49	19.49	EA	17.30	17.30	\$2.19	11.2%
Natural Health Aids										
84904	■ Acidophilus, Asst. Nat. Fruit	076630-036184	100 WAFER	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84905	Acidophilus, Chewable, Banana	076630-036153	100 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84906	Acidophilus, Chewable, Blueberry	076630-036177	100 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84907	Acidophilus, Chewable, Strawberry	076630-057219	100 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
84910	Acidophilus Culture-Blueberry	076630-008747	16 OZ	7.59	7.59	EA	6.74	6.74	\$0.85	11.2%
84908	Acidophilus, Culture, Plain	076630-008709	16 OZ	7.59	7.59	EA	6.74	6.74	\$0.85	11.2%
84912	Acidophilus, Culture, Strawberry	076630-008754	16 OZ	7.59	7.59	EA	6.74	6.74	\$0.85	11.2%
Specialties										
87740	Enzyme Probiotic Complex	076630-295871	90 VCAP	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
87739	Probiotic CD	076630-296076	60 VTAB	17.99	17.99	EA	15.96	15.96	\$2.03	11.3%
AMERIFIT NUTRITION										
Estroven										
44402	Estroven	092961-013335	30 CAP	10.00	10.00	EA	8.87	8.87	\$1.13	11.3%
44401	Estroven	092961-016138	50 CAP	14.40	14.40	EA	12.78	12.78	\$1.62	11.3%
44407	Estroven, Extra Strength	092961-017081	60 CAP	15.84	15.84	EA	14.06	14.06	\$1.78	11.2%
BACH FLOWER ESSENCES										
Cream										
86462	Rescue Remedy	741273-000594	30 GR	5.97	5.97	EA	5.52	5.52	\$0.45	7.5%
Displays										
43763	Rescue Gum, Counter Display	741273-015185	12/17 CT	42.84	3.57	CS	38.03	3.17	\$4.81	11.2%
Essences 10 ml										
84954	Kids Confidence Remedy, Alcohol Fr	741273-001027	10 ML	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
84952	Kids Daydream Remedy, Alcohol Free	741273-001003	10 ML	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
Essences 20 ml										
86656	Agrimony	741273-204114	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86657	Aspen	741273-204213	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86658	Beech	741273-204312	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86659	Centaury	741273-204411	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86660	Cerato	741273-204510	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86661	Cherry Plum	741273-204619	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86662	Chestnut Bud	741273-204718	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86663	Chicory	741273-204817	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86664	Clematis	741273-204916	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86665	Crab Apple	741273-205012	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86666	Elm	741273-205111	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86667	Gentian	741273-205210	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86668	Gorse	741273-205319	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86669	Heather	741273-205418	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86670	Holly	741273-205517	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86671	Honeysuckle	741273-205616	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%

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Vitamins/Minerals • Antioxidants • Royal Brittany™
Weight Management

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AMERICAN HEALTH®
good health made simple

Item #	Description	UPC	Pack Size	Wholesale		CS/EA	Sale			
				Case	Each		Case	Each	\$Disc	%Disc
BACH FLOWER ESSENCES, Cont.										
86672	Hornbeam	741273-205715	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86673	Impatiens	741273-205814	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86674	Larch	741273-205913	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86675	Mimulus	741273-206019	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86676	Mustard	741273-206118	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86677	Oak	741273-206217	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86678	Olive	741273-206316	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86679	Pine	741273-206415	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86680	Red Chestnut	741273-206514	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86681	Rock Rose	741273-206613	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86682	Rock Water	741273-206712	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86683	Scleranthus	741273-206811	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86684	Star of Bethlehem	741273-206910	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86685	Sweet Chestnut	741273-207016	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86686	Vervain	741273-207115	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86687	Vine	741273-207214	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86688	Walnut	741273-207313	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86689	Water Violet	741273-207412	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86690	White Chestnut	741273-207511	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86691	Wild Oat	741273-207610	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86692	Wild Rose	741273-207719	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
86693	Willow	741273-207818	20 ML	9.42	9.42	EA	8.36	8.36	\$1.06	11.3%
Flower Essences Kits										
84958	Emotional Eating	741273-002000	1 KIT	14.37	14.37	EA	12.75	12.75	\$1.62	11.3%
Rescue Remedy										
86459	Rescue Remedy	741273-003908	10 ML	7.17	7.17	EA	6.63	6.63	\$0.54	7.5%
84956	Rescue Remedy, Pet, Alcohol Free	741273-015000	10 ML	8.37	8.37	EA	7.74	7.74	\$0.63	7.5%
86497	Rescue Energy, Spray	741273-015062	20 ML	11.37	11.37	EA	10.52	10.52	\$0.85	7.5%
86641	Rescue Remedy Sleep	741273-014492	20 ML	11.37	11.37	EA	10.52	10.52	\$0.85	7.5%
84955	Rescue Remedy, Kids, Alcohol Free	741273-001041	10 ML	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
BIONORICA										
Sinupret Adult										
50322	Sinus & Immune Support	897618-000245	25 TAB	9.34	9.34	EA	8.29	8.29	\$1.05	11.2%
50323	Sinus & Immune Support	897618-000023	50 TAB	16.49	16.49	EA	14.63	14.63	\$1.86	11.3%
50325	Kids Sinus Syr/Adult Sinus Tab	897618-000047	9 ASST	84.06	9.34	CS	74.61	8.29	\$9.45	11.2%
Sinupret Children										
50321	Sinus & Immune Syrup	897618-000221	3.38 OZ	9.34	9.34	EA	8.29	8.29	\$1.05	11.2%
50324	Sinus & Immune Display, Kids	897618-000030	6/3.38 OZ	56.04	9.34	CS	49.74	8.29	\$6.30	11.2%
BODY RESCUE										
83470	Apple Cinnamon Alkalizing Tea	087614-800110	20 BAG	3.90	3.90	EA	3.32	3.32	\$0.58	14.9%
83468	Apricot Alkalizing Tea	087614-800042	20 BAG	3.90	3.90	EA	3.32	3.32	\$0.58	14.9%
83472	Alkalizing Booster pH Drops	087614-800318	1.25 OZ	4.79	4.79	EA	3.71	3.71	\$1.08	22.5%
83473	Acid Relief	087614-800325	60 CAP	7.77	7.77	EA	6.02	6.02	\$1.75	22.5%
CLEAR PRODUCTS										
50193	Clear Headache	648426-718927	60 CAP	6.50	6.50	EA	5.77	5.77	\$0.73	11.2%
50196	Clear Shingles, Herpes, & UTI's	648426-701554	60 CAP	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%
50191	Clear Sinus & Ear	648426-049571	60 CAP	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%
50154	Clear N.R.G. Plus	648426-112121	60 CAP	8.50	8.50	EA	7.54	7.54	\$0.96	11.3%
50153	Clear Body Detox	648426-107233	60 CAP	9.50	9.50	EA	8.43	8.43	\$1.07	11.3%
50155	Clear Restless Leg Relief	648426-196992	60 CAP	10.00	10.00	EA	8.87	8.87	\$1.13	11.3%
50190	Clear Tinnitus	648426-215006	60 CAP	10.00	10.00	EA	8.87	8.87	\$1.13	11.3%
COLD CHASER										
82620	Cold Chaser Packet Dsply	656415-804728	15 CT	17.91	17.91	EA	15.90	15.90	\$2.01	11.2%

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- ◆ Ideal for register placement to introduce new users to the brand

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Item #	Description	UPC	Pack	Wholesale		CS/EA	Sale			
			Size	Case	Each		EA	Case	Each	\$Disc
COMVITA										
Propolis Products										
58965	Propolis Loz	733726-801124	12 CT	4.89	4.89	EA	4.34	4.34	\$0.55	11.2%
58972	Propolis Loz, Lemon & Honey	733726-801216	12 CT	4.89	4.89	EA	4.34	4.34	\$0.55	11.2%
DESIGNER WHEY										
Designer Whey Protein Powder										
42222	■ Chocolate	844334-001315	2 LB	21.24	21.24	EA	18.85	18.85	\$2.39	11.3%
42227	■ Double Chocolate	844334-008185	2 LB	21.24	21.24	EA	18.85	18.85	\$2.39	11.3%
42221	■ French Vanilla	844334-001339	2 LB	21.24	21.24	EA	18.85	18.85	\$2.39	11.3%
42220	■ Natural	844334-001353	2 LB	21.24	21.24	EA	18.85	18.85	\$2.39	11.3%
DEVA										
47037	☯ Vitamin D 800IU	895634-000270	90 TAB	4.15	4.15	EA	3.68	3.68	\$0.47	11.3%
47036	☯ Multivitamin & Mineral, Tiny Tabs	895634-000294	90 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
DIAMOND HERPANACINE ASSOC.										
88598	Diamond Mind for Mental Clarity	742710-030907	90 TAB	10.66	10.66	EA	9.46	9.46	\$1.20	11.3%
89750	Herpanacine Skin Support System	742710-011005	100 CAP	14.81	14.81	EA	13.14	13.14	\$1.67	11.3%
89752	Herpanacine Skin Support System	742710-012002	200 CAP	23.93	23.93	EA	21.24	21.24	\$2.69	11.2%
EARTH MAMA ANGEL BABY										
Pregnancy Products										
44556	☯☯ Milkmaid Tea	859220-010173	16 BAG	3.71	3.71	EA	3.15	3.15	\$0.56	15.1%
EARTHRISE										
Chlorella										
42266	500 mg Per Tablet	032602-846007	90 TAB	7.79	7.79	EA	6.91	6.91	\$0.88	11.3%
Spirulina										
41531	500 mg	032602-000058	90 TAB	6.60	6.60	EA	5.86	5.86	\$0.74	11.2%
41535	Powder	032602-210006	3.2 OZ	9.20	9.20	EA	8.16	8.16	\$1.04	11.3%
41532	500 mg	032602-120008	180 TAB	11.04	11.04	EA	9.80	9.80	\$1.24	11.2%
41536	Powder	032602-520082	6.3 OZ	14.11	14.11	EA	12.52	12.52	\$1.59	11.3%
41533	500 mg	032602-125003	360 TAB	18.40	18.40	EA	16.33	16.33	\$2.07	11.3%
ESSENTIAL PHYTOSTEROLINS INC										
81829	Moducare Grape Chewables	772570-000505	60 TAB	15.81	15.81	EA	14.03	14.03	\$1.78	11.3%
FUTUREBIOTICS										
Herbal Formulas										
42132	InflamMotion	049479-025183	60 VCAP	13.98	13.98	EA	12.41	12.41	\$1.57	11.2%
Premium Herbal Extracts										
42137	Thinkfast	049479-025091	60 VCAP	14.98	14.98	EA	13.29	13.29	\$1.69	11.3%
Special Nutritionals										
42131	Flexmend	049479-025046	90 VCAP	10.98	10.98	EA	9.74	9.74	\$1.24	11.3%
42136	StressAssist	049479-025077	60 VCAP	10.98	10.98	EA	9.74	9.74	\$1.24	11.3%
Targeted Nutritionals										
44052	Relax & Sleep Formula 2	049479-000227	60 TAB	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
GENISOY PRODUCTS CO.										
Soy Protein Powder Shakes										
84367	Chocolate	635992-041702	22.2 OZ	10.64	10.64	EA	9.44	9.44	\$1.20	11.3%
82937	Strawberry Banana	635992-041757	22.2 OZ	10.64	10.64	EA	9.44	9.44	\$1.20	11.3%
84366	Vanilla	635992-041603	22.2 OZ	10.64	10.64	EA	9.44	9.44	\$1.20	11.3%
84368	Protein Plain	635992-041504	16 OZ	10.64	10.64	EA	9.04	9.04	\$1.60	15.0%
Ultra XT Soy Protein Powder										
83645	Natural Vanilla	635992-041061	22.2 OZ	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
83644	Plain	635992-041054	16 OZ	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
83646	Natural Chocolate	635992-041078	22.2 OZ	11.99	11.99	EA	10.55	10.55	\$1.44	12.0%

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 † = Made With 70-94% Organic Ingredients ☯ = Vegan ☯ = Kosher ♦ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

HEALTH FROM THE SUN

Evening Primrose

41069	Evening Primrose Oil, 100% Veg	010043-570446	90 VSGEL	14.40	14.40	EA	12.78	12.78	\$1.62	11.3%
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HEALTH PLUS, INC.

Colon Cleanse MAX

44529	Digesti Cleanse	083502-103486	30 CAP	7.80	7.80	EA	6.92	6.92	\$0.88	11.3%
44528	Super Fiber Blend	083502-103462	6 OZ	7.80	7.80	EA	6.92	6.92	\$0.88	11.3%
44530	Ultra Fiber Biotic	083502-103479	60 CAP	7.80	7.80	EA	6.92	6.92	\$0.88	11.3%

HERBASWAY LABORATORIES

45578	Last Round- Hangover Support Shot	615828-000110	6/2.5 OZ	10.80	1.80	CS	9.58	1.60	\$1.22	11.3%
89682	Red Wine Alternative w/ Resveratol	615828-889692	2 OZ	16.39	16.39	EA	14.55	14.55	\$1.84	11.2%

Anti-Oxidant Support

41843	Seven - Super Fruit Power Blend	615828-777777	2 OZ	13.19	13.19	EA	11.71	11.71	\$1.48	11.2%
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Herbal Tea Concentrates

45414	Herbagreen Tea Cranberry Magic	615828-889487	2 OZ	9.60	9.60	EA	8.52	8.52	\$1.08	11.3%
89590	HerbaGreen	615828-888886	2 OZ	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
45406	Herbagreen Tea Peach	615828-889371	2 OZ	11.99	11.99	EA	10.64	10.64	\$1.35	11.3%
45410	Herbagreen Tea Blueberry Magic	615828-889593	2 OZ	13.19	13.19	EA	11.71	11.71	\$1.48	11.2%
45577	Ginger Tea	615828-889630	2 OZ	15.83	15.83	EA	14.05	14.05	\$1.78	11.2%

Therapeutic Herbal Formulas

89637	Pomegranate	615828-889661	2 OZ	13.19	13.19	EA	11.71	11.71	\$1.48	11.2%
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HERBS FOR KIDS

Single Extracts

86592	Cherry Bark	701619-100203	1 OZ	6.35	6.35	EA	5.64	5.64	\$0.71	11.2%
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Throat Sprays & Syrups

86581	Eldertussin Elderberry Syrup	701619-107202	4 OZ	7.00	7.00	EA	6.21	6.21	\$0.79	11.3%
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HERO NUTRITIONALS

Yummi Sourz

43752	Vegetarian Omega 3.6.9	613098-683842	90 CT	9.60	9.60	EA	8.52	8.52	\$1.08	11.3%
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HISTORICAL REMEDIES

Homeopathic Lozenges

45489	Calm Drops	750988-000386	12/30 LOZ	39.84	3.32	CS	36.85	3.07	\$2.99	7.5%
45493	Arnica Sore Spots, Citrus	750988-000331	12/30 LOZ	39.84	3.32	CS	35.36	2.95	\$4.48	11.2%
45494	Passion Drops, PMS Relief	650988-000365	12/30 LOZ	39.84	3.32	CS	35.36	2.95	\$4.48	11.2%

HUBNER

43400	Silica Caps	364031-544507	30 CAP	23.37	23.37	EA	20.74	20.74	\$2.63	11.3%	WSL
43626	Silica Gel	364031-543906	17 OZ	23.37	23.37	EA	20.74	20.74	\$2.63	11.3%	WSL

HYLANDS HOMEOPATHIC REMEDIES

Cough & Cold Combinations

40343	Cough Syrup, SF	354973-215856	4 OZ	4.95	4.95	EA	4.39	4.39	\$0.56	11.3%
56512	Cold Tablets w/Zinc	354973-301016	50 TAB	5.08	5.08	EA	4.51	4.51	\$0.57	11.2%
56395	Bronchial Cough	354973-295421	100 TAB	6.23	6.23	EA	5.53	5.53	\$0.70	11.2%
56393	Cough	354973-910423	100 TAB	6.23	6.23	EA	5.53	5.53	\$0.70	11.2%
56394	Flu	354973-295223	100 TAB	6.23	6.23	EA	5.53	5.53	\$0.70	11.2%
56397	Sinus	354973-295926	100 TAB	6.23	6.23	EA	5.53	5.53	\$0.70	11.2%
56396	Sore Throat	354973-912021	100 TAB	6.23	6.23	EA	5.53	5.53	\$0.70	11.2%
56362	Flu Care, Complete	354973-301528	120 TAB	8.25	8.25	EA	7.32	7.32	\$0.93	11.3%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack Size	Wholesale		CS/EA	Sale			
				Case	Each		Case	Each	\$Disc	%Disc
KYOLIC										
40273	A.G.E. Lecithin Form 104	023542-104418	100 CAP	8.07	8.07	EA	7.16	7.16	\$0.91	11.3%
40274	A.G.E. Lecithin Form 104	023542-104425	200 CAP	14.13	14.13	EA	12.54	12.54	\$1.59	11.3%
37852	Fmla 109 Blood Pressure	023542-109413	80 CAP	15.45	15.45	EA	13.71	13.71	\$1.74	11.3%
40255	A.G.E. Liquid, Plain	023542-100236	2/2 OZ	16.65	16.65	EA	14.78	14.78	\$1.87	11.2%
40249	CoQ10	023542-110419	100 CAP	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
LAKWOOD										
<i>Aloe Products</i>										
46630 ★	Lakewood Pure Aloe	042608-470014	32 FL OZ	4.75	4.75	EA	4.22	4.22	\$0.53	11.2%
LILY OF THE DESERT										
45189	Glucaloe Plus	026395-900015	90 CAP	19.16	19.16	EA	17.00	17.00	\$2.16	11.3%
<i>Function Aloe Beverage</i>										
45282	Cucumber, Cleanse	026395-601165	16.2 OZ	1.92	1.92	EA	1.70	1.70	\$0.22	11.5%
45283	Grape, Defense	026395-602162	16.2 OZ	1.92	1.92	EA	1.70	1.70	\$0.22	11.5%
45281	Lemon, Immune	026395-600168	16.2 OZ	1.92	1.92	EA	1.70	1.70	\$0.22	11.5%
<i>Gels</i>										
81481	Aloe Vera	026395-100163	16 OZ	2.91	2.91	EA	2.58	2.58	\$0.33	11.3%
81482	Aloe Vera	026395-100323	32 OZ	5.56	5.56	EA	4.93	4.93	\$0.63	11.3%
81491	Whole Leaf	026395-200320	32 OZ	5.56	5.56	EA	4.93	4.93	\$0.63	11.3%
81489	Herbal Detoxifying Formula	026395-401321	32 OZ	10.79	10.79	EA	9.58	9.58	\$1.21	11.2%
81488	Herbal Stomach Formula	026395-400324	32 OZ	10.79	10.79	EA	9.58	9.58	\$1.21	11.2%
81483	Aloe Vera	026395-101283	1 GAL	16.81	16.81	EA	14.92	14.92	\$1.89	11.2%
81492	Whole Leaf	026395-201280	1 GAL	16.81	16.81	EA	14.92	14.92	\$1.89	11.2%
<i>Juices</i>										
81485	Aloe Vera	026395-000166	16 OZ	2.91	2.91	EA	2.58	2.58	\$0.33	11.3%
81518	Aloe Vera, Preservative Free	026395-830169	16 OZ	3.92	3.92	EA	3.48	3.48	\$0.44	11.2%
81525	Aloe Vera, Whole Leaf, Preserv Free	026395-840168	16 OZ	3.92	3.92	EA	3.48	3.48	\$0.44	11.2%
81505	Aloe Vera, Cran Apple	026395-810321	32 OZ	5.44	5.44	EA	4.83	4.83	\$0.61	11.2%
81502	Aloe Vera, Lemon Lime	026395-800322	32 OZ	5.44	5.44	EA	4.83	4.83	\$0.61	11.2%
81506	Aloe Vera, Orange Papaya	026395-820320	32 OZ	5.44	5.44	EA	4.83	4.83	\$0.61	11.2%
81486	Aloe Vera	026395-000326	32 OZ	5.56	5.56	EA	4.93	4.93	\$0.63	11.3%
81493	Whole Leaf	026395-300327	32 OZ	5.56	5.56	EA	4.93	4.93	\$0.63	11.3%
81521	Aloe Vera, Preservative Free	026395-830329	32 OZ	6.28	6.28	EA	5.57	5.57	\$0.71	11.3%
81522	Aloe Vera, Whole Leaf, Preserv Free	026395-840328	32 OZ	6.28	6.28	EA	5.57	5.57	\$0.71	11.3%
81591	Aloe Vera, Whole Leaf Juice	026395-850167	16 OZ	7.85	7.85	EA	6.97	6.97	\$0.88	11.2%
81592	Aloe Vera Conc Whl Lf Preserv Free	026395-850327	32 OZ	13.08	13.08	EA	11.61	11.61	\$1.47	11.2%
81597	Aloe Vera, Preservative Free	026395-831289	1 GAL	15.80	15.80	EA	14.02	14.02	\$1.78	11.3%
81487	Aloe Vera	026395-001286	1 GAL	16.81	16.81	EA	14.92	14.92	\$1.89	11.2%
81494	Whole Leaf	026395-301287	1 GAL	16.81	16.81	EA	14.92	14.92	\$1.89	11.2%
81559 ★■	MANGA	026395-700325	32 OZ	19.94	19.94	EA	17.70	17.70	\$2.24	11.2%
LIVING HARVEST										
81747 ★	Hemp Tempt Hi Protein Formula	875386-002135	16 OZ	17.48	17.48	EA	15.53	15.53	\$1.95	11.2%
MACRO LIFE NATURALS										
<i>Miracle Reds</i>										
45914	Single Serve Packets	852434-001029	1/12 CT	15.90	15.90	EA	14.11	14.11	\$1.79	11.3%
45916	Canister	852434-001036	10 OZ	25.77	25.77	EA	22.87	22.87	\$2.90	11.3%
45915	Miracle Reds Counter Display	852434-001067	6/2 OZ	43.20	7.20	CS	38.34	6.39	\$4.86	11.3%
MANITOBA HARVEST										
All Liquid Oils Require Refrigeration										
<i>Oil</i>										
44202	Hemp Seed 1000 mg	697658-101052	60 CAP	6.51	6.51	EA	5.78	5.78	\$0.73	11.2%
44200	Hemp Seed Oil	697658-101038	12 OZ	6.60	6.60	EA	5.86	5.86	\$0.74	11.2%

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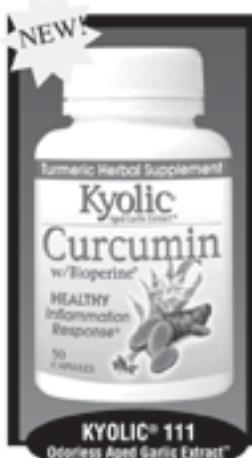
Kyolic® Aged Garlic Extract™

October 2010 SPECIALS



Even Vampire Jay knows that inflammation initiates all disease.

That's why he recommends the NEW Kyolic Curcumin. Kyolic and Curcumin together is so scarily effective that it drives a stake right through the heart of inflammation!



KYOLIC® 111
Odorless Aged Garlic Extract™

- Curcumin with Bioperin® & Kyolic!
- Anti-Inflammation
- Exceptional Absorption
- 50 CAPSULE size



MODUCARE®
Plant Sterols and Sterolins

- Restores, strengthens and balances your immune system
- Sterols (from Pine)
- Grape chewables
- 60 and 120 tablet sizes!



KYOLIC® Liquid
Odorless Aged Garlic Extract™

- Liquid extract for better assimilation, 4 fl. oz.
- The one and only Aged Garlic Extract
- Flavor and odor modified
- Supports healthy heart and overall function



KYOLIC® 104
Odorless Aged Garlic Extract™

- Lecithin
- Excellent supplement for a total fitness plan
- Lowers serum cholesterol
- Supports healthy nerve function
- 100, 200 & 300 capsule sizes!



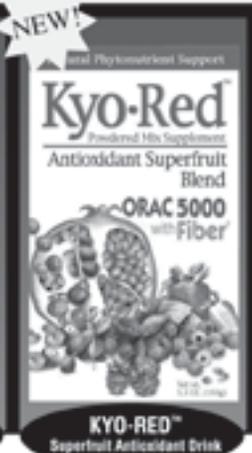
KYOLIC® 109
Odorless Aged Garlic Extract™

- Aged Garlic Extract, Nattokinase, and Suntheanine®
- Supports cardiovascular health by reducing stress and lowering blood pressure
- Odorless and organic



KYOLIC® 110
Odorless Aged Garlic Extract™

- Aged Garlic Extract & CoQ10
- Supports cardiovascular health by increasing energy in the heart
- Potent antioxidant
- Odorless and organic



KYO-RED™
Superfruit Antioxidant Drink

- Super ORAC value
- Potent Antioxidant
- Nutritious & Delicious
- Fiber for digestive health
- 25 Servings per container

Featured Items*

Item#	Name	Type
81829	MODUCARE® Grape Chewable	60 tabs*
81830	MODUCARE® Grape Chewable	120 tabs
40255	KYOLIC® Liquid	4 fl oz
40273	KYOLIC® Lecithin	100 caps
40274	KYOLIC® Lecithin	200 caps

Item#	Name	Type
	KYOLIC® Lecithin	300 caps
	w/ Nattokinase & Suntheanine®	80 caps
40249	KYOLIC® w/CoQ10	100 caps
111-45	KYOLIC® CURCUMIN	50 caps
712-50	KYO-RED™	5.3 oz

*Available only in Denver

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functionALOE™

Beverages with Benefits

functionALOE™ IMMUNE, DEFENSE & CLEANSE beverages provide outstanding health benefits packed into a great-tasting, ready to drink functional beverage.

Grab a functionALOE™ today, and taste the difference.



IMMUNE

GRAPE

CUCUMBER

The Difference is

Aloesorb™

Science Driven

Lily of the desert

*Retaining the Quality
that Nature Created*

Clinically Proven

MANGA™

- Aloesorb™ enhances the bioavailability of the antioxidants in the superfruits
- USDA Certified Organic
- ORAC Value 850/Serving, 30 Days Supply
- Great Tasting



Lily of the Desert has taken Mangosteen, Acai, Noni and Goji, which are rich in antioxidants and phytonutrients, and combined them with the Clinically Proven delivery system of Aloesorb™

Body Harmony is Channeled with a Blend of Superfruits From the Five Corners of the World

www.lilyofthedesert.com

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
MANITOBA HARVEST, Cont.										
44204	☼☼ Hemp Seed Oil	697658-201011	8OZ	6.60	6.60	EA	5.86	5.86	\$0.74	11.2%
44206	☼☼ Hemp Seed Oil	697658-201028	16OZ	11.23	11.23	EA	9.97	9.97	\$1.26	11.2%
44201	Hemp Seed Oil	697658-101045	32OZ	15.85	15.85	EA	14.07	14.07	\$1.78	11.2%
Protein Powder										
44207	☼☼ Hemp Protein Powder w/Fiber	697658-202018	16OZ	8.76	8.76	EA	7.77	7.77	\$0.99	11.3%
44203	☼ Hemp Protein Powder	697658-101083	16OZ	12.00	12.00	EA	10.65	10.65	\$1.35	11.3%
42559	★☼ Dark Chocolate	697658-202032	16OZ	12.80	12.80	EA	11.36	11.36	\$1.44	11.3%
42560	★☼ Very Vanilla	697658-202049	16OZ	12.80	12.80	EA	11.36	11.36	\$1.44	11.3%
41813	★ Hemp Pro 70	697658-690037	16OZ	17.51	17.51	EA	15.54	15.54	\$1.97	11.3%
Shelled Hemp Seed										
26200	Hemp Seed Nut	697658-101021	2OZ	1.95	1.95	EA	1.73	1.73	\$0.22	11.3%
26201	Hemp Seed Nut	697658-101014	8OZ	5.87	5.87	EA	5.21	5.21	\$0.66	11.2%
44208	☼☼ Hemp Seed Nut	697658-203015	12OZ	10.04	10.04	EA	8.91	8.91	\$1.13	11.3%
MLO PRODUCTS										
Fitness & Energy										
84369	Protein, All Vegetable	030963-020012	16OZ	8.60	8.60	EA	7.63	7.63	\$0.97	11.3%
82930	Super High	030963-020036	16OZ	8.60	8.60	EA	7.63	7.63	\$0.97	11.3%
82914	Protein, High Fiber Rice	030963-020500	24OZ	11.52	11.52	EA	10.22	10.22	\$1.30	11.3%
82931	Milk & Egg	030963-020043	16OZ	14.27	14.27	EA	12.66	12.66	\$1.61	11.3%
Mus-L Blast										
82939	Chocolate	030963-010266	47OZ	13.33	13.33	EA	11.83	11.83	\$1.50	11.3%
82940	Strawberry	030963-010228	47OZ	13.33	13.33	EA	11.83	11.83	\$1.50	11.3%
82938	Vanilla	030963-010242	47OZ	13.33	13.33	EA	11.83	11.83	\$1.50	11.3%
NATRA-BIO										
Remedies, Tablets										
82597	Sinus Relief	371401-004608	60TAB	5.11	5.11	EA	4.54	4.54	\$0.57	11.2%
NATREN										
40217	Healthy Trinity	052557-600608	60CP	65.97	65.97	EA	58.55	58.55	\$7.42	11.2%
(Refrigeration required)										
40453	Megadophilus	052557-101259	1.25OZ	8.37	8.37	EA	7.43	7.43	\$0.94	11.2%
41217	★ Healthy Tummy Wafers	052557-470454	45CT	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
40456	Life Start (Infants)	052557-501257	1.25OZ	10.17	10.17	EA	9.03	9.03	\$1.14	11.2%
40465	Yogurt Starter	052557-601759	1.75OZ	10.17	10.17	EA	9.03	9.03	\$1.14	11.2%
40437	Gastro-pH Natural Strawberry	052557-471901	90CT	13.17	13.17	EA	11.69	11.69	\$1.48	11.2%
40458	Bifido Fact Life Start II (Adults)	052557-302502	2.5OZ	14.37	14.37	EA	12.75	12.75	\$1.62	11.3%
40454	Megadophilus	052557-102508	2.5OZ	14.37	14.37	EA	12.75	12.75	\$1.62	11.3%
40452	Megadophilus, DF	052557-701756	1.75OZ	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%
40450	Bifido Factor, ND	052557-850607	60CAP	15.57	15.57	EA	13.82	13.82	\$1.75	11.2%
40440	Megadophilus	052557-100603	60CAP	15.57	15.57	EA	13.82	13.82	\$1.75	11.2%
40451	Megadophilus, DF	052557-800602	60CAP	15.57	15.57	EA	13.82	13.82	\$1.75	11.2%
42196	Gy Na Tren Oral/Vaginal Kit, 2 Pc	052557-910141	1KIT	16.17	16.17	EA	14.35	14.35	\$1.82	11.3%
40433	Healthy Trinity	052557-600141	14CAP	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
40446	Healthy Start Kit (Mega, Bifido, DigestaLac)	052557-601254	1KIT	21.57	21.57	EA	19.14	19.14	\$2.43	11.3%
40432	Healthy Start System, DF	052557-601261	1KIT	21.57	21.57	EA	19.14	19.14	\$2.43	11.3%
40455	Megadophilus	052557-104502	4.5OZ	21.57	21.57	EA	19.14	19.14	\$2.43	11.3%
40474	Life Start 2, Goat Milk Formula	052557-510600	60CAP	29.97	29.97	EA	26.60	26.60	\$3.37	11.2%
40439	Healthy Trinity, DF	052557-600301	30CAP	35.97	35.97	EA	31.92	31.92	\$4.05	11.3%

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BULK REFRIGERATED FROZEN PET GROCERY PERSONAL CARE SUPPLEMENTS NON-FOODS

Item #	Description	UPC	Pack		Wholesale		CS/ EA	Sale			
			Size	Case	Each	EA		Case	Each	\$Disc	%Disc
NATURADE PRODUCTS, INC.											
Protein Powders											
58188	Weight Gain, SF	079911-026614	18 OZ	8.37	8.37	EA	7.43	7.43	\$0.94	11.2%	
85115	100% Soy, Natural	079911-027079	14.8 OZ	11.25	11.25	EA	9.98	9.98	\$1.27	11.3%	
58169	N-R-G, Vanilla, Unsweetened	079911-024016	16 OZ	11.25	11.25	EA	9.98	9.98	\$1.27	11.3%	
85124	VEG, Natural	079911-025129	15 OZ	11.25	11.25	EA	9.98	9.98	\$1.27	11.3%	
58179	Vegetable, Soy Free	079911-025181	16 OZ	11.25	11.25	EA	9.98	9.98	\$1.27	11.3%	
58821	100% Whey, Chocolate	079911-027048	14 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%	
85117	100% Whey, Vanilla	079911-027024	12 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%	
85123	100% Soy, Natural	079911-027086	29.6 OZ	20.25	20.25	EA	17.97	17.97	\$2.28	11.3%	
58170	N-R-G, Vanilla, Unsweetened	079911-024023	30 OZ	20.25	20.25	EA	17.97	17.97	\$2.28	11.3%	
58176	Vegetable, Original	079911-025136	2 LB	20.25	20.25	EA	17.97	17.97	\$2.28	11.3%	
58180	Vegetable, Soy Free	079911-025198	32 OZ	20.25	20.25	EA	17.97	17.97	\$2.28	11.3%	
Specialty Formulas											
58234	Expectorant, Children's	079911-034886	4.2 OZ	4.67	4.67	EA	4.14	4.14	\$0.53	11.3%	
58161	Herbal Expectorant II	079911-034855	4.2 OZ	4.67	4.67	EA	4.14	4.14	\$0.53	11.3%	
58159	Herbal Expectorant	079911-034817	4.2 OZ	4.67	4.67	EA	4.14	4.14	\$0.53	11.3%	
58239	Nasal Spray, Saline & Aloe	079911-034992	1.5 OZ	5.63	5.63	EA	5.00	5.00	\$0.63	11.2%	
58155	Softex, Stool Softener	079911-032417	60 TAB	5.57	5.57	EA	4.94	4.94	\$0.63	11.3%	
58162	Herbal Expectorant II	079911-034862	8.8 OZ	7.49	7.49	EA	6.65	6.65	\$0.84	11.2%	
58160	Herbal Expectorant	079911-034824	8.8 OZ	7.49	7.49	EA	6.65	6.65	\$0.84	11.2%	
Total Soy											
59043	French Vanilla	079911-023026	17.88 OZ	9.51	9.51	EA	8.44	8.44	\$1.07	11.3%	
59050	Calcium 1000, Vanilla	079911-023927	17.3 OZ	11.37	11.37	EA	10.09	10.09	\$1.28	11.3%	
NATURAL CARE											
50477	■ Anxiety Relief	705692-415254	120 TAB	9.51	9.51	EA	8.44	8.44	\$1.07	11.3%	
50473	SinuFix Mist	705692-391152	.5 OZ	9.55	9.55	EA	8.48	8.48	\$1.07	11.2%	
50474	SinuFix	705692-392050	60 CAP	17.75	17.75	EA	15.75	15.75	\$2.00	11.3%	
NATURAL HIGH											
Aloe Vera Products											
43151	☉ Juice	045916-001307	1 GAL	13.01	13.01	EA	11.55	11.55	\$1.46	11.2%	
NATURE'S ANSWER											
Alcohol Free Liquid Extracts											
80088	Sambucus - Black Elder Berry	083000-260407	4 OZ	7.48	7.48	EA	6.64	6.64	\$0.84	11.2%	
81975	☉ Black Elderberry Immune Support	083000-260469	4 OZ	7.99	7.99	EA	7.09	7.09	\$0.90	11.3%	
81974	☉ Black Elderberry Extract	083000-260421	8 OZ	12.99	12.99	EA	11.53	11.53	\$1.46	11.2%	
For Children											
81976	☉ Kids Formula, Black Elderberry	083000-260445	4 OZ	7.48	7.48	EA	6.64	6.64	\$0.84	11.2%	
NATURE'S FORMULARY											
Ayurvedic Herbs											
78740	Ashwagandha	717567-100103	60 VCAP	11.43	11.43	EA	10.14	10.14	\$1.29	11.3%	
78741	Boswellia Serrata	717567-100158	60 VCAP	11.43	11.43	EA	10.14	10.14	\$1.29	11.3%	
NATURE'S HERBS											
Standardized Power Herbs											
79992	Green Tea (Caffeine Free)	030054-011868	60 CAP	8.61	8.61	EA	7.64	7.64	\$0.97	11.3%	

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Prices Subject to Change Without Notice

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

NATURE'S WAY

Phyto Supplements

86055	Ginkgold 60 mg, 50% More Free	033674-152676	75 TAB	13.19	13.19	EA	11.71	11.71	\$1.48	11.2%
86059	Ginkgold Eyes 60 mg	033674-152522	60 TAB	19.49	19.49	EA	17.30	17.30	\$2.19	11.2%
86058	Ginkgold Max 120 mg	033674-152515	60 TAB	22.79	22.79	EA	20.23	20.23	\$2.56	11.2%

Specialty Products

86213	Chlorofresh Liquid Mint	358008-035013	16 OZ	6.89	6.89	EA	6.11	6.11	\$0.78	11.3%
86214	Chlorofresh Liquid Natural	358008-035020	16 OZ	6.89	6.89	EA	6.11	6.11	\$0.78	11.3%
86212	Chlorofresh	358008-035501	90 CAP	8.39	8.39	EA	7.45	7.45	\$0.94	11.2%

Standardized Herbs

88321	Milk Thistle	033674-624005	60 CAP	8.25	8.25	EA	7.32	7.32	\$0.93	11.3%
86231	Milk Thistle	033674-151716	60 VCAP	8.50	8.50	EA	7.54	7.54	\$0.96	11.3%
88313	Ginkgo	033674-616000	60 CAP	8.75	8.75	EA	7.77	7.77	\$0.98	11.2%

Thisilyn

88374	Super Thisilyn	033674-154052	60 CT	16.19	16.19	EA	14.37	14.37	\$1.82	11.2%
88376	Thisilyn Herbal Cleansing Kit	033674-154076	1 KIT	17.99	17.99	EA	15.97	15.97	\$2.02	11.2%
86242	Regular	033674-069585	100 CAP	20.99	20.99	EA	18.63	18.63	\$2.36	11.2%

NELSONS HOMEOPATHIC

Homeopathic Klikpak Combinations

86608	Pills, Arnileve Mlti-Actn Sprt 30C	741273-050810	84 PILLULES	4.77	4.77	EA	4.23	4.23	\$0.54	11.3%
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Homeopathic Klikpak Singles

86563	Arnica 30c	741273-040200	84 PILLULES	3.59	3.59	EA	3.19	3.19	\$0.40	11.1%
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Pure & Clear

42310	Acne Treatment Tablets	741273-016069	48 TAB	4.17	4.17	EA	3.70	3.70	\$0.47	11.3%
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NEOCELL CORPORATION

81884	Collagen Sport Powder/Frnch Van	016185-129191	17.2 OZ	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
81885	Collagen Sport Powder/Frnch Van	016185-129184	34.4 OZ	24.05	24.05	EA	21.34	21.34	\$2.71	11.3%

NUTREX HAWAII INC.

57062	Spirulina Pacifica, 500 mg	732894-010017	100 TAB	7.79	7.79	EA	6.80	6.80	\$0.99	12.7%
57063	Spirulina Pacifica, 500 mg	732894-010024	200 TAB	11.99	11.99	EA	10.46	10.46	\$1.53	12.8%
57218	Spirulina Pacifica 1000mg	732894-010062	180 TAB	17.99	17.99	EA	15.70	15.70	\$2.29	12.7%
88025	Spirulina Pacifica	732894-010048	400 TAB	19.79	19.79	EA	17.27	17.27	\$2.52	12.7%

Multi-Vitamins Tablets

57307	Spirulina Pacifica For Men	732894-010079	90 TAB	16.80	16.80	EA	14.66	14.66	\$2.14	12.7%
57309	Spirulina Pacifica For Seniors	732894-010093	90 TAB	16.80	16.80	EA	14.66	14.66	\$2.14	12.7%
57308	Spirulina Pacifica For Women	732894-010086	90 TAB	16.80	16.80	EA	14.66	14.66	\$2.14	12.7%

NUTRITION NOW

Acidophilus

58540	PB8 Probiotic Acid	027917-001067	60 CAP	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%
56860	PB8, Vegetarian	027917-001135	60 TAB	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%
56820	PB 8 Pro Biotic Acidophilus	027917-003573	120 VCAP	12.50	12.50	EA	11.09	11.09	\$1.41	11.3%
58541	PB8 Probiotic	027917-001128	120 CAP	12.50	12.50	EA	11.09	11.09	\$1.41	11.3%

Adult Gummy Vitamins

44639	■ Vitamin D	027917-015507	150 CT	4.99	4.99	EA	4.43	4.43	\$0.56	11.2%
82730	■ Vitamin C	027917-014517	70 CT	5.39	5.39	EA	4.78	4.78	\$0.61	11.3%
44640	■ Calcium	027917-019345	60 CT	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
82735	■ Multi Vitamin	027917-014616	70 CT	5.99	5.99	EA	5.31	5.31	\$0.68	11.4%

Calcium Soft Chews

56823	■ Rhino Calcium Soft Chews, Chocolate	027917-003788	75 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56824	■ Rhino Calcium Soft Chews, Fruit	027917-003771	75 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%

Rhino Vitamins

56849	Calcium + D, Chewable, Cherry	027917-002569	60 TAB	2.99	2.99	EA	2.65	2.65	\$0.34	11.4%
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Item #	Description	UPC	Pack Size	Wholesale		CS/EA	Sale			
				Case	Each		Case	Each	\$Disc	%Disc
NUTRITION NOW, Cont.										
58573	C+Echinacea, Chewable, Raspberry	027917-001265	60 TAB	3.59	3.59	EA	3.19	3.19	\$0.40	11.1%
58568	FOS & Acidophilus, Chewable, Straw	027917-017433	30 TAB	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
56902	■ Calci-Bears, Gummy	027917-015866	60 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56881	Chewy C, Gummy	027917-001807	60 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
44642	■ D, Gummy	027917-019338	60 CT	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56621	■ Multi, Gummy	027917-001395	70 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56827	Multi, Vegetarian, Gummy	027917-003856	60 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56885	■ Veggie-Fruit, Gummy	027917-003153	60 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56809	■ Multi, Gummy	027917-016948	190 CT	14.99	14.99	EA	13.30	13.30	\$1.69	11.3%
Women's Formulas										
56829	■ Calcium Soft Chews, Chocolate	027917-003849	75 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
56828	■ Calcium Soft Chews, Fruit	027917-003832	75 CHEW	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
58542	Yeast Defense	027917-010021	60 CAP	5.99	5.99	EA	5.32	5.32	\$0.67	11.2%
58538	Yeast Defense	027917-005119	120 CAP	10.79	10.79	EA	9.58	9.58	\$1.21	11.2%
OLBAS										
87897	Cough Syrup	715486-504200	4 OZ	5.37	5.37	EA	4.97	4.97	\$0.40	7.4%
87884	■ Instant Herbal Tea	715486-507102	7 OZ	9.57	9.57	EA	8.85	8.85	\$0.72	7.5%
OREGON'S WILD HARVEST										
Alcohol Free Glycerites										
50067	Premium Echinacea, Raspberry	706195-003030	1 OZ	5.00	5.00	EA	4.44	4.44	\$0.56	11.2%
50068	Echinacea Goldenseal, Orange	706195-003078	1 OZ	5.50	5.50	EA	4.88	4.88	\$0.62	11.3%
Combination Encapsulated Herbs, Non-GMO										
50092	+ Muscle Relax	706195-004082	90 VCAP	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
Single Encapsulated Herbs, Non-GMO										
50081	+ Valerian Root	706195-000480	90 VCAP	5.50	5.50	EA	4.88	4.88	\$0.62	11.3%
50015	+ Astragalus	706195-004181	90 VCAP	6.50	6.50	EA	5.77	5.77	\$0.73	11.2%
49951	+ Holy Basil	706195-004112	60 VCAP	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
50110	+ Green Tea w/ 90% Polyphenols	706195-004433	90 VCAP	10.00	10.00	EA	8.87	8.87	\$1.13	11.3%
Single Herb Extracts										
49701	+ Maca Root	706195-004419	90 VCAP	8.00	8.00	EA	7.10	7.10	\$0.90	11.3%
ORGANIC INDIA										
40692	♣ Psyllium, Whole Husk	801541-107612	12 OZ	7.94	7.94	EA	7.06	7.06	\$0.88	11.1%
Fiber Harmony Tri Active Psyllium Blend										
20217	★ Chocolate	801541-107643	10.6 OZ	9.05	9.05	EA	8.04	8.04	\$1.01	11.2%
20218	♣ Orange	801541-107636	10.2 OZ	9.05	9.05	EA	8.04	8.04	\$1.01	11.2%
20219	★ Peach	801541-107650	10.2 OZ	9.05	9.05	EA	8.04	8.04	\$1.01	11.2%
Herbal Dietary Supplements										
51775	♣ Amalaki	851469-000717	90 VCAP	9.64	9.64	EA	8.20	8.20	\$1.44	14.9%
51779	♣ Brahmi-Gotu Kola	851469-000397	90 VCAP	9.64	9.64	EA	8.20	8.20	\$1.44	14.9%
51789	♣ Triphala	851469-000175	90 VCAP	9.64	9.64	EA	8.20	8.20	\$1.44	14.9%
51786	♣ Neem	851469-000540	90 VCAP	10.26	10.26	EA	8.73	8.73	\$1.53	14.9%
51778	♣ Bowelcare	851469-000809	90 VCAP	10.84	10.84	EA	9.22	9.22	\$1.62	14.9%
51780	♣ Complete Flexibility	851469-000922	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51782	♣ Immunity	851469-000939	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51783	♣ Joy!	851469-000472	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51785	♣ Memory	851469-000724	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51777	♣ Peaceful Sleep	851469-000526	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51788	♣ Shatavari	851469-000571	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51787	♣ Skin Renew	851469-000533	90 VCAP	11.46	11.46	EA	9.75	9.75	\$1.71	14.9%
51776	♣ Ashwagandha	851469-000168	90 VCAP	12.04	12.04	EA	10.24	10.24	\$1.80	15.0%
51781	♣ HeartCare	851469-000779	90 VCAP	12.04	12.04	EA	10.24	10.24	\$1.80	15.0%
51784	♣ Liver Kidney	851469-000915	90 VCAP	12.04	12.04	EA	10.24	10.24	\$1.80	15.0%
51790	♣ Tulsi-Holy Basil	851469-000793	90 VCAP	12.04	12.04	EA	10.24	10.24	\$1.80	15.0%
51792	♣ Vitality	851469-000755	90 VCAP	12.04	12.04	EA	10.24	10.24	\$1.80	15.0%
51791	♣ Turmeric Formula	851469-000113	90 VCAP	13.86	13.86	EA	11.79	11.79	\$2.07	14.9%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
PEACEFUL MOUNTAIN										
Rescue Products										
40218	Stomach Rescue, Mini	818692-005070	2 OZ	3.47	3.47	EA	3.08	3.08	\$0.39	11.2%
57229	Cold Sore Rescue	818692-007753	.27 OZ	5.33	5.33	EA	4.73	4.73	\$0.60	11.3%
42229	Hot Flash Spray	818692-008149	2 OZ	6.40	6.40	EA	5.68	5.68	\$0.72	11.3%
80300	Nasal Rescue	818692-001508	1.5 OZ	6.40	6.40	EA	5.68	5.68	\$0.72	11.3%
80303	Stomach Rescue	818692-006008	4 OZ	6.40	6.40	EA	5.68	5.68	\$0.72	11.3%
80302	Throat Rescue	818692-003007	2 OZ	7.47	7.47	EA	6.63	6.63	\$0.84	11.2%
57228	Eczederm Rescue	818692-007708	1.0 OZ	7.99	7.99	EA	7.09	7.09	\$0.90	11.3%
42228	Sciatic With Pump Bottle	818692-008255	3.5 OZ	9.72	9.72	EA	8.63	8.63	\$1.09	11.2%
80315	Travel Rescue	818692-005056	1 KIT	10.67	10.67	EA	9.47	9.47	\$1.20	11.2%
41454 *	Joint Rescue	818692-007258	30 CAP	16.00	16.00	EA	14.20	14.20	\$1.80	11.3%
57227	Shinglederm Rescue Plus	818692-007555	1.4 OZ	18.67	18.67	EA	16.57	16.57	\$2.10	11.2%
PETER GILLHAM'S NAT VITALITY										
Natural Calm										
46833	Plus Calcium	183405-000971	8 OZ	12.50	12.50	EA	11.62	11.62	\$0.88	7.0%
46835	Plus Calcium, Raspberry Lemon	875534-000938	8 OZ	12.50	12.50	EA	11.62	11.62	\$0.88	7.0%
47393 *	Plus Calcium, Raspberry Lemon	875534-001461	16 OZ	22.50	22.50	EA	20.92	20.92	\$1.58	7.0%
47394	Kid's Calm Multivitamin	875534-001508	30 OZ	18.50	18.50	EA	16.56	16.56	\$1.94	10.5%
48431	Plus Calcium, Lemon Raspberry	875534-001522	30 PK	12.50	12.50	EA	10.31	10.31	\$2.19	17.5%
48432	Plus Calcium, Regular	875534-001515	30 PK	12.50	12.50	EA	10.31	10.31	\$2.19	17.5%
Vitamins										
46986	Organic Life	183405-000469	30 OZ	17.50	17.50	EA	15.66	15.66	\$1.84	10.5%
40756	NutraRev	875534-001393	30 OZ	18.50	18.50	EA	16.56	16.56	\$1.94	10.5%
40757	Osteo Calm	875534-001409	30 OZ	20.95	20.95	EA	18.75	18.75	\$2.20	10.5%
48430	Energy 28	875534-001560	15 PK	13.00	13.00	EA	10.72	10.72	\$2.28	17.5%
PLANTIVA										
50247	Aller DX	648041-570023	60 CAP	13.17	13.17	EA	11.19	11.19	\$1.98	15.0%
50245	Immune DX	648041-550025	60 CAP	13.17	13.17	EA	11.19	11.19	\$1.98	15.0%
50248	Aller DX	648041-570030	12/8 CAP	28.48	2.37	CS	24.21	2.02	\$4.27	15.0%
50246	Immune DX	648041-550032	12/8 CAP	28.48	2.37	CS	24.21	2.02	\$4.27	15.0%
Immune Health										
50289	ViraDx	648041-590021	60 CAP	13.17	13.17	EA	11.19	11.19	\$1.98	15.0%
50290	ViraDx	648041-590038	12/8 CAP	28.48	2.37	CS	24.21	2.02	\$4.27	15.0%
POMGT										
59519	PomGT Antioxidant Supplement	891644-001115	60 CAP	8.46	8.46	EA	7.51	7.51	\$0.95	11.2%
POMOLOGY										
Anti-Aging										
59520	300 Formula	891644-001627	60 VCAP	14.45	14.45	EA	12.82	12.82	\$1.63	11.3%
Drink Mixes										
59516	Anti-Aging Antioxidant Drink Mix	891644-001818	300 GR	19.95	19.95	EA	17.71	17.71	\$2.24	11.2%
59518	Energy Antioxidant Drink Mix	891644-001832	300 GR	19.95	19.95	EA	17.71	17.71	\$2.24	11.2%
59517	Immunity Antioxidant Drink Mix	891644-001856	300 GR	19.95	19.95	EA	17.71	17.71	\$2.24	11.2%
Multivitamins										
59513	Men's Daily Multivitamin Formula	891644-001566	120 VTAB	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59508	Women's Daily Multivitamin Formula	891644-001573	120 VTAB	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
Supplements										
59514	Anti-Aging w/Resveratrol Formula	891644-001580	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59507	Antioxidant Health	891644-001559	60 CAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59509	Energy Formula	891644-001597	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59505	Heart Health	891644-001511	60 CAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59512	Joint Formula	891644-001542	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59511	Menopause Formula	891644-001528	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59515	Mind Formula	891644-001603	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59510	Prostate AM	891644-001610	60 VCAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%
59506	Prostate PM	891644-001535	60 CAP	12.26	12.26	EA	10.88	10.88	\$1.38	11.3%

* = Gluten Free ⦿ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ⚡ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ⌘ = Vegan ⦿ = Kosher ⚡ = Vegetable Enzymes ⚡ = Ethnic ○ = Non-GMO Project Verified

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Eczederm Rescue®

Soothing rash relief

Herbal formula: poke, blood root**, neem*, St. John's wort*, chaparral**, arnica, white willow*, comfrey*, calendula*, olive oil*, avocado oil*, macadamia nut oil*, kukui nut oil, aloe, naturally derived preservatives: potassium sorbate, originox, vitamin C, vitamin E, water, carbomer (less than 1%)
 *certified organic, **certified wild-crafted

8-18692-00770-8 :: MSRP \$14.95 :: (28g :: 1 oz.)

Nasal Rescue®

Natural sinus support and defense

Ingredients: Purified water and ionic silver > 30 ppm

8-18692-00150-8 :: MSRP \$11.95 :: (45mL :: 1.5 fl. oz.)

Throat Rescue®

Natural throat support and defense

Proprietary blend: de-ionized water, peppermint oil, 40 ppm ionic silver

8-18692-00300-7 :: MSRP \$13.95 :: (60mL :: 2 fl. oz.)

Made in Boulder Colorado means a lot more to us than the fact that this is where we make our product. Boulder is a special place. It is a place where it's normal for many of our staff to take alternative transportation; and a place where people are thinking outside the box and coloring outside the lines in vivid colors. It's because of this atmosphere that we began to stretch the boundaries of the thinking that defined traditional healing.

We believe that western science and eastern medicine can work together to yield the best of both worlds. We believe in sustainable living, in fair pay, in providing a workplace that enables its team. Most of all, we believe in making a product that helps people to live healthier lives.

peaceful mountain.
 THE HEIGHT OF HEALTH®

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale			
						Case	Each	\$Disc	%Disc

PRE

Probiotics

46268	■ Acai Acerola Drink Mix	894555-002417	6 CT	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
46269	■ Passion Orange Guava Drink Mix	894555-002509	6 CT	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
46267	■ Pomegranate Blueberry Drink Mix	894555-002448	6 CT	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%
46266	■ Pomegranate Yumberry Drink Mix	894555-002479	6 CT	4.79	4.79	EA	4.25	4.25	\$0.54	11.3%

RAINBOW LIGHT

Common Health Concerns

81624	Nail, Hair & Skin Connection	021888-102235	60 TAB	9.98	9.98	EA	8.86	8.86	\$1.12	11.2%
81264	3 Way Stress System	021888-100521	90 TAB	12.98	12.98	EA	11.52	11.52	\$1.46	11.2%
81235	Milk Thistle Plus	021888-107643	120 TAB	19.98	19.98	EA	17.73	17.73	\$2.25	11.3%

Dietary Fundamentals

81160	Advanced Enzyme System	021888-351015	60 VCAP	8.50	8.50	EA	7.54	7.54	\$0.96	11.3%
81179	Probio 1B Defense Vegan Guard	021888-351428	90 VCAP	11.97	11.97	EA	10.62	10.62	\$1.35	11.3%
80838	Adv Enz Optima/Probiotic/Prebiotic	021888-351329	90 CAP	14.48	14.48	EA	12.85	12.85	\$1.63	11.3%
81161	Advanced Enzyme System	021888-351022	120 VCAP	16.00	16.00	EA	14.20	14.20	\$1.80	11.3%

Health Prescriptives

81641	Counter Attack Immuno Response	021888-116010	30 TAB	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%
80314	Counter Attack Packets	021888-402656	25/2 TAB	14.25	0.57	CS	12.65	0.51	\$1.60	11.2%
55959	Counter Attack	021888-201327	90 TAB	20.39	20.39	EA	18.09	18.09	\$2.30	11.3%

Multiples

81220	Complete Nutritional System	021888-100125	90 TAB	14.50	14.50	EA	12.87	12.87	\$1.63	11.2%
81205	Advanced Nutritional System	021888-102822	90 TAB	16.00	16.00	EA	14.20	14.20	\$1.80	11.3%
81221	Complete Nutritional System	021888-100132	180 TAB	25.00	25.00	EA	22.19	22.19	\$2.81	11.2%
81206	Advanced Nutritional System	021888-102839	180 TAB	27.00	27.00	EA	23.96	23.96	\$3.04	11.3%



BRINGING HEALTH TO FRUITION

Inspired by nature's perfection, Pomology harnesses the pomegranate - one of today's most popular and researched superfruit antioxidants - as the foundation of its line of premium supplements, multivitamins and drink mixes.

Pomology's condition-specific formulations are a premium blend of antioxidants and proven ingredients that appeal to health-conscious consumers. We optimize each formula with antioxidants including pomegranate, acai, blueberry, cranberry, resveratrol, grapeseed, mangosteen, goji berry, and green tea.

Pomology's line of supplements, multivitamins and drink mixes help today's consumers take charge of their health through The Science of Fruit.*

OUR COMPLETE PRODUCT LINE:

- ANTI-AGING with RESVERATROL
- ANTI-AGING 300 with RESVERATROL
- ANTIOXIDANT HEALTH
- ENERGY FORMULA
- HEART HEALTH
- JOINT FORMULA
- MENOPAUSE FORMULA
- MIND FORMULA
- PROSTATE AM
- PROSTATE PM
- MEN'S DAILY MULTIVITAMIN
- WOMEN'S DAILY MULTIVITAMIN
- ANTI-AGING DRINK MIX
- ENERGY DRINK MIX
- IMMUNITY DRINK MIX

vitamin angels

Pomology is proud to continue our support of Vitamin Angels with a donation of two percent of all sales through UNFI during October, 2010

POMOLOGY
THE SCIENCE OF FRUIT.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
RAINBOW LIGHT, Cont.											
81650	Advanced Nutritional System	021888-102860	240 TAB	33.48	33.48	EA	29.71	29.71	\$3.77	11.3%	
One-Per-Day Multivitamins											
81290	Men's One Multivitamin	021888-108916	30 TAB	6.75	6.75	EA	5.99	5.99	\$0.76	11.3%	
81279	Women's One Multivitamin	021888-108817	30 TAB	6.75	6.75	EA	5.99	5.99	\$0.76	11.3%	
81136	Active One Senior Multivitamin	021888-109913	30 TAB	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%	
81292	Men's One Multivitamin	021888-108923	90 TAB	15.75	15.75	EA	13.98	13.98	\$1.77	11.2%	
81287	Women's One Multivitamin	021888-108824	90 TAB	15.75	15.75	EA	13.98	13.98	\$1.77	11.2%	
81137	Active One Senior Multivitamin	021888-109920	90 TAB	17.00	17.00	EA	15.09	15.09	\$1.91	11.2%	
81539	Men's One Multivitamin	021888-108930	150 TAB	21.50	21.50	EA	19.08	19.08	\$2.42	11.3%	
81541	Women's One Multivitamin	021888-108831	150 TAB	21.50	21.50	EA	19.08	19.08	\$2.42	11.3%	
Vitamins/Minerals/Antioxidants											
81162	Super C 1000	021888-103119	60 TAB	6.98	6.98	EA	6.20	6.20	\$0.78	11.2%	
81164	Super C Powder	021888-103317	4 OZ	8.70	8.70	EA	7.72	7.72	\$0.98	11.3%	
81163	Super C 1000	021888-103126	120 TAB	12.98	12.98	EA	11.52	11.52	\$1.46	11.2%	
Wellness											
82660	Deep Defense	021888-543243	90 TAB	9.98	9.98	EA	8.86	8.86	\$1.12	11.2%	
Women & Children											
81236	Prenatal One Multivitamin	021888-109715	30 TAB	7.50	7.50	EA	6.66	6.66	\$0.84	11.2%	
81310	Women's Answer Multivitamin	021888-111015	60 TAB	9.98	9.98	EA	8.86	8.86	\$1.12	11.2%	
81277	Women's Nutritional System	021888-101825	120 TAB	12.98	12.98	EA	11.52	11.52	\$1.46	11.2%	
81237	Prenatal One Multivitamin	021888-109722	90 TAB	17.00	17.00	EA	15.09	15.09	\$1.91	11.2%	
81278	Women's Nutritional System	021888-101832	180 TAB	18.50	18.50	EA	16.42	16.42	\$2.08	11.2%	
81540	Prenatal One Multivitamin	021888-109760	150 TAB	22.50	22.50	EA	19.97	19.97	\$2.53	11.2%	
81311	Women's Answer Multivitamin	021888-111022	180 TAB	24.98	24.98	EA	22.22	22.22	\$2.76	11.0%	
RUTH'S											
Chia Goodness											
62765	★ Raw Chia Seed, Black, Conventional	679948-738735	14 OZ	9.73	9.73	EA	8.63	8.63	\$1.10	11.3%	
SCHIFF											
Guided Minerals											
82568	Calcium/Magnesium/Zinc	020525-124227	90 TAB	5.95	5.95	EA	5.06	5.06	\$0.89	15.0%	
Minerals											
82564	Calcium, Super	020525-112545	60 SGEL	5.05	5.05	EA	4.29	4.29	\$0.76	15.0%	
82565	Calcium, Super	020525-112569	120 SGEL	8.45	8.45	EA	7.18	7.18	\$1.27	15.0%	
Multiple Minerals											
82571	Calcium/Magnesium	020525-113405	100 SGEL	5.72	5.72	EA	4.86	4.86	\$0.86	15.0%	
88789	Calcium/Magnesium, Super	020525-113429	90 SGEL	6.81	6.81	EA	5.79	5.79	\$1.02	15.0%	
SIBU BEAUTY											
81374	Cellular Support Soft Gel Caps	718122-506866	60 SGEL	14.98	14.98	EA	13.29	13.29	\$1.69	11.3%	
81375	Revitalize & Renew Drink	718122-506767	25.35 OZ	14.98	14.98	EA	13.29	13.29	\$1.69	11.3%	
SIMILASAN											
81459	Earache Relief, Kidz Sz 5 Single Use	094841-255132	.015 OZ	4.57	4.57	EA	4.06	4.06	\$0.51	11.2%	WSL
84058	Kids Cold & Mucus Relief	094841-256115	4 OZ	5.76	5.76	EA	5.11	5.11	\$0.65	11.3%	
84057	Kids Cough Syrup Relief	094841-256108	4 OZ	5.76	5.76	EA	5.11	5.11	\$0.65	11.3%	
81435	Anxiety Relief	094841-610122	.529 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81546	Cataract Care Eye Drops	094841-300443	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
83924	Children's Earache Relief Drops	094841-255187	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81457	Ear Wax Relief Drops	094841-255156	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81454	Earache Relief Drops	094841-255149	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81450	Eye Drops #1, Dry Red Eyes	094841-300146	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81451	Eye Drops #2, Allergy Eyes	094841-300245	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81456	Eye Drops #3, Computer Eyes	094841-300474	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	
81458	Eye Drops, Pink Eye Relief	094841-300344	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%	

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 † = Made With 70-94% Organic Ingredients ♪ = Vegan ☉ = Kosher ♠ = Vegetable Enzymes † = Ethnic ○ = Non-GMO Project Verified
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*Rainbow Light has always delivered the highest standards
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Item #	Description	UPC	Pack Size	Wholesale		CS/EA	Sale			
				Case	Each		Case	Each	\$Disc	%Disc
SIMILASAN, Cont.										
81453	Hay Fever Relief	094841-254159	.5 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%
81436	Sleeplessness Relief	094841-610115	.529 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%
81452	Spray, Nasal	094841-254142	.5 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%
81434	Stress & Tension Relief	094841-610108	.529 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%
46907	Stye Eye Relief	094841-300542	.33 OZ	7.72	7.72	EA	6.85	6.85	\$0.87	11.3%
SPECTRUM ESSENTIALS										
All Liquid Oils Require Refrigeration										
Fish Oil										
45190	Fish Oil With Vitamin D	022506-305120	100 SGEL	8.18	8.18	EA	7.26	7.26	\$0.92	11.2%
SPRUNK-JANSEN										
Supplements										
83361	Cholesterol Level	844378-000046	90 TAB	19.77	19.77	EA	17.55	17.55	\$2.22	11.2%
83362	Glucose Level	844378-000206	90 TAB	19.77	19.77	EA	17.55	17.55	\$2.22	11.2%
83363	WeighLevel	844378-000442	90 TAB	19.77	19.77	EA	17.55	17.55	\$2.22	11.2%
STEVITA										
58094	Stevia Liquid, Clear	617928-000076	1.35 OZ	2.68	2.68	EA	2.38	2.38	\$0.30	11.2%
83013	Cherry	617928-002049	1/10/2 OZ	4.20	4.20	EA	3.57	3.57	\$0.63	15.0%
83014	Lime	617928-002063	1/10/2 OZ	4.20	4.20	EA	3.57	3.57	\$0.63	15.0%
83011	Orange	617928-002070	1/10/2 OZ	4.20	4.20	EA	3.57	3.57	\$0.63	15.0%
83012	Strawberry	617928-002094	1/10/2 OZ	4.20	4.20	EA	3.57	3.57	\$0.63	15.0%
58095	Stevia Liquid, Clear	617928-000205	3.3 OZ	6.12	6.12	EA	5.43	5.43	\$0.69	11.3%
58097	Stevia, Supreme	617928-400029	5.4 OZ	6.25	6.25	EA	4.84	4.84	\$1.41	22.6%
SYMBIOTICS										
Colostrum Chewables										
83120	■ Pineapple	647303-010086	120 TAB	13.24	13.24	EA	11.75	11.75	\$1.49	11.3%
83121	■ Wild Cherry	647303-010130	120 TAB	13.24	13.24	EA	11.75	11.75	\$1.49	11.3%
Colostrum Plus w/ BIO-lipid										
83128	Candida Formula Plus	647303-040021	120 CAP	15.89	15.89	EA	14.10	14.10	\$1.79	11.3%
83125	Colostrum Plus 120 Caps	647303-040038	120 CAP	15.89	15.89	EA	14.10	14.10	\$1.79	11.3%
83133	Colostrum Plus Powder	647303-040045	2.25 OZ	15.89	15.89	EA	14.10	14.10	\$1.79	11.3%
83134	Immune Formula Plus	647303-040076	120 CAP	18.54	18.54	EA	16.45	16.45	\$2.09	11.3%
83129	Lactoferrin Colostrum Plus	647303-040052	120 CAP	18.54	18.54	EA	16.45	16.45	\$2.09	11.3%
83132	Colostrum Plus Powder	647303-040083	6.3 OZ	26.49	26.49	EA	23.51	23.51	\$2.98	11.2%
Specialty Formulas										
83138	Colostrum 40% IgG	647303-010062	120 CAP	18.54	18.54	EA	16.45	16.45	\$2.09	11.3%
TAHITI TRADERS										
40188	Noni Juice, High Potency	686936-120328	32 OZ	21.78	21.78	EA	18.51	18.51	\$3.27	15.0%
Functional Juice										
40191	Noni Juice, High Potency	686936-120120	12 OZ	12.53	12.53	EA	10.65	10.65	\$1.88	15.0%
40242	★ Power Noni	686936-140128	12 OZ	12.53	12.53	EA	10.65	10.65	\$1.88	15.0%
42322	★ Noni Juice, Island Style	686936-300324	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
40241	★ Power Noni	686936-140326	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
41041	Bio Noni, for Women	686936-130327	32 OZ	26.39	26.39	EA	22.43	22.43	\$3.96	15.0%
Max Juice										
42316	★■ Acai	686936-190123	12 OZ	12.53	12.53	EA	10.65	10.65	\$1.88	15.0%
42317	★■ Acai	686936-190321	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
42315	★■ Goji	686936-180322	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
42313	★■ Mangosteen	686936-170323	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
42319	★■ Noni	686936-150325	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%
42321	★■ Pomegranate	686936-160324	32 OZ	23.08	23.08	EA	19.62	19.62	\$3.46	15.0%

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 † = Made With 70-94% Organic Ingredients ‡ = Vegan ⊙ = Kosher † = Vegetable Enzymes ‡ = Ethnic ○ = Non-GMO Project Verified

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FISH OIL WITH VITAMIN D



Spectrum Essentials announces the launch of our Fish Oil with Vitamin D in a new 100 count size. This great new item combines our 3rd party purity-tested Fish Oil, with its rich stores of Omega-3 EPA and DHA, with a potent dose of Vitamin D. These combined nutrients support heart and bone health while also promoting healthy vision, brain and immune functions.*

The Vitamin D3 (Cholecalciferol) used in this formulation is a natural form of Vitamin D that is readily absorbed by the human body.

- 520mg EPA/DHA Omega-3s per serving
- Vitamin D supports heart and bone health and is important for the immune system*
- Now available in 250 count and 100 count sizes



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Item #	Description	UPC	Pack	Wholesale		CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
THAYER'S										
Lozenges										
40055	Cherry Elm	041507-065925	150 CT	8.12	8.12	EA	7.21	7.21	\$0.91	11.2%
40054	Slippery Elm	041507-065826	150 CT	8.12	8.12	EA	7.21	7.21	\$0.91	11.2%
THRE										
All Natural Energy Concentrate										
40856	Orange Passion Fruit	615828-333348	2 OZ	15.99	15.99	EA	14.19	14.19	\$1.80	11.3%
40855	Orange Passion Fruit	615828-333331	12/6 ML	21.60	1.80	CS	19.17	1.60	\$2.43	11.3%
TO GO BRANDS										
Powder Packets										
80060	Acai Energy	850197-001102	24 CT	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%
80053	Extreme Berries	850197-001348	24 CT	14.97	14.97	EA	13.29	13.29	\$1.68	11.2%
44505	Trim Energy	850197-001591	24 CT	15.58	15.58	EA	13.83	13.83	\$1.75	11.2%
80056	Go Greens	850197-001072	24 CT	20.97	20.97	EA	18.61	18.61	\$2.36	11.3%
Soft Chews										
44506	■ Acai Energy Boost	850197-001447	30 CT	9.00	9.00	EA	7.99	7.99	\$1.01	11.2%
TROPICAL OASIS										
Coral Calcium										
47341	Coral Calcium	617279-475967	60 CAP	10.00	10.00	EA	8.87	8.87	\$1.13	11.3%
Liquid Dietary Supplements										
40371	Calcium, Magnesium w/ Vitamin D	617279-340012	16 OZ	10.80	10.80	EA	9.58	9.58	\$1.22	11.3%
47346	B Complex	617279-500027	16 OZ	15.00	15.00	EA	13.31	13.31	\$1.69	11.3%
40374	Glucosamine Chondroitin	617279-334851	16 OZ	15.00	15.00	EA	13.31	13.31	\$1.69	11.3%
47349	Ionized Trace Minerals	617279-334578	16 OZ	15.00	15.00	EA	13.31	13.31	\$1.69	11.3%
40370	Multiple Vitamin/Mineral	617279-334592	16 OZ	15.00	15.00	EA	13.31	13.31	\$1.69	11.3%
47354	Joint Complete w/ Hyaluronic Acid	617279-334844	32 OZ	17.50	17.50	EA	15.53	15.53	\$1.97	11.3%
43647	Tropical Acai w/Resveratrol	617279-230030	32 OZ	17.49	17.49	EA	15.52	15.52	\$1.97	11.3%
TWIN LAB										
Minerals										
80815	Tri Boron Plus	027434-002813	240 CAP	13.09	13.09	EA	11.62	11.62	\$1.47	11.2%
Multi-Vitamins & Minerals										
80489	Daily One w/o Iron	027434-003544	90 CAP	13.10	13.10	EA	11.63	11.63	\$1.47	11.2%
80485	Daily One w/Iron	027434-009058	90 CAP	13.39	13.39	EA	11.88	11.88	\$1.51	11.3%
Special Formulas										
81767	Bone Support w/ Ostivone	027434-013895	60 TAB	16.36	16.36	EA	14.52	14.52	\$1.84	11.2% WSL
Vitamin B										
80767	Stress B Complex	027434-002875	250 CT	22.02	22.02	EA	19.54	19.54	\$2.48	11.3%
WEIL										
Andrew Weil, MD, Nutritional Supplements										
89179	Vitamin D 1000IU	027434-031509	100 TAB	6.83	6.83	EA	6.06	6.06	\$0.77	11.3%
48978	Immune Support Formula	874013-000087	120 SGEL	18.90	18.90	EA	16.77	16.77	\$2.13	11.3%

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 † = Made With 70-94% Organic Ingredients ☯ = Vegan Ⓚ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified
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just add water

You *can* fit natural nutrition into your life. Added to water, each Healthy To Go packet provides vitamins, nutrients and rich antioxidants from **fruits and vegetables**. Take it EVERY DAY and feel the difference.

www.ToGoBrands.com



TWINLAB®



- Contains Patented FloraGLO® brand lutein to help promote healthy eyes*
- Extra Folic Acid to support heart health*
- No added flavorings, salt, artificial sweeteners, colorings, preservatives or salicylates
- Daily One Caps with Iron contain a special iron source for gentler, prolonged absorption

One Twinlab® Daily One Caps™ is all you need to get 100% or more of the daily requirements for 18 important vitamins and minerals. Quite a lot for a single capsule, but we don't stop there. We include folic acid for heart health, and FloraGLO® Lutein for eye health.*

Twinlab® Daily One Caps with Iron™ has all the great ingredients of Daily One Caps, plus 10mg of Iron for people wanting more iron in their diet.

Two great formulas, each in an easy-to-swallow, one-a-day capsule. Say goodbye to that handful of supplements with Twinlab Daily One Caps, with or without iron.

www.twinlab.com

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

FloraGLO® brand Lutein is patented under U.S. Patents 5,382,714 and 5,648,564.

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
YERBA PRIMA										
Bentonite										
40743	Great Plains	046352-005195	16 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
40741	Great Plains	046352-005201	32 OZ	9.95	9.95	EA	8.83	8.83	\$1.12	11.3%
Cleansing Products										
40705	Kalenite Herbal Cleansing Formula	046352-001012	100 TAB	7.01	7.01	EA	6.22	6.22	\$0.79	11.3%
Dietary Fiber Capsules										
40710	Psyllium Husks	046352-001067	180 CAP	7.29	7.29	EA	6.47	6.47	\$0.82	11.2%
40731	Soluble Fiber	046352-001869	180 CAP	7.55	7.55	EA	6.70	6.70	\$0.85	11.3%
40713	Daily Fiber	046352-001999	180 CAP	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
40736	Psyllium Husks	046352-001081	180 VCAP	7.96	7.96	EA	7.06	7.06	\$0.90	11.3%
40703	Colon Care Formula	046352-002064	180 CAP	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
40738	Fiber Plus	046352-002163	180 CAP	8.97	8.97	EA	7.96	7.96	\$1.01	11.3%
Dietary Fiber Powders										
40712	Daily Fiber	046352-002002	12 OZ	5.97	5.97	EA	5.30	5.30	\$0.67	11.2%
40730	Soluble Fiber Formula	046352-001821	12 OZ	6.17	6.17	EA	5.48	5.48	\$0.69	11.2%
40709	Psyllium Husk, Whole	046352-001050	12 OZ	6.31	6.31	EA	5.60	5.60	\$0.71	11.3%
40714	Daily Fiber, Orange	046352-001982	16 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
40708	Psyllium Husk	046352-001043	12 OZ	6.57	6.57	EA	5.83	5.83	\$0.74	11.3%
40702	Colon Care Formula	046352-002040	12 OZ	7.77	7.77	EA	6.90	6.90	\$0.87	11.2%
40737	Fiber Plus	046352-002132	12 OZ	8.25	8.25	EA	7.32	7.32	\$0.93	11.3%
Programs										
40739	Men's Rebuild Internal Cleansing Sys	046352-001159	1 KIT	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
40701	Women's Renew Internal Cleansing Sys	046352-001005	1 KIT	17.97	17.97	EA	15.95	15.95	\$2.02	11.2%
ZAND										
Cleansing & Digestion Formulas										
47774 ■	Quick Digest in a Tube	041954-988488	20/15 CT	30.00	1.50	CS	26.62	1.33	\$3.38	11.3%
Herbal Lozenges										
40558	Echinacea Zinc, Cherry	041954-000142	12/15 CT	17.21	1.43	CS	15.27	1.27	\$1.94	11.3%
87922	Elderberry Zinc	041954-000098	12/15 CT	17.22	1.44	CS	15.28	1.27	\$1.94	11.3%
41074	Zumka Umckaloabo	041954-969869	12/15 CT	17.22	1.44	CS	15.28	1.27	\$1.94	11.3%
ZOLA ACAI										
Beverages										
23862 ☉	Daily Wellness Shot	853647-000533	32 OZ	17.09	17.09	EA	14.54	14.54	\$2.55	14.9%

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BULK
REFRIGERATED
FROZEN
PET
GROCERY
PERSONAL CARE
SUPPLEMENTS
NON-FOODS

New Stay-Fresh, No-Mess Package!

Quick Digest® formula is now available in a convenient 15ct re-closeable tube with 25% more product than before.



Old Package
20/ 12ct rolls #40504



New Package
20/ 15ct tubes #47774

QuickDigest®

WITH PLANT ENZYMES

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrates	1 g	<1%†
Sugars	1 g	-
Papaya Fruit Powder	30 mg	-
Papain	25 mg	-
Amylase	5 mg	-
Cellulose	5 mg	-
Bromelain	3.3 mg	-
Lipase	3 mg	-

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Dextrose, Calcium Carbonate, Papaya Fruit Flavor, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Citrus Flavor, Croscarmellose Sodium, Stevia Extract and Parsley Leaf Powder.



90 ct Quick Digest chewable #40617

Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

NON-FOODS

ATTITUDE

Fabric Softener

61812	Fragrance Free, Baby	626232-121339	6/35.2 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%
63412	Lavender & Grapefruit 52 Loads	626232-121346	6/35.2 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%
61811	Ylang Ylang & Tangerine	626232-121322	6/35.2 OZ	36.00	6.00	CS	31.95	5.33	\$4.05	11.3%

Laundry Detergent H-E 3x Concentrate

61808	Fragrance Free, Baby	626232-120332	6/35.5 OZ	56.00	9.33	CS	49.70	8.28	\$6.30	11.3%
62191	Lavender & Grapefruit	626232-120707	6/60.9 OZ	56.00	9.33	CS	49.70	8.28	\$6.30	11.3%
62192	Ylang Ylang & Tangerine	626232-120721	6/60.9 OZ	56.00	9.33	CS	49.70	8.28	\$6.30	11.3%

Laundry Detergent

63411	Eco Pouches 26 Loads	626232-122268	6/13.7 OZ	56.00	9.33	CS	49.70	8.28	\$6.30	11.3%
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BETTER LIFE

All-Purpose Cleaner

46391	what-EVER! Sage & Citrus	895454-002041	6/32 OZ	27.76	4.63	CS	25.66	4.28	\$2.10	7.6%
46392	what-EVER! Unscented	895454-002003	6/32 OZ	27.76	4.63	CS	25.66	4.28	\$2.10	7.6%

Floor Cleaner

46393	Simply Floored!	895454-002058	6/32 OZ	30.00	5.00	CS	27.90	4.65	\$2.10	7.0%
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Window/Glass Cleaner

46394	I Can See Clearly WOW!	895454-002010	6/32 OZ	27.76	4.63	CS	25.66	4.28	\$2.10	7.6%
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BEYOND GOURMET

61618	Coffee Filters, Unbleached Basket	070877-009109	12/100 CT	24.33	2.03	CS	22.33	1.86	\$2.00	8.2%
61613	Baking Cups	770877-009306	24/48 CT	26.67	1.11	CS	24.27	1.01	\$2.40	9.0%
61616	Coffee Filters, Unbleached #4	070877-009048	12/100 CT	35.20	2.93	CS	32.53	2.71	\$2.67	7.6%
61614	Parchment Paper	770877-009207	12/71 FT	42.87	3.57	CS	39.87	3.32	\$3.00	7.0%

BI-O-KLEEN

Household Cleaners

60743	Bac Out Bathroom Cleaner	717256-000288	6/32 OZ	34.77	5.80	CS	31.03	5.17	\$3.74	10.8%
62368	Bac Out Fresh, Floor Cleaner	717256-000295	6/32 OZ	34.77	5.80	CS	31.03	5.17	\$3.74	10.8%
60725	Spray Cleaner	717256-000219	12/32 OZ	44.24	3.69	CS	39.60	3.30	\$4.64	10.5%
60728	Bac Out	717256-000325	12/32 OZ	74.17	6.18	CS	66.18	5.52	\$7.99	10.8%

Laundry Products

61002	Energy Saver Laundry Liquid	717256-000622	64 OZ	9.25	9.25	EA	8.26	8.26	\$0.99	10.7%
61004	Free & Clear Laundry Liquid	717256-000639	64 OZ	9.25	9.25	EA	8.26	8.26	\$0.99	10.7%
60733	Laundry Liquid	717256-000615	64 OZ	9.25	9.25	EA	8.26	8.26	\$0.99	10.7%
60726	Oxygen Bleach Plus	717256-000493	12/32 OZ	55.61	4.63	CS	49.71	4.14	\$5.90	10.6%

BORN FREE

Pacifiers

61403	Clear, 0-6 Months, Stage 1	853049-001046	1/2 PK	4.33	4.33	EA	3.84	3.84	\$0.49	11.3%
61404	Clear, 6+ Months, Stage 2	853049-001145	1/2 PK	4.33	4.33	EA	3.84	3.84	\$0.49	11.3%
61401	Cool Flow, 0-6 Months, Stage 1	853049-001367	1/2 PK	4.33	4.33	EA	3.84	3.84	\$0.49	11.3%
61402	Cool Flow, 6+ Months, Stage 2	853049-001121	1/2 PK	4.33	4.33	EA	3.84	3.84	\$0.49	11.3%

CITRA-SOLV

Household Products

60299	Laundry Liquid 2X, Lav Bergamot	011013-130516	6/50 OZ	38.16	6.36	CS	33.87	5.65	\$4.29	11.2%
60645	Laundry Liquid 2X, Valencia Orange	011013-130509	6/50 OZ	38.16	6.36	CS	33.87	5.65	\$4.29	11.2%

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**BETTER
LIFE**

WE GIVE CUSTOMERS A SUPERHERO COMPLEX.

MAKING HAPPY (AND POWERFUL) PURCHASERS DAILY.

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I CAN SEE CLEARLY, WOW!

The window and glass cleaner that takes a lighter view of the world.

32oz, 6 per case UNFI Item # 46394



SIMPLY FLOORED!

The ready-to-use floor cleaner that cuts through the dirt in a squirt.

32oz, 6 per case UNFI Item # 46393



what-EVER!™ Scent-Free and Clary Sage & Citrus Scent

The all-purpose cleaner for this, that and especially those.

32oz, 6 per case Scent-Free UNFI Item # 46392 CS&C # 46391

FEATURES AND BENEFITS

- No streaks. No Residue. No Rinsing.
- Safe and effective on: glass, windows, mirrors, plexiglass, autoglass, tinted windows, light fixtures, chrome and acrylic.
- No ammonia, alcohol or solvents.
- Will not damage treated glass, LCD screens or eyeglasses.

FEATURES AND BENEFITS

- Ready-to-Use. No Rinsing. No Residue.
- Cleans and restores a brilliant shine to: hardwood, tile, marble, bamboo, vinyl, laminate and other sealed floors.
- Leaves no dull residue that traditional floor cleaners leave behind.
- Naturally scented using essential oils of spearmint, bergamot and grapefruit.

FEATURES AND BENEFITS

- No Rinsing. No Residue.
- Safe and effective at cutting through grease and grime on any washable, non-porous surface: countertops, appliances, sinks, toilets, shower, tub, floors, walls, baseboards, tables, chairs, wheel, to name a few.
- Biodegrades at 4x the rate of leading conventional all-purpose cleaners and 2x the rate of leading natural competitors.*
- Naturally scented using essential oils of clary sage and citrus.

*Source: GreenSource
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UNMATCHED SAFETY. UNBEATABLE PERFORMANCE.

Born *free*®

Babies Know Best



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1-877-WWW-BORN (1-877-999-2676)

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
CITRUS MAGIC										
Carpet & Room Fresheners										
47671	Shake Container	087052-711412	12/11.2 OZ	45.28	3.77	CS	40.19	3.35	\$5.09	11.2%
Cleaners & Degreasers										
47741	All Purpose w/ Trigger Sprayer	087052-127992	12/22 OZ	28.80	2.40	CS	25.56	2.13	\$3.24	11.3%
44160	Instant Spot & Stain Remover	087052-717643	12/22 OZ	34.40	2.87	CS	30.53	2.54	\$3.87	11.3%
47929	Fine Fabric Shampoo	087052-712150	12/16 OZ	45.28	3.77	CS	40.19	3.35	\$5.09	11.2%
Odor Eliminating Air Fresheners										
47672	Grapefruit	087052-712297	12/3.5 OZ	50.40	4.20	CS	44.73	3.73	\$5.67	11.3%
47665	Lemon	087052-127480	12/3.5 OZ	50.40	4.20	CS	44.73	3.73	\$5.67	11.3%
47666	Orange	087052-127497	12/3.5 OZ	50.40	4.20	CS	44.73	3.73	\$5.67	11.3%
47667	Orginal Blend	087052-127510	12/3.5 OZ	50.40	4.20	CS	44.73	3.73	\$5.67	11.3%
Pet Odor Eliminators										
62595	Litter Box	087052-718350	11.2 OZ	3.77	3.77	EA	3.35	3.35	\$0.42	11.1%
Solid Odor Absorbers										
47673	Citrus	087052-712792	6/8 OZ	20.24	3.37	CS	17.96	2.99	\$2.28	11.3%
47606	Pure Linen	087052-716714	6/8 OZ	20.24	3.37	CS	17.96	2.99	\$2.28	11.3%
COUNTRY SAVE										
60015	Laundry Detergent Liquid	074428-771002	4/100 OZ	40.00	10.00	CS	35.50	8.88	\$4.50	11.3%
60014	Laundry Detergent	074428-001604	4/10 LB	50.00	12.50	CS	44.37	11.09	\$5.63	11.3%
60016	Oxygen Powdered Bleach	074428-000409	12/2.5 LB	52.00	4.33	CS	46.15	3.85	\$5.85	11.3%
60011	Laundry Detergent	074428-000805	8/5 LB	53.33	6.67	CS	47.33	5.92	\$6.00	11.3%
EARTH FRIENDLY PRODUCTS										
Ice Melting Products										
62075	Ice Melting Compound	749174-099099	4/6.5 LB	33.13	8.28	CS	29.62	7.41	\$3.51	10.6%
EARTHWORM										
100% Natural Ingredients										
62164	All Purpose Cleaner	898744-001021	6/22 OZ	25.84	4.31	CS	22.93	3.82	\$2.91	11.3%
62166	Bathroom Tub & Tile Cleaner	898744-001038	6/22 OZ	25.84	4.31	CS	22.93	3.82	\$2.91	11.3%
62165	Mold & Mildew Treatment	898744-001052	6/22 OZ	25.84	4.31	CS	22.93	3.82	\$2.91	11.3%
62167	Septic Treatment	898744-001014	6/10.3 OZ	38.80	6.47	CS	34.43	5.74	\$4.37	11.3%
60752	Family Safe Drain Cleaner	898744-001007	12/32 OZ	49.92	4.16	CS	44.30	3.69	\$5.62	11.3%
EARTH'S BEST										
Natural Cleaner										
60313	All Purpose	023923-007185	6/32 OZ	22.00	3.67	CS	19.52	3.25	\$2.48	11.3%
Nursery Wipes										
60829	Canister, Lavender & Lemongrass	023923-050419	6/50 CT	27.92	4.65	CS	24.78	4.13	\$3.14	11.2%
60830	Travel Pack, Lav & Lemongrass	023923-050433	12/20 CT	28.00	2.33	CS	24.86	2.07	\$3.14	11.2%
ECOVER										
Automotive Cleaners										
62662	Wash And Wax	728997-226004	6/16.9 OZ	18.45	3.08	CS	16.41	2.74	\$2.04	11.1%
62663	Interior Cleaner	728997-227001	6/16.9 OZ	21.55	3.59	CS	19.15	3.19	\$2.40	11.1%
Dish										
63450	Liquid, Grapefruit & Green Tea	728997-240000	12/16 OZ	23.17	1.93	CS	20.63	1.72	\$2.54	11.0%
60302	Liquid, Herbal	728997-211000	12/16 OZ	23.17	1.93	CS	20.63	1.72	\$2.54	11.0%
60319	Liquid, Natural Lemon & Aloe	728997-213004	12/16 OZ	23.17	1.93	CS	20.63	1.72	\$2.54	11.0%
63458	Liquid, Grapefruit & Green Tea	728997-240017	12/32 OZ	38.45	3.20	CS	34.25	2.85	\$4.20	10.9%
60318	Liquid, Natural Lemon & Aloe	728997-214001	12/32 OZ	38.45	3.20	CS	34.25	2.85	\$4.20	10.9%
60316	Auto Dishwasher, Pwdr	728997-210003	8/48 OZ	39.72	4.97	CS	35.37	4.42	\$4.35	11.0%
60331	Rinse Aid	728997-230001	12/16 OZ	43.23	3.60	CS	38.43	3.20	\$4.80	11.1%
60330	Auto Dishwasher, Tab	728997-220002	12/18 OZ	57.95	4.83	CS	51.50	4.29	\$6.45	11.1%

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Prices Subject to Change Without Notice



Earth's Best™ Baby Detergent

EARTH'S BEST BABY DETERGENT is hypo-allergenic and specially formulated to leave clothes fresh, clean and soft for baby's skin. It is derived from plants and minerals with super stain fighting power to work hard against protein stains. Our biodegradable formula is 2x concentrate to reduce plastic packaging material and is compliant with high efficiency washing machines— making it more environmentally friendly. Earth's Best Baby Care products are phthalates free, have no synthetic fragrances, contain no dyes or artificial colors and are never tested on animals.

Works with high efficiency washers

PRODUCT SPECIFICATIONS	
Laundry Detergent	50 oz
Order Unit of Measure	Case
Item UPC #	 2392300715
Item Size	50 oz
Case Pack	6
Item Dimension (WxDxH)	6.38 x 3.69 x 10.5
Case UPC #	 2392310715
Case GTIN #	20023923007158
Case Dimension (LxWxH)	13.06 x 11.31 x 10.75
Case Cube	.92
Case Gross Weight (lbs)	18.8
Cases/Pallet	48
Cases/Layer	12
Tie x High	12 x 4
Pallet Dimension (LxWxH)	48 x 40 x 48
Pallet Cube	53
Pallet Gross Ship Weight (lbs)	952
FOB Point	Edison, NJ & Ontario, CA

The Earth's Best™ Difference:

- ✦ Made with 70% organic ingredients
- ✦ Safe for Sensitive Skin
- ✦ 99%+ Bio-based Ingredients – derived from plant and mineral sources only (no animal by-products)
- ✦ Natural surfactants – cleaning agent (i.e., Free of Petrochemicals & Chlorine Free)
- ✦ No Artificial Color
- ✦ Fragrance Free/Perfume Free/Dye Free
- ✦ 2x concentrate – Reduces Plastic
- ✦ HE Compliant (High Efficiency washing machines)
- ✦ No Animal Testing Ever Performed
- ✦ Available in:
50 oz – 32 loads

www.earthsbest.com



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58 South Service Road, Melville, NY 11747 • Tel (631)730-2200 • Fax (631)730-2581



Introducing New Earth's Best® Nursery Wipes

Earth's Best Nursery Wipes are a great way to keep your baby's crib, car seat and stroller clean. We use non-toxic, hypoallergenic ingredients including naturally cleansing herbal oils, and lavender and lemongrass for a light, natural scent without using synthetic perfumes or dyes. These wipes are made with a chlorine-free natural fabric that provides a softer texture, keeping your hands feeling soft and smooth and leaving no harmful residue on desks, cars or diaper bags.



Available In:
50ct Canister
20ct Travel Pack

PRODUCT SPECIFICATIONS

All Purpose Wipes	50ct Canister	20ct Travel Pack
Order Unit of Measure	Case	Case
Unit UPC		
Item Size	50ct	20ct
Case Pack	6	12
Item Dimensions (WxDxH)	3.25 x 3.25 x 8	5.13 x 1.50 x 3.75
Inner/Caddy UPC	N/A	
Caddy Dimensions WxDxH)	N/A	4.19 x 7.50 x 5.56
Case UPC		
GTIN	20023923050413	20023923050437
Case Dimensions (LxWxH)	10.25 x 6.75 x 8.5	8.88 x 8.13 x 5.94
Case Cube	0.34	0.25
Case Gross Wt	5.25	3.75
Cs/Pk	189	325
Cs/Layer	21	25
Tie x High	21 x 9	25 x 13
Pallet Dimensions (LxWxH)	48 x 40 x 82	48 x 40 x 82
Pallet Cube	91	91
Pallet Gross Weight	1,042	1,269
FOB Point	Ontario, CA & Edison, NJ	Ontario, CA & Edison, NJ

The Earth's Best® Difference:

- ✦ Chlorine Free
- ✦ All Natural cloth-like wipe
- ✦ All Natural Fragrance Lavender and Lemongrass
- ✦ Hypo-allergenic
- ✦ Phalate-free, paraben-free, SLES-free, dye-free
- ✦ No harmful residue
- ✦ Biodegradable
- ✦ Never tested on animals

www.earthsbest.com



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58 South Service Road, Melville, NY 11747
Tel (631)730-2300 • Fax (631)730-2551 • EE0210.JWD



Earth's Best All Purpose Natural Cleaner

Earth's Best Natural All Purpose Cleaner is designed to clean up any mess with your baby's safety being top priority. Our gently scented geranium grapefruit cleaner is a specially designed formula that uses natural and plant-based cleaning agents. Perfect for use throughout the house or outdoors, our chlorine free, non toxic and biodegradable cleaner cuts through grease, grime and dirt while never leaving behind a residue. It is lightly scented with natural herbal and citrus oils to eliminate any odor and leave your house smelling clean and fresh.



Geranium Grapefruit scent
32 oz Spray

PRODUCT SPECIFICATIONS	
All Purpose Spray Cleaner	
Order Unit of Measure	Case
Item UPC #	
Item Size	32 oz
Case Pack	6
Item Dimension (WxDxH)	5" x 3" x 10.875"
Case GTIN	
Case UPC	
Case Dimension (LxWxH)	10.125" x 9.5" x 11.438"
Case Cube	0.637
Case Gross Weight (lbs)	13.347
Case Net Weight (lbs)	12.0
Cases/Pallet	76
Cases/Layer	19
Tie x High	19 x 4
Pallet Dimension (LxWxH)	47.5" x 39.88" x 50.75"
Pallet Cube	55.634
Pallet Gross Ship Weight (lbs)	1060
FOB Point	Ontario, CA

The Earth's Best Difference:

- Non Toxic
- Natural Ingredients
- Biodegradable
- Cleans Kitchens, Baths and other hard surfaces
- Safe for use around pets
- Approved as a U.S. Environmental Protection Agency (EPA) Safer and Greener Product



The Earth's Best Way To Grow.

- Liquid Spray Bottle Cleaner: Category \$ Sales are \$167 million.
- BETTER VALUE! Earth's Best All Purpose Cleaner provides a better value than the leading all purpose cleaner.
- Though the category is down -8.6%, Earth's Best will GROW THE CATEGORY by giving parents an affordable option for their kids.

Source: Nielsen S2 Wks Ending 1/23/10

INGREDIENTS: Aqua (Water), Polyisobutylene, Lavandula Intermedia Leaf/Flower/Stem Extract*, Betula Alba (Birch) Bark Extract, Citrus Grandis (Grapefruit) Seed Extract, Melissa Officinalis Leaf Extract, Glycerin, Potassium Silicate, Potassium Hydroxide, Sodium Lauryl Sarcosinate, Essential Oil.

* Certified Organic Ingredient

Please try our laundry detergent and nursery wipes from Earth's Best.



www.earthsbest.com



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Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
ENVIROMAX										
Super Alkaline Batteries										
65323	AA, 4-Pack	074129-500956	12/4 PACK	37.15	3.10	CS	33.08	2.76	\$4.07	11.0%
65322	AAA, 4-Pack	074129-500963	12/4 PACK	37.15	3.10	CS	33.08	2.76	\$4.07	11.0%
65324	C, 2-Pack	074129-500949	12/2 PACK	37.15	3.10	CS	33.08	2.76	\$4.07	11.0%
65325	D, 2-Pack	074129-500932	12/2 PACK	37.15	3.10	CS	33.08	2.76	\$4.07	11.0%
J R WATKINS										
Natural Apothecary										
Bathroom										
51622	Tub & Tile, Citrus	818570-008469	6/24 OZ	21.52	3.59	CS	19.10	3.18	\$2.42	11.2%
51623	Toilet Bowl, Lemon	818570-008476	6/24 OZ	26.64	4.44	CS	23.64	3.94	\$3.00	11.3%
Window & Glass Cleaners										
51697	Aloe & Green Tea	818570-008407	6/24 OZ	19.36	3.23	CS	17.18	2.86	\$2.18	11.3%
51698	Lavender	818570-008414	6/24 OZ	19.36	3.23	CS	17.18	2.86	\$2.18	11.3%
LIFE TREE										
60231	Laundry Liquid, 1oz/load	045048-033016	16 OZ	4.85	4.85	EA	4.34	4.34	\$0.51	10.5%
60232	Laundry Liquid, 1oz/load	045048-033023	32 OZ	7.90	7.90	EA	7.08	7.08	\$0.82	10.4%
60233	Laundry Liquid, 1oz/load	045048-033030	1 GAL	23.12	23.12	EA	20.78	20.78	\$2.34	10.1%
MAGGIE'S ORGANICS										
Organic Tights										
60369	Lightweight Black, LG	760702-404031	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
60347	Lightweight Black, MD	760702-404024	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
60345	Lightweight Black, SM	760702-404017	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
60820	Lightweight Black, XL	760702-404048	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61412	Lightweight Charcoal Grey, LG	760702-404116	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61407	Lightweight Charcoal Grey, MD	760702-404109	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61405	Lightweight Charcoal Grey, SM	760702-404093	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61415	Lightweight Charcoal Grey, XL	760702-404123	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61046	Lightweight Chocolate Brown, SM	760702-404055	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61098	Lightweight Chocolate Brown, MD	760702-404062	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61130	Lightweight Chocolate Brown, LG	760702-404079	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
61381	Lightweight Chocolate Brown, XL	760702-404086	1 PAIR	15.96	15.96	EA	14.19	14.19	\$1.77	11.1%
METHOD										
Bathroom Cleaners										
62721	Lil Bowl Blu, Toilet Bowl Cleaner	817939-007310	6/24 OZ	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
61187	Daily Shower, Ylang Ylang, Spray	817939-000045	8/28 OZ	29.04	3.63	CS	25.86	3.23	\$3.18	11.0%
61790	Shower/Daily, Refill, Ylang Ylang	817939-000823	6/68 OZ	35.76	5.96	CS	31.84	5.31	\$3.92	11.0%
61180	Tub & Tile, Eucalyptus Mint, Spray	817939-000083	8/28 OZ	37.81	4.73	CS	33.67	4.21	\$4.14	10.9%
Dish Soaps										
63560	Dish Soap, Ginger Yuzu	817939-000205	6/25 OZ	21.78	3.63	CS	19.39	3.23	\$2.39	11.0%
61176	Liquid, Go Naked	817939-005064	6/25 OZ	21.78	3.63	CS	19.39	3.23	\$2.39	11.0%
63662	Smarty Dish, Go Naked	817939-009239	6/20 CT	32.88	5.48	CS	29.28	4.88	\$3.60	10.9%
Floor & Furniture Care										
61178	Furniture, Wood For Good, Almond	817939-000861	6/12 OZ	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
65144	Sqirt Wood Floor Clnr, Gngr Yuzu	817939-000700	6/25 OZ	33.20	5.53	CS	29.46	4.91	\$3.74	11.3%
Household Cleaners										
61179	Granite & Marble, Orchard Blsm, Spray	817939-000885	6/12 OZ	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
62722	Le Scrub, Soft Abrasive Cleaner	817939-007327	6/24 OZ	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
61177	Stainless Steel, Orchard Blsm, Spray	817939-000847	6/12 OZ	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
61182	All Purpose, Go Naked, Spray	817939-005033	8/28 OZ	29.04	3.63	CS	25.86	3.23	\$3.18	11.0%
63559	Multi-Surface Spray, Ginger Yuzu	817939-000199	8/28 OZ	28.27	3.53	CS	25.09	3.14	\$3.18	11.2%
Laundry Products										
63554	Dryer Cloths, Free & Clear	817939-009017	6/40 CT	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%

★ = Gluten Free ♣ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ♦ = Foodservice ☆ = 100% Organic ★ = 95-99% Organic
 † = Made With 70-94% Organic Ingredients ♪ = Vegan ⊙ = Kosher ♠ = Vegetable Enzymes ‡ = Ethnic ○ = Non-GMO Project Verified

Prices Subject to Change Without Notice

Item #	Description	UPC	Pack Size	Wholesale Case	CS/EA	Sale				
						Case	Each	\$Disc	%Disc	
METHOD, Cont.										
63555	Dryer Cloths, French Lavender	817939-009048	6/40 CT	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
63556	Dryer Cloths, Sweet Water	817939-009024	6/40 CT	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
65140	Detergent, Free & Clear, 25 Load	817939-011218	6/10 OZ	50.00	8.33	CS	44.37	7.40	\$5.63	11.3%
65142	Detergent, Fresh Air, 25 Load	817939-011225	6/10 OZ	50.00	8.33	CS	44.37	7.40	\$5.63	11.3%
65143	Detergent, Peony Blossom, 25 Load	817939-011232	6/10 OZ	50.00	8.33	CS	44.37	7.40	\$5.63	11.3%
63551	Laundry Detergent 3x, Free/Clear	817939-002070	6/32 OZ	56.72	9.45	CS	50.51	8.42	\$6.21	10.9%
63553	Laundry Detergent 3x, Sweet Water	817939-002087	6/32 OZ	56.72	9.45	CS	50.51	8.42	\$6.21	10.9%
63552	Laundry Detergent 3x, Baby	817939-009154	6/32 OZ	65.76	10.96	CS	58.56	9.76	\$7.20	10.9%
65145	Detergent, Free & Clear, 50 Load	817939-011263	6/20 OZ	92.00	15.33	CS	81.65	13.61	\$10.35	11.3%
65146	Detergent, Fresh Air, 50 Loads	817939-011270	6/20 OZ	92.00	15.33	CS	81.65	13.61	\$10.35	11.3%
65147	Detergent, Peony Blossom, 50 Load	817939-011287	6/20 OZ	92.00	15.33	CS	81.65	13.61	\$10.35	11.3%
63833	Laundry Det 50Load, Baby Sweet Pea	817939-011386	6/20 OZ	94.53	15.76	CS	84.18	14.03	\$10.35	10.9%
Squeaky Green										
63557	Dryer Cloths, Baby	817939-009031	6/40 CT	28.36	4.73	CS	25.25	4.21	\$3.11	11.0%
Wipes										
61779	All Purpose, Go Naked	817939-007846	6/30 CT	21.78	3.63	CS	19.39	3.23	\$2.39	11.0%
61777	All Purpose, Lavender	817939-007822	6/30 CT	21.78	3.63	CS	19.39	3.23	\$2.39	11.0%
61778	All Purpose, Pink Grapefruit	817939-007839	6/30 CT	21.78	3.63	CS	19.39	3.23	\$2.39	11.0%
61181	Tub & Tile, Eucalyptus Mint	817939-000595	12/28 CT	43.57	3.63	CS	38.80	3.23	\$4.77	10.9%
NATURALLY IT'S CLEAN										
61206	Instant Stain Erasers	855021-009101	6/5 CT	11.57	1.93	CS	10.29	1.72	\$1.28	11.1%
64017	Enzyme Glass Spray Cleaner	855021-009149	6/16 OZ	20.00	3.33	CS	17.84	2.97	\$2.16	10.8%
64019	Toilet Enzyme Cleaner	855021-009156	6/16 OZ	20.00	3.33	CS	17.84	2.97	\$2.16	10.8%
61208	Kitchen	855021-009040	6/16 OZ	21.49	3.58	CS	19.17	3.20	\$2.32	10.8%
61209	Tub & Tile	855021-009026	6/16 OZ	21.49	3.58	CS	19.17	3.20	\$2.32	10.8%
61210	Floor	855021-009057	6/16 OZ	23.33	3.89	CS	20.80	3.47	\$2.53	10.8%
64016	Stain Eraser, Laundry, Pre-Treat	855021-009163	6/16 OZ	23.33	3.89	CS	20.80	3.47	\$2.53	10.8%
61207	Mildew & Mold	855021-009033	6/16 OZ	26.37	4.40	CS	23.50	3.92	\$2.87	10.9%
64015	Stain Eraser, Carpet	855021-009170	6/16 OZ	26.37	4.40	CS	23.50	3.92	\$2.87	10.9%
SEVENTH GENERATION										
Diapers										
66094	Stage 3, 16-28 lb, Jumbo Pack	732913-440429	76 CT	23.64	23.64	EA	21.00	21.00	\$2.64	11.2%
66095	Stage 4, 22-37 lb, Jumbo Pack	732913-440436	64 CT	23.64	23.64	EA	21.00	21.00	\$2.64	11.2%
High-Efficiency Laundry Products										
61439 E	Liquid 2x Ultra Concentrate, Baby	732913-228157	100 OZ	10.62	10.62	EA	9.44	9.44	\$1.18	11.1%
VEGGIE WASH										
47670	Trigger Spray	087052-129477	12/16 OZ	39.04	3.25	CS	34.65	2.89	\$4.39	11.2%

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Laundry Door



natural herbal dryer scents™



Fresh-smelling laundry, the natural way.



Specialty Products



SPECIALTY PRODUCTS PROMOTIONS SoCal October 2010



UNFI Specialty Foods Program

UNFI Strategy

- Largest **national** distributor of specialty, natural and organic products with a national infrastructure (20 distribution centers nationwide); leveraging national relationships while maintaining local focus in sales and trade marketing
- Single source provider option for your natural, organic, specialty, ethnic and kosher product needs
- Largest customer for majority of our suppliers; translates to lower pricing to our customers
- Over 75,000 items in all retail categories (more than any competitor)
- First to market with over 300 new products each month
- A team of industry professionals that have the experience, passion and knowledge to help substantially grow your business

UNFI Capabilities

- Service levels that consistently exceed 95+% (inclusive of supplier, buyer, warehouse and invalid tags)
- The highest level of on-time deliveries in the industry at 98+%
- Expertise in transitioning businesses with little to no impact on sales
- Extensive industry experience, knowledge, data and an unbiased view to ensure the best assortment and plan-o-grams to maximize profitable sales
- Purchasing and Category Management proficiency second to none in the industry - your link to the consumer from the perspective of assortment, merchandising, marketing and promotions
- Skilled Field Sales organization provides value, knowledge and a high level of detail, reflected across store shelves nationwide by:
 - executing merchandising and marketing programs at retail
 - providing a wide array of shelf management services
 - timely execution of promotional and off shelf display programs
- An industry leader in the "triple bottom line" - balanced environmental, social and economic performance

UNFI Specialty Food Program

- **Assortment:** Over 6000 Specialty and Ethnic (Hispanic, Asian, Kosher and many more) items in distribution centers available today. We will work with the retailer to build a tailored assortment and source additional items as needed.

UNFI total Specialty and Ethnic program includes more than 10,000+ unique items nationwide.

- **Pricing:** Your current UNFI pricing structure applies to all UNFI West Specialty purchases.
- **Marketing and Merchandising:** To support your Specialty Food program, UNFI provides:
 - Category Reviews with suggested planograms
 - Seasonal promotional books
 - Monthly deals
 - Expertise to help you customize your program

How to Use this Section

These products have been identified as "**Specialty**" products. Items with the  icon following the item number are classified as Natural Products.

Those items without the icon are considered traditional grocery items.



Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

FROZEN

TANDOOR CHEF

Appetizers

75142 ■◆● Chicken Samosa 011433-115162 12/7 OZ 43.98 3.67 CS 39.23 3.27 **\$4.75** 10.8%

Frozen Entrees

75128 ☆● Chicken Tandoori w/Spinach, GF 011433-115117 12/10 OZ 43.98 3.67 CS 39.23 3.27 **\$4.75** 10.8%

75125 ☆● Chicken Tikka Masala w/Rice, GF 011433-061148 12/9 OZ 43.98 3.67 CS 39.23 3.27 **\$4.75** 10.8%

GROCERY

ALESSI

Italian Crackers/Breads

74975 ● Garlic 071072-030547 12/4.4 OZ 15.52 1.29 CS 14.36 1.20 **\$1.16** 7.5%

74976 ● Rosemary Breadstick 071072-030554 12/3 OZ 15.52 1.29 CS 14.36 1.20 **\$1.16** 7.5%

74974 ● Sesame 071072-030523 12/4.4 OZ 15.52 1.29 CS 14.36 1.20 **\$1.16** 7.5%

74973 ● Thin Breadstick 071072-030509 12/3 OZ 15.52 1.29 CS 14.36 1.20 **\$1.16** 7.5%

Italian Vinegars/Cooking Wines

73743 Pear Infused Vinegar 071072-011416 6/8.5 OZ 12.48 2.08 CS 11.54 1.92 **\$0.94** 7.5%

73741 ● Raspberry Balsamic 071072-011362 6/8.5 OZ 12.48 2.08 CS 11.54 1.92 **\$0.94** 7.5%

73736 Red Balsamic Vinegar 071072-011294 6/8.5 OZ 12.48 2.08 CS 11.54 1.92 **\$0.94** 7.5%

73737 White Balsamic 071072-011300 6/8.5 OZ 12.48 2.08 CS 11.54 1.92 **\$0.94** 7.5%

ANNIE CHUN'S

Noodle Bowls

21693 ■◆● Kung Pao 765667-100608 6/9.1 OZ 15.03 2.51 CS 13.41 2.24 **\$1.62** 10.8%

21694 ■◆● Pad Thai 765667-100806 6/9.1 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

21692 ■◆● Peanut Sesame 765667-100707 6/9.1 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

22610 ■● Teriyaki 765667-103876 6/8.2 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

Noodle Express

21416 ● Thai Peanut 765667-200506 6/7.4 OZ 15.03 2.51 CS 13.41 2.24 **\$1.62** 10.8%

21407 ■● Chinese Chow Mein Sauce w/Ramen 765667-200308 6/7.1 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

21405 ■● Spicy Szechuan Sauce w/Ramen 765667-200100 6/7.4 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

21406 ■● Teriyaki Sauce w/Ramen 765667-200209 6/7.4 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

Noodles

60947 ☆● Brown Rice, Maifun 765667-500309 6/8 OZ 13.07 2.18 CS 11.67 1.95 **\$1.40** 10.7%

60946 ☆● Brown Rice, Pad Thai 765667-500408 6/8 OZ 13.07 2.18 CS 11.67 1.95 **\$1.40** 10.7%

Soup Bowls

22589 ■● Chicken 765667-100301 6/5.5 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

22590 ■● Hot & Sour 765667-100202 6/5.5 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

21413 ● Kim Chi 765667-100400 6/5.9 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

22547 ■● Miso 765667-628591 6/5.4 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

21414 ■● Tom Yum 765667-100509 6/6 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

22548 ■● Udon 765667-725986 6/5.3 OZ 15.03 2.51 CS 12.87 2.15 **\$2.16** 14.4%

ARIZONA

Specialty Tea

60631 ● Ginseng & Honey 072310-008502 6/20 BAG 14.20 2.37 CS 12.88 2.15 **\$1.32** 9.3%

60632 ● Mandarin Orng w/Ginseng & Honey 072310-008519 6/20 BAG 14.20 2.37 CS 12.88 2.15 **\$1.32** 9.3%

60633 ● Pomegranate & Acai 072310-008526 6/20 BAG 14.20 2.37 CS 12.88 2.15 **\$1.32** 9.3%

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 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ♣ = Vegetable Enzymes ✦ = Ethnic ○ = Non-GMO Project Verified ● = Natural

Item #	Description	UPC	Pack	Wholesale	CS/	Sale				
			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
BAHLEN										
<i>Cookies, Imported</i>										
77282	● Hit Cocoa	070569-350403	25/5.3 OZ	27.46	1.10	CS	24.61	0.98	\$2.85	10.4%
76424	● Hit Vanilla	070569-200302	25/5.3 OZ	27.46	1.10	CS	24.61	0.98	\$2.85	10.4%
88833	Hit Combo	070569-840096	1/105 ASST	107.47	1.02	CS	96.44	0.92	\$11.03	10.3%
BAR HARBOR										
<i>Chowder & Bisques</i>										
62784	■● Bisque, Crab	070718-000807	6/10.5 OZ	16.14	2.69	CS	14.43	2.41	\$1.71	10.6%
62998	■● Bisque, Lobster	070718-000784	6/10.5 OZ	16.14	2.69	CS	14.43	2.41	\$1.71	10.6%
62782	● Chowder, New England Clam	070718-000760	6/15 OZ	16.37	2.73	CS	14.66	2.44	\$1.71	10.4%
62785	● Chowder, Salmon	070718-000968	6/15 OZ	16.37	2.73	CS	14.66	2.44	\$1.71	10.4%
BIGELOW										
<i>Decaffeinated Tea Bags</i>										
28270	● Decaf	072310-041073	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28268	● Earl Grey	072310-042230	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28269	● English Tea Time	072310-042773	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28257	● Green	072310-042476	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
<i>Herbal Tea Bags</i>										
28253	● Cozy Chamomile	072310-000414	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28242	● I Love Lemon	072310-000520	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28243	● Mint Medley	072310-000735	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28241	● Orange & Spice	072310-000506	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79029	● Red Raspberry	072310-000377	6/20 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28245	● Six Assorted	072310-000988	6/18 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28244	● Sweet Dreams	072310-000865	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
64971	● Herb Plus, Cranberry Ginseng	072310-010574	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64972	● Herb Plus, Lemon Ginger	072310-010581	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64973	● Herb Plus, Pomegranate Blueberry	072310-010598	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
64970	● Herb Plus, Wild Blueberry Acai	072310-010567	6/18 BAG	15.68	2.61	CS	14.21	2.37	\$1.47	9.4%
<i>Teas Specialty Tea</i>										
79596	● Cinnamon Stick	072310-001787	6/20 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28231	● Constant Comment	072310-001053	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28232	● Earl Grey	072310-001237	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28259	● English Breakfast	072310-001442	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28234	● English Tea Time	072310-001770	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79599	● Green Tea Assorted	072310-003927	6/16 EA	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
60628	● Green Tea w/Pomegranate	072310-008373	6/20 BAG	12.91	2.15	CS	11.71	1.95	\$1.20	9.3%
28252	● Green w/Lemon	072310-001459	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28262	● Green	072310-008472	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28236	● Lemon Lift	072310-001978	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
79030	● Peach	072310-000407	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
28235	● Plantation Mint	072310-001893	6/20 BAG	12.92	2.15	CS	11.72	1.95	\$1.20	9.3%
BLUE DIAMOND										
<i>Beverages Juices/Dry/Syrups</i>										
12742	◆● Chocolate	041570-068373	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
12740	◆● Original	041570-068274	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
12741	◆● Vanilla	041570-068366	12/32 OZ	22.78	1.90	CS	20.53	1.71	\$2.25	9.9%
<i>Cracker/Bread Specialty Crackers</i>										
20535	★● Almond	041570-044261	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20526	◆★● Cheddar Cheese	041570-054017	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20527	◆★● Country Ranch	041570-054048	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20536	★● Hazelnut	041570-044278	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20537	★● Pecan	041570-044285	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%
20620	★● Smokehouse Almond	041570-044315	12/4.25 OZ	25.82	2.15	CS	22.98	1.92	\$2.84	11.0%

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

BRETON

Crackers/Specialty

79679	Multigrain	055653-630104	12/8.8 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79685	Original	055653-670209	12/8 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79687	Reduced Fat & Sodium	055653-670605	12/8 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79688	Sesame	055653-670902	12/8 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%

BRIANNAS

Salad Dressings Bottled

25972	▲■● Asiago Caesar	027271-120282	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25971	▲■ Blue Cheese	027271-116285	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25968	■● Blush Wine Vinaigrette	027271-117282	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25967	■● Dijon Honey Mustard	027271-115288	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25964	■● Poppy Seed	027271-112287	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25965	● Real French Vinaigrette	027271-113284	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25975	■● Saucy Ginger Mandarin	027271-121319	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25976	● The New American	027271-121326	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%
25966	■● Zesty French	027271-114281	6/12 OZ	15.08	2.51	CS	13.38	2.23	\$1.70	11.3%

CABARET

Crackers/Specialty

44661	Buttery Original	055653-671404	12/7 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
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CANTERBURY NATURALS

Natural Products Baking Ingredients & Mixes

35505	● Choc Orange Pound Cake Mix	054467-006310	12/16 OZ	34.37	2.86	CS	30.81	2.57	\$3.56	10.4%
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CARDINI

Salad Dressings Bottled (Dressing)

75092	Dressing, Caesar	071475-000130	6/20 OZ	21.39	3.57	CS	19.04	3.17	\$2.35	11.0%
21399	● Caesar, Original	071475-014151	6/32 OZ	31.60	5.27	CS	28.19	4.70	\$3.41	10.8%

CELESTIAL SEASONINGS

Holiday Teas & Displays - Special Order Only

27836	● Cndy Cane Lane, Green Holiday Tea, Decaf	070734-100727	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
29389	● Sugar Cookie Sleigh Ride Herb	070734-053696	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%
29387	● Sugar Plum Spice Holiday Herb	070734-053580	6/20 BAG	14.40	2.40	CS	12.78	2.13	\$1.62	11.3%

CENTO

Italian Sauces

75735	Red	070796-700026	6/10.5 OZ	11.09	1.85	CS	9.84	1.64	\$1.25	11.3%
75734	White	070796-700019	6/10.5 OZ	11.09	1.85	CS	9.84	1.64	\$1.25	11.3%

Italian Vegetables

75740	Canellin	070796-800023	6/19 OZ	8.32	1.39	CS	7.38	1.23	\$0.94	11.3%
75739	Ceci	070796-800016	6/19 OZ	8.32	1.39	CS	7.07	1.18	\$1.25	15.0%
89842	Black Beans	070796-800078	6/19 OZ	8.32	1.39	CS	6.76	1.13	\$1.56	18.8%
65908	Canellin	070796-800023	12/19 OZ	16.64	1.39	CS	14.77	1.23	\$1.87	11.2%

Pickle/Pepper/Relish Pickled Specialty

75732	● Pimentos, Sliced	070796-601491	12/4 OZ	18.03	1.50	CS	16.00	1.33	\$2.03	11.3%
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Vegetables/Legumes (Beans)

75720	● Artichokes, Marinated	070796-500046	6/6 OZ	9.36	1.56	CS	7.60	1.27	\$1.76	18.8%
75712	Tomato	070796-300011	6/28 OZ	11.05	1.84	CS	8.98	1.50	\$2.07	18.7%
75714	Tomatoes, Chefs Cut	070796-300042	6/28 OZ	11.05	1.84	CS	8.98	1.50	\$2.07	18.7%
65907	● Artichokes, Marinated	070796-500046	12/6 OZ	18.72	1.56	CS	15.21	1.27	\$3.51	18.8%
65905	Tomato	070796-300011	12/28 OZ	22.11	1.84	CS	17.96	1.50	\$4.15	18.8%
65906	Tomatoes, Chef Cut	070796-300042	12/28 OZ	22.11	1.84	CS	17.96	1.50	\$4.15	18.8%

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Item #	Description	UPC	Pack		Wholesale		CS/EA	Sale			
			Size	Case	Each	Case		Each	\$Disc	%Disc	
COLAVITA											
Italian Oils											
25139	● Extra Virgin	039153-010109	6/25.4 OZ	75.48	12.58	CS	65.48	10.91	\$10.00	13.2%	
Oils											
25131	●● Olive, Extra Virgin	039153-010031	6/16.9 OZ	48.01	8.00	CS	41.61	6.94	\$6.40	13.3%	
25138	● Olive, Extra Virgin	039153-010079	12/8.5 OZ	52.87	4.41	CS	45.87	3.82	\$7.00	13.2%	
25130	●● Olive, Extra Virgin	039153-010024	6/33.8 OZ	84.52	14.09	CS	73.32	12.22	\$11.20	13.3%	
Olive Oils											
25134	●●● Pure	039153-100404	6/16.9 OZ	58.48	9.75	CS	50.58	8.43	\$7.90	13.5%	
Vinegars											
25135	● Balsamic	039153-413009	6/16.9 OZ	23.91	3.99	CS	21.06	3.51	\$2.85	11.9%	
89851	● Red Wine Vinegar	039153-413054	12/17 OZ	32.73	2.73	CS	29.03	2.42	\$3.70	11.3%	
89850	● White Wine Vinegar	039153-413061	12/16.9 OZ	32.76	2.73	CS	29.06	2.42	\$3.70	11.3%	
COLUMELA											
Oils											
89859	Extra Virgin	734492-264984	6/17 OZ	74.04	12.34	CS	68.87	11.48	\$5.17	7.0%	
D.L. JARDINES											
Mexican/American Salsa											
34901	★■ Peach Salsa Medium	022531-052945	6/16 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%	
34904	Queso Loco Cheese Salsa Dip	022531-523001	6/16 OZ	23.44	3.91	CS	20.80	3.47	\$2.64	11.3%	
DA VINCI											
Natural Pasta											
79092	● Organic Bowties	070670-008774	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%	
79084	● Organic Penne	070670-008750	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%	
79083	● Organic Sea Shells	070670-008743	6/16 OZ	11.99	2.00	CS	10.82	1.80	\$1.17	9.8%	
79079	● Organic Fettuccine	070670-008729	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%	
79081	● Organic Linguine	070670-008736	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%	
79078	● Organic Spaghetti	070670-008712	10/1 LB	19.71	1.97	CS	17.76	1.78	\$1.95	9.9%	
79085	● Organic Rotini	070670-008767	12/16 OZ	25.22	2.10	CS	22.88	1.91	\$2.34	9.3%	
Oils											
79101	● Pure Olive Oil	070670-011156	6/8.5 OZ	21.79	3.63	CS	19.73	3.29	\$2.06	9.5%	
79102	● Olive, Pure	070670-011163	6/17 OZ	33.17	5.53	CS	29.70	4.95	\$3.47	10.5%	WSL
79098	● Extra Virgin Olive Oil	070670-011101	12/8.5 OZ	41.25	3.44	CS	36.93	3.08	\$4.32	10.5%	
79099	● Olive, Extra Virgin	070670-011118	6/17 OZ	34.15	5.69	CS	29.47	4.91	\$4.68	13.7%	
Pasta/Noodles											
79050	● Acini Di Pepe	070670-007340	12/1 LB	21.85	1.82	CS	19.91	1.66	\$1.94	8.9%	
79049	● Orzo Rose Marie	070670-007333	12/1 LB	21.85	1.82	CS	19.91	1.66	\$1.94	8.9%	
79052	● Cannelini - Manicotti	070670-007364	12/8 OZ	25.75	2.15	CS	23.23	1.94	\$2.52	9.8%	
79057	● Jumbo Shells	070670-007425	12/12 OZ	25.75	2.15	CS	23.23	1.94	\$2.52	9.8%	
79037	● Lasagna	070670-007210	12/1 LB	25.75	2.15	CS	23.23	1.94	\$2.52	9.8%	
79054	● Fettucine Nest	070670-007395	12/1 LB	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%	
79075	● Multicolor Tortellini	070670-008439	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%	
79074	● Raviollette	070670-008422	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%	
79053	● Spinach Nests	070670-007388	12/1 LB	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%	
79073	● Spinach Tortellini	070670-008415	12/7 OZ	30.47	2.54	CS	27.41	2.28	\$3.06	10.0%	
DARE											
Cracker/Bread Specialty Crackers											
89872	Breton Orig/Cabaret Btr Orig Disp	055653-607007	60 ASST	136.00	136.00	CS	118.66	118.66	\$17.34	12.8%	

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			Size	Case	Each	EA	Case	Each	\$Disc	%Disc
DE LALLO										
89881	Jalapeno Stuffed Olives	072368-174099	6/7 OZ	27.16	4.53	CS	22.94	3.82	\$4.22	15.5%
Italian Pickles/Peppers/Relish										
33794	● Red Peppers w/Garlic	072368-107516	12/12 OZ	24.43	2.04	CS	20.63	1.72	\$3.80	15.6%
33793	● Red Peppers, Roasted	072368-107479	12/12 OZ	24.43	2.04	CS	20.63	1.72	\$3.80	15.6%
Specialty Olives										
20067	● Stuffed, Almond	072368-174013	6/7 OZ	27.16	4.53	CS	22.94	3.82	\$4.22	15.5%
DEBOLES										
Natural Pasta										
08349	☉☉● Angel Hair	087336-528149	12/8 OZ	22.72	1.89	CS	20.25	1.69	\$2.47	10.9%
EMBASA										
Hispanic Condiments										
80860	Chipotle	075386-048588	12/7 OZ	21.40	1.78	CS	18.99	1.58	\$2.41	11.3%
Hispanic Tomato & Pasta Sauces										
80870	Red Salsa	075386-049882	12/7 OZ	13.08	1.09	CS	11.61	0.97	\$1.47	11.2%
Mexican/Authentic Salsas										
75780	Salsa, Green	075386-049875	12/7 OZ	13.08	1.09	CS	11.61	0.97	\$1.47	11.2%
FLORIDA'S NATURAL										
Natural Confections										
62011	★◆● Strawberry	660973-181108	6/1.8 OZ	8.72	1.45	CS	7.74	1.29	\$0.98	11.2%
62161	★● Assorted	660973-281174	8/5 OZ	23.47	2.93	CS	20.83	2.60	\$2.64	11.2%
62162	★● Assorted	660973-281167	8/5 OZ	23.47	2.93	CS	20.83	2.60	\$2.64	11.2%
FRONTERA										
Classic Mexican Salsas										
19862	■● Chipotle, Hot	604183-110107	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
19864	● Habanero, Hot	604183-110305	6/16 OZ	17.79	2.97	CS	15.99	2.67	\$1.80	10.1%
GEROLSTEINER										
Waters										
31130	● Mineral, From Germany	075502-000018	12/33.8 OZ	22.36	1.86	CS	20.16	1.68	\$2.20	9.8%
GIA RUSSA										
Select Sauces										
33960	● Alla Vodka	026825-008915	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33964	● Artichoke	026825-008892	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33961	● Hot Sicilian	026825-008922	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33962	● Marinara	026825-008939	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33965	● Putanesca	026825-008885	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
33959	● Tomato And Basil	026825-008908	12/24 OZ	61.92	5.16	CS	54.95	4.58	\$6.97	11.3%
34641	● Artichoke	026825-012011	12/10 OZ	63.52	5.29	CS	56.37	4.70	\$7.15	11.3%
34640	● Sweet Pepper	026825-012004	12/10 OZ	63.52	5.29	CS	56.37	4.70	\$7.15	11.3%
Whole Wheat Pasta										
33929	● Egg Lasagna	026825-004092	12/9 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33948	● Penne Rigate	026825-004030	12/16 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33949	● Rotini	026825-004047	12/16 OZ	28.32	2.36	CS	25.13	2.09	\$3.19	11.3%
33947	● Linguine	026825-004023	20/16 OZ	47.20	2.36	CS	41.89	2.09	\$5.31	11.3%
33958	● Spaghetti	026825-004078	20/16 OZ	47.20	2.36	CS	41.89	2.09	\$5.31	11.3%
33957	● Spaghetti, Thin	026825-004016	20/16 OZ	47.20	2.36	CS	41.89	2.09	\$5.31	11.3%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/ Each	EA	Sale			
							Case	Each	\$Disc	%Disc
GOLDEN TEMPLE										
<i>Mixes</i>										
44663	✪ Flatbread, Garlic Naan	059000-401126	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
44664	✪ Flatbread, Onion Naan	059000-401133	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
44662	✪ Flatbread, Plain Naan	059000-401119	6/12.3 OZ	13.53	2.26	CS	12.01	2.00	\$1.52	11.2%
GRAINSFIRST										
<i>Crackers/Specialty</i>										
79684	Autumn Harvest, Blk Ses & Poppyseed	055653-669302	12/8.8 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
GUILTLSS GOURMET										
<i>Baked Tortilla Chips</i>										
35416	✪ Blue Corn	000901-000079	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35409	✪ Chili & Lime	000901-000055	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35519	✪ Mucho Nacho	000901-000031	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35418	✪ Spicy Black Bean	000901-000093	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35520	✪ Yellow, Salted	000901-000017	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
35521	✪ Yellow, Unsalted	000901-000024	12/7 OZ	24.99	2.08	CS	22.25	1.85	\$2.74	11.0%
GUNDELSHEIM										
<i>Pickled Vegetables</i>										
75203	● Red Cabbage	078192-046083	6/19.4 OZ	17.39	2.90	CS	15.69	2.62	\$1.70	9.8%
75205	● Sauerkraut	078192-050554	6/28.5 OZ	22.59	3.77	CS	20.44	3.41	\$2.15	9.5%
<i>Pickles</i>										
75200	● Barrel Pickles	078192-040562	6/35.9 OZ	25.89	4.32	CS	23.49	3.92	\$2.40	9.3%
75204	● Garlic Barrel Pickles	078192-048834	6/35.9 OZ	25.89	4.32	CS	23.49	3.92	\$2.40	9.3%
HENRY & LISA'S										
Natural Seafood										
<i>Seafood/Fish-Salmon & Other Fish</i>										
34349	● Wild Alaskan Pink Salmon	812410-000217	12/6 OZ	42.64	3.55	CS	38.94	3.25	\$3.70	8.7%
<i>Seafood/Fish-Tuna</i>										
34348	● Solid White Albacore Tuna	812410-000200	12/5 OZ	63.42	5.29	CS	57.82	4.82	\$5.60	8.8%
HI*BALL										
<i>Beverages New Age/Sodas</i>										
38864	● Grapefruit Loose	897351-000083	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38861	● Lemon Lime Loose	897351-000052	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38863	● Orange Loose	897351-000069	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
38862	● Wild Berry Loose	897351-000076	12/10 OZ	19.85	1.65	CS	17.90	1.49	\$1.95	9.8%
HODGSON MILL										
<i>Hot Cereal</i>										
24780	● Multi Grain w/Flaxseed & Soy	071518-010447	6/16 OZ	10.16	1.69	CS	9.02	1.50	\$1.14	11.2%
25447	● Oat Bran Cereal	071518-010225	12/16 OZ	20.96	1.75	CS	18.60	1.55	\$2.36	11.3%
HOUSE OF TSANG										
<i>Asian Cooking Ingredients Marinade/Sauce</i>										
76598	Bangkok Peanut Sauce	075050-006166	6/11.5 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%
76597	Korean Teriyaki	075050-006128	6/11.5 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%
76595	Stir Fry Sauce	075050-006104	6/11.5 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%
76596	Szechwan Stir Fry	075050-006111	6/11.5 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%
<i>Asian Cooking Ingredients Oil</i>										
76592	● Wok	075050-006012	6/10 OZ	17.07	2.85	CS	15.27	2.55	\$1.80	10.5%

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			Size	Case	Each	EA	Case	Each	\$Disc

ITO EN

Ready To Drink Tea

36498	■● Blueberry, Green	835143-003102	12/16.9 OZ	13.08	1.09	CS	11.72	0.98	\$1.36	10.4%
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JACK DANIELS

Mustards

77833	Hickory Smoke	070200-502314	6/9 OZ	12.83	2.14	CS	11.42	1.90	\$1.41	11.0%
77835	Honey Dijon	070200-502338	6/9 OZ	12.83	2.14	CS	11.42	1.90	\$1.41	11.0%
77832	Horseradish	070200-502307	6/9 OZ	12.83	2.14	CS	11.42	1.90	\$1.41	11.0%
77836	Old No. 7	070200-502345	6/9 OZ	12.83	2.14	CS	11.42	1.90	\$1.41	11.0%
77834	Stone Ground Dijon	070200-502321	6/9 OZ	12.83	2.14	CS	11.42	1.90	\$1.41	11.0%

JULES DESTROOPER

Cookies

30099	■● Almond Thins	749880-110231	12/3.5 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
30101	■● Butter Crisps	749880-110798	12/3.5 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
89892	Butter Waffle	749880-111252	12/3.52 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
30104	■● Ginger Thins	749880-110910	12/3.35 OZ	27.94	2.33	CS	26.29	2.19	\$1.65	5.9%
73230	Chocolate Thins	749880-130901	12/3.52 OZ	31.67	2.64	CS	29.83	2.49	\$1.84	5.8%

Specialty Food Displays

89885	Thin Crisp	749880-080923	1/72 ASST	164.87	164.87	CS	155.25	155.25	\$9.62	5.8%
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KA-ME

Brown Rice Crisp

26801	● Seaweed	070844-001075	12/3.5 OZ	24.85	2.07	CS	23.09	1.92	\$1.76	7.1%
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KNORR

Specialty Sauces & Condiments

74088	● Bernaise, Classic	048001-703063	12/0.9 OZ	12.96	1.08	CS	11.60	0.97	\$1.36	10.5%
74087	● Hollandaise, Classic	048001-703056	12/0.9 OZ	12.96	1.08	CS	11.60	0.97	\$1.36	10.5%

LA BALEINE

Spice/Seasonings

25661	● Sea Salt, Coarse	079462-004581	12/26.5 OZ	39.49	3.29	CS	37.21	3.10	\$2.28	5.8%
25660	● Sea Salt, Fine	079462-002631	12/26.5 OZ	39.49	3.29	CS	37.21	3.10	\$2.28	5.8%

MARTINELLI'S

Not From Concentrate, Made From US Grown Apples

Ciders and Juices

23376	●● Apple Cider	041244-001514	6/1.5 LTR	23.91	3.99	CS	22.62	3.77	\$1.29	5.4%
23375	●● Apple Juice, Unfiltered	041244-001545	6/1.5 LTR	23.91	3.99	CS	22.62	3.77	\$1.29	5.4%

Displays

23356	● Mulling Spice Shipper	041244-004805	48/25 CT	206.21	4.30	CS	182.21	3.80	\$24.00	11.6%
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Sparkling Ciders & Juices

23372	●● Apple Cider	041244-000067	12/25.4 OZ	31.92	2.66	CS	29.76	2.48	\$2.16	6.8%
23367	●● Apple Grape	041244-600250	12/25.4 OZ	31.90	2.66	CS	29.74	2.48	\$2.16	6.8%
23374	●● Apple Cranberry	041244-102501	12/25.4 OZ	31.89	2.66	CS	29.25	2.44	\$2.64	8.3%
32755	● Apple Pomegranate	041244-990306	12/25.4 OZ	38.40	3.20	CS	35.76	2.98	\$2.64	6.9%

MARUKAN

Asian Cooking Ingredients-Vinegar/Cooking Wine

33366	●● Brewed Rice Vinegar	070641-000066	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%
33368	●● Lite Seasoned Gourmet Rice Vinegar	070641-000394	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%
33367	●● Seasoned Gourmet Rice Vinegar	070641-000097	6/12 OZ	11.37	1.90	CS	10.59	1.77	\$0.78	6.9%

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							Case	Each	\$Disc	%Disc
MCCANN'S IRISH OATMEAL										
<i>Cereal-Hot</i>										
02433	☉● Oatmeal, Irish	072463-000224	12/16 OZ	35.76	2.98	CS	33.17	2.76	\$2.59	7.2%
32540	● Quick & Easy Steel Cut	072463-000309	12/16 OZ	35.76	2.98	CS	33.17	2.76	\$2.59	7.2%
02431	☉● Oatmeal, Quick	072463-000217	12/16 OZ	38.84	3.24	CS	36.02	3.00	\$2.82	7.3%
75966	Oatmeal Steel Cut	072463-000354	12/24 OZ	51.10	4.26	CS	47.44	3.95	\$3.66	7.2%
02430	☉● Oatmeal, Regular	072463-000200	12/28 OZ	67.70	5.64	CS	62.79	5.23	\$4.91	7.3%
MOM'S SPAGHETTI SAUCE										
<i>Pasta Sauce</i>										
31810	● Garlic & Basil	096906-002262	6/24 OZ	35.22	5.87	CS	31.80	5.30	\$3.42	9.7%
32300	● Spaghetti Marinara	096906-023243	6/24 OZ	35.22	5.87	CS	31.80	5.30	\$3.42	9.7%
MONARI FEDERZONI										
<i>Vinegars/Cooking Wines Vinegar</i>										
62310	★● Balsamic Vinegar	067264-200003	6/17 OZ	30.21	5.04	CS	27.18	4.53	\$3.03	10.0%
MONINI										
<i>Vinegars/Cooking Wines</i>										
34257	★♯ Wine Vinegar, Chianti	080441-000722	6/16.9 OZ	26.88	4.48	CS	23.86	3.98	\$3.02	11.2%
34308	★♯ Wine Vinegar, Pinot	080441-000715	6/16.9 OZ	26.88	4.48	CS	23.86	3.98	\$3.02	11.2%
MRS. RENFRO'S										
<i>Mexican/American Pickles/Peppers/Relish</i>										
79335	Peppers, Nacho Sliced	041235-000823	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
<i>Mexican/American Salsa</i>										
79329	Black Bean	041235-000694	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44651	★■● Mango Habanero	041235-000779	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79328	Medium	041235-000687	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79331	★■ Peach	041235-000748	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34239	★■● Pineapple	041235-000793	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34229	★● Pomegranate w/Chipotle	041235-000809	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79332	● Roasted Garlic	041235-000755	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
79330	● Roasted	041235-000731	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44648	♣● Salsa, Green	041235-000632	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
44649	♣● Salsa, Habanero	041235-000700	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
34226	★■● Tequila	041235-000786	6/16 OZ	14.59	2.43	CS	12.90	2.15	\$1.69	11.6%
<i>Mexican/American Sauces</i>										
79322	Nacho Cheese	041235-000328	6/16 OZ	18.19	3.03	CS	16.09	2.68	\$2.10	11.5%
NATURAL SEA										
<i>Salmon</i>										
05018	● Pink	042563-003005	12/7.5 OZ	31.92	2.66	CS	28.42	2.37	\$3.50	11.0%
05020	● Pink, No Salt	042563-003050	12/7.5 OZ	31.92	2.66	CS	28.42	2.37	\$3.50	11.0%
NEWMAN'S OWN										
<i>Dressings</i>										
36278	■● Balsamic Vinaigrette	020662-000064	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
36305	● Olive Oil & Vinegar Salad Dressing	020662-000026	6/16 OZ	22.26	3.71	CS	20.66	3.44	\$1.60	7.2%
ORGANIC COFFEE CO.										
<i>Premium Roast Coffee Beans</i>										
36881	★● Breakfast Blend	751228-021154	6/12 OZ	39.60	6.60	CS	35.14	5.86	\$4.46	11.3%
PANDA LICORICE										
<i>Natural Confections</i>										
39749	■● Banana, Caramel & Strawberry, Bag	075172-078805	12/7 OZ	38.05	3.17	CS	33.82	2.82	\$4.23	11.1%

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			Size	Case	Each	EA	Case	Each	\$Disc

PASTORELLI

All Natural Pizza Sauce

32928 ●	Italian Chef	073630-013054	12/15 OZ	16.70	1.39	CS	14.85	1.24	\$1.85	11.1%
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PATAK

Indian Food Condiments

18943 ◆■●	Brinjal (Eggplant)	069276-012605	6/11 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%
18613 ◆●	Garlic Relish	069276-012407	6/10.6 OZ	16.00	2.67	CS	14.20	2.37	\$1.80	11.3%
18605 ◆●	Curry, Extra Hot	069276-032009	6/10 OZ	17.68	2.95	CS	15.69	2.62	\$1.99	11.3%
18940 ◆●	Curry, Mild	069276-032054	6/10 OZ	17.68	2.95	CS	15.69	2.62	\$1.99	11.3%
18942 ◆■●	Hot Mango	069276-020235	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
18941 ◆■●	Major Grey	069276-020136	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
36677 ◆■●	Sweet Mango	069276-020037	6/12 OZ	18.00	3.00	CS	15.97	2.66	\$2.03	11.3%
36682 ●	Korma, Coconut	069276-070322	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%
24365 ●	Rogan Josh	069276-070339	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%
24366 ●	Tikka Masala	069276-070315	6/15 OZ	14.32	2.39	CS	12.17	2.03	\$2.15	15.0%

RICE SELECT

Couscous Tubs

30755 ★●●	Couscous, Whole Wheat	074401-744320	4/31.7 OZ	25.23	6.31	CS	22.39	5.60	\$2.84	11.3%
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Orzo Tubs

82363 ●	Tri-Color	074401-701415	4/32 OZ	22.83	5.71	CS	20.26	5.07	\$2.57	11.3%
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Rice Tubs

83580 ●	Royal Blend	074401-760412	4/21 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%
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Rice

87473 ●	White Rice	074401-112419	6/14 OZ	12.80	2.13	CS	11.36	1.89	\$1.44	11.3%
24353 ●●	Couscous	074401-704324	4/31.7 OZ	21.23	5.31	CS	18.84	4.71	\$2.39	11.3%
62445 ●	Texmati Brown & Red Royal Blend	074401-760337	4/32 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%
62446 ●	Texmati Brown & Wild Royal Blend	074401-760320	4/32 OZ	22.93	5.73	CS	20.35	5.09	\$2.58	11.3%

ROCK-N-ROLL GOURMET

Hippie Chips With Hemp

23039 ●●	Haight-Ashbury Jalepeno	895873-002196	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23038 ●●	Lime Is On My Side Cracked Pepper	895873-002233	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23040 ●●	Memphis Blues Barbecue	895873-002257	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
23037 ●●	Sea Of Love Salt	895873-002011	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
65460 ★●●	White Room Cheddar	895873-002219	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%
65461 ★●●	Woodstock Ranch	895873-002035	12/3.25 OZ	24.64	2.05	CS	21.87	1.82	\$2.77	11.2%

ROLAND

Asian Snacks Salty

36731 ■★●	Hot Wasabi	041224-835108	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
36732 ■★●	Nori Seaweed	041224-835061	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
36733 ■★●	Original	041224-835009	12/3.5 OZ	16.00	1.33	CS	14.20	1.18	\$1.80	11.3%
32433 ■●	Edamame	041224-837409	12/4.4 OZ	19.33	1.61	CS	17.15	1.43	\$2.18	11.3%
32434 ■●	Wasabi Pea	041224-837003	12/4.4 OZ	19.33	1.61	CS	17.15	1.43	\$2.18	11.3%
32429 ■●	Maki Rolls Rice Crakers	041224-835306	12/3.5 OZ	22.53	1.88	CS	19.99	1.67	\$2.54	11.3%

Pasta

87490 ●	Pad Thai	041224-723207	6/14 OZ	13.89	2.32	CS	12.33	2.06	\$1.56	11.2%
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Seafood

87477	Anchovies Flat	041224-182202	10/2 OZ	13.33	1.33	CS	11.83	1.18	\$1.50	11.3%
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SAN PELLEGRINO

Sparkling Water

27202 ●	Mineral Water	041508-800006	12/1 LTR	20.00	1.67	CS	17.75	1.48	\$2.25	11.3%
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			Size	Case	Each	Case		Each	\$Disc	%Disc	

SAN-J

Shoyu, Tamari & Sauces

20436	☉☉● Tamari, Black Label	075810-021255	6/10 OZ	11.20	1.87	CS	9.97	1.66	\$1.23	11.0%
20427	●● Tamari, LS	075810-023259	6/10 OZ	15.00	2.50	CS	13.34	2.22	\$1.66	11.1%
20450	★●● Sauce, Asian BBQ	075810-170250	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20418	★●● Sauce, Sweet & Tangy	075810-160251	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20429	★●● Sauce, Szechuan	075810-120255	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20433	★●● Sauce, Thai Peanut	075810-140253	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20422	★●● Teriyaki, Natural	075810-112250	6/10 OZ	15.73	2.62	CS	13.99	2.33	\$1.74	11.1%
20423	★●●● Tamari Gold Label, WF, Whl Soybean	075810-001257	6/10 OZ	17.27	2.88	CS	15.36	2.56	\$1.91	11.1%

SORRELL RIDGE

Syrups

39005	● Peach	069624-004108	12/10 OZ	27.69	2.31	CS	24.76	2.06	\$2.93	10.6%
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SPICE HUNTER

Beverages Juices/Dry/Syrups

06771	● Hot Buttered Rum Mix	081057-054055	12/2.2 OZ	15.52	1.29	CS	13.19	1.10	\$2.33	15.0%
06772	● Mulled Wine & Cider Spice	081057-054079	12/1.25 OZ	15.52	1.29	CS	13.19	1.10	\$2.33	15.0%

STASH TEA

Teas Specialty Tea

29277	◆● Breakfast, English	077652-082289	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29278	● Breakfast, Irish	077652-082326	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29274	◆● Chai Spice	077652-082548	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29254	● Chai	077652-082524	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29288	◆● Chamomile	077652-082210	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29221	● Double Bergamot	077652-082098	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29276	◆● Earl Grey	077652-082272	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29335	● Fushion Breakfast w/ Matcha	077652-083620	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29252	● Fusion Green & White	077652-082685	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29336	● Ginger Peach w/ Matcha	077652-083651	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29529	● Goji Berry With Matcha	077652-083590	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29253	● Green Tea Sampler	077652-088175	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29256	● Lemon Ginger	077652-082494	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29289	◆● Licorice Spice	077652-082258	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29257	● Mango Passionfruit	077652-082562	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29531	● Mangosteen With Matcha	077652-083477	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29247	◆● Moroccan Mint	077652-082357	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29296	◆● Peppermint	077652-082227	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29337	● Pomegranate Raspbery w/Matcha	077652-083668	6/18 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29248	◆● Premium	077652-082296	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%
29255	● Wild Raspberry	077652-082463	6/20 BAG	13.21	2.20	CS	11.74	1.96	\$1.47	11.1%

SUN BRAND

Spice/Seasonings

83775	● Curry Powder	072538-000050	6/4 OZ	10.67	1.78	CS	9.55	1.59	\$1.12	10.5%
81156	● Tandoori Powder	072538-000081	12/4 OZ	20.82	1.74	CS	18.59	1.55	\$2.23	10.7%

SUN LUCK

Asian Cooking Ingredients Seasoning

84749	● Sesame Seed Toast	076132-130120	6/3.75 OZ	17.84	2.97	CS	15.86	2.64	\$1.98	11.1%
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Asian Cooking Ingredients Vegetable

20483	● Bamboo Shoot, Sliced	076132-170027	12/8 OZ	13.09	1.09	CS	12.19	1.02	\$0.90	6.9%
20484	● Water Chestnuts, Whole	076132-170058	12/8 OZ	13.09	1.09	CS	12.19	1.02	\$0.90	6.9%
84762	● Waterchestnuts, Sliced	076132-170065	12/8 OZ	12.98	1.08	CS	12.08	1.01	\$0.90	6.9%

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Item #	Description	UPC	Pack	Wholesale	CS/	Sale			
			Size	Case	Each	EA	Case	Each	\$Disc

TASTY BITE

Simmer Sauces

39567	■★☞ Good Korma	782733-013013	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39568	★☞ Rogan Josh	782733-013020	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%
39569	■★☞ Tikka Masala	782733-013037	6/7 OZ	9.16	1.53	CS	8.17	1.36	\$0.99	10.8%

THAI KITCHEN

Asian Meals, Meal Starters

38053	■☞ Rice Noodle Bowls Dsply	737628-010134	84/2.4 OZ	105.42	1.26	CS	90.08	1.07	\$15.34	14.6%
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Pastes

18951	☞ Curry, Red	737628-003006	12/4 OZ	27.27	2.27	CS	23.36	1.95	\$3.91	14.3%
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Pure Coconut Milk

18950	◆☞ Coconut Milk	737628-011506	12/13.66 OZ	16.08	1.34	CS	13.86	1.16	\$2.22	13.8%
18960	◆☞ Coconut Milk, Lite	737628-011605	12/13.66 OZ	16.08	1.34	CS	13.86	1.16	\$2.22	13.8%
36098	☞ Coconut Milk	737628-060504	24/5.46 OZ	17.81	0.74	CS	15.30	0.64	\$2.51	14.1%

Sauces

18954	☞ Fish	737628-001002	12/7 OZ	27.27	2.27	CS	23.36	1.95	\$3.91	14.3%
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TWININGS

Green Tea

27014	Green	070177-176365	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
27011	☞ Jasmine	070177-050740	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82964	☞ Lemon	070177-250997	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26998	☞ Mint	070177-250980	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%

Teas

27010	☞ Breakfast, English, Decaf	070177-173517	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26971	☞ Ceylon	070177-154165	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82953	☞ Chai	070177-155742	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26986	☞ China Oolong	070177-154264	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26977	☞ Darjeeling	070177-154127	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26975	☞ Earl Grey	070177-154226	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
27009	☞ Earl Grey, Decaf	070177-171674	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26978	☞ English Breakfast	070177-154196	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26976	☞ Irish Breakfast	070177-154240	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26974	☞ Lady Grey	070177-154004	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26992	☞ Peppermint	070177-067779	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26972	☞ Prince of Wales	070177-154141	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
82791	☞ Pure Chamomile	070177-067762	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
80819	☞ Vanilla	070177-179533	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%
26973	☞ Variety Pack	070177-154035	6/20 BAG	14.72	2.45	CS	13.06	2.18	\$1.66	11.3%

U S MILLS

Cereals

52013	☞ Uncle Sam's Cereal	041653-456783	12/10 OZ	28.53	2.38	CS	25.38	2.12	\$3.15	11.0%
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ULTIMATE

Cookies/Specialty

79669	Coconut Creme	055653-120209	12/12.3 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79668	Fudge Chocolate	055653-119906	12/12.3 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79670	Lemon Creme	055653-120506	12/12.3 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%
79671	Maple Leaf Creme	055653-120605	12/12.3 OZ	27.20	2.27	CS	23.73	1.98	\$3.47	12.8%

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Item #	Description	UPC	Pack Size	Wholesale Case	CS/Each	EA	Sale			
							Case	Each	\$Disc	%Disc

VIGO

Caribbean Hispanic Rice

83792	Mexican Rice	071072-013212	12/8 OZ	19.20	1.60	CS	17.76	1.48	\$1.44	7.5%
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Rice & Potatoes

83786	Black Beans and Rice	071072-012949	12/8 OZ	20.16	1.68	CS	18.65	1.55	\$1.51	7.5%
83785	Red Beans and Rice	071072-012901	12/8 OZ	20.16	1.68	CS	18.65	1.55	\$1.51	7.5%

WALKER'S SHORTBREAD

Shortbread Cookies

24111	☉■ Chocolate Chip	039047-011496	12/4.4 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
24113	☉■ Fingers	039047-001152	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
24104	■● Rounds	039047-001404	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%
24110	☉■ Triangles	039047-001312	12/5.3 OZ	37.04	3.09	CS	33.08	2.76	\$3.96	10.7%

WASA CRISP BREAD

Cracker/Bread Crispbreads

25648	■● Crisp `n Light, 7 Grain	033617-410016	10/4.9 OZ	15.26	1.53	CS	13.76	1.38	\$1.50	9.8%
25658	● Fiber Plus	033617-350756	12/8.1 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25652	● Multigrain	033617-007032	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25656	☉● Rye, Hearty	033617-370372	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25655	☉● Rye, Light	033617-322616	12/9.5 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25657	☉● Rye, Sourdough	033617-340610	12/9.7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25651	■● Sesame Toasted Wheat	033617-007070	12/7 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25585	■● Whole Wheat	033617-596284	12/8.2 OZ	25.16	2.10	CS	23.36	1.95	\$1.80	7.2%
25637	● Multi Grain & Light Rye Shipper	033617-007384	48 ASST	100.51	2.09	CS	90.97	1.90	\$9.54	9.5%

WEETABIX

Cereals

65533	☉● Weetabix	055712-067124	12/14 OZ	40.17	3.35	CS	35.92	2.99	\$4.25	10.6%
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WOLFGANG PUCK

Natural Soup & Meal Cups

21302	★☆☆● Lentil & Vegetable, Thick Hearty	858328-761185	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21301	★☆☆● Tom w/Basil, Classic	858328-761123	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%
21304	★☆☆● Vegetable, Thick Hearty	858328-761307	12/14.5 OZ	26.70	2.23	CS	23.82	1.99	\$2.88	10.8%

PERSONAL CARE

ALL TERRAIN

Hand Sanitizer

57953	Hand Sanz w/Aloe & Vit E	608503-050883	2 OZ	1.79	1.79	EA	1.59	1.59	\$0.20	11.2%
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NON-FOODS

ECOVER

Dish

60301	Liquid, Herbal	728997-212007	12/32 OZ	38.45	3.20	CS	34.25	2.85	\$4.20	10.9%
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Pack Size / Ingredient Changes

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OLD Item #	NEW Item #	BRAND	NEW Description	OLD UPC	NEW UPC	OLD Pack Size	NEW Pack Size	*EFFECTIVE DATE
60438	50340	AMER BIO	AMBIO DGP DOG GONE PAIN	678226-002605	678226-015605	60 CAP	SAME	08/23/10
21401	66341	ANNIE CHUN	OG2 ANNIE CHOW MEIN	765667-627006	SAME	6/7.8 OZ	SAME	08/06/10
21402	66342	ANNIE CHUN	OG2 ANNIE SOY GINGER	765667-225653	SAME	6/8.2 OZ	SAME	08/06/10
21404	66343	ANNIE CHUN	OG2 ANNIE PEANUT SESAME	765667-307021	SAME	6/8.2 OZ	SAME	08/06/10
22591	66344	ANNIE CHUN	OG2 ANNIE TERIYAKI	765667-300800	SAME	6/8.2 OZ	SAME	08/06/10
71166	14171	APPLEGATE	AF SLICED SMOKED TURKEY	025317-579001	SAME	16/7 OZ	12/7 OZ	08/24/10
71167	14172	APPLEGATE	AF SLICED ROASTED TURKEY	025317-586009	SAME	16/7 OZ	12/7 OZ	08/24/10
71185	14174	APPLEGATE	AF SLICED BLK FOREST HAM	025317-005906	SAME	16/7 OZ	12/7 OZ	08/24/10
74373	14173	APPLEGATE	AF SLICED HNY/MPL TURKEY	025317-005883	SAME	16/7 OZ	12/7 OZ	08/24/10
74374	14175	APPLEGATE	OG2 AF GENOA SALAMI SLCD	025317-656009	SAME	16/4 OZ	12/4 OZ	08/24/10
62226	51557	DOGSWELL	DOGS HPPY HIP DUCK TREAT	884244-000602	884244-112138	12/6 OZ	12/5 OZ	08/04/10
62227	51558	DOGSWELL	DOGS BREATHIES DUCK TRT	884244-000640	884244-112435	12/6 OZ	12/5 OZ	08/04/10
62228	51559	DOGSWELL	DOGS VITALITY DUCK TREAT	884244-000626	884244-112237	12/6 OZ	12/5 OZ	08/04/10
62230	51554	DOGSWELL	DOGS BREATHIES CHKN TRTS	884244-000091	884244-112411	12/6 OZ	12/5 OZ	08/04/10
62231	51551	DOGSWELL	DOGS HAPPY HRT CKN TRTS	884244-000039	884244-112619	12/6 OZ	12/5 OZ	08/04/10
62232	51553	DOGSWELL	DOGS HPPY HIP CHKN TREAT	884244-000008	884244-112114	12/6 OZ	12/5 OZ	08/04/10
62233	51555	DOGSWELL	DOGS MLLW MUT CHKN TREAT	884244-000077	884244-112510	12/6 OZ	12/5 OZ	08/04/10
62234	51552	DOGSWELL	DOGS VITALITY CHKN TREAT	884244-000053	884244-112213	12/6 OZ	12/5 OZ	08/04/10
62263	51560	DOGSWELL	DOGS HPY HIP LMB/RCE TRT	884244-000800	884244-112145	12/6 OZ	12/5 OZ	08/04/10
62279	51556	DOGSWELL	DOGS SHAPE UP CHKN TREAT	884244-213811	884244-112817	12/6 OZ	12/5 OZ	08/04/10
60746	50775	EARTH FRND	EF STAIN & ODOR REMOVER	749174-097071	SAME	12/22 OZ	6/22 OZ	08/06/10
60750	50773	EARTH FRND	EF ORNG PLUS CONC CLNSR	749174-092489	SAME	12/22 OZ	6/22 OZ	08/06/10
60751	50774	EARTH FRND	EF RTU ORNG PLUS CLNSR	749174-097064	SAME	12/22 OZ	6/22 OZ	08/06/10
60754	50772	EARTH FRND	EF WINDOW KLEENER	749174-093004	SAME	12/22 OZ	6/22 OZ	08/06/10
60759	50776	EARTH FRND	EF FURNITURE POLISH	749174-097316	SAME	12/22 OZ	6/22 OZ	08/06/10
60865	50771	EARTH FRND	EF ZAINZ LNDRY PRE WASH	749174-097590	SAME	12/22 OZ	6/22 OZ	08/06/10
65561	50391	FEED GRAN	FEED RAISIN NUT GRANOLA	857265-001026	857265-001422	6/12 OZ	SAME	09/06/10
65562	50390	FEED GRAN	FEED BLUBRY ALMOND GRAN	857265-001040	857265-001446	6/12 OZ	SAME	09/06/10
65563	50392	FEED GRAN	FEED CRAN/COCONUT GRAN	857265-001064	857265-001460	6/12 OZ	SAME	09/06/10
10064	11951	FL NATURL	FL NAT ORANGE JUICE NFC	016300-151144	016300-165646	8/64 OZ	8/59 OZ	08/26/10
10065	11952	FL NATURL	FL NAT ORNG/CALC JCE NFC	016300-151953	016300-165677	8/64 OZ	8/59 OZ	08/26/10
10066	11953	FL NATURL	FL NAT HOME SQZ ORNG JCE	016300-151212	016300-165653	8/64 OZ	8/59 OZ	08/26/10
10067	11950	FL NATURL	FL NAT GRPFRT JCE NFC	016300-151205	016300-165691	8/64 OZ	8/59 OZ	08/26/10
10068	11954	FL NATURL	FL NAT HMSQZ ORNG/CALC/D	016300-151045	016300-165660	8/64 OZ	8/59 OZ	08/26/10
38105	51564	HALO	HALO CHKN WET DOG FOOD	745158-700302	745158-700401	12/13 OZ	12/13.2OZ	08/23/10
38106	51566	HALO	HALO SALMON WET DOG FOOD	745158-700333	745158-700432	12/13 OZ	12/13.2OZ	08/23/10
38107	51567	HALO	HALO CHKN WET DOG FOOD	745158-800200	745158-800309	12/20 OZ	6/22 OZ	08/23/10
38108	51569	HALO	HALO SALMON WET DOG FOOD	745158-800231	745158-800330	12/20 OZ	6/22 OZ	08/23/10
38109	51538	HALO	HALO CHKN WET CAT FOOD	745158-400509	745158-400806	12/7.5 OZ	12/5.5 OZ	08/23/10
38114	51561	HALO	HALO CHKN WET DOG FOOD	745158-600404	745158-600503	12/5 OZ	12/5.5 OZ	08/23/10
38115	51562	HALO	HALO LAMB WET DOG FOOD	745158-600411	745158-600510	12/5 OZ	12/5.5 OZ	08/23/10
38116	51563	HALO	HALO SALMON DOG FOOD	745158-600435	745158-600534	12/5 OZ	12/5.5 OZ	08/23/10
38118	51534	HALO	HALO CHKN WET CAT FOOD	745158-300601	745158-300502	12/3.5 OZ	12/3 OZ	08/23/10
38119	51535	HALO	HALO SALMON WET CAT FOOD	745158-300618	745158-300519	12/3.5 OZ	12/3 OZ	08/23/10
38120	51536	HALO	HALO TURKEY WET CAT FOOD	745158-300625	745158-300526	12/3.5 OZ	12/3 OZ	08/23/10
38121	51539	HALO	HALO SALMON WET CAT FOOD	745158-400523	745158-400813	12/7.5 OZ	12/5.5 OZ	08/23/10
61451	51565	HALO	HALO BEEF WET DOG FOOD	745158-700326	745158-700425	12/13 OZ	12/13.2OZ	08/23/10
61460	51537	HALO	HALO LAMB WET CAT FOOD	745158-300632	745158-300533	12/3.5 OZ	12/3 OZ	08/23/10
61462	51540	HALO	HALO TURKEY WET CAT FOOD	745158-400622	745158-400820	12/7.5 OZ	12/5.5 OZ	08/23/10
36768	51351	MILTONS	MILTONS EVRYTHNG CRACKER	606541-920915	606541-922483	12/10 OZ	12/8.3 OZ	08/30/10
36940	51355	MILTONS	MILTONS WW/SESAME BITESZ	606541-920977	606541-923466	12/10 OZ	12/9 OZ	08/30/10
36941	51353	MILTONS	MILTONS MLTGRN BITE SIZE	606541-920960	606541-923404	12/10 OZ	12/9 OZ	08/30/10
36944	51347	MILTONS	MILTONS MULTGRN GMT CRKR	606541-920892	606541-922407	12/10 OZ	12/8.3 OZ	08/30/10

* = Gluten Free Ⓢ = Wheat Free ▲ = Artificial Ingredients ✓ = Sulphured ■ = Contains Sugar ◆ = Foodservice ⚡ = 100% Organic ★ = 95-99% Organic
 + = Made With 70-94% Organic Ingredients ♻ = Vegan Ⓚ = Kosher ⚡ = Vegetable Enzymes ✨ = Ethnic ○ = Non-GMO Project Verified



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OLD Item #	NEW Item #	BRAND	NEW Description	OLD UPC	NEW UPC	OLD Pack Size	NEW Pack Size	*EFFECTIVE DATE
36945	51348	MILTONS	MILTONS FRNCH ONION CRKR	606541-920939	606541-922421	12/10 OZ	12/8.3 OZ	08/30/10
36946	51349	MILTONS	MILTONS GARLIC/HERB CRKR	606541-920946	606541-922445	12/10 OZ	12/8.3 OZ	08/30/10
36947	51350	MILTONS	MILTONS WW & SESAME CRKR	606541-920953	606541-922469	12/10 OZ	12/8.3 OZ	08/30/10
63136	51354	MILTONS	MILTONS GAR/HERB BITE SZ	606541-922001	606541-923442	12/9 OZ	12/8 OZ	08/30/10
10962	11571	OG VALLEY	OG2 O.V. LF PLAIN YOGURT	093966-004069	SAME	9/32 OZ	6/32 OZ	08/20/10
10963	11572	OG VALLEY	OG2 O.V. LF VANILLA YGRT	093966-004076	SAME	9/32 OZ	6/32 OZ	08/20/10
10964	11573	OG VALLEY	OG2 O.V. LF BERRY YOGURT	093966-004083	SAME	9/32 OZ	6/32 OZ	08/20/10
60951	50971	PETPROMISE	H.C VAN BEAN SHAMPOO	872242-007303	SAME	16 OZ	SAME	08/20/10
60952	50972	PETPROMISE	H.C SOOTH OATMEAL SHAMP	872242-007327	SAME	16 OZ	SAME	08/20/10
60953	50973	PETPROMISE	H.C TEARLS HYP ALG SHAMP	872242-007389	SAME	16 OZ	SAME	08/20/10
35781	30881	PLUM ORG	OG2 PLUM FINGERFUL STRAW	890180-001283	846675-000118	12/1.82 OZ	8/59 OZ	08/04/10
35782	30882	PLUM ORG	OG2 PLUM FNGERFL BANANA	890180-001306	846675-000101	12/1.23 Z	8/81 OZ	08/04/10
33968	30736	RUTHS	RUTHS CHIA CHOC CEREAL	679948-738827	SAME	12/12 OZ	6/12 OZ	08/23/10
34728	30734	RUTHS	RUTHS CHIA ORIG CEREAL	679948-731378	SAME	12/12 OZ	6/12 OZ	08/23/10
34729	30735	RUTHS	RUTHS CHIA APL/ALM/CINN	679948-737998	SAME	12/12 OZ	6/12 OZ	08/23/10
34732	30738	RUTHS	RUTHS CHIA CRAN/GNGR CRL	679948-737370	SAME	12/12 OZ	6/12 OZ	08/23/10
35624	31158	RW GARCIA	RWG SPCY FLAX TORT CHIP	036593-030032	036593-033033	12/10 OZ	12/7 OZ	08/04/10
35626	31157	RW GARCIA	OG3 RWG SOY FLAX CHIPS	036593-030025	036593-033026	12/10 OZ	12/7 OZ	08/04/10
35647	31156	RW GARCIA	OG2 RWG VEG TORT CHIPS	036593-030070	036593-033071	12/10 OZ	12/7 OZ	08/04/10
39481	31159	RW GARCIA	OG3 RWG THAI TORT CHIPS	036593-030094	036593-033095	12/10 OZ	12/7 OZ	08/04/10
43808	46333	SANHELIOS	SANHELIOS CIRCU CAP HIGH	364031-203008	364031-207051	48 CAP	50 CAP	08/05/10
55517	47635	SOF	SOF LIQ SOAP LAVENDER	755355-100225	755355-100812	16.9 OZ	12 OZ	08/01/10
55518	47640	SOF	SOF LIQ SOAP LEMON MINT	755355-100232	755355-100850	16.9 OZ	12 OZ	08/01/10
55519	47637	SOF	SOF LIQ SP ORNG BLSM HNY	755355-100249	755355-100836	16.9 OZ	12 OZ	08/01/10
55525	47638	SOF	SOF LIQ SOAP SHEA BUTTER	755355-100263	755355-100805	16.9 OZ	12 OZ	08/01/10
55526	47639	SOF	SOF LIQ SOAP GREEN TEA	755355-100270	755355-100829	16.9 OZ	12 OZ	08/01/10
48914	30855	SUKHIS	SUKHIS MANGO PICKLE	767226-003009	SAME	12/7 OZ	6/8 OZ	08/03/10
48955	30853	SUKHIS	SUKHIS TOMATO CHUTNEY	767226-001074	SAME	12/8 OZ	6/8 OZ	08/03/10

Ingredient Additions / Changes

FROZEN

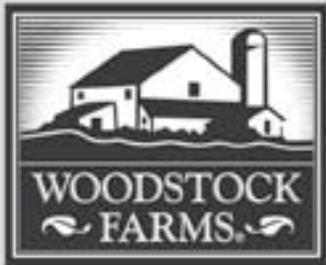
DIANAS BANANAS

New Ingredients:

76167 Milk Chocolate Covered Banana – Banana; milk chocolate (unsweetened chocolate, sugar, milk powder, cocoa butter, soy lecithin, vanilla); peanut oil. May contain incidental milk or peanut products

76168 Dark Chocolate Covered Banana – Banana; chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, vanilla); peanut oil. May contain incidental milk or peanut products

76169 Milk Chocolate Peanut Banana – Banana; milk chocolate (unsweetened chocolate, sugar, milk powder, cocoa butter, soy lecithin, vanilla); peanuts, salt, peanut oil. May contain incidental milk or peanut products



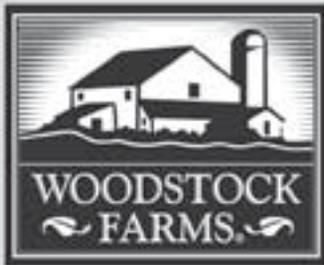
Woodstock Farms[®] Organic Frozen Fruit



At Woodstock Farms[®], our fruits meet strict organic standards, ensuring peace of mind. We are committed to working with farmers who are true stewards of the environment. Please enjoy, and be assured we will always bring you the highest quality frozen fruits with everyone's well being in mind: your family, our families, the farmers' families, and our earth.

WOODSTOCK FARMS[®] WAS CREATED TO HONOR THE INSEPARABLE RELATIONSHIP BETWEEN THE VITALITY OF THE SOIL, THE ENERGY OF PLANTS, THE TASTE OF RIPENESS AND THE VIABILITY OF FARMING. OUR FARMERS, THEIR HARVEST, AND YOUR WELL BEING ARE THE HEART AND SOUL OF OUR COMMITMENT TO YOU AND TO OUR PLACE ON EARTH.





It's SO Crunchy Granola! Really

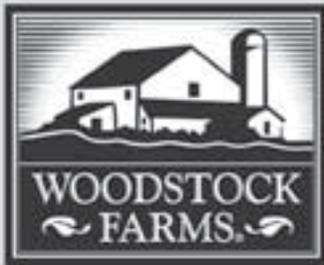


It's NOT the 60's any more! Granola has grown up and spread its wings! Woodstock Farms® figured it out and created six fabulous natural granolas that are not your tired old breakfast cereal. Delicious for breakfast! Luscious for lunch! Terrific at tea time – and into the evening. There's no time that's not the right time to eat Woodstock Farms' fabulous granola. Jam-packed with flavor, crunch, and nutrition.

Woodstock Farms® – Taste the Difference.

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We can satisfy your biggest craving.

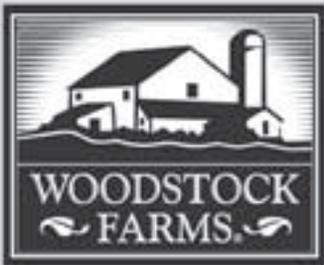


Got a craving for a snack, but you're not quite sure what to grab? We've got the answer. Woodstock Farms® delivers a perfect assortment of all-natural and organic snack mixes consisting of the perfect blend of nuts, seeds, and confections your whole family will love! If you have a craving, we say bring it on!

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Woodstock Farms® Organic Frozen Pomegranate Kernels



Visit us at www.woodstock-farms.com



Woodstock Farms® is pleased to offer sweet and juicy, ready to eat, organic frozen pomegranate kernels. Certified organic and processed with absolutely no artificial colors or preservatives, these beautiful ruby colored pomegranate kernels contain the seed surrounded by the delicious juice only this exotic fruit can produce. They are packed with antioxidants and fiber*; a delightful new way to get your daily fruit serving!

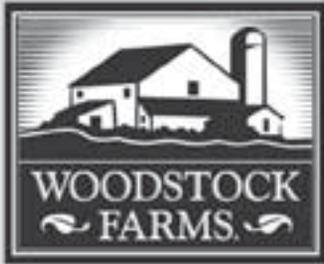
*<http://pomegranateinformation.com/pomegranate/pomegranate-seeds/>

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ORGANIC FROZEN POMEGRANATE KERNELS

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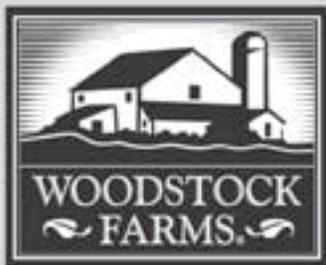
Woodstock Farms® Canned Organic Tomatoes



Your favorite homemade sauce or stew is only as good as the ingredients in it. The full flavor and colorful appearance of our organic vine-ripened tomatoes will add just the taste and quality to keep them wondering what the secret is to that great tasting sauce! All twelve of our organic varieties are processed without the use of chemicals or additives and picked at the peak of ripeness for that perfect, sweet flavor. **Woodstock Farms® Canned Organic Tomatoes - they taste like you grew them yourself!**

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REVERENCE
FOR THE LAND®



Almonds and Peanuts with a kick! It's the Wasabi!



Visit us at www.woodstockfarms.com



There's something decidedly different about Woodstock Farms® Wasabi Almonds and Wasabi Peanuts. They're intriguingly delicious, definitely wholesome, and good for you! Woodstock Farms® did not hold back on flavor here. Eating our Wasabi Almonds and Peanuts will wake up your taste buds, and leave you wanting more. You'll love this terrific snack.

Woodstock Farms® – Taste the Difference.

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